Are doctors immortal?

Some patients seem to think that doctors never die. Or become ill. Or have accidents.

But as a doctor you know that your chances of falling sick, or breaking a leg tomorrow are the same as everyone else’s. And the effect on your life and family is much graver.

Your practice, for instance, must be kept going. So your income plunges overnight. And your life becomes stifled by financial worries: how to keep your family, meet school fees, pay the mortgage. To a sick man worry is a poisonous enemy.

That’s why it’s so wise to insure against sickness or early death. Wiser still to insure with the company run exclusively for doctors and dentists: the Medical Sickness Society.

You know that one day you may need this insurance. So write today. Together we’ll find the policy which will work hardest for you.

Do it now.

Medical Sickness Society

Tel: 01-636 1686 (15 lines) 01-636 4158 (24 hour answering service)
Quote ref No. 006 To: Medical Sickness Annuity and Life Assurance Society Ltd.
P.O. Box No. 449, 7-10 Chandos Street, Cavendish Square, London, W1
does more than just relieve pain

ROTER tablets quickly overcome the pain and discomfort of minor gastric disturbances, but their true value is most evident in their control and frequent healing of peptic ulcer in both the early and the advanced or chronic stages. With Roter therapy, hospitalisation or surgery is mostly avoided; the patient remains ambulant and uncommitted to a restricted or prescribed diet; and recurring medical attention is usually obviated. Roter is worth remembering for your "gastric" patients.

Each tablet contains: Bismuth Subnitrate Roter (350 mg.), Magnesium Carbonate (400 mg.), Sodium Bicarbonate (300 mg.) and Cortex Rhamni Frangulae (25 mg.).

Packings: Tins of 40 and 120, also dispensing sizes, 360 and 720 (P.T. exempt).

Literature will be supplied on request from:

F.A.I.R. LABORATORIES LTD., TWICKENHAM, MIDDLESEX.
In hay fever
daytime treatment
with
'BANISTYL'

Highly effective
Little if any soporific effect
Well tolerated by patients of all ages
One tablet three times daily effective in the majority of adult cases

'Banisty' is generally well tolerated at the recommended dosage levels; side-effects are usually of a mild and transient nature. Somnolence is infrequent and generally not marked; when it does occur, it frequently subsides after the first few days of treatment or may be controlled by dosage adjustment.

Other side-effects which have been reported and which are usually of little significance include nausea, epigastric pain, vertigo, diarrhoea and headache.

Although there is no evidence to suggest that 'Banisty' is embryopathic, it is a sound medical principle to avoid, wherever possible, prescribing a new drug during the first three months of pregnancy.

Certain activities, including control of vehicles or machinery, should not be undertaken by a patient starting a course of 'Banisty', until it is evident that the drug has no soporific or other central nervous system side-effects, or until such effects have subsided.

'Banisty' is supplied as tablets containing the equivalent of 20 mg. dimethothiazine (as mesylate).


Detailed information is available on request.

'Banisty' is a trade mark of the manufacturers,
MAY & BAKER LTD Dagenham Essex.
ONLY ONE

Only one conception regulator offers ultra-low dosage of both hormonal components with a decade of clinical experience behind each. *Norinyl-1* is that unique conception regulator. Its reliability, safety, tolerance and simplicity have been confirmed in a comprehensive evaluation involving 5,000 women, studied carefully for more than 50,000 cycles.

NORINYL-1

Each Norinyl-1 pack contains 21 tablets of Norethisterone B.P. 1 mg. and mestranol 0.05 mg. Full prescribing information on request.

SYNTEx ⣑  Syntex Pharmaceuticals Ltd, Maidenhead, Berks, England
PORPHYRIA—
A ROYAL MALADY

Published January 1968

The booklet contains two articles by Dr. Ida Macalpine and her colleagues on porphyria in the Royal Houses of Stuart, Hanover and Prussia; a historical reassessment by Dr. John Brooke and an introduction to the disease by Professor Abe Goldberg.

Illustrated ★ Royal Octavo ★ 68 pages

"... a remarkable piece of medical detection ..."

Daily Telegraph Liverpool Post
Sheffield Morning Telegraph Western Daily Press
Glasgow Herald Scottish Daily Mail
The Times Yorkshire Post

Price 13s. 6d. (U.S.A. $1.75) including postage

Copies can be ordered through any leading bookseller or direct from
The Publishing Manager, British Medical Journal,
B.M.A. House, Tavistock Square, London W.C.1

Livingstone Medical Books

EMERGENCIES
IN MEDICAL PRACTICE

C. ALLAN BIRCH, M.D., F.R.C.P.


"All the usual and most of the unusual problems that might be encountered in general practice or in hospitals are dealt with. There are chapters on emergencies at sea, in the air, in the tropics, medico-legal, and those resulting from nuclear radiations, acute poisoning and so on. Each one is the work of a specialist in that field. Instructions on what to do are absolutely precise, thoroughly practical and are accompanied by a brief discussion of the diagnosis and the rationale of treatment.”—Middlesex Hospital Journal.

"A book which no practitioner can afford to be without. It is as comprehensive as it is reliable and practical.”—Practitioner.

1968 Catalogue sent on request

E. & S. Livingstone Ltd., Teviot Place, Edinburgh
only seconds need separate the onset of bronchospasm from the onset of relief

Medihaler makes the most of a minute dose

In the management of the asthmatic attack Medihaler opens airways in only seconds, quickly gives major relief – with only a minute dose. Why does a puff from Medihaler have such far-reaching effects? The medicament is delivered direct to its site of action in the lungs in the form of a dry spray of particles whose size is determined during manufacture. By this premicronisation, over 85 per cent, by weight, of the particles are delivered at the optimum size for inhalation therapy: small enough to penetrate deep into the finer air passages; heavy enough to remain there during exhalation. With only a minute dose, Medihaler gives the rapid and profound relief that is the foremost need of the patient fighting for breath.

Medihaler-iso Forte contains a suspension of Isoprenaline Sulphate B.P. 20 mg./ml. and delivers 0.4 mg. per dose.

Medihaler-iso contains a suspension of Isoprenaline Sulphate B.P. 4 mg./ml. and delivers 0.08 mg. per dose.

Dosage
Each puff from Medihaler delivers a measured dose. One to three puffs should be sufficient to provide relief in most cases. It should not be necessary for the patient to take further treatment for at least thirty minutes, or more than eight treatments a day.

Children
Medihaler should be administered to children only under the supervision of a responsible adult.

Caution
Isoprenaline is well tolerated by most patients. However, it should be used with caution in the presence of impaired cardiac function, hyperthyroidism and severe hypertension. Isoprenaline is a highly effective agent. The smallest dosage of it which provides relief should not be exceeded.

Basic NHS prices
Medihaler-iso Forte, 17½; Medihaler-iso, 14/4.

400-dose complete unit.

Additional information is available on request. Medihaler, Medihaler-iso are registered trade marks.

Riker Laboratories · Loughborough · Leicestershire
Transform the Parkinsonian patient with 'KEMADRIN'
in Paralysis Agitans and Drug-induced Parkinsonism

‘Kemadrin’ brand Procyclidine Hydrochloride
Tablets of 5 mg. Ampoules of 10 mg. in 2 ml.
Full information is available on request.

Burroughs Wellcome & Co., London
(The Wellcome Foundation Ltd.)
Hydroderm
simply treats ‘skins’

one strength
one base
one ointment

Many common skin conditions respond readily to ‘Hydroderm’ Ointment. ‘Hydroderm’ contains hydrocortisone to control the inflammation, and the topical antibiotics neomycin and bacitracin to counter susceptible infection.

Supplied as a one-strength, one-base formulation for easy prescribing, ‘Hydroderm’ provides the simple answer to many common skin conditions seen in general practice.

‘Hydroderm’ is supplied as an ointment containing, in each gram, 10 mg hydrocortisone, 5 mg neomycin sulphate and 1,000 units zinc bacitracin, in tubes of 5 G and 15 G.

Detailed information is available to physicians on request.

Merck Sharp & Dohme Limited
Hoddesdon, Hertfordshire
Telephone, Hoddesdon 67123

Hydroderm
Hydrocortisone, neomycin, bacitracin
relationship must be established by what he is. This may mean sharing unresolved problems and conflicting emotions. Oft-times it can be comparatively easy to hide behind outward things, even prayer and sacrament, and yet remain aloof. A relationship which means anything cannot be forced; it must be shared, and because of this it does need some regularity with the same degree of interest throughout. This is important in any kind of spiritual ministry. When this practice is applied in care for the dying it must be sustained for some considerable time. Only close contact will establish whether they want or need to be enlightened. The truth is conveyed not only in words—if people ask for spiritual help they will only ask where they have discovered care, kindness and love. However, one cannot take away all hope of recovery and leave people without light. One of the old Scottish divines defined peace as “the possession of adequate resources”. These resources are in God, and this exercise of pastoral duty must never fail in this respect. C. S. Lewis records that his wife said “not to me—but to the chaplain—I am at peace with God”. Co-operation at every level in our care must seek to establish just that.

---

**ACCOMMODATION AT COLLEGE HEADQUARTERS**

Temporary residential accommodation for members and associates and their families is provided at college headquarters. This building, overlooking Hyde Park on one side and Princes Gate on the other, is central and easily accessible.

The charges, including breakfast, are as follows:

- For single rooms £2 10s. 0d. per night
- For double rooms £4 5s. 0d. per night
- For a flatlet (bed-sitting room for two, bathroom and dressing room) £6 per night or £36 per week

For a self-contained flat (double bedroom, sitting room, hall, kitchen and bathroom) £42 per week

Children under the age of 12 years cannot be admitted, and dogs are not allowed.

Members and associates may, subject to approval, hire the reception rooms for meetings and social functions. The charges for these are:

- Long room (will seat 100) 25 guineas for each occasion
- Damask room (will seat 50) 15 guineas for each occasion
- Common room and terrace 15 guineas for each occasion

A service charge of 10 per cent is added to all accounts to cover gratuities to domestic staff.

Enquiries should be addressed to the Administrative Secretary, The Royal College of General Practitioners, 14 Princes Gate, London, S.W.7. (Tel. 01-584 6262). Whenever possible bookings should be made well in advance.
In the elderly, the special problems of constipation...

Constipation in the elderly can present special problems of treatment. Weakened abdominal muscles . . . the dangers inherent in straining . . . refusal to co-operate . . . the presence of pain, to which anal fissures or haemorrhoids may contribute . . . the need for enemas and suppositories . . . the risk of faecal impaction, with consequent manual removal . . .

Dorbanex can simplify management of the patient posing these problems by providing comfortable, reliable and trouble-free evacuation. Dorbanex produces a soft but well-formed stool without griping or other unpleasant side-effects, reduces the need for enemas and suppositories, helps to prevent faecal impaction, and makes defaecation easier without increasing faecal incontinence.

...have a straightforward solution

Now available in three forms—as capsules and in two strengths of liquid—Dorbanex provides in one preparation a balanced treatment for constipation. By softening the stool and stimulating peristalsis, Dorbanex prepares the way for pain-free evacuation.

DORBANEX CAPSULES: each contains 1:8-dihydroxyanthraquinone 25 mg., poloxalkol 200 mg. DORBANEX LIQUID: each 5 ml teaspoonful contains 1:8-dihydroxyanthraquinone 25 mg., poloxalkol 200 mg. DORBANEX FORTE: each 5 ml teaspoonful contains 1:8-dihydroxyanthraquinone 75 mg., poloxalkol 1000 mg.

Dosage DORBANEX CAPSULES: Adults, one or two capsules. Children, one capsule. DORBANEX LIQUID: Adults, one or two teaspoonfuls. Children, half to one teaspoonful, as required. Before or after surgery: two to four teaspoonfuls or two to four capsules. DORBANEX FORTE: one teaspoonful, or as directed by the physician. Treatment should be taken at bedtime. Contra-indications In common with other gastro-intestinal evacuants, Dorbanex should not be given when acute, painful conditions of the abdomen are present, or the cause of constipation is suspected to be obstruction of the small or large intestine. Side-effects Dihydroxyanthraquinone may cause a temporary harmless, pink or red colouring of the urine and, in prolonged use or high dosage, of the mucosa of the large intestine. Doses larger than two teaspoonfuls may cause slight gastro-intestinal discomfort in a few patients. Basic NHS Prices Dorbanex Capsules: bottles of 30 capsules 8/8; bottles of 300 capsules 78/--; Dorbanex Liquid: bottles of 60 ml. 4/--; bottles of 300 ml. 30/--; Dorbanex Forte: bottles of 60 ml. 6/--; bottles of 300 ml. 45/-. Additional information on request.

Dorbanex prepares the way for pain-free, trouble-free evacuation

Riker Laboratories Loughborough Leicestershire
—and has a significant margin of safety

your patient appreciates this

He appreciates the significant reduction in the number of attacks.

He appreciates release from the restrictions of his condition.

He appreciates Synadrin 60.

References

Prenylamine in Angina Pectoris

Problems in the treatment of Angina Pectoris.

Double-blind trial with Synadrin 60 in Angina Pectoris.
*Zschr. Ther.* 1965, 2, 82.

The successful application of Synadrin 60 in the treatment of Angina Pectoris.

Clinical investigations of the treatment of Coronary Insufficiency with Synadrin 60.

Synadrin® 60 is available in many other countries as Segontin® 60

SYNADRIN 60 is available as tablets containing 60 mg prenylamine.

Full information available on request.

Hoechst Pharmaceuticals Limited  Hoechst House Kew Bridge Brentford Middx
The Early Diagnosis of the Acute Abdomen

SIR ZACHARY COPE
Consulting Surgeon, St Mary's Hospital, London

The text of this new edition of a surgical classic which first appeared forty-seven years ago has been completely revised and new material has been added to several sections. The influence of the therapeutic use of adrenal steroids on the symptoms of acute abdominal disease is discussed and a new section on the value of paracentesis of the abdomen in some cases of abdominal injury and disease has been included. Additions have been made to the sections on gall-stone obstruction, diverticulitis of the colon, and auscultation of the abdomen.

Thirteenth edition 212 pages 59 illustrations 28s net

An Atlas of Clinical Neurology

JOHN D. SPILLANE
Consultant Neurologist, The United Cardiff Hospitals and the Welsh Hospital Board
Lecturer in Neurology in the Welsh National School of Medicine

Intended as an illustrated companion to a textbook of neurology, this book is aimed at developing the use of a student’s senses and perception at the bedside before embarking on more technical methods of neurological investigation. The text is organized round a unique collection of photographs accumulated by the author over the past twenty years. These illustrations and their captions describing various physical signs in neurology should greatly assist the student in his learning.

Although in no way claiming to be comprehensive in the coverage of all nervous diseases, Dr Spillane’s book is an invaluable supplement to the traditional neurological textbook in proving the importance of clinical observation.

386 pages 845 illustrations 70s net

Oxford University Press
STANDARD
The weight of a tennis ball

The International Lawn Tennis Federation lays down that a tennis ball shall be more than 2oz. and less than 2 3/4 oz. in weight. A fine distinction, you may think. But there is more to come. It must have a uniform outer surface. If there are any seams, they must be stitchless. It must be more than 2 1/2" and less than 2 3/8" in diameter, have a bound of more than 53" and less than 58" when dropped 100" upon a concrete base and a deformation of more than .265" and less than .290" when subjected to a pressure of 18 lb. applied to each end of the diameter.

STANDARD
The Transvasin therapy for rheumatic symptoms

Transvasin as the standard treatment for the relief of rheumatic symptoms is becoming more and more widely accepted every day. Patients suffering from rheumatic lesions obtain rapid relief with this well-proven and economical medication. The esters of nico- tinic, salicylic and p-aminobenzoic acids penetrate the skin and are concentrated at the point of injury, producing superficial erythema and deep hyperaemia. Transvasin is a valuable adjuvant in the treatment of osteo and rheumatoid arthritis.

CONTAINS
Ethyl Nicotinate ........................................2%
Hexyl Nicotinate ........................................2%
Tetrahydrofururyl Salicylate ..............................14%
Ethyl Aminobenzoate ....................................2%
Base ..........................................................to 100%

The N.H.S. price of the 30 g. tube is 2/6d., and the cost of an average application of cream is under 1d.

LLOYD-HAMOL LTD.,
103 Mount Street, London, W.1
THE ROYAL COLLEGE OF GENERAL PRACTITIONERS

PUBLICATIONS

Copies of the following publications may be obtained from E. & S. Livingstone, Limited, Teviot Place, Edinburgh.

Reports from General Practice

<table>
<thead>
<tr>
<th>Title</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>No. 1. Vocational Training</td>
<td>5s.</td>
</tr>
<tr>
<td>No. 3. Additional Payments for Wide Experience and Notable Service in General Practice</td>
<td>1s.</td>
</tr>
<tr>
<td>No. 4. General Practice in the New Towns of Britain</td>
<td>6s.</td>
</tr>
<tr>
<td>No. 5. Evidence of the College of General Practitioners to the Royal Commission on Medical Education</td>
<td>6s. 6d.</td>
</tr>
<tr>
<td>No. 6. The Implementation of Vocational Training</td>
<td>4s.</td>
</tr>
<tr>
<td>No. 7. Education in Psychology and Psychiatry</td>
<td>7s. 6d.</td>
</tr>
<tr>
<td>No. 8. General Practice in South-west England</td>
<td>7s. 6d.</td>
</tr>
<tr>
<td>No. 9. Obstetrics in General Practice</td>
<td>7s. 6d.</td>
</tr>
</tbody>
</table>

Symposia

<table>
<thead>
<tr>
<th>Title</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hazards of Middle Age</td>
<td>5s.</td>
</tr>
<tr>
<td>Problems of Sex</td>
<td>6s.</td>
</tr>
<tr>
<td>The Art and the Science</td>
<td>7s. 6d.</td>
</tr>
<tr>
<td>Accident Management</td>
<td>6s.</td>
</tr>
<tr>
<td>Nutrition in General Practice</td>
<td>7s. 6d.</td>
</tr>
<tr>
<td>Arthritis in General Practice</td>
<td>5s.</td>
</tr>
<tr>
<td>Migraine in General Practice</td>
<td>5s.</td>
</tr>
<tr>
<td>Mental Health and the Family Doctor</td>
<td>5s.</td>
</tr>
<tr>
<td>Rehabilitation</td>
<td>5s.</td>
</tr>
<tr>
<td>The Aetiology of Congenital Anomalies</td>
<td>7s. 6d.</td>
</tr>
<tr>
<td>The Early Stages of Chronic Bronchitis</td>
<td>10s. 6d.</td>
</tr>
<tr>
<td>Preventive Medicine and General Practice</td>
<td>10s. 6d.</td>
</tr>
<tr>
<td>The Quality of Medical Care</td>
<td>5s.</td>
</tr>
<tr>
<td>Health in a Changing Environment</td>
<td>7s. 6d.</td>
</tr>
<tr>
<td>Clinical Problems of Practice</td>
<td>8s. 6d.</td>
</tr>
<tr>
<td>Anaemia in General Practice</td>
<td>6s.</td>
</tr>
<tr>
<td>The Art of Listening</td>
<td>7s. 6d.</td>
</tr>
<tr>
<td>Early Diagnosis</td>
<td>8s. 6d.</td>
</tr>
<tr>
<td>The Age of Discretion</td>
<td>7s. 6d.</td>
</tr>
</tbody>
</table>

Other Publications

<table>
<thead>
<tr>
<th>Title</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Training for General Practice (2nd Edition)</td>
<td>4s. 6d.</td>
</tr>
<tr>
<td>Epidemic Winter Vomiting</td>
<td>1s.</td>
</tr>
<tr>
<td>On Undergraduate Education</td>
<td>2s.</td>
</tr>
<tr>
<td>Memorandum for the Guidance of Trainers</td>
<td>1s.</td>
</tr>
<tr>
<td>Guidance for Students visiting a General Practitioner</td>
<td>1s.</td>
</tr>
<tr>
<td>Group Practice, Ancillary Help and Government Controls</td>
<td>7s. 6d.</td>
</tr>
</tbody>
</table>