THE OUTCAST

'The fairest things in life are Death and Birth
And of these two
the fairer thing is death.'

Ode to the Setting Sun Francis Thompson
Was Francis Thompson a depressive?
One strongly suspects so. Certainly he was a mystic and predisposed
to bouts of severe melancholy. He saw himself as an outcast, alone—he felt
that life was not worth living; he was preoccupied with death. Many of your
patients may show just such a morbid thought-pattern. For these modern-day
sufferers effective therapy is possible: the treatment is NARDIL.

IN MILD TO MODERATE DEPRESSION

NARDIL is safe and is effective at low dosage levels. Toxic effects on blood or
liver are extremely rare. NARDIL acts quickly. Response is usually seen within
the first weeks or even days of treatment. NARDIL provides reliable
treatment for depressives—often the problem patients of a busy practice.

NARDIL
Trade Mark

IN GENERAL PRACTICE
Available in bottles of 100 and 500 sugar-coated tablets each containing 15 mg. phenelzine.
Nardil is known in some countries as 'Nardelsine'
(trade mark)

WILLIAM R. WARNER & CO. LTD., EASTLEIGH,
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PERITRATE S.A. (Sustained Action) provides round-the-clock protection from angina pectoris attacks with just one tablet every 12 hours. When the tablet is taken 20 mg. PERITRATE becomes available immediately; the remaining 60 mg. is released so that one tablet exerts its effect over a period of 12 hours. These tablets have a distinct marbled appearance in two shades of green.

PERITRATE NOW IN 3 FORMS:
PERITRATE S.A. (Sustained Action) (80 mg.), plain PERITRATE (10 mg.) and PERITRATE (10 mg.) with Phenobarbitone (15 mg.) are available in bottles of 50 and 500.

ROUND-THE-CLOCK PROTECTION:
1 PERITRATE S.A. (Sustained Action) tablet before breakfast and one before the evening meal. PERITRATE is pentaerythritol tetrancitate.

WILLIAM R. WARNER & CO. LTD., EASTLEIGH, Hants. Tel: Eastleigh 3131
PROGRESS WITH BETAMETHASONE

a new product for the treatment of HAY FEVER

Betnesol-N nasal spray

This latest addition to the Betnesol range of topical corticosteroids contains betamethasone phosphate, neomycin, and a vasoconstrictor. The betamethasone is presented as the disodium phosphate, which is soluble, and can therefore reach the inflamed tissues more readily. Thus it provides most efficient local therapy. The anti-inflammatory action of the corticosteroid is supplemented by the decongestive effect of naphazoline. A lower than usual concentration minimises any risk of the 'rebound phenomenon' which may sometimes follow too intensive use of vasoconstrictors. The antibiotic neomycin is included to control infection that may be associated with the primary condition. It has a wide range of activity and very low risk of sensitisation. Mild attacks of hay fever can often be controlled by the use of this new spray alone. Severe cases, however, may need systemic corticosteroid treatment in addition, and for this purpose Betnelan tablets are particularly well suited. The tablets, recently introduced by Glaxo, contain betamethasone alcohol. A few days' treatment will usually control the condition rapidly, but local application of the spray should normally be continued.

**BETNESOL-N NASAL SPRAY** 0.02%* betamethasone phosphate 0.5%* neomycin sulphate 0.02%* naphazoline nitrate. 15 ml plastic squeeze bottles.

**BETNELAN TABLETS** 0.5 mg betamethasone. Bottles of 30, 100 and 500

**HALF-STRENGTH BETNELAN TABLETS** 0.25 mg betamethasone. Bottles of 30, 100 and 500

The names Betnesol and Betnelan are Glaxo trade marks.

GLAXO LABORATORIES LIMITED
The flowers that bloom in the Spring, tra-la,
have something to do with the case.
I'm bedevilled each year as I sing, tra-la,
by a most importunate thing, tra-la,
which makes me quite blue in the face,
which makes me quite blue in the face.
And that's what I mean when I say or I sing,

"Oh, bother the flowers that bloom in the Spring."

Tedral

To prevent and cut short asthmatic attacks

TEDRAL relieves asthma associated with hayfever. The effective three-drug combination of TEDRAL will make breathing easier for the asthmatic patient. Theophylline relieves constriction; ephedrine reduces congestion; and phenobarbitone counteracts the CNS stimulation of ephedrine.

TEDRAL is available in the form of tablets: plain for daytime use (one tablet every four hours); enteric-coated to ensure night-long protection against attacks (one enteric-coated tablet together with one plain tablet, on retiring); and as suspension, suitable for children, each teaspoonful containing the equivalent of half TEDRAL tablet.

Tedral makes breathing easier

William R. Warner & Co. Ltd., Eastleigh, Hampshire
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If you had an accident or illness which prevented you from working for some time would you suffer financially? Would you find the cost of a locum and other expenses of maintaining your practice a drain on your income? You need Sickness and Accident insurance from your profession’s own insurance society.

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Phenergan

PROMETHAZINE HYDROCHLORIDE

trade mark
brand

An M&B brand
Medical Product

to relieve hay fever

long-acting, potent antihistamine action, combined
with sedation, ensures that, taken at night,
'Phenergan' provides sound sleep and, in most cases,
complete freedom from symptoms throughout the
following day.
Presented as tablets, elixir for children and the aged,
and injection solution for acute attacks.

Manufactured by
MAY & BAKER LTD

Distributors
PHARMACEUTICAL SPECIALITIES (MAY & BAKER) LTD - DAGENHAM
Ismelin-Navidrex-K

a logical development for the
treatment of hypertension
in General Practice

In line with modern concepts of treatment

It is now widely accepted that the addition of a thiazide diuretic such as Navidrex to the more potent hypotensive agents increases their effectiveness and decreases side-effects.

Effective in a wide range of patients

Almost all patients respond to Ismelin-Navidrex K which is suitable for all grades and types of hypertension (except phaeochromocytoma)

Simplifies treatment

Ismelin, Navidrex and a potassium supplement in one tablet provide complete therapy in the most convenient way. The special formulation prevents gastric upsets or failure of tablet disintegration.

Ismelin-Navidrex K tablets contain 10 mg. Ismelin, 0.15 mg. Navidrex and 400 mg. potassium chloride. Basic N.H.S. price of 100 tablets: 31s. 4d.

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CIBA Laboratories Limited, Horsham, Sussex.
an integral part of diabetic management

CLINITEST

minimize complications by good control

assess control by regular tests

Clinitest* Pocket Set:
Basic NHS price 6.8d
Clinitest* refill bottle of 36 tablets:
Basic NHS price 2.4d

AMES COMPANY
Division of Ames Laboratories Ltd
Stoke Poges, Buckinghamshire

*Trade mark
in the treatment of peptic ulcer

ROTER has particular advantages

ROTER achieves a high cure rate and often gives effective control of even refractory chronic cases which have resisted other treatments.

ROTER in many cases obviates the need for hospitalization or surgical intervention.

ROTER helps patients to keep ambulant and symptom-free with a minimum of medication and with few, if any, dietary restrictions.

ROTER in general practice enables the physician to take adequate care of his gastric cases without frequent or prolonged supervision.

ROTER has no known side effects.

ROTER requires no supplementary medication such as sedatives or anti-spasmodics.

ROTER shows a saving in cost when compared with conventional methods of treatment.

REFERENCES
Therapie der Gegenwart, 1958, 3, 106
Die Medizinische, 1955, 4, 163
British Medical Journal, 1955, 2, 827
C.R.S. Biol. 1956, 150, 1019
Am J. Gastroenterology, 1957, 28, 439
Wiener Med. W., 1958, 106, 218
Ärztliche Praxis, 1958, 10, 766
Journal Lancet, 1960, 80, 37

FORMULA
Each Roter tablet contains:
Bismuth Subnitrate Roter (350 mg.), Magnesium Carbonate (400 mg.), Sodium Bicarbonate (200 mg.) and Cortex Rhamni Frangulae (25 mg.).

PACKINGS OF ROTER TABLETS
Tins of 40 and 120, also dispensing sizes, 360 and 720 (P.T. exempt). Basic N.H.S. price: Under 1/- for 10 tablets.

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Professor of Anatomy, University of Kansas
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It is the purpose of this book to survey the
most important recent researches in problems
of sex, especially those concerned with
internal secretions, in order that concepts
already established by experimental evidence
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YEARBOOK, 1962
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SQUIBB TRIAMCINOLONE ACETONIDE

THE MOST EFFECTIVE TOPICAL CORTICOSTEROID KNOWN PROVIDING UNEXCELLED SAFETY

THE ADCORTYL-A RANGE OF PRODUCTS:

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TRI-ADCORTYL Ointment
(Adcortyl-A with Graneodin plus Nystatin)

ADCORTYL-A is available overseas under the trade name of KENACORT-A

Squibb a century of experience builds faith
twenty-four hour watch...

Pro-Actidil, in reality three special tablets in one, gives sustained relief to the allergic patient. It contains triprolidine hydrochloride, the most potent of the anti-histamines, specially formulated to give continuous action for up to 24 hours in most patients.

If given in the evening, four to five hours before retiring, ‘Pro-Actidil’ ensures a good night’s sleep for the patient, free from sneezing, irritation and restlessness. Any side-effects, such as drowsiness, should therefore occur at bedtime.

‘Pro-Actidil’ is recommended for adults and children over ten years.

PRO-ACTIDIL
SUSTAINED ACTION triprolidine tablets

BURROUGHS WELLCOME & CO., LONDON
(The Wellcome Foundation Ltd.)
PORTYN produces marked depression of gastrointestinal spasm, gastric secretion and hypermotility, and, at effective dosage levels, the incidence of side-effects is unusually low.

PORTYN is thus recommended as an excellent adjunct in the symptomatic control of peptic ulcer and gastro-intestinal spasm.

PORTYN
potent anticholinergic agent
PORTYN Kapseals each contain 10 mg. benzylidium bromide. Initial adult dose 1 Kapseal three times daily. *TRADE MARK
for double-action control of Hay-fever

antihistamine with anti-acetylcholine action

BENADRYL

Benadryl (diphenhydramine hydrochloride B.P., Parke-Davis) in capsules of 25 mg. and 50 mg.

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unusual presentation

needs full examination

ALBUSTIX

dip-and-read test for proteinuria
essential aid for speedier
diagnosis of renal conditions

AMES COMPANY
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Stoke Poges Buckinghamshire
In Allergic and Inflammatory Skin Disease

THE QUICKEST WAY TO RECOVERY

HYDRODERM
HYDROCORTISONE-NEOMYCIN-BACITRACIN OINTMENT

The topical application of HYDRODERM has enormously simplified and speeded the treatment of many common allergic and inflammatory skin lesions. The inclusion of the antibiotics neomycin and bacitracin reduces the risk of complications from present or threatened infection.

Each gram of HYDRODERM contains 10 mg. hydrocortisone, 5 mg. neomycin sulphate and 1000 units zinc bacitracin. It is supplied in 5 and 15 G. tubes.

*Full information on HYDRODERM is available on request*

Made in England by

MERCK SHARP & DOHME LIMITED, HODDESDON, HERTS
This is gelusil lac

ADVANCED COMBINED-ACTION THERAPY FOR PEPTIC ULCERATION

GELUSIL LAC combines antacids with milk in the form of low-fat, high-protein milk solids. The antacids* are those recommended in the current British National Formulary. GELUSIL LAC is a natural up-to-date development from 'Gelusil'. It makes the treatment of peptic ulceration simpler for the patient.

GELUSIL LAC is easily and quickly prepared by pouring the contents of a sachet or one dessertspoonful (8 G.) into half a glass of water and stirring.

Indications: Peptic ulceration; hyperacidity; hiatus hernia; oesophagitis.
Presentation: GELUSIL LAC is conveniently packed in slim, one-dose sachets, easily carried and immediately available to the patient at home or at work. Supplied in cartons of 10 sachets of 8 G. each. Also available in dispensing tins of 200 G.
Dosage: 1 sachet or one dessertspoonful (8 G.) to be mixed with half a tumbler of water and taken as required. A ready-mixed dose may be left by the bedside in case of early morning waking.

*Formula: Each 8 G. sachet contains: magnesium trisilicate 1.0 G.; aluminium hydroxide 0.5 G.; low-fat milk solids 6.5 G.

WILLIAM R. WARNER & CO. LTD · EASTLEIGH · HAMPSHIRE · EASTLEIGH 3131
For diuretic therapy with reduced risk of hypopotassaemia

‘HydroSALURIC’-K
the diuretic WITH potassium

Potassium depletion may be a hazard of diuretic therapy, particularly
- during continuous, high dosage treatment
- in patients also undergoing digitalis therapy
- in debilitated patients with poor appetite
In such cases, the administration of ‘HydroSALURIC’-K will provide a measure of insurance against hypopotassaemia.

‘HydroSALURIC’-K is supplied as tablets containing 25 mg. hydrochlorothiazide and 572 mg. potassium chloride—the potassium supplement enclosed in an enteric-coated core to prevent nausea and vomiting.
Full information on ‘HydroSALURIC’-K, giving details of administration, dosage, precautions and side-effects, is available on request.

Made in England by
MERCK SHARP & DOHME LIMITED, HODDESDON, HERTS
FERROMYN
for anaemia in pregnancy

The value of Ferromyn in pre-
and post-natal iron deficiency anaemias
has been established.

Of the organic iron salts available
Ferromyn produces a superior haemoglobin
rise—clinical trials show that a daily
haemoglobin response of 1-2% may be
expected from 1 tablet three times daily.
Intolerance to Ferromyn is less than 1%.

Presentation
Tablet, capsule and elixir.

Formulae
Ferromyn   Ferrous Succinate 150 mg.
Ferromyn 'B' Ferrous Succinate 150 mg.
Riboflavin 1 mg. Nicotinamide 10 mg.
Aneurine Hydrochloride 1 mg.

Basic N.H.S. Costs
Ferromyn preparations are exempt Purchase Tax
Ferromyn tablets/capsules
100—3/-  1,000—26/-

Ferromyn elixir
4 oz.—4/3  80 oz.—78/-

Ferromyn 'B' tablets/capsules
100—3/9  1,000—32/6

Ferromyn 'B' elixir
4 oz.—4/6  80 oz.—80/-

CALMIC
CALMIC LIMITED · CREWE · CHESHIRE
Telephone: Crewe 3251 (7 lines)
LONDON: 2 Mansfield Street, W.1.
Fentazin
PERPHENAZINE

2 mg three times daily

Fentazin tablets contain 2 mg or 4 mg perphenazine. Bottles of 50 and 500.

Allen & Hanburys Ltd Bethnal Green London E2

‘FENTAZIN’ is a Trade mark
more hæmoglobin in less time

IRON-CALCIUM TABLETS (Ferrous calcium citrate)

Each tablet provides: iron, 25 mg.; calcium, 85 mg.

Ortho Pharmaceutical Limited · Saunderton · Buckinghamshire
SAROTEN
(AMITRIPTYLINE)

A new antidepressant drug with a markedly favourable influence on agitation and anxiety.

The main characteristics of Saroten are:
* Pronounced antidepressant effect which is seen clinically in all forms of depression in both neurotic and psychotic patients
* A significant beneficial effect on agitation and anxiety
* No reports of any toxic effects on kidney, liver or blood

The principal indications for Saroten are:
* Moderate to severe depression
* Depression associated with agitation or anxiety
* Depression associated with the climacteric period

WILLIAM R. WARNER & CO. LTD., EASTLEIGH, HAMPSHIRE
TELEPHONE: EASTLEIGH 3121
WITH THIS FAMILIAR SYMBOL

INGELHEIM
The C. H. Boehringer Sohn symbol is already familiar to British doctors, for it appears on the packs of many products which have long been considered medicaments of choice in these islands. As a result of the acceptance which their pharmaceutical specialities have won, C. H. Boehringer Sohn of Ingelheim am Rhein are now able to take a step which will enable them to give to the British Medical Profession the greatest possible service of information and advice on their use. They are establishing an independent company in the United Kingdom. Boehringer Ingelheim bring an enviable international reputation as organic chemists. You know of lobeline and isoprenaline. Quite possibly you have prescribed Dulcolax, Buscopan, Preludin and Persantin. Now that the pharmaceutical organisation which developed these substances is firmly and independently based in Britain, it is even more at your disposal.
in depression...

TRYPTIZOL
AMITRIPTYLINE HYDROCHLORIDE REGD

the antidepressant with significant difference

TRYPTIZOL is unique as a single agent which provides effective treatment of depression and prompt relief of associated anxiety, tension and insomnia.

- Not a monoamine oxidase inhibitor
- No reports of jaundice, parkinsonism or blood dyscrasias during widespread clinical use
- Lower incidence of postural hypotension than with other antidepressants
- Improvement in sleep pattern often reduces or eliminates the need for hypnotics.

'Tryptizol' is supplied as yellow, film-coated tablets containing 25 mg. amitriptyline hydrochloride, in bottles of 30, 100 and 500, and blue, film-coated tablets containing 10 mg., in bottles of 100 and 500. Injection 'Tryptizol' is supplied in 10 ml. vials containing 10 mg. amitriptyline hydrochloride per ml. Full information on 'Tryptizol', giving dosage, precautions and side-effects, is available on request.

Made in England by
MERCK SHARP & DOHME LIMITED, HODDESDON, HERTS
Shortening the period of convalescence

METATONE® is designed to help shake off mental depression and physical lassitude and to restore appetite and bodily vigour following influenza and other debilitating illnesses. A pleasantly-flavoured tonic, combining appetite-promoting vitamin B, with strychnine and mineral glycerophosphates, METATONE rapidly restores normal metabolic function. *TRADE MARK

Supplied in bottles of 8, 16 and 80 fl. oz.
For Maestro or Milkman and every patient who suffers from excess stomach acid, GELUSIL is the antacid tablet that will adsorb more stomach acid than any other.

Gelusil Antacid Tablets: GELUSIL is not only very effective, it is economical as well. Basic NHS cost for 50 tablets is as little as 1/6d. The GELUSIL formula, aluminium hydroxide 4 gr. and magnesium trisilicate 7½ gr. (the combination advocated in the BNF page 21) is available as tablets or suspension.

Now also available, GELUSIL LAC, containing magnesium trisilicate 1.0 G., aluminium hydroxide 0.5 G. and low-fat, high-protein milk solids 6.5 G.

William R. Warner & Company Ltd., Eastleigh, Hampshire. Tel: Eastleigh 3181
SINUS HEADACHE: RINUREL provides in a single tablet the greatest possible relief from the discomfort of hay fever and the common cold, and the pain of sinus headache. RINUREL affords prompt and lasting action without rebound congestion, gastric disturbance or constipation.

CONGESTION: RINUREL decongests sinus and nasal mucosa to relieve pressure and promote drainage; aborts pain with two analgesics and reduces rhinorrhoea and sneezing with an antihistamine.

PYREXIA: RINUREL relieves the discomfort of sinus headache and controls the symptoms of the common cold through the prompt action of paracetamol and the more extended action of phenacetin, which combine together to produce rapid and prolonged antipyresis.

Rinurel TABLETS

FORMULA: Paracetamol 150 mg; phenacetin 150 mg; phenylpropanolamine hydrochloride 25 mg; phenyltoloxamine dihydrogen citrate 22 mg. DOSAGE: Two tablets initially followed by one every 4 hours. Prophylactically one tablet every 4 hours. Not more than 6 tablets should be taken in 24 hours. Children (6-12 years)—half the adult dose.

WILLIAM R. WARNER & CO. LTD. EASTLEIGH, HAMPSHIRE. TEL: EASTLEIGH 3131
controls diarrhoea and restores normal bowel function

'ATasORB-N' is a new product containing activated attapulgite, neomycin and pectin. Attapulgite is an unusual clay mineral possessing outstanding adsorptive properties far superior to those of kaolin. 'ATasorb-N' is of special value in the treatment of acute bacterial diarrhoeas caused by organisms susceptible to neomycin, chronic non-specific ulcerative colitis and other ulcerative infected lesions of the colon in which secondary infection is significant.

'ATasORB-N' is a delicately flavoured smooth suspension. The average adult dose is two tablespoonfuls three or four times daily.

Also available as 'ATasORB' (without Neomycin)

Each 30 ml. (two tablespoonfuls) contains:
- Activated Attapulgite: 3g
- Activated Attapulgite: 0.9g
- Neomycin Sulphate: 22.1mg
- Pectin: 300mg

Availability: in bottles of 4 and 16 fl. oz.

*Trade Mark.

E. I. LILLY AND COMPANY LTD., BASINGSTOKE, ENGLAND
Developmental Medicine and Child Neurology

Incorporating The Cerebral Palsy Bulletin

This journal now covers all chronic disorders of childhood which are neurological or developmental in origin. Aetiology, assessment, early recognition, psychology, habilitation, education, training and human relations are all aspects of such disorders with which, the editors believe, the physician should be familiar. Papers are also regularly published on genetics and cytogenetics, and on neuro-anatomy and neuro-physiology.

Little Club Clinics in Developmental Medicine

These volumes are so called in memory of the great Victorian physician William Little. Available now are: Child Neurology and Cerebral Palsy, the first report on an international study group on this topic—An Introduction to Developmental Assessment in the First Year, an indispensable handbook for the infant welfare doctor by Professor R. S. Illingworth—Chromosomes in Medicine, an introduction for the clinician edited by John Hamerton—Hemiplegic Cerebral Palsy in Childhood and Adults, the first comprehensive survey of the whole field.

Subscription to the Journal alone is £3 ($9) per annum (6 numbers). Subscription to the Little Club Clinics is £4 ($12) per annum (4 numbers). Single volumes at varying prices. £6 ($18) will cover both Little Club Clinics and the Journal. The journal and the books are published by the National Spastics Society at 12 Park Crescent, London, W.1., for the Society's Medical Education and Information Unit.

CARD INDEX PUBLICATIONS

The College’s card index publications are on sale to non-members of the College and many hospitals are now using the Obstetric Record Card. Members and associates may like to be reminded of the prices of these cards and may wish to draw the attention of non-members and their local hospital, to them, as it is thought that there may be many who would find them useful.

The cards can be obtained from:

The Secretary, the College of General Practitioners, 41 Cadogan Gardens, London, S.W.3, at the following prices (including postage):

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Copies of some back numbers of the Journal are available at cost price, also copies of “Report of A Symposium on Accident Management” at 6s. “Report of a Symposium on The First Year of Life” at 3s. and the pamphlet “The Health Visitor and The Family Doctor” at 1s. post free from:

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A week ago he couldn’t do this

ANUSOL
PUT HIM BACK ON THE JOB

He went on working until he couldn’t carry on any longer. ANUSOL, of course, was imperatively needed. Pity it hadn’t been used sooner. However, the antiseptic, decongestive action of this haemorrhoidal suppository was rapidly effective as usual. Where inflammation is an additional problem, ANUSOL-HC (containing hydrocortisone) is the specific treatment. When the inflammation has been controlled, ANUSOL plain is the ideal continuation therapy. Both ANUSOL-HC and ANUSOL plain are available as suppositories or ointment.
THE COLLEGE OF GENERAL PRACTITIONERS
41 Cadogan Gardens, London, S.W.3

Associateship

Any registered (or provisionally registered) medical practitioner is eligible for admission as an associate, provided he gives an undertaking that if he enters or remains in general practice he will continue approved postgraduate study and will uphold and promote the aims of the College to the best of his ability.

(A provisionally registered medical practitioner shall cease to be an associate if he fails to obtain registration within two years of qualification.)

Membership

The Council of the College admits to membership, after consultation with the Board of Censors, registered medical practitioners who have been qualified for not less than seven years and have been engaged in general practice for not less than five years or, as an associate, for three years.

An applicant for membership must:— (1) Be proposed and seconded by two members of the College—not being in partnership with each other. (2) Submit evidence concerning his practice, experience, and academic and administrative achievements. (3) Submit himself to an interview with the board of censors, if required. (4) Give an undertaking that he will continue approved postgraduate study while he remains in active general practice, and that he will uphold and promote the aims of the College to the best of his ability. The Council may seek supporting evidence of his eligibility from his sponsors, the board of the faculty in whose area he resides, and, if so required, from others whom he or his sponsors may choose to appoint.

Entrance Fees and Subscriptions

Associates make an annual subscription of £2 2s. 0d. but pay no entrance fee. Members are required to pay an entrance fee on admission of £10 10s. 0d. and make an annual subscription of £5 5s. 0d.

Forms of application for admission to associateship and membership may be obtained from The Secretary, The College of General Practitioners, 41 Cadogan Gardens, London, S.W.3. Tel. No. Sloane 8333.