THE EXPANDING WORLD OF ‘ZESTRIL’

Lisinopril: the only once-daily ACE-inhibitor indicated for hypertension, congestive heart failure and acute myocardial infarction

• More Doctors are prescribing ‘Zestril’ for more patients than ever before
• ‘Zestril’ has 12 million patient years of experience
• 48,000 patients are currently involved in 3 major trials with lisinopril
• Lisinopril is on over 75% of hospital formularies

PREScribing INFORMATION
Consult Data Sheet before prescribing.

‘ZESTRIL’
Uses: All grades of essential hypertension and renovascular hypertension. Congestive heart failure (diuretic therapy). Acute myocardial infarction in haemodynamically stable patients (in addition to standard coronary care).

PRESENTATION: Tablets containing 2.5mg. 5mg. 10mg or 20mg lisinopril.

DOSAGE AND ADMINISTRATION: Hypertension Adults (inc elderly). Initially 2.5mg daily, a 2.5mg dose seldom achieves a therapeutic response, adjust dose according to response. Maintenance usually 10-20mg once daily. Maximum is 40mg daily.

Diabetic-treated patients - if possible stop diuretic 2-3 days before starting Zestril. Resume diuretic later if desired.

Congestive heart failure Adults: Initially 2.5mg daily under close medical supervision (hospitalization for severe or unstable heart failure and other patients at higher risk), increasing to 5-20mg once daily according to response. Monitor blood pressure and renal function.

Acute myocardial infarction: Treatment may be started within 24 hours of symptoms. First dose is 5mg, followed by 2.5mg after 24 hours, 5mg after 48 hours and then 10mg once daily. Dosage should continue for six weeks. Lower dosage in patients with low systolic blood pressure (120mmHg or less) - see Data Sheet.

Renal impairment - may require lower maintenance dosage. ‘Zestril’ is dialysable.

Children - not recommended.

CONTRA-INDICATIONS: Pregnancy. Hypersensitivity to Zestril. Patients with history of angio-oedema or previous ACE-inhibitor therapy. Patients with aortic stenosis, cor pulmonale or outflow tract obstruction.

PRECAUTIONS: Assessment of renal function is recommended. Symptomatic hypotension may occur particularly in volume depleted patients and congestive heart failure. Caution in patients with ischaemic heart or cerebrovascular disease; renal insufficiency; renovascular hypertension. Patients with a history of angio-oedema may be at increased risk of angio-oedema with an ACE inhibitor. Acute myocardial infarction patients with evidence of renal dysfunction or at risk of serious haemodynamic deterioration - see Data Sheet. Cough has been reported with ACE inhibitors. Renal impairment (usually reversible) may occur in some patients. Hypotension may occur during surgery or anaesthesia. Caution in nursing mothers. No pediatric experience. Afro-Caribbean patients may show reduced therapeutic response. Symptomatic hypotension can be minimised by discontinuing diuretic prior to Zestril. Interaction with indomethacin and lithium. Potassium supplements, potassium sparing diuretics and potassium containing salt substitutes not recommended. Avoid concurrent use with high-flux dialysis membranes.

SIDE EFFECTS: Hypotension, dizziness, headache, diarrhoea, cough, nausea, fatigue. Less frequent: rash, asthma. Rare: angio-oedema or other hypersensitivity reactions, myalgia, infarction or cerebrovascular accident possibly secondary to excessive hypotension in high risk patients, palpitations, tachycardia, abdominal pain, dry mouth, pancreatitis, hepatitis, jaundice, mood alterations, mental confusion, parasthesias, bronchospasm, alopecia, articular, diarrhoea, pruritus, urticaria, erythema multiforme, renal dysfunction, acute renal failure, impotence, haemolytic anaemia. A symptom complex which may include fever, myalgia, malaise, arthralgias/arthritis, positive ANA, elevated ESR, eosinophilia, leukocytosis, rash, photosensitivity or other dermatological manifestations may occur. Increases (usually reversible) in blood urea, serum creatinine, liver enzymes and serum bilirubin. Decreases in haemoglobin and haematocrit. Hyperkalaemia and hyperuricaemia.

Anaphylactoid reactions during desensitisation treatment. Lesch-Nyhan and thromboocytopenia have occurred (causal relationship not established).

LEGAL CATEGORY: POM.

PRODUCT LICENCE NUMBERS AND BASIC NHS COSTS: Zestril 2.5mg (1269190034) 28 tablets, £7.84; 5mg (1269190085) 28 tablets, £15.58; 10mg (1269190008) 28 tablets, £31.63; 20mg (126919007) 28 tablets, £63.38.

‘Zestril’ is a trademark, the property of ZENAECO Limited.

Further information is available from ZENAECO Pharma, King’s Court, Water Lane, Wilmslow, Cheshire SK9 5AZ.

95/3166H Issued Sept 95

ZENAECO

Helping hypertensives retain their Zest for Life
Making the right connections...

Establishing an infrastructure for the better management and use of communications and information

For everyone in the NHS changing practices, developing relationships and new information technology can bring enormous improvements in efficiency and significant gains for patient care.

The NHS Executive is implementing an Information Management and Technology (IM&T) Strategy to develop consistent information systems and communication networks. This will ensure the appropriate use of information and information technology in the NHS in England.

Much preparatory work is complete and many components of the IM&T infrastructure - the framework at the core of the Strategy - are now available.

The IM&T infrastructure sets national standards and enables clinicians, managers and GPs to talk to one another electronically in a secure and controlled environment.

The immediate challenge is to harness the benefits of electronic communications and interchange, to cut administrative paperwork and transform the delivery of patient care.

What are the benefits?

- Delivering high quality patient care in a seamless fashion
- Improving the relationships between purchasers and providers
- Providing more efficient contracting and the automation of invoicing
- Achieving more effective management of resources and targeting of health care
- Enabling access to research and evidence based medicine

An information pack is available from the address below

Information Management Group

For further information contact:
Information Management Group
Information Point/NHS Register of Computer Applications
NHS Executive Headquarters
c/o Cambridge and Huntingdon Health Authority
Primrose Lane HUNTINGDON PE18 6SE
Tel: 01480 415118 Fax: 01480 415160
FIRST LOVE, HER CHOICE

mercilon 20 mcg
Desogestrel 150 mcg, ethinylestradiol B.P.

A PILL SHE CAN SWITCH TO AND STAY ON

mercilon Abbreviated Prescribing Information: (See data sheet before prescribing). Calendar pack of 21 tablets each containing 150mcg desogestrel and 20mcg ethinylestradiol B.P. Uses: Oral Contraception. Dosage: One tablet daily for 21 days, starting on the first day of the menstrual cycle. Subsequent courses are started after seven tablet-free days have followed the preceding course. Absolute Contraindications: Pregnancy, breast feeding. Past or present cardiovascular disorders, moderate to severe hypertension, hyperproteinaemia. Presence of more than one risk factor for arterial disease. Severe liver disease, cholestatic jaundice or hepatitis. hepatic cell tumours and porphyria. Cholestasis. Ovarian-dependent tumours, endometrial hyperplasia; undiagnosed vaginal bleeding. Past or present S.I.E. A history during pregnancy or previous use of medroxy progesterone, heparin, antibiotics, a manifestation or determination of thromboses or jaundice. Relative Contraindications: Conditions which increase the risk of developing venous thrombo-embol. Congestive disorders. Any risk factor for arterial disease. Other conditions associated with an increased risk of cardiovascular disease. Epilepsy or migraine, past or present. History of cholestasis. Any risk factor for ovarian-dependent tumours; ovarian-sensitive gynaecological disorders. Diabetes mellitus. Severe depression, past or present. Sickle cell haemoglobinopathy. Discontinue use if liver function tests become abnormal. Serious Adverse Reactions: Various reports have associated OC use with deep vein thrombosis, pulmonary embolism and other embolisms, and coronary and cerebrovascular accidents, predominantly in heavy smokers. Combined OCs offer substantial protection against ovarian and endometrial cancer. Evidence linking combined OC use and breast and cervical cancer remains inconclusive. Malignant hepatic tumours have been reported on rare occasions in long-term users of OCs. Benign hepatic tumours have also been associated with OC use. Other Adverse Reactions: Breast tenderness, nausea, vomiting, headache, depression, change in body weight. Legal Category: POM. Basic NHS Cost: £8.97 - 3 x 21 tablets. PL0065/0085. Further information on request to Organon Laboratories Limited, Cambridge Science Park, Milton Road, Cambridge CB4 4FL. Tel: (0223) 423445. DOC: UKMENC/12 DEC 96. Date of Preparations: May 96. Ref no. 014538/1.
The Cerebral Palsy Helpline is celebrating 5 years of providing information, advice and support for people with cerebral palsy, their parents and carers, and professionals. Whatever your question – child care, benefits, education, leisure – please call our free and confidential Helpline.

Lines open Monday to Friday 11am – 9pm, Saturday and Sunday 2pm – 6pm.

Formerly The Spastics Society

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Don’t put off until tomorrow what we can help you do today.

Why wait to buy a new car? Why hold back when your house could do with redecorating? Why put off your holiday when you need one? Whatever you’d really like to do, you can do now with a loan from First Affinity.

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For further details or to arrange a loan, call us free, today on 0800 626 390 and quote reference 0203/HXO/07.

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Written quotations available on request. Repayments will be fixed for the length of your loan.
All loans subject to status. First Affinity is a trading style of Avco Trust PLC, a member of the Avco group of companies. Ultimate parent Textron Inc., Providence, Rhode Island, USA.
Registered Office: Avco House, Castle Street, Reading RG1 7DX. Registered in England 721502.
NATIONAL ASSOCIATION OF GP TUTORS UK

4th National Conference
"LEARNING TOGETHER"
4 - 6 October 1996

Venue: Bosworth Hall
Nr. Nuneaton, Warwickshire

All those involved in GP education, in whatever context are welcome at this event. Speakers include: Professor Patrick Pietroni, Dr Jacky Hayden and Professor Janet Grant. Debate: Evidence Based Medicine Can Kill Off The NHS, speakers include: Dr Trish Greenhalgh and Dr Kieren Sweeney

Much of the time will be spent in workshops, and sessions will include:
GP refresher training courses, presentation skills, CME evaluation, remedial education, learning together, personal learning plans, practice based learning, technological development in CME, guidelines, retraining, evidence based medicine, co-tutoring, effective small group work.

FEES:

Residential: £215.00 before 31st July 1996
£225.00 after 31st July 1996
Spouses: £75.00 (meals inclusive)
Non-Residential: £125.00

Section 63 approved:

For further details and application forms please contact:

NAGPT
17 Spring Lane
Radcliffe, Manchester
M26 2TQ
Tel & Fax: 0161 723 2145

(50% of places already booked)
University of Newcastle-upon-Tyne
Diploma in Therapeutics

This course is an innovative part-time course specifically for General Practitioners wishing to improve their knowledge of therapeutics as applied to Primary Care. The course is comprised of 12 study days and distance learning over the academic year October 1996 to June 1997. Candidates who complete the course and the final examination successfully will be awarded the Diploma in Therapeutics by the University of Newcastle-upon-Tyne.

The course is designed to have a strong emphasis on the practical application of therapeutics in primary care and to yield tangible benefits to the candidates own practice. The course covers topics of current interest and significance on primary care such as: therapeutics as applied to primary care, drug selection in the main therapeutic areas, formularies, guidelines and protocols, shared care prescribing, computerised prescribing systems, alternatives to prescribing, the drug industry, audit of prescribing, critical reading and prescribing research.

Sessions will include lectures, workshops, small group work, audit sessions and a small research project as well as some distance learning packages.

The course is organised by the Department of Clinical Pharmacology with support from the Department of Primary Care, University of Newcastle-upon-Tyne and the Division of Primary Care. As part of its Regional Prescribing Initiative to promote effective prescribing practices the NHS Executive Northern and Yorkshire will award bursaries of £630 to all candidates from the Region who successfully complete the diploma.

Course fee: £1260 (£630 bursaries will be awarded to all successful candidates)
Course location: Medical School, Newcastle-upon-Tyne
Course days: Thursdays (all days) x12
Course dates: October 1996 to July 1997

PGEA accreditation: 12 FULL DAYS spread over 1996-9 (thereby satisfying PGEA requirements to two years - 1996 and 1997). The accreditation comprises 4 days in each of the three PGEA categories: 1. Prevention of illness. 2. Disease management. 3. Service Management.

Course places are limited and early application is invited. Application forms and further information can be obtained from:
Miss CA Robson, Administration Manager, Regional Drug and Therapeutics Centre
Wolfson Unit, Claremont Place, Newcastle-upon-Tyne NE2 4HH
Tel: (0191) 230 5722
Fax: (0191) 261 5733

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Following on from the first two highly successful events in this series held in Glasgow, the Third International Congress on Drug Therapy in HIV Infection will take place at the International Convention Centre, Birmingham, UK, from 3–7 November 1996. The meeting will consider current and future therapies in the treatment of HIV infection during a scientific programme which is structured around a series of non-competing sessions, giving delegates the opportunity to attend all sessions.

The focus of the Congress will be on key clinical issues in the treatment of HIV, allowing clinicians and clinical scientists to participate in active debate. Acknowledged international experts will present keynote review lectures. There will also be a comprehensive programme of oral and poster presentations selected from submitted abstracts in the following areas:

The Congress has been approved for CME accreditation (24 credit hours) applicable to UK physicians only

Co-sponsored by:

Karolinska Institutet, Stockholm, Sweden
The University College London Medical School (UCLMS), London, UK

For further information and a copy of the Second Announcement please contact the Congress Secretariat:
Mandy Lakin, Gardiner-Caldwell Communications Ltd, Victoria Mill, Windmill Street, Macclesfield, Cheshire SK11 7HQ, UK
Tel: +44 (0)1625 664000. Fax: +44 (0)1625 664145
YOU ARE INVITED TO ATTEND

THE ROYAL AUSTRALIAN COLLEGE OF GENERAL PRACTITIONERS
39TH ANNUAL SCIENTIFIC CONVENTION AND
ANNUAL GENERAL MEETING

BEING HELD FROM 14-18 OCTOBER 1996
AT THE HYATT REGENCY HOTEL
IN PERTH WESTERN AUSTRALIA

Perth the city of sunshine, sparkling air, wildflowers and beautiful beaches awaits you. Come and join us in Australia’s most liveable city with the most to offer according to a recent survey. The Hyatt is centrally located with splendid views of the city, Swan River and Darling Ranges.

THE RISE OF THE GENERALIST

General practice is evolving, the boundaries in which we practise are expanding. To remain pivotal in the health system, we have to change. The 39th Convention will provide a forum to start redefining our role and skills.

Our Convention features a host of renowned overseas, national and local speakers addressing a wide range of General Practice issues such as “Common Problems in General Practice”, “Mental Health” and “Family Issues Relating to General Practice”. Amongst our keynote speakers are:

Dr Germaine Greer - renowned international author
Professor Charles Boelen - Chief Medical Officer of the World Health Organisation

GENEROUS CME POINTS HAVE BEEN APPLIED FOR

Inquiries to Conference Secretariat, Congress West, PO Box 1248, West Perth WA 6872  Tel: 61 9 322 6662  Fax: 61 9 322 1734
She comes with her own insurance. Doesn’t she make you feel better already?

The last thing you’d expect from a nurse who belongs to the Royal College of Nursing is a malpractice claim.

But, in the remote chance that she is sued by a patient, it’s a relief to know that she is covered automatically by the Royal College of Nursing’s professional indemnity policy. Up to £3 million, including legal costs.

Because the RCN is committed to the highest standards of patient care, we even insure our members whether they are inside the NHS or not, and whether they are at work or not.

You might say that an RCN nurse comes with a level of cover that she will probably never need.

Isn’t that a comforting thought?
The Chinese University of Hong Kong  
Faculty of Medicine  

The University (founded 1963) offers comprehensive programmes up to PhD level. Student enrolment in 1995-96 is around 12,500. The Faculty of Medicine offers undergraduate and postgraduate programmes in Medicine, Nursing and Pharmacy. The MBChB programme admits 160 students annually and is fully recognised by the General Medical Council of the United Kingdom. Clinical courses are taught at the Medical Faculty’s 1,450-bed teaching hospital, the Prince of Wales Hospital, which is one of the regional hospitals in Hong Kong, and at the Lek Yuen Health Centre. English is used in teaching and administration in the Faculty of Medicine.

Applications are invited for the following post:

Department of Community & Family Medicine  (Ref. 96/058 (165)/2)  
Professor of Family Medicine  
or Senior Lecturer (Family Medicine) (carrying the title of Associate Professor or Professor, as appropriate)

Applicants for Professorship must have a higher academic qualification in family medicine and extensive experience and achievement in teaching, assessment, quality assurance and research in family medicine. The appointee will provide leadership in the further development of the Family Medicine Unit in the Department of Community and Family Medicine.

Applicants for Senior Lectureship should preferably have a higher academic qualification in family medicine and experience in family medicine and experience in teaching and research in family medicine. The appointee will work in the Family Medicine Unit in the Department of Community and Family Medicine.

Apart from the above-mentioned specific requirements, applicants should have a medical qualification, preferably approved for full registration with the Hong Kong Medical Council, and the Fellowship/Membership of a college of general practitioners/family physicians. Detailed knowledge of the health care system in Hong Kong and the ability to speak Mandarin and/or Cantonese, are highly desirable. In addition to teaching duties, the appointee is expected to conduct research and is required to provide clinical/pathological services at the Prince of Wales Hospital, the University’s teaching hospital, of the Lek Yuen Health Centre in Shatin. The appointee is expected to assume duty in April 1997 or as soon as possible thereafter.

Annual Salary and Fringe Benefits

Professor (Clinical)  HK$1,513,200 (minimum)  
Senior Lecturer (Clinical)  HK$1,146,600 to HK$1,413,000 by 10 increments  
(approx. exchange rate in June 1996: £1 = HK$12, AU$1 = HK$6.1)

Starting salary and grade will be commensurate with qualifications and experience.

Benefits include leave with full pay, medical and dental care, education allowance for children, housing benefit for eligible appointee (with appointee contributing 7.5% of salary towards the provision of housing). Under regular contract, superannuation benefits are provided whereas fixed term contract carries where appropriate contract-end gratuity. (15% of basic salary).

Application Procedure

Please send full resume with publication list, names and fax numbers/e-mail addresses of three referees, and copies of academic credentials, to the Personnel Office, The Chinese University of Hong Kong, Shatin, N.T., Hong Kong (Fax: (852) 2603 6852) before 17 August 1996. Please quote the ref. number and mark “Recruitment” on cover. (Note: The University reserves the right not to fill the post or to fill the post by invitation.)
QUALITY OF LIFE, QUALITY OF CARE

CHLAMYDIA
With reliable results available in just 30 minutes, Clearview Chlamydia enables early diagnosis and treatment while the patient waits.

HCG II
Clearview HCG II, with a sensitivity of 25 mIU/ml, is simple to use and has the speed and accuracy to make it the ideal choice for on-site pregnancy testing.

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When you need the added flexibility of a pregnancy test that can be performed on serum or urine, Clearview HCG DUO provides the solution.

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Clearview Strep A provides results in minutes. As a result, diagnosis of Strep A is easier than ever, enabling you to decide on appropriate treatment without delay.

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Identification or elimination of infectious mono-nucleosis calls for speed and reliability. Clearview IM produces unambiguous and accurate results reliably, simply and rapidly.

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Quality of Life and Quality of Care, that’s what patients are looking to you to provide. So it’s good to know that when you use a product from the Clearview Range, quality comes as a standard feature. After all, you are supported by the vast resources of Unipath - the company which pioneered rapid on-site testing by developing a novel technology designed specifically for your needs. Rapid, reliable and simple to use, Clearview provides you with accurate test results while the patient waits, enabling appropriate treatment to start immediately.

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For more information on the Clearview Range, contact:

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Instrumed (London) is a supplier of high quality stainless steel surgical instruments at very competitive prices.

As well as General Surgery instruments such as scissors, retractors and needle-holders etc., we also supply instruments for use in obstetric, orthopaedic, E.N.T. and other procedures.

We pride ourselves on our speedy delivery - in fact ALL ex-stock orders are despatched within 48 hours.

For more information, or a Catalogue and Price List, please call 0115 930 9716 or 0115 944 0425 or fax us on 0115 944 1351.
ACCOMMODATION AND CONFERENCE FACILITIES IN CENTRAL LONDON

The Ciba Foundation is an international scientific and educational charity (Registered No. 313574) which works to promote co-operation in biological, medical and chemical research.

The Foundation is based at 41 Portland Place, in the heart of the West End of London, and is therefore an ideal meeting place for scientists from all over the world.

Any graduate in medicine or science on a working visit to London is welcome to stay at the Foundation. Fifteen bedrooms are available throughout the year (except at Christmas) and the cost of a single room is £40 per night including breakfast and VAT.

In addition to the bedrooms, the Foundation also offers a wide range of conference facilities. These can be used by any non-profit making group or society involved in scientific research. A full range of catering is also available at competitive rates.

For further information please do not hesitate to call either Receptionist or the Hospitality Manager on 0171 636 9456 or fax 0171 436 2840. They would be happy to help.

RCGP NWE Faculty
MRCGP Exam Preparation Course
11-12 September 1996
Warrington Hospital Postgraduate Medical Centre

Cost reduced to £195 Section 63 approved

This highly practical course is designed for doctors preparing for the exam. The emphasis during the course will be on how to maximise the chances of success in passing the exam.

For further details contact
RCGP - NWE Faculty, Thelwall House
Warrington Hospital NHS Trust
Lovely Lane, Warrington, WA5 1QG
Tel 01925 662351 Fax 01925 662484

Neurological Workshop on
Headaches and Fits and Faints
23rd September at the RCGP

- The British Brain and Spine Foundation, in conjunction with the RCGP, is sponsoring a series of 1/2 day workshops on the most common neurological subjects that are referred from General Practice to secondary care.

- Each of the workshops will be chaired by a tutor GP and led by a neurologist specializing in the particular subject. The first workshop will be led by Dr Raad Shakir and Dr David Park.

- This will be followed by two further workshops, the first on strokes and TIA's plus mental states and movement disorders and the second on tingling and numbness plus sciatica and brachialgia.

The workshop starts with a buffet lunch at 12.30pm.
PGEA (3 hours) applied for, in disease and service management. There is no delegate fee but places are limited.

Please contact the Education Manager at BBSF, 35-43 Lincoln's Inn Fields London WC2A 3PN to reserve a place or find out more details. (Phone 0171 404 6106 Fax 0171 404 6105)
COURSES/CONFERENCES

Let us help you pass...

Intensive Revision Courses 1996

London September 14/15 or Manchester September 21/22
London July 29-August 2 repeated December 16-20
London September 20-22 or Manchester September 27-29

Contact us now for further details
PasTest, Dept BG, FREEPOST, Knutsford, Cheshire, WA16 7BR
TEL: 01565 755228 FAX: 01565 650264

The RCGP John Hunt Lecture
Complaints & Their Treatment

Presented by Sir William Reid,
Health Service Commissioner for England (Ombudsman)
Friday 20 September 1996 at 7.00pm
Venue: The Royal Geographical Society, London SW7 2AR
Attendance is free but by ticket only. For further details and tickets please contact:
RCGP Conference Unit, 14 Princes Gate, Hyde Park, London SW7 1PU.
Tel: 0171 823 9703 Fax: 0171 225 3047

RCGP Minor Surgery for General Practitioners
Course Director: Dr Roger Kneebone
16/17 October 1996
This two day intensive course will provide the participants with practical skills training coupled with a sound theoretical knowledge of the clinical and administrative aspects of the subject. It is suitable for GP Registrars planning to develop an interest in this area as well as for established principals wishing to refresh their knowledge and skills.

RCGP MINOR SURGERY TRAINERS COURSE
Course Director: Dr Roger Kneebone
18 October 1996
This one day course will cover the practical aspects of running the RCGP minor surgery training course, together with the syllabus and range of training required. It will also provide practical experience of using all the simulated material, together with the opportunity to discuss problem areas.

Please note that places on both Courses are limited and you are advised to apply early.

For further details of either of the above courses please contact: RCGP Conference Unit, 14 Princes Gate, Hyde Park, London SW7 1PU. Tel: 0171 823 9703 Fax: 0171 225 3047.

Fellowship by Assessment Working Group, Vale of Trent Faculty, Royal College of General Practitioners

! Advance Notice!
The next
NATIONAL STUDY DAY ON FELLOWSHIP BY ASSESSMENT
will be held on Tuesday 15th October 1996
at the
RCGP, 14 PRINCES GATE, HYDE PARK, LONDON

Parallel Whole Day Programmes For FBA Advisers/Assessors and Candidates
- Launch of Revised Criteria, FBA8 - [An Application for PGEA Accreditation will be submitted]
To apply for places/further information, please write to: Janet Baily, Administrator, RCGP FBA Working Group, Vale of Trent Faculty, RCGP, Department of General Practice, Medical School, Queen's Medical Centre, Nottingham. NG7 2UH Telephone: 0115 970 9391 Fax: 0115 970 9389
HYDROMOL CREAM
[arachis oil, isopropyl myristate, liquid paraffin, sodium pyrrolidone carboxylate, sodium lactate]

AND EMOLLIENT
[light liquid paraffin, isopropyl myristate]

AN OASIS FOR DRY SKIN CONDITIONS

EMOLLIENT
Lanolin, preservative and fragrance free
Cosmetically acceptable soap substitute
Well-dispersed throughout the water
Easy to clean bath after use

CREAM
Lanolin and fragrance free
Occlusive effect of the oils
Specific hydrating agents formulated
Cosmetically acceptable

PRESCRIBING INFORMATION
HYDROMOL EMOLLIENT

ACTIVE INGREDIENTS
Light Liquid Paraffin BP 37.8%
Isopropyl Myristate BP 13.0%

INDICATIONS
For the treatment of dry skin conditions such as eczema, ichthyosis and seborrhoeic pruritus.

DOSAGE AND ADMINISTRATION
Hydromol Emollient should always be either added to water or applied to wet skin.
1. For use in the bath:
   (a) Adults, children and the elderly: Add 1-3 capfuls to an 8 inch bath of water. Soak for 10-15 minutes,
   (b) Infants: Add 1-2 capfuls to a bucket bath of water.
2. For application to the skin as a sponging bath or in the shower:
   (a) Adults and the elderly: Pour a small quantity onto a wet sponge or flannel and rub onto wet skin. Rinse
   and pat dry.

CONTRA-INDICATIONS, WARNINGS ETC.
Keep away from eyes. Take care to avoid slipping in the bath/shower.

LEGAL CATEGORY
3A

FURTHER INFORMATION
The bath can be easily cleaned after use.
Hydromol Emollient does not contain lanolin, preservative or fragrance and may thus be used on those patients sensitive to these substances.

Presentations and basic N.H.S. costs - Polyethylene bottles of 150ml (£1.72), 350ml (£3.32) and 1 litre (£7.80).

PRODUCT LICENCE NUMBER 0291.002.

HYDROMOL CREAM

ACTIVE INGREDIENTS
Light Liquid Paraffin BP 10.0%
Isopropyl Myristate BP 5.0%
Light Paraffin BP 10.0%
Sodium Pyrrolidone Carboxylate 2.5%
Sodium Lactate 1.0%

INDICATIONS
Any condition in which "dry skin" is a feature including all forms of dermatitis/eczema - all degrees of ichthyosis and seborrhoeic pruritus.

DOSAGE AND ADMINISTRATION
Adults and Children: Apply liberally to the affected area and massage well into the skin. Hydromol Cream may be used as often as required.
Hydromol Cream is especially beneficial when used immediately after washing or drying when the resulting warmth of the skin enhances the absorption.

CONTRA-INDICATIONS, WARNINGS ETC.
None known.

LEGAL CATEGORY
3A

FURTHER INFORMATION
Hydromol Cream does not contain lanolin or fragrance and may thus be used on those patients sensitive to these substances.

Presentations and basic N.H.S. costs - Tubes of 50g (£2.94), 100g (£3.40) and 250g with pump dispenser of 500g (£10.94).

PRODUCT LICENCE NUMBER 0291.0023

FURTHER INFORMATION AVAILABLE FROM:

QUINODEM LIMITED
Manchester Road, Hollinwood, Oldham, Lancashire OL8 4PB
**Healthworks**

FOR FURTHER INFORMATION ABOUT
HEALTHWORKS MEDICAL INFORMATION SERVICES &
PRODUCTS LOOK AT OUR INTERNET SITE AT:
http://www.healthworks.co.uk

**IMED**
Mosby’s Internal Medicine Rapid Reference - 1 product in one. *Stem Internal Medicine* - *Physicians GenRx* - *Medline*. ALL THREE WORK BETTER WHEN THEY WORK TOGETHER

**Stem Internal Medicine** is today’s most comprehensive core text. IMed gives you access to the full text (some 3,000 book pages) of this best selling resource - and to its 1,500+ high definition images and at-a-glance data tables.

**Physicians GenRx** contains current information on 40,000 drug products. Virtually every FDA approved drug - brand name and generic - available in the US plus 6,700 international brands.

Each entry gives you complete prescribing information - including drug descriptions, indications, contraindications, warnings, precautions, adverse reactions, dosages, and administration off-label uses.

**MEDLINE** - abstracts from the last seven years of relevance to internal medicine practice. More than 66,000 abstracts from 31 leading journals.

With IMed electronic hyperlinks let you move with point-and-click speed from descriptions of disease states in *Stem*...... to detailed drug regimens in *Physicians GenRx*...... to relevant clinical findings in the vast *MEDLINE* library.

**Platform**: Windows/Mac

One user: £195; 5-10 users £585; 11-20 users: £1,170; 20+ users: £2,340

**Mosby’s Medical Encyclopedia for Health Professionals**

This CD-ROM gives rapid access to a wealth of vital information. Every definition, illustration, appendix, and table from Mosby’s Medical Dictionary is here with added pronunciations, characteristic sounds, animations and short video clips. This really is an indispensable resource for any individual or practice.

**Platform**: Windows/Mac

One user: £49.95; 2-10 users £49.85; 11-20 users: £299; 20+ users £598

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**Platform**: Windows

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