# Are doctors immortal?

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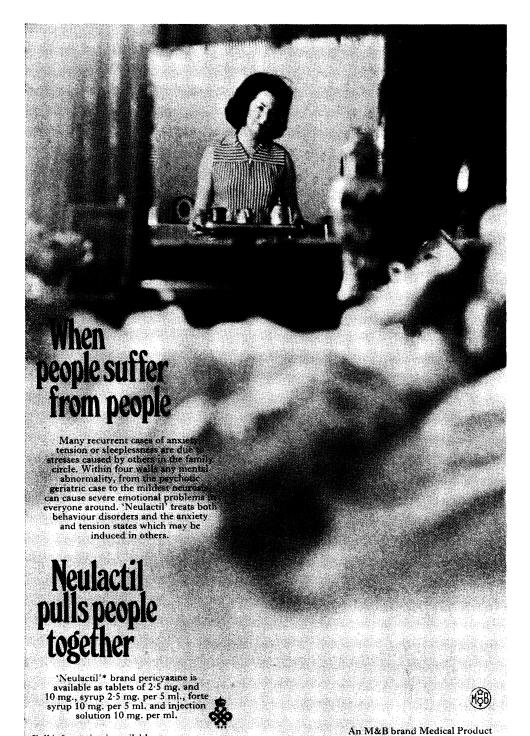
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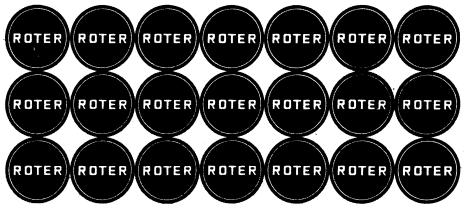
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Urticaria is often at its worst at night-time. Pro-Actidil\* taken in the evening, brings relief during the night and with its sustained antihistamine effect goes on working during the next morning and afternoon.

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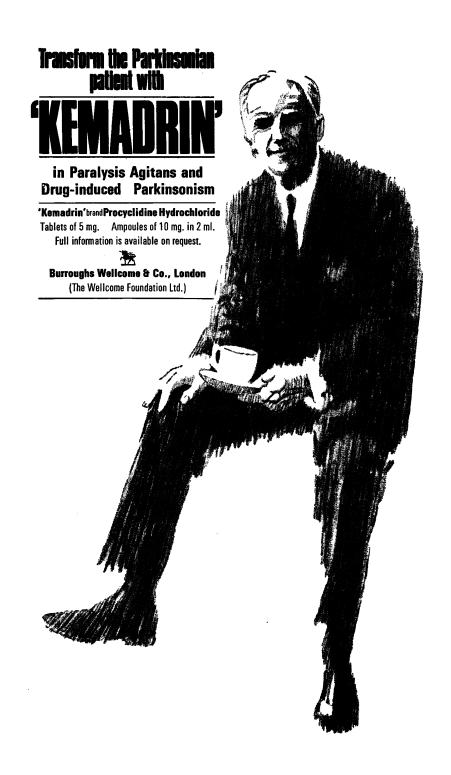
Pro-Actidil tablets each contain 10 mg triprolidine hydrochloride. Also available: Actidil\* tablets, each containing 2.5 mg triprolidine hydrochloride (useful for daytime use and when a short duration of action is required), and as Actidil Elixir containing 2 mg in each 5 ml.

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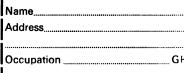
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#### Recent Books for General Practitioners

#### The Pocket Prescriber and Guide to Prescription Writing

Alistair Cruikshank 1969 Eighteenth Edition 320 pages 10s.

This book is primarily written for the General Practitioner. With an ever increasing number of drugs available, it is sometimes difficult to choose the most effective, least toxic and least expensive form of treatment. In preparing this edition, these three factors have guided the authors in the choice of drugs that are included.

All sections have been extensively revised and brought up to date, and the dosages of drugs calculated entirely on the metric system. Much information of a general nature, such as diets, vaccination schedules and the treatment of poisoning, has been retained and revised in the hope that this book will provide a quick 'aide-memoire' for the practitioner.

#### Care of the Newly Born Infant

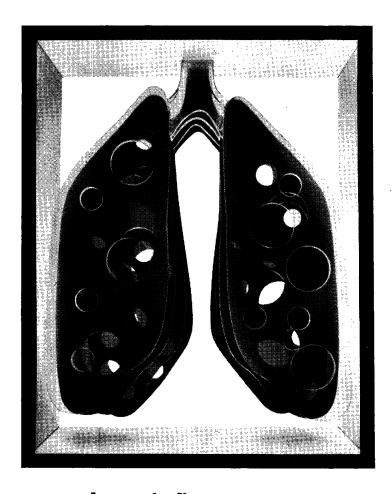
W. S. Craig 1969 Fourth Edition 726 pages 366 illus. 65s.

"Professor Craig's book is quite outstanding. It is a book which should be in the possession of every family doctor, the doctor dealing with maternal and child health for the local health authority and the midwife, trained and in training."

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"...a combination of trimethoprim and sulphamethoxazole provided effective prophylaxis in chronic bronchitis. It dramatically diminished sputum volume, rendered it mucoid and abolished pathogens."1

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1. Proceedings of the V International Congress of Chemotherapy (1967) Supplement (A1-5a/3) 107.

2. Postgrad med J, (1989) in press

SEPTRIN Tablets, SEPTRIN Paediatric Suspension and SEPTRIN Paediatric Tablets contain trimethoprim and sulphamethoxazole.



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# medihaler **duo**



for prolonged action...
rapid relief...

insignificant cardiovascular effect...

With *Medihaler-duo*, Riker makes a further notable contribution to bronchodilator therapy. *Medihaler-duo* enables the physician to make a more positive approach to reversal of airway obstruction in bronchial asthma and chronic bronchitis.

Medihaler-duo takes advantage of the finding that the bronchodilator effect of isoprenaline can be significantly enhanced by the action of phenylephrine. As a result, it is possible to obtain a greater response to treatment than would be experienced from comparable doses of isoprenaline administered alone. Moreover, this enhanced bronchodilator effect is achieved without significant change in pulse rate or blood pressure at recommended dosage.

These results have been confirmed in clinical trials 1.2.3.4.5.6.7. With *Medihaler-duo*, relief is immediate in onset and often prolonged for three or more hours. Effect on the cardiovascular system has been found to be insignificant even in patients with uncomplicated hypertension.

#### ... in bronchial asthma and chronic bronchitis

Composition Medihaler-duo contains a suspension of isoprenaline hydrochloride 8 mg./ml., phenylephrine bitartrate 12 mg./ml. and delivers to the patient a measured dose containing 0.16 mg. isoprenaline hydrochloride and 0.24 mg. phenylephrine bitartrate.

Contra-indications There are no absolute contra-indications, but *Medihaler-duo* should be used with caution in the presence of cardiac disease, hypertension or hyperthyroidism.

Side-effects Overdosage may cause dry mouth, palpitations, or nervousness.

**Dosage** Each puff from *Medihaler-duo* delivers a measured dose. One to three puffs should be sufficient to provide relief in most cases. It should not be necessary for the patient to take further treatment for at least thirty minutes, or more than eight treatments a day.

Children Medihaler-duo should be administered to children only under the supervision of a responsible adult.

Basic NHS price Standard pack (complete 400-dose unit) 17/- plus Purchase Tax.

1. Curr. therap. Res. (1962) 4:601. 2. J. Amer. Geriat. Soc. (1968) 16:786. 3. J. Allergy (1968) 41:285. 4. Thorax (1968) 23:590. 5. Amer. J. med. Sci. (1965) 249:309. 6. Marseille Medical (1967) 104:585. 7. Int. Arch. Allergy (1963) 24:17.

Full information is available on request. Medihaler-duo is a registered trade mark.

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299 TREATMENT OF EXPOSURE

tion on heat conservation by wearing plenty and reducing movement. Unless a boat or the shore is within very easy reach, then it is better to keep still and stop trying to warm the water all around you. (Keatinge 1965, Pugh 1968). On removal from the water treatment as for ordinary exposure is commenced.

#### **Summary of treatment**

Remove wetness. Re-warm quickly. No alcohol. No rubbing.

#### REFERENCES

Cohen, N. M. (1968). Practitioner. 200, 403. Hervey, G. R. (1955). Science News. No. 38. Pp. 72. Keatinge, W. R. (1965). Brit. med. J. 2, 1537. Pugh, L. G. C. E. (1966). Brit. med. J. 1, 123. Pugh, L. G. C. E. (1968). Brit. med. J. 1, 826.

#### ACCOMMODATION AT COLLEGE HEADQUARTERS

Temporary residential accommodation for members and associates and their families is provided at college headquarters. This building, overlooking Hyde Park on one side and Princes Gardens on the other, is central and easily accessible.

The charges, including breakfast, are as follows:

For single rooms For double rooms £2 10s. 0d. per night £4 5s. 0d. per night

For a flatlet (bed-sitting room for two, bathroom and dressing room) £6 per night

or £36 per week

For a self-contained flat (double bedroom, sitting room, hall,

kitchen and bathroom)

£42 per week

Children under the age of 12 years cannot be admitted, and dogs are not allowed.

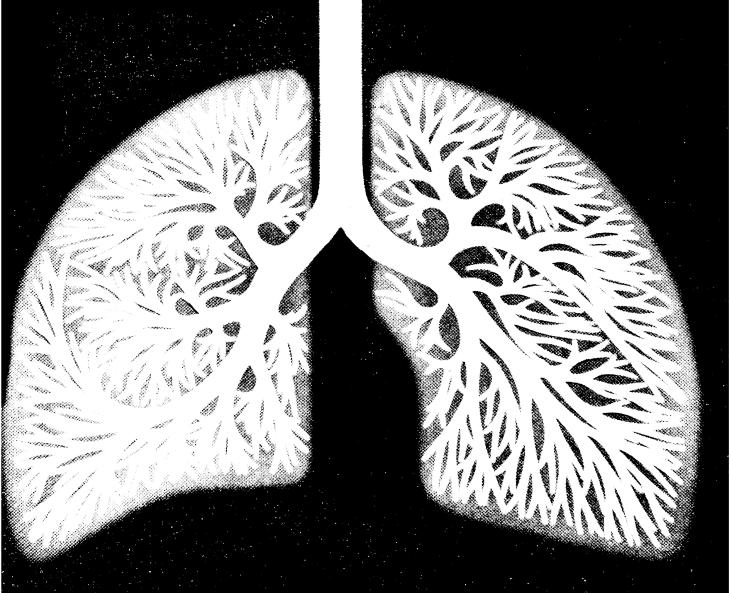
Members and associates may, subject to approval, hire the reception rooms for meetings and social functions. The charges for these are:

Long room (will seat 100) Damask room (will seat 50) 25 guineas for each occasion 15 guineas for each occasion

Common room and terrace 15 guineas for each occasion A service charge of 10 per cent is added to all accounts to cover gratuities to domestic staff.

For the convenience of members, four car ports, outside 14 Princes Gate, have been rented by the College and may be hired, at a cost of 10s. 6d. per 24 hours.

Enquiries should be addressed to the Administrative Secretary, The Royal College of General Practitioners, 14 Princes Gate, London, S.W.7. (Tel. 01-584 6262). Whenever possible bookings should be made well in advance.



# Micoren® Capsules have a definite place in the treatment of reduced ventilation in chronic bronchitis

Micoren ® Capsules by increasing the depth of respiration will

increase gaseous exchange

improve oxygenation

enable the patient to become more active

#### Availability

Micoren® Capsules 400 mg are available as N-crotonyl-\alpha-ethylaminobutyric acid dimethylamide (Crotethamide) and N-crotonyl-\alpha-propylaminobutyric acid dimethylamide (Cropropamide) in equal parts.

Micoren is also available as 200 mg Capsules and in ampoules for acute respiratory insufficiency. Further information will be sent upon request.

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# Normax takes STRA out of constipation

#### .. and promotes comfortable evacuation

Normax is indicated for the treatment of constipation particularly in conditions where it is important that your patients should not strain to stool—coronary thrombosis, cardiac failure, haemorrhoids, episiotomy. Normax has also been used in the treatment of constipation of pregnancy, and in preparation of patients for surgical and radiological procedures. Normax is also indicated for geriatric patients and for patients with spastic colon and diverticulitis.

Composition Each brown capsule contains dioctyl-sodium sulphosuccinate 60 mg., a faecal softener, and 1-8 dihydroxyanthraquinone 50 mg., a mild peristaltic stimulant.

Side Effects No adverse side effects have been reported with Normax.1-8dihydroxyanthraquinone may however give the urine an orange tint.

Normax is a registered trade mark

Dosage One to two capsules to be taken

at night, or as prescribed.

Presentation & Basic N.H.S. Price Normax capsules are available in bottles of 30 and 250 at a basic N.H.S. price of 4/10 and 26/10 respectively.

Further information available from





In just five days, 87 per cent of 251 patients with painful muscular conditions recovered or improved with  $Norgesic^1$ . Six days was the average treatment time in another trial, on 478 patients, when nearly nine out of every ten gained uniformly good or fair relief of pain<sup>2</sup>. Norgesic gives the patient a better chance of rapid and reliable relief from pain — and an early return to normal work. Norgesic contains two agents acting in different but complementary ways. Orphenadrine citrate releases muscles from painful and incapacitating stiffness. Paracetamol relieves the pain of local tissue damage. By relieving both pain and muscle spasm Norgesic quickly restores the pain-free movement that plays a major part in speeding recovery, overcomes the limitations of simple analgesics, and spares the patient wasted days of immobility and needless pain.

Each tablet contains Orphenadrine Citrate B.P. 35 mg. and Paracetamol B.P. 450 mg. Dosage is two tablets three times daily. Side effects: within the recommended dosage, undesirable side-effects are uncommon. Dry mouth, nauses, blurring of vision, dizziness, restlessness or drowsiness may however occur in some patients susceptible to the parasympatholytic action of orphenadrine. These symptoms disappear rapidly following reduction of dosage or withdrawal of treatment. Contraindications to Norgesic result from the parasympatho-

lytic action of orphenadrine. Norgesic should not be given to patients with glaucoma urinary retention (e.g. in prostatic hypertrophy or bladder neck obstruction) or myasthenia gravis. It should be used with caution in patients with tachycardia. Basic NHS prices: 100 tablets 14/4; 500 tablets 70/—. Norgesic is a registered trade mark. Additional information is available on request from Riker Laboratories. Loughborough, Leicestershire 1. Practitioner (1966) 191:680.
2. Brit. J. Clin. Pract. (1967) 21:37.

Five days of NORGESIC could get him back to work



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Bonjela has been shown in formal American trials to bring rapid relief from pain in 90% of all cases of oral ulceration, herpes labialis, gingivitis and denture sores. By rapid relief is meant marked alleviation of pain within 2-3 minutes.

Bonjela also promotes healing whenever the aetiology is partly or wholly bacterial. Some ulceration originates from endocrinal, viral or fungal causes which may require other forms of treatment.

Even in these cases where a bacterial element is superimposed on the

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Literature and samples are available on request

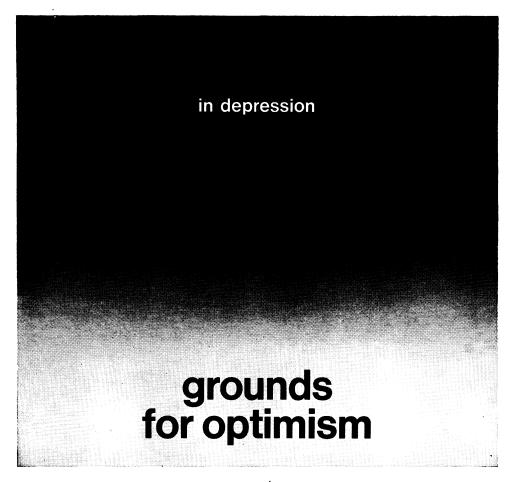
original infection Bonjela will reduce the severity of the infection and rapid relief from pain will be obtained.

FORMULA: Choline Salicylate 8.7%, Cetalkonium Chloride 0.01%, Alc. (95%) 39.0%, Menthol 0.057%, Glycer 4.6%.

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PRESENTATION: Bonjela is available in 10 g. tubes at a basic N.H.S. cost of 2/8½d. per tube.





For the depressed patient, optimism about the chances of recovery begins with the first visit to the physician who shows an interest in his case. This optimism can be built upon with the aid of modern antidepressant drugs, enabling the physician to help his patient to a more speedy recovery.

In this respect, 'Concordin' often brings an initial elevation of mood within a week—the patient soon has grounds for greater optimism.

- 'Concordin' is available as tablets in two strengths: 'Concordin'-10 as white film-coated tablets (marked 'C10') containing 10 mg protriptyline hydrochloride, in bottles of 100 and 500;
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# 'Concordin' offers many depressed patients these advantages:

- speed of action—
- improvement often starts within a week
- virtual freedom from sedative activity the patient on 'Concordin' can continue with normal activities since drowsiness is rare
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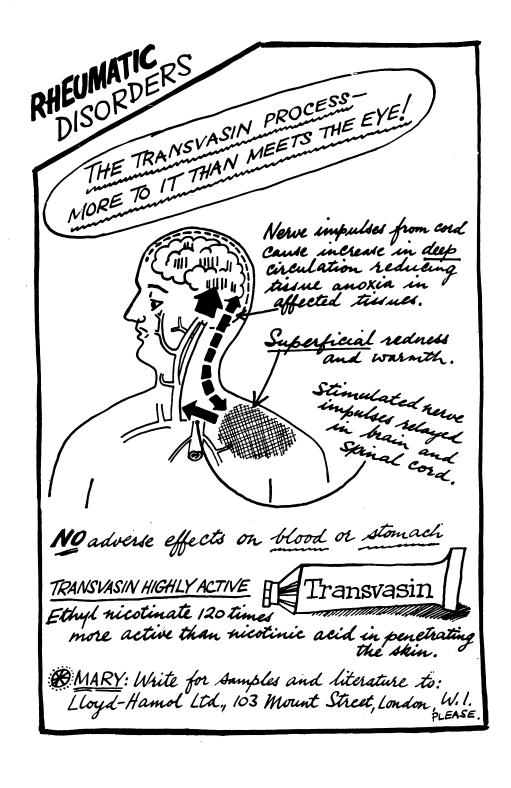
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Each month a section of the *Journal* will be allocated for classified advertisements from those wishing to obtain partners, assistants or trainees.

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Advertisers will be invoiced following publication of the *Journal*, therefore, remittance with advertisements is unnecessary.

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Copies of the following publications may be obtained from E. & S. Livingstone, Limited, Teviot Place, Edinburgh.

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When your patient presents with symptoms of gastric hyperacidity, Nulacin therapy provides continuous neutralisation—essential for the prevention and healing of peptic ulcer since most peptic ulcers arise and recur in the presence of free acid.

The Nulacin tablet is prepared from whole milk combined with dextrins and maltose, together with magnesium trisilicate 230 mg., magnesium oxide 130 mg., calcium carbonate 130 mg., magnesium carbonate 30 mg., Ol. Menth. Pip. q.s.



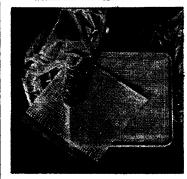
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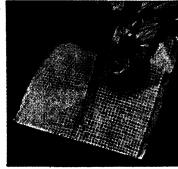


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In the treatment of ulcers and burns, or in any skin condition open to infection . . .

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Each square slides easily from the pack; dressings no longer stick together. There is no waste. A tulle square is cut to the size you need, the protective interleaving is peeled away and the dressing applied to the lesion. The remaining protective sheet is removed and dressing is completed as required. Intertulle Fucidin has the bactericidal power of Fucidin Ointment against staphylococci and streptococci and remarkable freedom from side-effects.

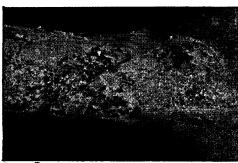
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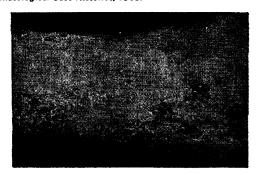
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a Case in point: Left: Varicose ulcer on leg of 74 year-old man.

Right: After 5 weeks' treatment with Intertulle Fucidin.

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