Tenif

Prescribing Notes

Consult data sheet before prescribing.

Uses: Hypertension.

Presentation: Capsules for oral administration containing atenolol 50mg and nifedipine SR 20mg.

Dosage and administration: One daily, recommended where therapy with either a calcium channel blocker or a beta-blocker proves inadequate, if necessary one capsule twice daily.

Children: 'Tenif' should not be used in children.

Elderly Patients: Dosage should not exceed one capsule daily.

Contraindications: 2nd or 3rd degree heart block, cardiogenic shock, overt heart failure, women of childbearing potential, lactation. Co-administration with cardio-depressants e.g. verapamil.


Interactions with cimetine or quinidine.

Diabetes: Diabetic patients receiving 'Tenif' may require adjustment of their diabetic therapy. Modification of the tachycardia of hyperglycaemia may occur.

Hepatic or renal impairment: in patients with marked renal impairment (i.e. creatinine clearance below 15mL/min/1.73m², serum creatinine greater than 600 micromol/litre) the use of 'Tenif' is considered inappropriate. Care should be taken in patients with marked hepatic impairment.

Side effects: Headache, flushing, fatigue, dizziness and oedema may occur. Skin rashes and dry eyes have been reported with beta-blockers – consider discontinuation if they occur. Rare reports of jaundice and gingival hyperplasia with nifedipine.

Product licence number and basic NHS cost: (29/032). 28 capsules (CP) £10.90.

'Tenif' is a trademark.

Further information is available from Stuart Pharmaceuticals,

King's Court, Water Lane,
Wilmslow, Cheshire SK9 5AZ.

A simple way to use a calcium antagonist and a beta blocker

One daily
in mild to moderate hypertension

'Tenif' is a simple once daily combination which should be considered for patients who are not initially controlled on nifedipine.

*(for further control,1bd)*
Services for Fellows, Members and Associates

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Unique among the Royal Colleges, the RCGP takes particular pride in its local links with its members in the faculties. Each associate, member and fellow of the College is automatically a member of a faculty. A wide range of activities which promote not only high standards of patient care but also sociability are generated by faculties. These include audit, education and research. Members are supplied on a regular basis with details of these from their faculty office. Further information on faculties can be obtained from the Faculty Development Unit.

Administrative Officer: Noeline Conroy.

ACCOMMODATION AND CATERING
Members of the College are welcome to stay at 14 and 15 Princes Gate; early booking is recommended. Bed and breakfast may be arranged at rates regularly shown in the Journal. Bookings should be sent to the Accommodation Secretary. Non-members may be hired subject to availability. Please contact Elizabeth Monk, Personal Assistant to the Head of Personnel Services.

JOURNAL
The British Journal of General Practice, formerly the Journal of the Royal College of General Practitioners, is published monthly and is circulated free of charge to all fellows, members and associates of the College. The 1989 subscription rate for non-members in the UK is £90 ($100 outside the UK, £110 by airmail). Half-year subscriptions are available from July onwards. Single copy rates for members are also available and further information about these can be obtained from Bailey Bros and Swinfen Ltd.

Editor: Dr. John Yarwood, 2 Queen Street, Edinburgh EH2 1JE. Tel: 031-225 7629. Fax: 031-226 7766.

Journals and Subscriptions: Bailey Bros and Swinfen Ltd, Warner House, Folkestone, Kent CT19 2PH. Tel: 0303-850501.

COLLEGE PUBLICATIONS
The Publications Office of the College is responsible for Policy Statements, Reports from General Practice and Occasional Papers. The former two are distributed free of charge to all fellows, members and associates of the College and carry the approval of the College. The Occasional Papers are for sale at prices. The office is responsible for producing the annual RCGP Members' Reference Book and for publishing a number of books for the College. All College publications are available by post or personal collection. Fellows, members and associates may use this facility at a discount rate. Non-members will be charged the full rate. The College will also arrange for mailing of its publications (excluding College videos and Information Folders) may be taken out on loan.

Reader Services Librarian: Clare Stockbridge Bland.

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The Sales Office at 14 Princes Gate is open from 9.30 to 16.30 hours, Monday to Friday, for personal callers to view and purchase College publications and gifts. Printed orders for Medical Record Cards, Publications and Appeal Gifts are processed by this office on a pre-payment order basis. Visa and Access welcome, Tel: 071-225 3049, 24 hour answering service.

Sales Manager: Kate Wood.

REGISTRATION DEPARTMENT
Changes to membership details, for example, address or retirement for fellows, members and associates should be notified to the Membership Secretary. Enquiries about Journal mailings and Associate subscription should also be directed to this department.

Membership Officer: Fiona Hornby.

SUBSCRIPTIONS
All enquiries regarding subscriptions, including applications for reduced subscriptions from fellows, members and associates should be directed to the Subscriptions Department.

Subscriptions Officer: Gordon Taber.

MAINTENANCE DEPARTMENT
The Examination Department welcomes enquiries and supplies information about the Membership (MRCPG) examination, which is held twice a year. Membership of the College is an additional registrable qualification.

Head of Department: Tom Darst.

PRIZES
The College awards prizes, including the annual Syntex Award Winners Award, the Schering Scholarships and international travel scholarships. Information is published periodically in the Journal and applicants should write to the Awards Secretary.

RESEARCH FUNDING
Grants for research projects in general practice are available from the Research Board. The Board’s definition of research is catholic and includes educational research, observational and experimental research, which accepts the methodologies of social science as valid. It is not in a position to fund educational activities.

Clerk to Board: Jenny Singleton.

CLINICAL AND RESEARCH DIVISION
The Clinical and Research Division advises on all policies and protocols for the care of patients and coordinates clinical advice from the College including policies on primary care. In devising practical measures of performance review for clinical care the Division attempts to encourage their use in day to day practice. The Division, through the Research Committee, plays an important advisory role on research in general practice and advises Council on all matters relating to research.

Divisional Administrator: Andrew Singleton.

CLINICAL RESEARCH ETHICS COMMITTEE
The Clinical Research Ethics Committee evaluates multicentre research protocols to be carried out in primary health care to determine whether they are ethically acceptable. The definition of primary care is broad, and includes general practice and community-based medical services. The definition of multicentre studies is those that involve patients resident in the United Kingdom, with the involvement of more than one member of the College publications (excluding College videos and Information Folders) may be taken out on loan.

Information Technology Centre
The Centre provides general practitioners with information and practical advice on computers and computer software. This can range from general practice specialist systems (for example, Vamp, Meditel) to general business applications. Some software systems are maintained by the Centre and demonstrations can be arranged upon request.

The Centre also organizes monthly computer application courses which are open to general practitioners and their practice staff.

Information Technology Manager: Mike Hodgkinson.

PRINTING SERVICES
The College is able to provide competitively priced services to members and fellows for practice leaflets, notepaper, etc and is able to undertake printing and mailings on behalf of others.

Print Unit Manager: Norma Wimbleton.

Readers should write to the Royal College of General Practitioners, 14 Princes Gate, Hyde Park, London SW7 2AP. Tel: 071-631 8323 in every case except where another address is given.

Enquiry Service
The College's Enquiry Service aims to provide information on all aspects of general practice to general practitioners, practice staff and other health professionals. The growing field of research includes over 6000 books; 250 periodical titles; 174 theses; subject files of over 10 reports and pamphlets; files of equipment and company brochures; collections of practice leaflets, annual reports, record cards, audits and premises plans.

Members of the Enquiry Team are pleased to help by telephone or post, and general practitioners and their staff are invited to visit the Information Resources Centre is always welcome, preferably by appointment.

Opening Times: Monday-Friday 09.00-17.30 hours.

Online Search Service
The Online Search Service offers access to a publicly available computer database with information on every known subject and specializes in biomedical sciences including general practice. The College's trained Online Searcher carries out searches that take a fraction of the time that a manual search would involve. Online searches can accommodate multiple search terms and can point out the results at a very high speed. Services are provided at a reduced rate to members.

Reader Services Librarian: Clare Stockbridge Bland.

Technical Services
The College Library has been collecting material on general practice since 1986. It has a unique collection of books, pamphlets, periodicals and general practitioners' theses. As part of a planned development programme, the library is expanding its computer database in order to improve the use of existing stock, as well as offering a wide range of new documentation on primary health care. The College Journal author index, theses lists, the annual list of books for general practice and various reference lists are now produced from this database. The periodicals holdings list is produced from a separate database of periodical holdings.

An important service to members is the supply of reprints of journal articles. Two hundred and fifty periodical titles are currently taken. Articles not held in the College Library can be obtained from the British Library or other local medical libraries through the Inter Library Loan Service. Fellows, members and associates may use this facility at a discount rate. Non-members will be charged the full rate. Although the main emphasis of the Library is on the supply of College publications (excluding College videos and Information Folders) may be taken out on loan.

Technical Services Librarian: Leonard Malcolm. Librarian: Margaret Hammond.
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British Journal of General Practice, April 1991
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