HELP KEEP THEM OUT
OF THE RED AND
IN THE GREEN

Zestril
lisinopril ICI

PRESCRIBING NOTES
Consult data sheet before prescribing.

USE: At grades of essential hypertension and renovascular hypertension. Congestive heart failure (adjunctive therapy).

PRESENTATION: Tablets containing 2.5mg, 5mg, 10mg or 20mg lisinopril (Zestril).

DOSEAGE AND ADMINISTRATION: Hypertension - initially 2.5mg daily, a 2.5mg dose seldom achieves a therapeutic response; adjust dose according to response. Maintenance usually 10-20mg once daily. Maximum is 40mg daily. Dialysis-related patients - if possible stop diuretics 2-3 days before starting Zestril. Resume diuretic later if desired.

Congestive heart failure: (adjunctive therapy) - initially 2.5mg daily in hospital under close medical supervision, increasing to 5-20mg once daily according to response.

Impaired renal function - May require a lower maintenance dose. Zestril is dialysable.

Elderly patients - No change from standard recommendations.

CONTRAINDICATIONS: Pregnancy - Stop therapy if suspected. Hypersensitivity to Zestril. Patients receiving with angiotensin oedema to previous ACE inhibitor treatment.

PRECAUTIONS: Assessment of renal function is recommended. Renal insufficiency; renovascular hypertension; surgery/anesthesia; possibility of hypotension especially in ischaemic heart disease and cerebrovascular disease. Combination with anti-hypertensives may increase hypotensive effect. Sometimes increased blood urea and creatinine and/or cases of renal insufficiency. If given with diuretics. Minimises thiazide-induced hypokalaemia and hyperuricaemia. Potassium supplements, potassium-sparing diuretics and potassium-containing salt substitutes not recommended. Indomethacin may reduce hypotensive effect. Possible reduced response in Afro-Caribbean patients. Use with caution in breastfeeding mothers. Do not use in aortic stenosis or outflow tract obstruction or cor pulmonale. Monitor lithium serum levels if lithium salts administered.

SIDE EFFECTS: Dizziness, headache, diarrhoea, fatigue, cough and nausea. Less frequently, rash and asthma. Rarely, angioedema, oedema and other hypersensitivity reactions; renal failure; symptomatic hypotension (especially if volume-depleted); severe hypotension (more likely if severe heart failure); palpitation; hyperkalaemia; increases in liver enzymes and serum bilirubin (usually reversible on discontinuation of Zestril) andasthenia.

PRODUCT LICENCE NUMBERS AND BASIC NHS COSTS: Zestril; 2.5mg (29/20356) 28 tablets, £3.75; 5mg (29/00564) 28 tablets, £6.83; 10mg (29/00565) 28 tablets, £12.13. 20mg (29/00206) 28 tablets, £20.95.

*Zestril is a trademark.

Further information is available from: ICI Pharmaceuticals, Kings Court, Water Lane, Winslow, Cheshms SK9 5AZ.

COURSES

UMDS

GUY'S AND ST THOMAS'S
MEDICAL AND DENTAL SCHOOL

UMDS GUY’S HOSPITAL
GENERAL COURSE IN MEDICINE
FOR
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Course Fee £275

An innovative course, the contents of which will be based on
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Telephone 071-956 4300

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Applications to: Miss Joan Mitchell, Centre Manager, Plymouth
Medical Centre, Derriford Hospital, Plymouth PL6 8 DH, Telephone
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Part of the Epilepsy Europe 1992 Conference
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1st - 2nd September 1992

TUESDAY 1st SEPTEMBER
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Epidemiology of Epilepsy in General Practice
Audit and epilepsy in General Practice
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from whom details of the main conference can be obtained.

COURSES

The Royal Society of Medicine
DISABILITY IN CHILDREN
a conference for general practitioners and community paediatricians

PGEA APPROVED PROGRAMME:
½ DAY HEALTH PROMOTION & PREVENTION OF ILLNESS
½ DAY DISEASE MANAGEMENT
TUESDAY 20 October 1992
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The Royal Society of Medicine
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Plenary sessions:
The frequency of mental and physical disability in children
Adolescence and the transfer to adult services
Accessing specialist health services - genetics, orthopaedics, appliances etc
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How families cope with disability

Workshop sessions on common management problems:
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Throughout the day there will be poster displays and stands, each manned by representatives from self-help groups and charities to answer your specific questions and problems

Registration fees: RSM £30, Others £45
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The Royal Society of Medicine, 1 Wimpole Street
London W1M 8AE
Tel: 071 408 2119  Fax: 071 355 3197

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GP COURSES AUTUMN 1992

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Informal enquiries to Professor D R Hannay (0742 721706).

Further details from Director of Personnel Services, The University, PO Box 594, Firth Court, Western Bank, Sheffield S10 2UH (Tel. 0742 765555 ext 4144), to whom applications including a full CV and the names/addresses of three referees (2 copies of all documents) should be sent by 28 August 1992. Ref: R176.

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FOR GENERAL PRACTITIONERS

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PRESCRIBING INFORMATION

Indications: FELDENE Gel is effective in the treatment of osteoarthritis of superficial joints and acute musculoskeletal disorders. Dosage: For external use only. Occlusive dressings should not be used. Apply one gram of FELDENE Gel and rub into the affected site three to four times daily leaving no residual material on the skin. Therapy should be reviewed after 4 weeks.

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