

# What was once a vision is now within reach

In the sphere of cardiovascular medicine  
calcium antagonism offers significant advantages  
for patients with angina.

By combining an improvement in  
coronary blood flow with reduced cardiac work,  
calcium antagonism restores the  
balance of myocardial oxygen supply and demand.

Tildiem provides a  
balance of specific effects  
singularly well suited to the  
treatment of angina.



calcium antagonism  
the specific treatment  
for angina

**Tildiem**<sup>®</sup>  
diltiazem

**Prescribing Information:** Presentation: 100 white, oval, film-coated tablets containing 150 mg diltiazem hydrochloride in a modified-release formulation.  
**Indication:** Angina pectoris. **Dosage:** For oral use. Adult dosage: 120-180 mg three times daily, and in some patients may require up to 360 mg daily in divided doses. 480 mg daily have been used with benefit in some daily outpatients with unstable angina. Elderly and patients with impaired hepatic or renal function: The recommended starting dose is one tablet (150 mg) twice daily. The effect of the modified-release formulation of diltiazem has not been fully studied. The dose should not be increased. **Contra-Indications:** Pregnancy and lactation, severe heart failure, sinoatrial node dysfunction, second- or third-degree AV block, and severe bradycardia. **Warnings and precautions:** Patients with mild heart failure and/or a prolonged QT interval should be monitored when diltiazem is used in combination with beta-blockers. Patients with pre-existing conduction defects should not receive this combination. Dizziness, hypotension and syncope may be slightly increased in the presence of diltiazem. **Side Effects:** Few have been observed and are usually mild: Bradycardia and first degree heart block, nausea, urticaria, headache, constipation, ankle oedema, fatigue, hypotension, dizziness and syncope. **Pack size and basic NHS cost:** See list of prices at 100 tablets x 150 mg. **Product Licence Number:** 4749/0005.



LOREX  
Pharmaceuticals Ltd.

# Choose Monit for a wide range of angina patients

To reduce regular and  
frequent sublingual G.T.N.

To complement a beta-  
blocker or a calcium antagonist

To replace I.S.D.N. or a  
sustained-release formulation  
of G.T.N.



# Monit

isosorbide mononitrate 20 mg, Stuart

#### 'Monit' Prescribing Notes

**Presentation** White tablets containing 20mg isosorbide mononitrate. **Uses** For prophylaxis of angina pectoris. **Dosage** Usually one tablet twice or three times daily. Maintenance dose for individuals will be between 20-120mg daily. **Contra-indications** A known sensitivity to nitrates. **Warnings** The following adverse effects may be seen with nitrate therapy: 1. Cutaneous vasodilation, headache, dizziness and weakness may occur, and are usually controlled by lowering the dose. The incidence of these effects is highest at commencement of treatment and tends to decline with time. 2. Postural hypotension may occur, especially with high doses. 3. Nitrate preparations can act as physiological antagonists to noradrenaline,

acetylcholine, histamine and other agents. 4. Dry rash and/or exfoliative dermatitis have been described rarely with nitrates. **Product Licence Number** 29/0174. **Basic NHS Cost** calendar pack of 56 tablets £4.78.



Further information is available on request to the Company  
**Stuart Pharmaceuticals Limited**  
Carr House, Carrs Road, Cheadle, Cheshire SK8 2EG

'Monit' is a trademark

# Natrilix brings down blood pressure not the patient...



## Presentation

Pink biconvex sugar-coated tablets each containing 2.5 mg indapamide hemihydrate.

## Uses

For the treatment of hypertension. Natrilix may be used as sole therapy or combined with other antihypertensive agents.

## Dosage and Administration

**Adults:** The dosage is one tablet daily, containing 2.5 mg indapamide hemihydrate, to be taken in the morning. The action of Natrilix is progressive and the reduction in blood pressure may continue and not reach a maximum until several months after the start of therapy. A larger dose than 2.5 mg Natrilix is not recommended as there is no appreciable additional anti-hypertensive effect. The co-administration of Natrilix with diuretics which may cause hypokalaemia is not recommended.

**Children:** There is no experience of the use of this drug in children.

## Contra-indications, Warnings, etc.

There are no absolute contra-indications to the use of Natrilix but caution should be exercised when prescribing Natrilix in cases of severe renal or hepatic impairment.

## Side Effects

Reported side effects have included dizziness and headache but they are uncommon and mild in nature.

## Basic NHS Cost

10 tabs. 25 50 100 tabs. 100 200 300 tabs.

100 tabs. 25 50 100 tabs. 100 200 300 tabs.

100 tabs. 25 50 100 tabs. 100 200 300 tabs.

105

NATRILIX alone achieves successful control in 7 out of 10 patients <sup>1</sup>

100

95

90

# NATRILIX<sup>®</sup>

indapamide

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The inclusion of an advertisement in this *Journal* does not imply any recommendation and the Editor reserves the right to refuse any advertisement. All recruitment advertisements in this section are open to both men and women.

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at

### PEMBROKE COLLEGE, OXFORD ENGLAND

From 7 pm FRIDAY SEPTEMBER 19th  
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General Practitioners, both principals and trainees, are invited to sample the experience of being in a Balint group for a weekend. There will be opportunities to discuss the experience, and the problems of learning and teaching in small groups.

Course organizers will be able to discuss the art of Group Leadership in a separate group.

The cost of the weekend will be £60, and £35 for trainees. Section 63 applied for.

Please advertise this among your colleagues. Further details are available from the Hon. Secretary:

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(1008)

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Through a series of lectures and workshops, the conference aims to explore ways of meeting the needs of families experiencing loss or grief.

Speakers: Dr Rob Buckman, Dr Sheila Cassidy, Dr Peter Maguire, Dr Colin Murray Parkes, Prof Chris Candlin, Dr John Harris, and Dr Michael Wheeler.

Conference Fee: £45.00 excluding meals and accommodation.

Further details and application forms from CancerCare, Royal Lancaster Infirmary, Lancaster, LA1 4RP. Tel: (0524) 381820 between 1.00 and 5.00 pm Monday to Friday.

Closing date: 31st May 1986.

### MRCGP PRACTICE EXAMS

New book now available edited by John Sandars, General Practice Tutor, Stockport, Cheshire and Secretary of Education Subcommittee, North West Faculty RCGP. This book contains essential advice and tips for every MRCGP candidate — two complete MCQ practice examinations with marking system, answers and teaching explanations, two MEQ papers, two PTQ papers both with samples and marking schedules. Oral and Log Diary techniques and presentations revision index and recommended book list. Send cheque now for £7.95 plus 75p p&p. The books are despatched the same day by first class mail.

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(1003)

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pivampicillin/pivmecillinam

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IN INFECTIONS OF THE RESPIRATORY TRACT, E.N.T. AND  
URINARY TRACT WITH A SIMPLE BD DOSAGE**

**Prescribing Information:**

**Indications:**

Infections of the respiratory tract, E.N.T. and urinary tract

**Dosage:**

Adults and children over 10 years: 2 tablets twice daily. Children 6-10 years:

1 tablet twice daily. In severe infections dosage may be increased. Tablets should

be taken with food or fluid.

Children under 6 years: use Miraxid Paediatric Suspension

**Formulation:**

Each tablet contains 125mg pivampicillin and 100mg pivmecillinam

hydrochloride

**Contra-Indications, precautions, side-effects:**

Contra-indicated in patients known to be allergic to penicillins or cephalosporins and in infectious mononucleosis. Caution in patients with lymphatic leukaemia. Liver and kidney function tests should be performed with long term use. Raised levels of both antibiotics may occur at repeated doses are given when renal function is impaired. First trimester of pregnancy. Urticaria, pruritus, skin rashes and gastro-intestinal disturbances have been reported. Anaphylaxis may occur.

**Product Licence Number:** 0043/0069

**Basic N.H.S. Price:** 47 pence per day ex bottle of 300

Further information available on request

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Longwick Road, Princes Risborough,  
Aylesbury, Bucks. HP17 9RR

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