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..and promotes comfortable evacuation

Normax is indicated for the treatment of constipation particularly in conditions where it is important that your patients should not strain to stool—coronary thrombosis, cardiac failure, haemorrhoids, episiotomy. Normax has also been used in the treatment of constipation of pregnancy, and in preparation of patients for surgical and radiological procedures. Normax is also indicated for geriatric patients and for patients with spastic colon and diverticulitis.

Composition Each brown capsule contains dioctylsodium sulphasuccinate 60 mg., a faecal softener, and 1-8 dihydroxyanthraquinone 50 mg., a mild peristaltic stimulant.

Side Effects No adverse side effects have been reported with Normax. 1-8 dihydroxyanthraquinone may however give the urine an orange tint.

Dosage One to two capsules to be taken at night, or as prescribed.

Presentation & Basic N.H.S. Price Normax capsules are available in bottles of 30 and 250 at a basic N.H.S. price of 4/10 and 26/10 respectively.

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Applicants should send details of their experience and practice commitments, together with the names and addresses of three referees, to the Director, British Postgraduate Medical Federation, 14 Millman Mews, Millman Street, London, W.C.1, from whom further particulars may be obtained.
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Services provided for members

1. The Geoffrey Evans Library provides lists of references and a photocopying service.
   Librarian: Miss M. Hammond, 14 Princes Gate, London, S.W.7.

2. Medical Recording Service
   Honorary directors: Drs John and Valerie Graves, O.B.E., Kitts Croft, Writtle, Chelmsford, Essex.

3. Postgraduate Information Diary

4. Practice organization. Library of architects’ plans, photographs, descriptions of practice premises and advice on equipment.
   Secretary: Practice Organization Committee, Royal College of General Practitioners, 14 Princes Gate, London, S.W.7.

5. Awards. A number of Travelling Fellowships and prizes are in the gift of the College. Information is published periodically in the College Journal.

6. Research Register, and Register of Research Projects
   Honorary registrar: Dr R. M. Griffiths, 4 The Dell, Woodford Wells, Essex.

7. General-practice Research Unit. Planning and statistical advice and processing for mechanical analysis of survey results or other records. Advice in planning, in contacting like-minded practitioners, advice in method, on any aspect of research work.
   Honorary director: Dr D. L. Crombie, 8 Albert Road, Harborne, Birmingham 17.
   Research adviser: Dr R. J. F. H. Pinsent, 145 Birchfield Road, Handsworth, Birmingham 19.

8. Epidemic Observation Unit. Collates observations of practitioners which might otherwise be lost.
   Honorary director: Dr G. I. Watson, O.B.E., Corran, Peaslake, nr. Guildford, Surrey.

9. Grants. Grants in aid of research are made from the funds of the Research Foundation. Advice as to other sources of finance for research and help with preparation of applications.
   Honorary secretary/treasurer: Dr E. V. Kuenssberg, 15 Warriston Crescent, Edinburgh 3 (or to 14 Princes Gate, London, S.W.7).

10. College Club. All members of the College are ipso facto members of the club at 14 Princes Gate, S.W.7, where bed and breakfast may be obtained at reasonable rates, and where members may meet friends. Members may, subject to approval, hire rooms for functions and meetings.
    Administrative secretary: Mrs E. Phillips, Royal College of General Practitioner, 14 Princes Gate, London, S.W.7.

11. Journal. Published monthly and circulated to all members and associates. Subscription to non-members, £4 4s. 0d. per annum. (Single copies 10s. 6d.)
   Honorary editor: Dr R. M. S. McConaghey, O.B.E., Prospect House
   Editorial manager: Miss I. Scawn, Newcomen Road, Dartmouth

   An examination for membership of the College is held twice yearly. Further information about this and the aims and objects of the College can be obtained from the administrative secretary, 14 Princes Gate, London S.W.7. Telephone 01-584 6262.

ACCOMMODATION AT COLLEGE HEADQUARTERS

Temporary residential accommodation for members and associates and their families is provided at college headquarters. This building, overlooking Hyde Park on one side and Princes Gardens on the other, is central and easily accessible.

The charges, including breakfast, are as follows:

- For single rooms £2 10s. 0d. per night
- For double rooms £4 5s. 0d. per night
- For a flatlet (bed-sitting room for two, bathroom and dressing room) £6 per night or £36 per week
- For a self-contained flat (double bedroom, sitting room, hall, kitchen and bathroom) £42 per week

Children under the age of 12 years cannot be admitted, and dogs are not allowed.

Members and associates may, subject to approval, hire the reception rooms for meetings and social functions. The charges for these are:

- Long room (will seat 100) 25 guineas for each occasion
- Damask room (will seat 50) 15 guineas for each occasion
- Common room and terrace 15 guineas for each occasion

A service charge of 10 per cent is added to all accounts to cover gratuities to domestic staff.

For the convenience of members, four car ports, outside 14 Princes Gate, have been rented by the College and may be hired, at a cost of 10s. 6d. per 24 hours.

Enquiries should be addressed to the Administrative Secretary, The Royal College of General Practitioners, 14 Princes Gate, London, S.W.7. (Tel. 01-584 6262). Whenever possible bookings should be made well in advance.
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