

59 **EDITOR'S BRIEFING**

59 Boiling frogs and burning out Euan Lawson

60 **EDITORIALS & LETTERS**

EDITORIALS

60 Integrating primary mental health care and mental health promotion

Paul Thomas and David Morris

62 Stroke prevention in atrial fibrillation: we can do better

> Matt Kearney, Matthew Fay and David A Fitzmaurice

The Accessible Information Standard: 64 action and reaction

Imran Rafi, Ralph Sullivan and Nigel Mathers

66 Fighting about conflict of interest: where should the balance lie?

David Misselbrook

68 Special needs for us or assess and treat all patients as individuals? Assisted dying: the pressure for change Euthanasia: providing optimal terminal care Access to primary care

69 RESEARCH

69 Identifying depression among adolescents using three key questions: a validation study in primary care

> Wenche Haugen, Ole Rikard Haavet, Manjit Kaur Sirpal and Kaj Sparle Christensen

71 Unrecognised bipolar disorder among UK primary care patients prescribed antidepressants: an observational study

> Tom Hughes, Alastair Cardno, Robert West, Federica Marino-Francis, Imogen Featherstone, Keeley Rolling, Alice Locker, Kate McLintock and Allan House

73 Usefulness of PHQ-9 in primary care to determine meaningful symptoms of low mood: a qualitative study

> Alice Malpass, Chris Dowrick, Simon Gilbody, Jude Robinson, Nicola Wiles, Larisa Duffy and Glyn Lewis

75 Efficacy of two interventions on the discontinuation of benzodiazepines in long-term users: 36-month follow-up of a cluster randomised trial in primary care

> Caterina Vicens, Ermengol Sempere, Ferrán Bejarano, Isabel Socias, Catalina Mateu, Francisca Fiol, Vicente Palop, Marta Mengual, Silvia Folch, Guillem Lera, Josep Basora and Alfonso Leiva

77 Experiences of suicide bereavement: a qualitative study exploring the role of the GP

Mairéad Nic an Fhailí, Nicola Flynn and Stephanie Dowling

79 Mindfulness-based stress reduction for GPs: results of a controlled mixed methods pilot study in Dutch primary care

> Hanne Verweij, Ruth C Waumans, Danique Smeijers, Peter LBJ Lucassen, A Rogier T Donders, Henriëtte E van der Horst and Anne EM Speckens

81 International variation in adherence to referral guidelines for suspected cancer: a secondary analysis of survey data

> Brian D Nicholson, David Mant, Richard D Neal, Nigel Hart, Willie Hamilton, Bethany Shinkins, Greg Rubin and Peter W Rose

83 Barriers to effective management of type 2 diabetes in primary care: qualitative systematic review

> Bruno Rushforth, Carolyn McCrorie, Liz Glidewell, Eleanor Midgley and Robbie Foy

85 Lost to the NHS: a mixed methods study of why GPs leave practice early in England

> Natasha Doran, Fiona Fox, Karen Rodham, Gordon Taylor and Michael Harris

87 Unfashionable tales: narratives about what is (still) great in NHS general practice

Sharon Spooner



89	OUT OF HOURS	99	DEBATE & AN
89	Been there, done that, bought the T-shirt Simon Morgan	99	Green fingers (
90	Stuck song syndrome: musical obsessions — when to look for OCD Anne Margriet Euser, Menno Oosterhoff and Ingrid van Balkom	101	Helen Elsey, Je Clarifying emp humane clinica David Jeffrey
91	Keep an eye on the SSRI: help avoid possible sight-threatening adverse events Jonathan Lochhead	103	Redefining qua GP in managin Martin Marshal
92	Why patients and doctors should watch <i>Inside Out</i> Michael Bryant	105	CLINICAL INT
93	Compassion, continuity and caring: a new GP's perspective Tom Nolan	105	Obstructive slee is it moving into John Stradling
94	Are contemporary mindfulness-based interventions unethical? William Van Gordon, Edo Shonin and Mark D Griffiths	108	Enablers and baindividuals and left wall of the I
95	Yonder: Injectable contraception, back pain, family-centred care, and diet soft drinks Ahmed Rashid	110	CLASSIFIED
96	Art: <i>The Art of Bedlam: Richard Dadd</i> Trevor Turner		
97	BJGP Library: Catch-22 Adam Staten	Front cover credit: NEW undefined figures in a c From the Get the Pictur (http://www.time-to-ch	
98	Evidence and judgement Tim Senior		

EBATE & ANALYSIS een fingers and clear minds: prescribing re farming' for mental illness len Elsey, Jenni Murray and Rachel Braggy arifying empathy: the first step to more mane clinical care vid Jeffrey defining quality: valuing the role of the in managing uncertainty artin Marshall INICAL INTELLIGENCE structive sleep apnoea: moving into primary care? n Stradling ablers and barriers for engaged, informed ividuals and carers: wall of the House of Care framework ni Chambers and Katie Coleman

er credit: NEWSCAST ONLINE. A man, with figures in a crowd — anxiety, depression, stress. Get the Picture campaign from Time to Change (http://www.time-to-change.org.uk/).