When you are ill we can foot the bills.

When you are ill your earnings soon stop.
Your outgoings won’t.
Rent, mortgages, family housekeeping, staff wages and school fees still have to be paid.

Medical Sickness can take this worry off your shoulders with a sickness and accident insurance policy. Then when you can’t work because of illness or accident we can start paying you an agreed sum each month during your incapacity. And we’ll go on paying either until you’re fit enough to get back to work or until normal retirement age, whichever is earlier. And we can’t cancel the policy because of long or frequent claims.

If you have not yet got around to ensuring that we can foot the bills when you’re ill write to us today quoting reference number 5008. You will be surprised how little this essential cover will cost.

Medical Sickness Society
P.O. Box 449, 7/10 Chandos Street, Cavendish Square, London, W1M 0AD.

a member of the Medical Sickness Group.
'very clear reasons'†
for using Septrin in urinary tract infections

Abstracted from a Leading Article, Brit med J. (1969) 1, 526 †

- Trimethoprim not only attains therapeutic tissue levels, but is excreted unchanged in high concentration in the urine.
- All Gram-negative bacilli occurring in the urine, except Pseudomonas aeruginosa, are usually highly sensitive to it.
- Its minimum inhibitory concentration is extremely low.
- Trimethoprim and a sulphonamide, by blocking successive stages in the same bacterial metabolic process, exert a strong synergic effect, and this action is bactericidal.

The following clinical trial results in U.T.I. were obtained in hospital in-patients.
- 55% cure rate SEPTRIN
- 70% cure rate ampicillin
- 40% cure rate sulphadimidine
(Cure criterion = eradication of the original organism 1 week after treatment). Brit med J. (1969) 1, 541

SEPTRIN Tablets, SEPTRIN Paediatric Suspension and SEPTRIN Paediatric Tablets contain trimethoprim and sulphamethoxazole.

Full information available on request.
Burroughs Wellcome & Co., Dartford, Kent.
(The Wellcome Foundation Ltd.)

*Trade Mark
When people suffer from people
Neulactil pulls people together

Anxiety and tension states —
antisocial behaviour. In the close
environment of family life, each
can aggravate the other. A teenage
girl may show abnormal
behaviour, but it is likely to be her
"worried" mother, often suffering
from insomnia, who seeks
medical advice.

'Neulactil' is not only an effective
treatment for severe anxiety and
tension states, but is also
especially valuable in the
management of antisocial
behaviour.

'Neulactil" preparations of
pericyazine are available
as tablets, syrups and
injection solution.

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An M&B brand Medical
Product

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TWENTY-ONE years ago ROTER was first introduced into this country.
Throughout these years ROTER has provided superlative service to those suffering from peptic ulcer and its sequelae.
Not only have hundreds of thousands of chronic cases—both the duodenal and gastric varieties—been relieved of their misery and given a new lease of life, but those suffering post-operative relapse have been provided with equally good service.
It is also of interest to know that ROTER is still both the most effective and economical therapy available. The basic N.H.S. cost of initial treatment is 5/- per week and maintenance, where necessary, only 2/6 per week.

Roter is completely free of all harmful side-effects

Each tablet contains: Bismuth Subnitrate Roter (350 mg.), Magnesium Carbonate (400 mg.), Sodium Bicarbonate (200 mg.) and Cortex Rhamni Frangulae (25 mg.). Packings: Tins of 40 and 120, also dispensing sizes, 360 and 720 (P.T. exempt).

Literature will be supplied on request from:

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‘Kemadrin’

in Paralysis Agitans and
Drug-induced Parkinsonism

‘Kemadrin’ trademark Procyclidine Hydrochloride
Tablets of 5 mg. Ampoules of 10 mg. in 2 ml.
Full information is available on request.

Burroughs Wellcome & Co. Dartford, Kent.
(The Wellcome Foundation Ltd.)
Now is the time for Thean - the bronchodilator for 24-hour control

For high potency and better tolerance in chronic bronchitis and bronchial asthma, Thean is a treatment for bronchospasm that offers more than conventional medications. By having very low toxicity, being readily soluble and of neutral pH, Thean permits a highly effective therapeutic dosage with minimal risk of side effects. Thean can be given with confidence to all bronchitic patients, including those unable to tolerate sympathomimetic drugs. Further information will be sent on request.

**Thean**
- Tablets 300 mg. proxyphylline
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- Thean Suppositories 500 mg. proxyphylline

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*(Southampton University)*

**Postgraduate courses for General Practitioners**

4–5 April. Psychiatric course, St James' Hospital, Portsmouth.
Applications to Clinical Tutor, St Mary's General Hospital, Milton Road, Portsmouth.

25–26 April. Developments in General practice, Bournemouth. With Wessex Faculty R.C.G.P.
Applications to Dr G. Swift, Wessex Regional Hospital Board, Highcroft, Romsey Road, Winchester.

1–2 May. General, Southampton.
Applications to Clinical Tutor, Southampton General Hospital, Tremona Road, Shirley, Southampton.

**Intensive**

29 April–2 May. Anaesthetics, Bournemouth.
Applications to Clinical Tutor, Royal Victoria Hospital, Shelley Road, Bournemouth.

Applications to Clinical Tutor, Salisbury General Hospital, Fisherton Street, Salisbury.

18–22 May. General, Dorchester.
Applications to Clinical Tutor, Dorset County Hospital, Princes Street, Dorchester, Dorset.
Itching for sleep?

Urticaria is often at its worst at night-time. Pro-Actidil
taken in the evening, brings relief during the night and with its sustained antihistamine effect goes on working during the next morning and afternoon.

The three-layered Pro-Actidil presentation is effective in the treatment of allergic dermatoses especially if associated with urticaria, angioneurotic oedema, seborrhoeic eczema, pruritus, allergic asthma, and vasomotor rhinitis.

Pro-Actidil tablets each contain 10 mg triprolidine hydrochloride. Also available: Actidil tablets, each containing 2.5 mg triprolidine hydrochloride (useful for daytime use and when a short duration of action is required), and as Actidil Elixir containing 2 mg in each 5 ml.

Full information is available on request.

Pro-Actidil sustained relief in urticaria

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(The Wellcome Foundation Ltd.) Dartford, Kent.
# Publications

Copies of the following publications may be obtained from E. & S. Livingstone, Limited, Teviot Place, Edinburgh

## REPORTS FROM GENERAL PRACTICE

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<th>Price  / Copy</th>
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Migril masters migraine

Stops headaches. Stops nausea.

Ergotamine — specific for the early control of the headache and ocular disturbances — may also aggravate the nausea and vomiting of migraine. By the inclusion of cyclazine in MIGRIL any tendency to nausea and vomiting, due to the full therapeutic dose of ergotamine, or the migraine itself, is averted.

Each tablet contains 2 mg ergotamine tartrate, BP, 50 mg cyclazine hydrochloride, BP and 100 mg caffeine hydrate, BP.

Full information is available on request.

Wellcome Burroughs Wellcome & Co. (The Wellcome Foundation Ltd.) Dartford, Kent
Synalar Gel—clearly an advance in the treatment of seborrhoeic dermatitis and psoriasis of the scalp

Now available in gel form, ‘Synalar’—recognised for its speed of action—has been specially formulated for the treatment of scalp conditions.

This clear, non-sticky, non-greasy preparation spreads easily, leaving the hair clean and manageable. A unique formulation which effectively and rapidly stops itching and controls dandruff, it is more economical to use and less messy to apply than lotions.

It is ideally suitable for patients of either sex. Please consult detailed literature, available on request, for full prescribing information. ‘Synalar’ Gel, available in 30 gm. tubes sufficient for approximately two weeks’ treatment.

The six formulations of ‘Synalar’—ointment, cream, lotion, aerosol, suppositories and now GEL.

Synalar Gel

Imperial Chemical Industries Limited, Pharmaceuticals Division, Alderley Park, Macclesfield, Cheshire.
VISIT OF MEMBERS OF THE ROYAL AUSTRALIAN COLLEGE
OF GENERAL PRACTITIONERS—1970

On 5 April some 90 members of the Royal Australian College with their ladies will
arrive in this country. On the evening of Monday, 6 April a reception and buffet has been
arranged for them at 14 Princes Gate, London. (These dates are subject to confirmation.)
During the next few days they will travel to Aberdeen to attend the spring general meeting of
the College and the various clinical meetings, symposia, seminars and social functions which
will be held. A civic and a university reception have been arranged for them in Aberdeen and
they will be invited to attend the faculty dinner.

On Sunday, 12 April Dr W. S. Gardner will deliver the William Pickles lecture on Training
to be a doctor, omissions and their consequences. Clinical meetings will cover a wide field,
including cervical cytology, examination problems, rhesus immunization, genetic counselling,
vocational training and workload studies. Several excursions have been arranged for the ladies.

Further meetings have been organized in Manchester on 21 April when the Australian
doctors will take part in a “workshop” on Education for general practice, and on 23 April a
research seminar will be held in Birmingham. On Friday, 24 April a visit to the Royal Shakes-
peare Theatre at Stratford-upon-Avon has been arranged.

The postgraduate deans of several universities have extended open invitations to attend
courses at postgraduate medical centres throughout the country.

So many offers of hospitality have been made by individual general practitioners and by
faculties that it is unlikely that all of these will be accepted. On their arrival our Australian
visitors will be given a list of all meetings and offers of hospitality together with the names and
addresses of honorary secretaries of faculty boards who will make arrangements for local
meetings and hospitality.

On 30 May a final combined meeting will be held at the College on the subject of post-
graduate examinations for general practice and this will be followed by a small farewell function.

Fellows, members and associates of the College and their wives will be welcome to attend
any of these meetings. Further details available from Dr J. Owen, chairman of the Australian
Visit Working Party, The Royal College of General Practitioners, 14 Princes Gate, London,
S.W.7. Some meetings will be strictly limited by accommodation and other considerations,
and an early enquiry is recommended. Doctors in the Aberdeen, Manchester and Birmingham
areas will receive further details separately at a later date.

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ACCOMMODATION AT COLLEGE HEADQUARTERS

Temporary residential accommodation for members and associates and their families is
provided at college headquarters.

The charges, including breakfast, are as follows:

- For single rooms £2 10s. 0d. per night
- For double rooms £4 5s. 0d. per night
- For a flatlet (bed-sitting room for two, bathroom and dressing room) £6 per night
  or £36 per week
- For a self-contained flat (double bedroom, sitting room, hall, kitchen and bathroom) £42 per week

Children under the age of 12 years cannot be admitted, and dogs are not allowed.
A service charge of 10 per cent is added to all accounts to cover gratuities to domestic staff.
Car ports may be hired, at a cost of 10s. 6d. per 24 hours.

Enquiries should be addressed to the Administrative Secretary, The Royal College of General
Practitioners, 14 Princes Gate, London, S.W.7. (Tel. 01-584 6262).
Why give any gastric ulcer time to become chronic?

Give BIOGASTRONE®
carbenoxolone sodium
first and heal it early

Further information available on request from

BERK PHARMACEUTICALS LIMITED
GODALMING & SHALFORD, SURREY
Made under licence from Biorex Laboratories Ltd. London. Brit. Pat. No. 843,133
® Regd. Trade Mark.
LOW BACKACHE

TRANSVASIN — more to it than meets the eye — redness — warmth.

RELIEVES PAIN

Transvasin
30gms.

Highly active and economical — 1d a treatment!

Tetrahydrofurfuryl salicylic acid penetrates skin 3 times faster than pure salicylic acid.

Deep action increases circulation in underlying tissues at same segmental level — removing unwanted metabolites — reducing anoxia

RELIEVING PAIN!

MARGARET!
Samples and literature please from

Lloyd Hamot Ltd.,
103, Mount Street
Suppositories in arthritis? Yes...

'Indocid'
Indomethacin
Suppositories

to treat rheumatoid arthritis and osteoarthritis at night

'Indocid' Suppositories provide for most patients:
• rapid relief of pain—the patient can move more easily in bed
• long-lasting relief of pain—from bedtime, quite often till the following afternoon
• a better night's sleep—hypnotics are frequently unnecessary
• less stiffness in the morning—the patient can usually start his routine with greater mobility

Of course, the capsules are the more widely used form of 'Indocid'—nevertheless, "... those taking their ['Indocid'] capsules religiously every day will sometimes complain that they still have their 'early morning' stiffness in the affected joints. It is here that I think the Indocid suppository inserted at night will usually be of great value..."*

"... even the most cynical patients will quite often ask for a repeat prescription, to have in reserve for future use."*

*GP, 4 Apr 1969, p7

Supplied as 100 mg suppositories, 25 mg capsules, and a suspension (25 mg/5 ml). Detailed information is available to physicians on request.

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Normax promotes gentle, comfortable evacuation without strain to stool, by a dual action.

First, Normax prevents excessive colonic dehydration and hardening of stools.

Second, Normax acts on the lower bowel stimulating mild peristalsis.

No straining. No griping. Normal bowel function.

Normax* capsules each contain 60 mg. dioctyl-sodium sulpho-succinate and 50 mg. 1-8 dihydroxy-anthraquinone and are available in bottles of 30 (basic N.H.S. price 4s. 10d.), and 250 (basic N.H.S. price 26s. 10d.).

Full information is available on request.

Normax means normal bowel function

*Bend.
'I feel on edge and jittery, I can't relax.'
'Tryptizol' can promptly relieve the anxiety and agitation which accompany depression.

Tryptizol®
Amtriptyline hydrochloride/MSD

Available as 10 mg, 25 mg, and 50 mg tablets, as a syrup, and as an injection. Detailed information is available to physicians on request. ® denotes registered trademark.

Merck Sharp & Dohme Limited
Hoddesdon, Hertfordshire
Telephone, Hoddesdon 67123
Experience shows
7 out of 8 patients are trouble-free with

Norinyl-1

...from the very first pack

FIVE IMPORTANT FACTS:

- contains only 50 mcg oestrogen

- used with satisfaction by more than 100,000 U.K. women

- lowest oestrogenicity of any 'combined' oral contraceptive

- first choice by over 2,000 U.K. doctors

- four years of U.K. clinical experience

Each Norinyl-1 pack contains 21 tablets of Norethisterone B.P. 1 mg and Mestranol B.P. 50 mcg. Full prescribing information on request.

References:
1. Multi-centre clinical trials involving nearly 6,000 patients. Data available to the United States FDA, 1968.

SYNTEX Syntex Pharmaceuticals Ltd., St. Ives House, Maidenhead, Berkshire.
CLASSIFIED ADVERTISEMENTS

The charge for this service is 3s. 0d. per line, plus 2s. 6d. if a Box Number is required. Advertisements should be addressed to: The Journal of the Royal College of General Practitioners, Classified Advertisement Department, 104 Gloucester Place, London W1H 4AE.

GENERAL PRACTITIONER—Opportunity to join a multi-specialty group providing comprehensive medical care to university students. In-patient and out-patient facility with complete laboratory and x-ray services. Opportunities for clinical investigation and faculty appointments are available to those who are eligible and interested. Salary $17,000 per year with advancement. Write the Director, Student Health Services, Infirmary, University of Florida, Gainesville, Florida 32601, U.S.A.

MEDICAL SUPERINTENDENT required at ST. MICHAEL’S MISSION HOSPITAL (Anglican), 300 beds with good facilities. General practice at its best. Salary R6,000 per annum with house, light and water. Applicants should have general medical/surgical experience and be in sympathy with the Missionary aims of the Hospital.

Apply to: The Secretary
St. Michael’s Mission Hospital
P.O. Batharos via Kuruman
Cape Province, South Africa.

THE EDUCATION FOUNDATION BOARD

This board holds funds for the furtherance of education in and for general practice, and is prepared to consider projects for personal or corporate education or educational research. They must not be such as would be covered by section 63 of the National Health Service Act, or any other similar provision.

Applications should set out the name of the applicant, the aims of the project, the methods to be employed, the estimated cost, the reasons why no other form of funding is likely to be available, and the anticipated commencing and finishing dates of the project. The board will require a typescript report of the results of the work undertaken.

Applications should be typed and sent to the Secretary, Education Foundation Board, The Royal College of General Practitioners, 14, Princes Gate, Hyde Park, London S.W. 7.

COLLEGE APPEAL

Suggested gifts

The following items are offered for sale in aid of the College appeal fund:

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<th>Price per item</th>
</tr>
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<td>$25.00</td>
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<td>Black 100 per cent Terylene</td>
<td>$25.00</td>
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<td>Green 100 per cent Terylene</td>
<td>$25.00</td>
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<tr>
<td>Green Pure Silk</td>
<td>$35.00</td>
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<tr>
<td>Fellows Ties (with single owl motif)</td>
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<tr>
<td>Navy Blue Pure Silk</td>
<td>$30.00</td>
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<tr>
<td>(Available to F.R.C.G.P.’s only)</td>
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<tr>
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<td>Postage and packing 1s. 0d. extra (U.K. only)</td>
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Orders should be addressed to the Appeal Secretary, The Royal College of General Practitioners, 14 Princes Gate, London, S.W.7.

WRIGHTS

BASIC IMMUNOLOGY
E. R. GOLD and D. B. PEACOCK
About 368 pp. 64 illus. Spring 1970, about 75s.

PRINCIPLES OF RATIONAL MEDICINE
A. BARLOVATZ

PAIN ANALYSIS. A GUIDE TO DIAGNOSIS
R. JANZEN

THE MEDICAL ANNUAL 1969
Sir RONALD BODLEY SCOTT and R. MILNES WALKER

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When pain is part of the ulcer way of life

Common advice is "Slow down. Eat regular meals." Nulacin is formulated to go with this advice, from the very beginning. Nulacin gives rapid and sustained relief from epigastric pain, since it combines a highly effective dose of antacids with milk solids, to give milk alkali drip therapy in tablet form. And the tablets have a pleasant taste; patients don't get tired of them. Good reasons why Nulacin remains so well accepted by doctor and patients alike.

AVAILABILITY: Nulacin is presented in a convenient dispensing pack of 100 tablets, packaged in four tubes of 25. Full information available on request.

NULACIN brings rapid, long-term relief

*Regd.

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Fucidin® ‘H’ Ointment fills a definite need

Fucidin H Ointment offers the antipruritic/anti-inflammatory action of hydrocortisone combined with the rapid bactericidal action of Fucidin, minimising the risks of the adverse effects of the more potent steroids and the considerable risk of sensitisation caused by many topical antibiotics.

Fucidin H Ointment:
Sodium fusidate B.P. 2%:
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1% in a neutral ointment base.
available in tubes containing
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Infected eczema on leg of 55 year old man

After 7 days’ treatment with Fucidin H Ointment

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