HELP KEEP THEM OUT
OF THE RED AND
IN THE GREEN

Zestril
lisinopril ICI

PREScribing notes
Consult data sheet before prescribing.
USE: All grades of essential hypertension and renovascular hypertension. Congestive heart failure (diuretic therapy).
PRESENTATION: Tablets containing 2.5mg, 5mg, 10mg or 20mg lisinopril (Zestril).
DOSE AND ADMINISTRATION: Hypertension – Adults including elderly initially 2.5mg daily, 5mg dose seldom exceeds a therapeutic response, adjust dose according to response. Maintenance usually 10-20mg once daily. Maximum 40mg twice. Dose-in-
treated patients in stable heart failure 2-3 days before starting Zestril. Renal function 2-3 days.
Congestive heart failure: Adults including elderly initially 2.5mg daily, in hospital under close medical supervision. Increasing to 5-20mg once daily according to response. Monitor blood pressure and renal function.
Renal impairment: May require lower maintenance dosage.
CONTRAINDICATIONS: Pregnancy, Hypersensitivity to Zestril. Patients with history of angioedema following previous ACE inhibitor therapy. Patients with acute alcohol withdrawal.
PRECAUTIONS: Assessment of renal function is recommended. Symptomatic hypertension may occur, particularly in volume depleted patients, during heart failure. Caution in patients with chronic heart or cardiomyological failure, renal insufficiency, renovascular hypertension. Patients with a history of angioedema may be at increased risk of complications with an ACE inhibitor. Cough may be reported with ACE inhibitors. Renal impairment usually reversible may occur in some patients. Hypokalemia may occur during surgery or anesthesia. Caution in nursing mothers. No published experience. Afro-Caribbean patients may show reduced renal clearance. Hypotension can be minimized by discontinuing diuretics prior to Zestril. Interaction with NSAIDs and salicylates. Potassium supplements, potassium sparing diuretics and potassium-containing salt substitutes not recommended. Avoid concomitant use with high-flux dialysis membranes.
SIDE EFFECTS: Hypotension, dizziness, headache, diarrhoea, cough, nausea, fatigue, coldness, flushing, rash, angioedema, urticaria, proteinuria, leukopenia, eosinophilia, nephrosis, renal failure, acute tubular necrosis. A syndrome complex which may include fever, vasculitis, myalgia, arthralgias, rashes, eosinophilia, renal failure, acute tubular necrosis, uremia. A rare episode of hypocalcemia with or without hypercalciuria, hypomagnesaemia, nephrocalcinosis and osteoporosis may occur. Dose related nausea, vomiting, anorexia, liver enzymes, and renal failure. Decreased hematocrits and hemoglobin may be observed. Hypokalemia.
PRODUCT LICENCE NUMBERS AND BASIC NHS COSTS: Zestril 2.5mg (28) £2.99, 5mg (28) £3.99, 10mg (28) £5.99, 20mg (28) £5.99, 40mg (28) £9.99.
Zestril is a trademark.

Further information is available from ICI Pharmaceuticals, Kings Court, Water Lane, Wimbley, Cheshire SK9 5AZ.

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