Once upon a time

“Erase una vez…” says the waiter with a playful smile after I try to ask for the bill in Spanish. “Once upon a time…” he teases, as I don’t quite get my Spanish right and have asked for a story — cuento, instead of the bill — cuenta.

A week in the winter sun of the Canaries is the perfect antidote to the dreary February weather. We’re only 3 hours away from home but it could be several months as we get an enticing trailer for summer. Watching our children splash in the swimming pool it sometimes feels like an even greater jump in time, back to those endless, perfect childhood summers.

Time loses its tyranny with plenty of opportunities to take it easy, idly drinking coffee and trying out my Spanish. The waiters indulge me, even though they are fluent in all the usual tourist languages, and patiently correct my mistakes. I’ve mixed the two words up because they both come from ‘contar’ which can mean to count or to relate. It’s similar in English, ‘tell’ can also mean to count and an ‘account’ can be a set of dry figures or a thrilling tale of danger at sea or of the search for hidden treasure, or of love lost and regained.

In the languid heat of a bonus summer’s afternoon I muse on why words with such different meanings have the same origin. It’s easy to imagine why counting is so deeply ingrained in us. Epic tales and myths — you had was crucial to survival. Yet storytelling is just as deeply ingrained in us. The magic of hearing, reading or recounting once again how that greatest supply of anecdotes.

The practical importance of knowing exactly how much of anything — sheep, loaves of bread, land or water — you had was crucial to survival. Yet storytelling is just as deeply ingrained in us. Epic tales and myths have been around since befor e recorded history. The magic of hearing, reading or recounting once again how that crucial Hypertension Strategy scraped us a few more quality points.

I often find that the doctors I look up to most, the most competent, the most round-ed, also seem to have the greatest supply of anecdotes. Perhaps we need a Story Czar to monitor and maintain a balance between these two aspects, and our appraisals could include PIN-Patient Interesting Narratives — or DAS — Doctor Anecdote Stores.

Maybe, but I’m not holding my breath. It’s more likely progress will involve more counting and we will be judged on knowing how fat and tall our patients are rather than knowing fables and tales about them.