Soothe away the sting of eczema treatment

Alphaderm remains prescribable under the NHS

ALPHADERM - ABBREVIATED PRESCRIBING INFORMATION: Presentation: Alphaderm cream contains hydrocortisone Ph.Eur. 1% w/w and urea BP 10% w/w in a specially formulated base. It does not contain lanolin and is preservative free. Indications: All dry or erythematous conditions of the skin. Dosage and administration: Wash and dry the affected area(s) and apply topically twice daily. Optimal rehydration of dry skin is achieved without the use of occlusive dressings. Contra-indications: Known hypersensitivity. Primary bacterial, viral and fungal diseases of the skin and secondarily infected eczemas or intertrigo. Precautions, warnings, etc: There is inadequate evidence for safety in human pregnancy. Topical administration of corticosteroids to pregnant animals can cause abnormalities of foetal development. There may therefore, be a very small risk of such effects in the human fetus. Product Licence Number: 0064/00198. Legal category: POM. Basic NHS cost 30g - £2.35, 100g - £7.32. Ref. No. UK/04/001/01, 1 February 1994. REFERENCES: 1. Data on file - Clinical data covering 644 patients showed only 5% suffered more than slight stinging on application. 2. Kligman A.M., Kaidbey K.H. (1976) Cutis, 22, 232-244. Further information is available from Procter & Gamble Pharmaceuticals, Staines, Middlesex TW18 3AZ.
THE EXPANDING WORLD OF ‘ZESTRIL’

More GPs are prescribing ‘Zestril’ for more patients than ever before

Consult data sheet before prescribing.

USE: All grades of essential hypertension and renovascular hypertension. Congestive heart failure (diuretic therapy).

PRESENTATION: Tablets containing 2 mg, 5 mg, 10 mg or 20 mg lisinopril (Zestril).

DOSEAGE AND ADMINISTRATION: Hypertension  — Adults (including elderly): initially 2 mg daily; a 2-mg dose seldom achieves a therapeutic response; adjust dose according to response. Maintenance usually 10-20 mg once daily. Maximum is 40 mg daily. Diabetic treated patients – if possible stop diuretics 2-3 days before starting Zestril. Rescue diuretics later if desired.

Congestive heart failure: Adults: Initially 2 mg daily under close medical supervision (hospital initiation for severe or unstable heart failure and other patients at higher risk), increasing to 4-8 mg once daily according to response. Monitor blood pressure and renal function.

Renal impairment: May require lower maintenance dosage.

CONTRAINDICATIONS: Pregnancy. Hypersensitivity to Zestril. Patients with history of angionicotic oedema to previous ACE inhibitor therapy. Patients with acute stenosis, coronary or outflow tract obstruction.

PRECAUTIONS: Assessment of renal function is recommended. Symptomatic hypotension may occur, particularly in volume-depleted patients and congestive heart failure. Caution in patients with ischemic heart or cerebrovascular disease; renal insufficiency, renovascular hypertension. Patients with a history of angioedema may be at increased risk of angioedema with an ACE inhibitor. Gout has been reported with ACE inhibitors. Renal impairment (usually reversible) may occur in some patients. Hypotension may occur during surgery or anesthesia. Caution in nursing mothers. No pharmacodynamic data. Alcohol use unchanged. Metabolism: N/A.

SIDE EFFECTS: Hypotension, dizziness, headache, diarrhoea, cough, nausea, fatigue, less frequently, rash, asthenia. Rarely, angionicotic oedema and other hypersensitivity reactions, neurovascular infarction or cerebrovascular accident possibly secondary to excessive hypotension in high risk patients; poliomyelitis, leucocytosis, abdominal pain, dry mouth, hepatitis, jaundice; mood alterations, mental confusion, vertigo, dizziness, vertigo, urticaria, oedema, rash, abdominal pain, acute renal failure, impotence, pancreatitis. A syndrome complex which may include fever, vasculitis, myalgia, arthralgia arthritis, positive ANA, elevated ESR, eosinophilia, leukocytosis, rash, photosensitivity or other dermatological manifestations may occur. Increases (usually reversible) in blood urea, serum creatinine, liver enzymes and serum bilirubin. Decreases in haemoglobin and haematocrit have occurred. Hyperkalaemia.

LEGAL CATEGORY: P53.5.

PRODUCT LICENCE NUMBERS AND BASIC NHS COSTS: Zestril 2 mg (12/19/0087) 7 tablets, 31.91; 26 tablets, 12.76; 5 mg (12/19/0088) 28 tablets, 39.9c; 10 mg (12/19/0089) 28 tablets, 111.75; 20 mg (12/19/0087) 26 tablets, 113.98.

‘Zestril’ is a trademark.

Further information is available from ZENECA Pharma. Kings Court, Water Lane, Wilmslow, Cheshire SK9 9AZ.

Zestril lisinopril

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Getting Better With Information

Strategic Principles

Information is person-based
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Information enables business objectives
Information focuses on health

Can we talk?

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Adverse Incidents
MDD investigates over 3,500 device-related adverse incidents a year, which may result in the issuing of a Safety or Hazard Notice or even withdrawal of devices from the market. Your help is sought in reporting all device-related incidents so that appropriate action can be taken.

To report an adverse incident telephone 071 972 8080

Evaluation of Medical Devices
The Directorate has evaluated a wide range of devices including wheelchairs, aids for the disabled, a range of electromedical equipment, defibrillators, scanners.

For information about the programme and a list of available reports, telephone 071 972 8181

Expert Advice on Medical Devices
The Directorate can offer medical and nursing advice on any issue relating to devices. If you have any queries, please telephone 071 972 8123 or if you would like more detailed information about the Directorate’s work, write to Dr. S Ludgate at the address below.

Medical Devices Directorate, 14 Russell Square, London WC1B 5EP
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This course for Health Care professionals was the first of its kind in the UK. It consists of modular units of learning with a number of electives, and there is credit exemption for those who have obtained the Diploma. Covering the theoretical bases of addictive behaviour, organisational development and management, together with clinical/fieldwork placements, the course is offered either as two years part-time or one year full-time. Next course/module starts 4th October 1994.

For further information contact: Education and Training Unit, Division of Addictive Behaviour, St George's Hospital Medical School, London SW17 0RE. (Tel. No. 081 725 2802 or 2637).

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NATIONAL CONFERENCE FOR AUDIT FACILITATORS
13 September 1994
A Conference for Primary Care Audit Facilitators will be held on Tuesday, 13 September at the RCGP. Invited speakers will examine the major issues of working to develop quality assurance in every general practice and there will be small group discussion to explore the current concerns.

The cost of the Conference will be £55.00 (inclusive of VAT).

QUALITY THROUGH STANDARDS - MARKETING THE WAY AHEAD
14 September 1994
This Study Day is a joint initiative between the Royal College of General Practitioners and the Association of Managers in General Practice. The aim of the day is to enable GP Educators, Practice Manager Educators and Nurse Educators to increase their understanding of management standards and how best to encourage others to develop and use them.

PGEA and Section 63 approval being sought.

Fee: £58.75 (inclusive of VAT) for GPs or £35.25 for Practice Managers and Nurses.

CHAIRMANSHIP SKILLS - “ROUND THE TABLE CHAIRING”
Course Tutor: Denise King
15 September 1994
This one day course is designed to increase the skills of those who chair meetings “round the table” including committee and partnership meetings and is therefore particularly relevant to GPs. The course will focus on oral skills as opposed to the construction of agendas and meeting procedure. A workshop atmosphere will prevail with relaxed and informal interchange. Each member will chair a meeting and present an oral report. The intensive nature of this course means participants are limited to 10.

No advance preparation is required.

Section 63 approval being sought. The fee is £125.00 (inclusive of VAT).

MRCGP COURSE
Course Leaders: Dr D R Dare and Dr H P Joshi
22-25 September 1994
This is an intensive course employing unique teaching methods to enable candidates to prepare for the MRCGP examination. The course is particularly directed to cater for the needs of the candidates who have difficulty in obtaining an invitation to the oral examinations. It is also aimed to introduce candidates to the use of videos for consultation analysis and to help them to gain an insight into the role and functions of the college of which they seek membership.

Section 63 applied for. Course fee £450.00 (inclusive of VAT).

EFFECTIVE PERSONNEL MANAGEMENT
Course Director: Sally Irvine  Course Tutor: Hilary Haman
28/29 September 1994
This course is designed for members of the practice team whose responsibilities include staff management. The principles of personnel management, and their application in the management of staff whose conduct and performance are problematic, are covered. This two day residential course addresses the contract of employment, the motivation of staff and dealing with disciplinary issues.

The fee (inclusive of VAT) is £250.00 including lunch and refreshments and dinner on the first evening.

For further details please contact: RCGP Courses and Conferences on 071 823 9703 or Fax 071 225 3047.
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