

Prevalence of systolic inter-arm differences in blood pressure for different primary care populations:

systematic review and meta-analysis

Abstract

Background

Various prevalence figures have been reported for inter-arm differences in blood pressure (IAD); variation may be explained by differing population vascular risk and by measurement method.

Aim

To review the literature to derive robust estimates of IAD prevalence relevant to community populations.

Design and setting

Systematic review and meta-analysis.

Method

MEDLINE, Embase, and CINAHL were searched for cross-sectional studies likely to represent general or primary care populations, reporting prevalence of IAD and employing a simultaneous method of measurement. Using study-level data, pooled estimates of mean prevalence of systolic IADs were calculated and compared using a random effects model.

Results

Eighty IAD studies were identified. Sixteen met inclusion criteria: pooled estimates of prevalence for systolic IAD ≥ 10 mmHg were 11.2% [95% confidence interval (CI) = 9.1 to 13.6] in hypertension, 7.4% [95% CI = 5.8 to 9.2] in diabetes, and 3.6% [95% CI = 2.3 to 5.0] for a general adult population ($P < 0.001$ for subgroup differences). Differences persisted for higher cut-off values. Prevalences were lower for East Asian than for Western populations and were overestimated by sequential measurement where this could be compared with simultaneous measurement within studies (relative risk for IAD: 2.9 [95% CI = 2.1 to 4.1]). Studies with higher mean absolute systolic pressures had higher prevalences for a systolic IAD ≥ 10 mmHg ($P = 0.04$).

Conclusion

Prevalences of IADs rise in relation to underlying cardiovascular comorbidities of the population studied, and are overestimated threefold when sequential measurement is used. Population-specific variation in prevalences of IAD should be taken into account in delivering clinical care and in planning future studies.

Keywords

blood pressure determination; hypertension; prevalence; inter-arm difference; primary care.

INTRODUCTION

A difference in blood pressure measurements between arms has been reported in cohorts with hypertension,¹⁻⁴ diabetes,⁵⁻⁷ chronic kidney disease,^{8,9} or peripheral arterial disease.¹⁰ Differences are also reported for populations free of chronic disease.^{6,11-15} Inter-arm differences in blood pressure can cause errors in blood pressure interpretation and management when not recognised;^{2,5,16-18} they are also associated with increased cardiovascular mortality and morbidity.¹⁹⁻²¹

The reported prevalences of inter-arm differences vary greatly; they are usually higher in the presence of hypertension.^{2,22,23} The majority of reports are based on selected or convenience samples, usually in a secondary care setting; fewer studies have addressed the subject in populations relevant to primary care.^{4,5,13,14,24} However, a recent systematic review indicated that prevalence figures are lower in community than in outpatient or inpatient hospital settings.²⁵

Current guidelines advise that blood pressure should be checked in both arms when assessing patients for hypertension, but this is often not done by GPs.^{26,27} Knowledge of the prevalence of an inter-arm difference in primary or community care settings allows estimation of the frequency with which, for example, a blood pressure measurement may be underestimated by ≥ 10 mmHg — a clinically important error affecting diagnosis

and treatment decisions — if a difference has not been excluded. It can also indicate the likely workload required to confirm the existence of suspected differences. Prevalence is overestimated when a robust repeated simultaneous measurement technique is not used,^{2,28} and current guidelines advise that such confirmation requires simultaneous assessment.^{26,29}

This systematic review and meta-analysis was undertaken to derive estimates of the prevalence, measured by simultaneous assessment, of systolic inter-arm differences in populations relevant to primary care settings.

METHOD

MEDLINE, Embase, and CINAHL databases were searched from their respective commencement dates to 12 November 2014 using search terms refined from previous systematic reviews (Appendix 1).^{2,20} Further studies were identified from personal archives and checking of reference lists for included studies. Full texts were retrieved for any studies reporting on inter-arm differences in blood pressure. Studies were eligible for inclusion if they employed a repeated simultaneous blood pressure measurement protocol, and examined a population likely to represent a general practice or primary care population. No directly relevant quality assessment tool for included studies was identified. However, application of the inclusion criteria for the

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How this fits in

Reported prevalence figures for inter-arm differences in blood pressure vary greatly between studies. Much variation can be explained by different underlying population vascular risks. Relevant prevalence figures for primary care are not well described. This study presents robust estimates of inter-arm difference prevalence applicable to general practice populations. Community prevalences are lower than reported for hospital cohorts but rise in relation to the underlying cardiovascular comorbidities of the population studied. Prevalences are overestimated threefold when sequential measurement is used.

method of blood pressure measurement and sampling of the population ensured that study quality for the outcome of interest was standardised.

Study populations were classified as hypertensive, diabetic, or general. Cohorts were included within the general population category unless specifically selected by diabetic or hypertensive status, thus being considered representative of a

general primary care population. Where mixed cohorts were reported, authors were contacted to clarify appropriate classification and request subgroup prevalence data.

Study-level prevalence data were extracted from included studies for systolic inter-arm differences ≥ 10 mmHg, ≥ 15 mmHg, and ≥ 20 mmHg. Pooled estimates of mean prevalences for systolic inter-arm differences ≥ 10 mmHg, ≥ 15 mmHg, and ≥ 20 mmHg were calculated and compared between populations using meta-analysis of proportions undertaken in Stata (version 12.1) with the 'metaprop' command. A random effects model was chosen due to potential clinical heterogeneity of included studies. Statistical heterogeneity was assessed using the I^2 statistic and, where present, explored with sensitivity analyses based on ethnic origin, or methodology. Univariable and multivariable meta-regression analyses were undertaken to examine the association between various study-level factors (mean age, percentage of males, mean absolute systolic blood pressure, setting [community versus clinic], country of conduct, and indication [hypertensive versus diabetic versus general population]), and the prevalence for systolic inter-arm differences ≥ 10 mmHg. The 'permute' option for the 'metareg' command in Stata was used to allow for multiple testing.

Where studies also reported prevalence of blood pressure differences based on *sequential* measurements, these data were also extracted for comparison. Differences in aggregate study prevalence were estimated for the simultaneous versus sequential methods after adjustment for within-person correlations reported elsewhere,³⁰ according to Cochrane Review methods.^{31,32} Results are expressed as relative risks of diagnosing an inter-arm difference for sequential versus simultaneous assessment and pooled using random effects meta-analysis. Potential publication bias was assessed using funnel plots and the Egger test.³³

RESULTS

Searches identified 12 217 unique citations; 80 full texts were reviewed, and 18 studies met the inclusion criteria. One study reported no prevalence data in a form that could be included in the analysis,³⁴ and another that rounded inter-arm differences to the nearest 5 mmHg was excluded.¹⁰ Thus 16 studies (comprising 21 subgroups) contributed data to the meta-analyses (Figure 1, Table 1).

Pooled prevalences of a systolic inter-

Figure 1. Flow chart of study.

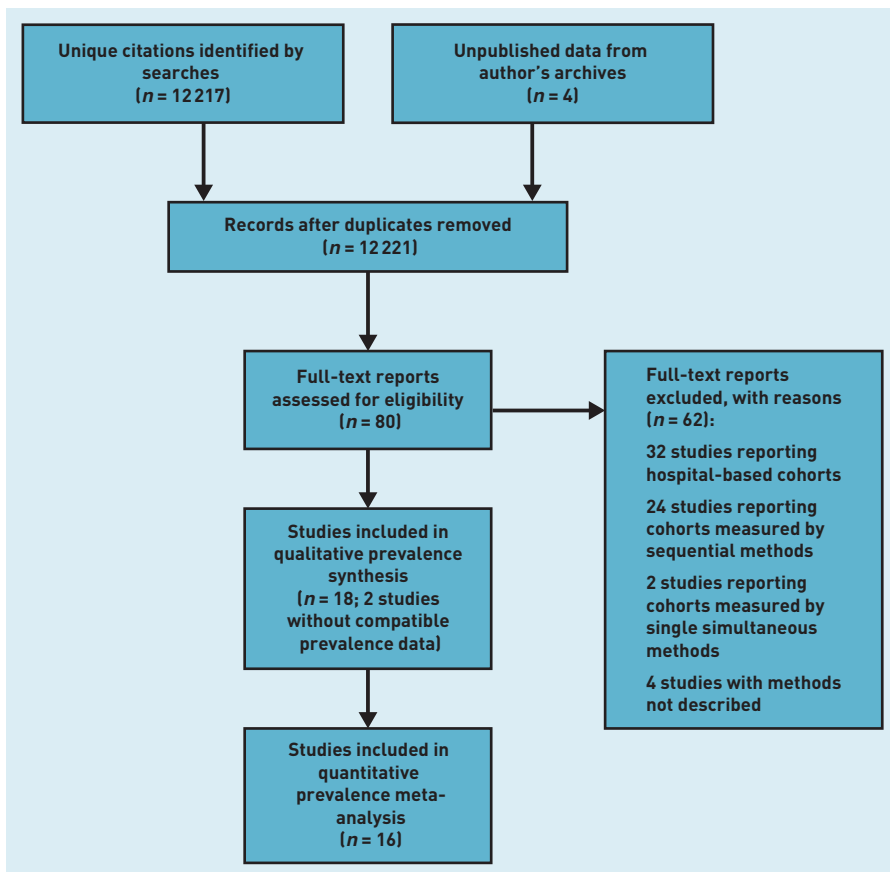


Table 1. Studies included in analyses

Study (country of origin)	Study population	Method of measurement	Sample size	Prevalence of systolic differences
Harrison <i>et al</i> 1960 ³⁵ (US)	Patients attending clinic	Simultaneous three pairs of measurements	447	5.3% ≥ 10 mmHg 0.1% ≥ 20 mmHg
Orme <i>et al</i> 1999 ⁴⁴ (UK)	Staff, visitors, and non-cardiovascular day case surgery patients at one district general hospital. Subjects without cardiovascular disease, mean age 49.1 years (20–89), 43% female	Two automated machines in simultaneous 2 \times 2 crossover design; mean of four pairs of readings	364	5.2% ≥ 10 mmHg 0 ≥ 20 mmHg
Kimura <i>et al</i> 2004 ³⁶ (Japan)	Participants in community check-up for arteriosclerosis, age 62.4 years (11.1; 338 male, 702 female)	Simultaneous four-limb machine: ABI-form device (COLIN VP1000); single reading	1090	9.1% > 10 mmHg
Karagiannis <i>et al</i> 2005 ¹⁷ (Greece)	Hospital staff, visitors, and patients, mean age 54 years (18.3), 195 (50.8%) female	Two Omron HEM 705CP in simultaneous 2 \times 2 crossover design; mean of four pairs of readings	384	3.4% > 10 mmHg
Clark <i>et al</i> 2007 ³ (UK) ^a	Primary care hypertensive patients, age 69.6 years (9.7), 40 male	Two Omron HEM 705CP in simultaneous 2 \times 2 crossover design; mean of four pairs of readings	94	19% ≥ 10 mmHg 6.4% ≥ 15 mmHg
Kleefstra <i>et al</i> 2007 ⁷ (Netherlands)	Patients with type 2 diabetes mellitus	Mean of two simultaneous pairs of readings with 2 \times Omron M5-1 automated machines	169	9% ≥ 10 mmHg
Clark <i>et al</i> 2009 ⁵ (UK) ^a	Subjects with type 2 diabetes mellitus recruited from five general practice surgeries	Two Omron HEM 705CP in simultaneous 2 \times 2 crossover design; mean of four pairs of readings	101	10% ≥ 10 mmHg 4% ≥ 15 mmHg
Lohmann <i>et al</i> 2011 ³⁷ (Germany)	Hospital outpatients with one or two cardiovascular risk factors; 76% hypertensive	Simultaneous Microlife WatchBP [®] Office; mean of three pairs of measurements	118	10% ≥ 10 mmHg
Fonseca-Reyes <i>et al</i> 2012 ¹ (Mexico)	Patients attending hospital hypertension clinics	Two Omron HEM 725 CIC automatic sphygmomanometers, swapped after first pair of readings; mean of two pairs	111	20.7% > 5 mmHg 13.5% > 10 mmHg 1.8% > 20 mmHg
Kim 2013 ⁴³ (Korea)	Adult family medicine clinic patients age > 40 years free of cardiovascular and renal disease, 200 (43%) with hypertension	Two pairs of simultaneous measurements with 2 \times Omron MX3	261 males 203 females	1.9% ≥ 10 mmHg 0% ≥ 10 mmHg
Okada <i>et al</i> 2013 ⁴¹ (Japan)	Consecutive patients with type 2 diabetes in outpatient clinic	Simultaneous four-limb measurement (COLIN waveform analyser, device not stated).	314	5.1% ≥ 10 mmHg
Sheng <i>et al</i> 2013 ³⁸ (China) ^a	Older Chinese (age > 60 years), 1895 (60.5%) with hypertension and 285 (9.2%) with diabetes	Simultaneous four-limb machine; ABI-form device (COLIN VP1000)	3133	6.4% ≥ 10 mmHg 1.8% ≥ 15 mmHg
Van der Hoeven <i>et al</i> 2013 ⁴⁵ (Netherlands) ^a	Staff patients and visitors to hypertension clinic comparing sequential and simultaneous measures; 132/240 (55%) with hypertension	Mean of three simultaneous repeated measures; Microlife Watch BP [®] Office	240	11.7% ≥ 10 mmHg 5.0% ≥ 15 mmHg 1.6% ≥ 20 mmHg
Canepa <i>et al</i> 2013 ⁴² (US)	Community sample free of diabetes, stroke, or heart disease at recruitment — the Baltimore Longitudinal Study of Ageing	Mean of second and third simultaneous pairs of readings with four-limb device COLIN VP2000	1045	4.8% ≥ 10 mmHg 1.1% ≥ 15 mmHg
Clark <i>et al</i> 2014a ⁶ (UK) ^a	Community cohorts with and without diabetes recruited to the Diabetes Alliance for Research in England (DARE)	Two Omron HEM 705CP in simultaneous 2 \times 2 crossover design; mean of four pairs of readings	514 (diabetes) 286 (control)	8.6% ≥ 10 mmHg 2.3% ≥ 15 mmHg 2.9% ≥ 10 mmHg 0.4% ≥ 15 mmHg
Clark <i>et al</i> 2014b ⁴⁰ (UK)	Community cohorts with and without diabetes and hypertension	Two Omron HEM 705CP in simultaneous 2 \times 3 crossover design; mean of six pairs of readings	265 (diabetes) 116 (control)	5.2% ≥ 10 mmHg 0.8% ≥ 15 mmHg 0% ≥ 20 mmHg 5.2% ≥ 10 mmHg 2.6% ≥ 15 mmHg 0% ≥ 20 mmHg

^aPublished and unpublished data; all other studies published data only. ABI = ankle-brachial index.

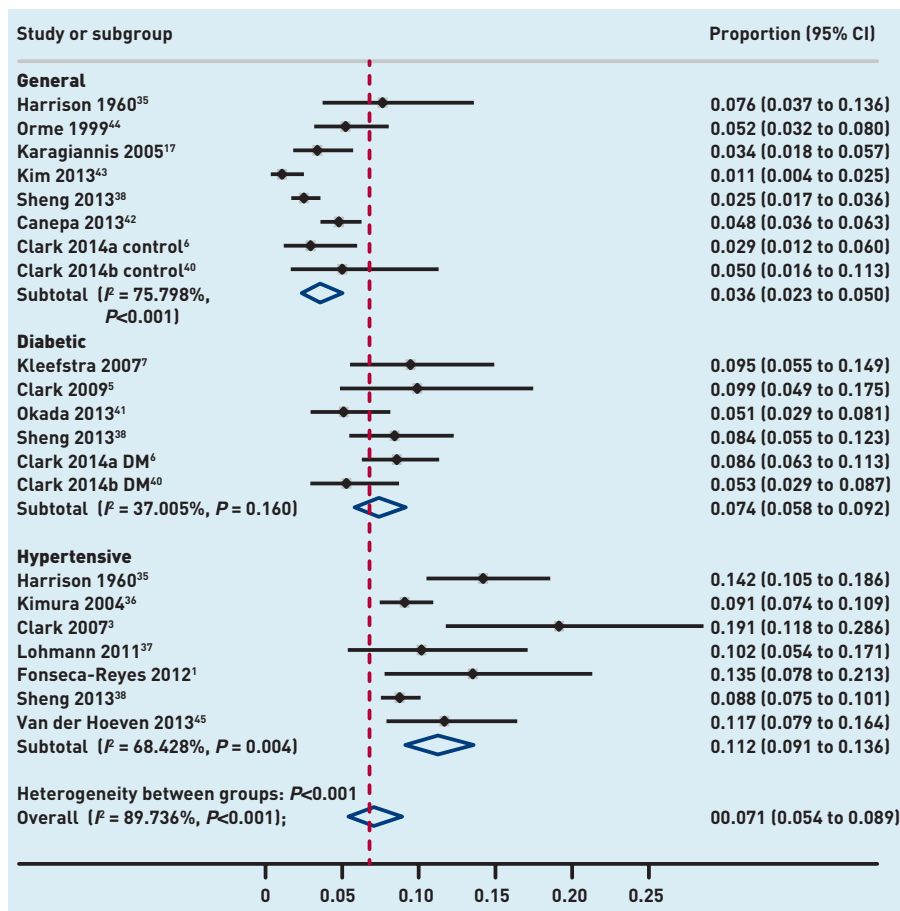


Figure 2. Prevalence of systolic inter-arm differences ≥ 10 mmHg.

arm difference ≥ 10 mmHg were 11.2% (95% confidence interval [CI] = 9.1 to 13.6) for seven populations with hypertension (3858 participants),^{1,3,35-39} 7.4% (95% CI = 5.8 to 9.2) for six populations with diabetes (1648 participants),^{5-7,38,40,41} and 3.6% (95% CI = 2.3 to 5.0) for eight community-based groups without diabetes or hypertension (3751 participants)^{6,17,35,38,40,42-44} ($P < 0.001$ for subgroup differences; Figure 2). Substantial statistical heterogeneity

($I^2 = 76\%$) was observed across studies in the general population group; there was a lower prevalence for the two cohorts of East Asian origin^{38,43} compared with the six Western groups, which accounted for heterogeneity in the latter but not the former (2.0% [95% CI = 1.4 to 2.8]; $I^2 = 83\%$ versus 4.4% [95% CI = 3.5 to 5.5]; $I^2 = 14\%$; $P < 0.001$). Similarly, in the hypertensive population, prevalence was lower in the two East Asian cohorts (8.9% [95% CI = 7.9 to 9.9]; $I^2 = 77\%$)^{36,38} compared with the remaining Western populations (13.3% [95% CI = 11.0 to 15.7]; $I^2 = 6\%$; $P < 0.001$ [Appendix 2, available from the authors on request]). The corresponding prevalences for differences ≥ 15 mmHg were 4.0% (95% CI = 1.9 to 6.8) in hypertension (three cohorts; 2229 participants), 2.3% (95% CI = 1.1 to 3.9) in diabetes (four cohorts; 1165 participants), and 0.7% (95% CI = 0.1 to 1.5) without diabetes or hypertension (five cohorts; 2941 participants; $P = 0.004$ for subgroup differences). Prevalences were again lower for the one study of a Chinese population compared with the remaining Western cohorts. For differences ≥ 20 mmHg, prevalences were 1.0% (95% CI = 0.6 to 1.5) [three cohorts; 2229 participants], 0.4% (95% CI = 0 to 1.1) [four cohorts; 1165 participants], and 0.1% (95% CI = 0 to 0.4) [five cohorts; 2323 participants] respectively ($P = 0.001$); no statistical heterogeneity was observed [Appendix 2, available from the authors on request].

Univariable meta-regression showed two study-level factors to be associated with mean prevalence for systolic inter-arm differences ≥ 10 mmHg: health status (normotension versus diabetes versus hypertension) and absolute level of systolic blood pressure (Table 2). Each increase of 10 mmHg in absolute systolic blood pressure was associated with a 4% (95% CI = 0.9 to 4.0) increase in prevalence of an inter-arm difference ≥ 10 mmHg (Figure 3). Mean absolute systolic blood pressure increased across the health status groups (normotension 128 mmHg [standard deviation [SD] 7.4], diabetes 139 mmHg [SD 4.2], and hypertension 148 mmHg [SD 17]; $P = 0.02$) indicating potential co-linearity of these two variables. Meta-regression of prevalence against health status after adjustment for absolute blood pressure was no longer significant, and no other study-level factors were found to be associated with inter-arm difference prevalence in multivariable analysis [Appendix 2, available from the authors on request].

Table 2. Univariable and multivariable meta-regression analyses for systolic inter-arm blood pressure differences ≥ 10 mmHg

Covariate	Univariable P -value	Multivariate model ^a P -value
Health status ^b	0.012	0.509
Absolute systolic blood pressure	0.041	1.000
Geography ^c	0.894	0.815
Mean age	0.668	0.998
Percentage male	0.497	1.000
Setting ^d	0.838	1.000

^aAdjusted for multiple testing. ^bNon-diabetic normotensive versus diabetic versus hypertensive. ^cCountry of conduct. ^dCommunity versus clinic. $P < 0.05$ significant.

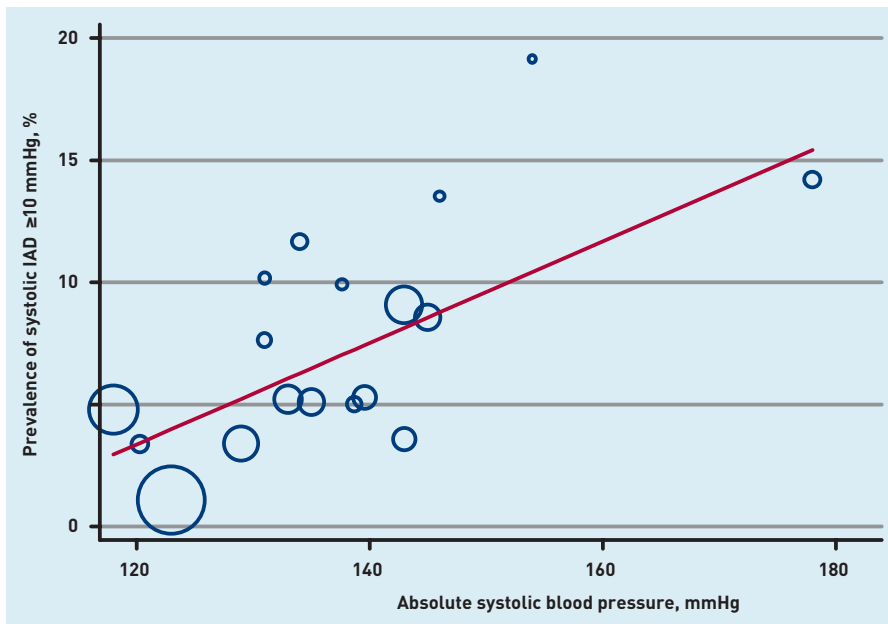
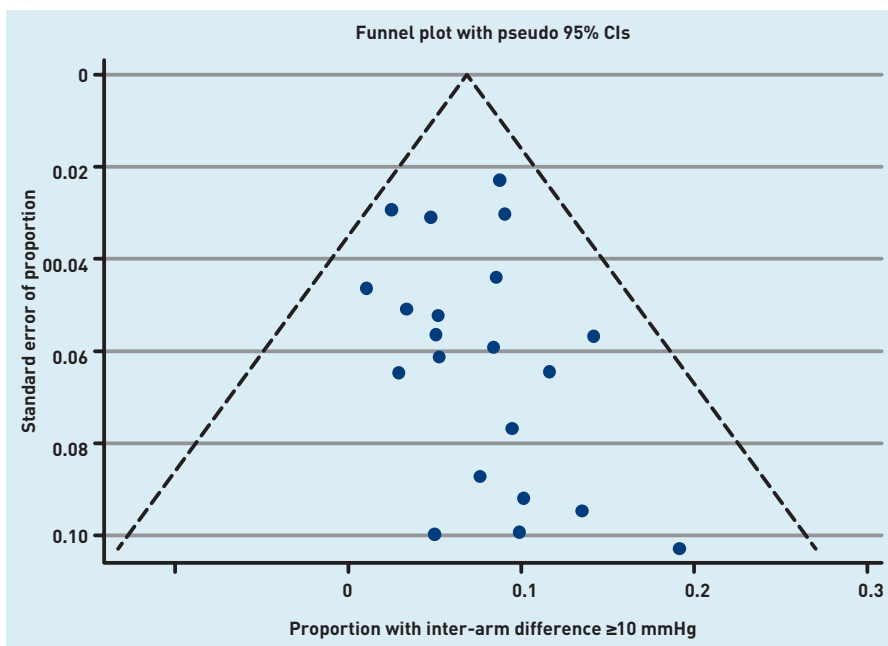


Figure 3. Study level association between mean systolic blood pressure and prevalence of systolic inter-arm differences ≥ 10 mmHg.

Five studies reported both simultaneously and sequentially measured prevalence data for systolic inter-arm differences ≥ 10 mmHg.^{7,35,37,42,45} Pooled analysis of data after adjustment for the paired nature of the data gave a prevalence of 6.4% (95% CI = 5.0 to 7.8) for measurement by a simultaneous method compared with 14.6% (95% CI = 12.5 to 16.6; $P < 0.001$) for a sequential method; and a relative risk (RR) for diagnosis of an inter-arm difference by sequential compared with simultaneous measurement of ≥ 10 mmHg of 2.2 (95% CI = 1.1 to 4.5). Statistical heterogeneity between studies ($I^2 = 85\%$) was explained by a single study

Figure 4. Funnel plot for prevalence of systolic inter-arm differences ≥ 10 mmHg.



that reported a higher prevalence of inter-arm differences for simultaneous compared with sequential measurements,⁴² whereas all other studies reported lower prevalences for simultaneous measurements. This outlying study result was based on averaging the second and third pairs of readings, but sequentially measured prevalences were higher than simultaneous for each of the three individual pairs of measurements made. Sensitivity analysis by substituting the non-averaged data for this study accounted for the statistical heterogeneity (residual $I^2 = 37\%$; $P = 0.17$); the resulting RR was 2.9 (95% CI = 2.1 to 4.1).

Visual inspection of funnel plots suggested no publication bias through missing small studies reporting low inter-arm difference prevalences (Figure 4), and the Egger tests were not significant (P -values = 0.32, 0.26, and 0.75 for inter-arm differences ≥ 10 mmHg, 15 mmHg, and 20 mmHg respectively (Appendix 2, available from the authors on request).

DISCUSSION

Summary

This systematic review and meta-analysis presents a contemporary synthesis of estimates of the prevalence of systolic inter-arm differences in populations relevant to primary care. The prevalences of inter-arm difference rise in relation to cardiovascular comorbidity (such as diabetes and/or hypertension) in the population studied for all chosen cut-off values, and comparison with paired sequentially measured differences confirms that prevalence can be overestimated threefold when a simultaneous measurement method is not employed.

Strengths and limitations

This study builds on the authors' previous reviews.^{2,20} The search terms are intentionally broad and therefore it is unlikely that important publications relevant to this review have been missed. The searches were supplemented with an author's archives, contacts, and peer review activity.^{46,47} This meta-regression demonstrated the univariable association of rising absolute blood pressures and increasing inter-arm difference prevalences. This association did not persist on multivariable regression; however, there was co-linearity of blood pressure with clinical status. Given the relatively small number of included studies, these multivariate meta-regression analyses were potentially underpowered.

Comparison with existing literature

The prevalence figures reported here are

lower than those previously reported in a previous study of hypertension (19.6% ≥ 10 mmHg [95% CI = 18.0 to 21.3]);² however, only four studies met that study's inclusion criteria in 2006,^{23,35,44,48} and until recently there was a paucity of data truly representative of general community populations measured by simultaneous methods.⁶ There has been a rapid expansion of interest in inter-arm difference over the last decade;⁴⁹ half of the 16 studies contributing to this review were published within the last 4 years.^{1,6,38,40-43,45} A number were included in the recent review by Singh and colleagues which confirmed that prevalence rates are lower for community-based cohorts compared with hospital data;²⁵ that review reported a community prevalence for systolic differences ≥ 10 mmHg of 7.5% (95% CI = 5.6 to 9.4). However, their findings were based on only four cohorts,^{36,38,42,50} of which one study included 50% subjects with hypertension,³⁶ another reported a mixed population (the lead author of which has provided additional subgroup data for the analyses reported here),³⁸ and the third did not meet the inclusion criteria because it did not report repeated simultaneous measurements.⁵⁰ Furthermore three studies from the authors' own research group were misclassified in that review as outpatient studies and excluded from community prevalence analyses, despite correspondence with and provision of additional data to the review's authors.^{3,5,6} These factors account for the erroneously high estimate of prevalence for the general population compared with the data presented here. Singh and colleagues also stated that community-based studies included in their review did not report data for systolic inter-arm differences ≥ 15 mmHg or ≥ 20 mmHg; data from five such studies are included in this report.^{6,35,38,40,44}

The prevalence of an inter-arm difference in hypertension is higher at any cut-off compared with the non-hypertensive population. Prevalence varies with absolute blood pressure levels^{51,52} and these findings of higher prevalences with, rather than without, hypertension are consistent with other reports that did not meet the inclusion criteria for this analysis.^{2,22,23,53,54} The prevalence figures for diabetes are intermediate between those found for normotensive non-diabetic and hypertensive populations. Inter-arm blood pressure differences are associated with peripheral vascular and cerebrovascular disease,^{20,55,56} both conditions that share hypertension as a major risk factor.⁵⁷ It therefore seems

plausible that the prevalence of inter-arm differences, which have been described as markers of peripheral arterial disease,^{10,15,58,59} rise with the baseline vascular risk of the population studied.

This study's findings suggest that prevalences of an inter-arm difference may vary by ethnicity, with lower prevalences of a ≥ 10 mmHg difference seen both with and without hypertension for East Asian compared with Western populations. These prevalence differences were not explained by variations in systolic blood pressures between ethnic groups. Recently, in a study designed specifically to compare inter-arm difference between ethnic groups, there were no significant differences in inter-arm prevalences between white British, South Asian, and African Caribbean cohorts.⁶⁰ However, the larger MESA (MultiEthnic Study of Atherosclerosis) study has reported higher prevalence of systolic inter-arm differences ≥ 15 mmHg in African American and white non-Hispanic Americans compared with Hispanic or Chinese Americans.⁶¹

Few studies have directly compared simultaneous and sequential measurement techniques; the two methods appear to correlate well during a single assessment session,^{45,62} but not over different visits.^{7,63} Studies on the reproducibility of an inter-arm difference over time are mainly short term (that is, weeks),^{8,62} apart from a small 1-year retrospective follow-up in diabetes.⁷

Prevalence figures have previously been shown to be higher when a sequential rather than a simultaneous measurement technique is employed.^{35,62,64} Pooled data in this review show a relative risk of detecting a systolic inter-arm difference ≥ 10 mmHg of 2.9 for sequential compared with simultaneous measurement. A comparable risk ratio (2.2) was reported in a previous systematic review that compared pooled risks across different studies.²⁸ The authors believe that these findings are the first pooled analysis of paired sequential and simultaneous measurements in the same groups of individuals, as opposed to pooled prevalence data derived from unmatched studies according to method of inter-arm measurement.

Prevalence of inter-arm difference declines with number of pairs of measurements,^{6,42,60,62} possibly in part due to white-coat effects on blood pressure.^{60,65} Verberk has estimated that an inter-arm difference ≥ 10 mmHg is twice as likely to be observed when based on a single rather than repeated pairs of simultaneous measurements.²⁸ Recently, devices have

been developed that measure two or four limbs simultaneously. Four studies reporting results from a four-limb device (COLIN VP1000 waveform analyser, Omron, Japan) are included in this analysis.^{36,38,41,42} Sensitivity analyses for this device did not show different prevalence estimates for any cut-off or subgroup compared to other repeated measurement protocols. It is a sophisticated waveform analysis device and it cannot therefore be assumed that single pairs of measurements obtained by other single or paired devices do not overestimate prevalence. Two studies in this review used a simultaneous two-limb device that averages three pairs of readings (WatchBP[®] Office, Microlife, UK).^{37,45} Lohmann and colleagues found no significant differences in prevalence calculated from two or three simultaneous pairs of readings using this device, and there was no evidence of different prevalence findings based on these studies compared with other methods.³⁷

Implications for research and practice

Systolic inter-arm differences are associated with higher prevalences of peripheral arterial disease,^{3,10,20} and with increased cardiovascular and all-cause mortality.^{19–21} This study's findings support the current advice in hypertension guidelines that inter-arm difference, when observed, should be confirmed with simultaneous measurement of both arms.^{26,29} However, detection methods in daily primary care need to be practical or they will not be adopted.^{46,66} It has been previously found that a single pair of sequential measurements can exclude the presence of an inter-arm difference on simultaneous measurement with good specificity and high negative predictive values (0.97 for ≥ 10 mmHg and 0.99 for ≥ 15 mmHg),⁶ and is associated with increased cardiovascular and all-

cause mortality.¹⁵ Therefore, a sequential method of measurement still has a role in identifying people in need of further assessment for inter-arm difference.

The prevalence figures presented here are useful to estimate how often an inter-arm difference may be missed if not checked for in primary care. For example, with a prevalence of 10%, a systolic blood pressure might be underestimated by ≥ 10 mmHg through the chance selection of the lower reading arm once in every 20 assessments, leading to false reassurance about, or under-treatment of, high blood pressure.^{5,10,17,67}

This study's findings quantify the prevalence of inter-arm differences that may be expected in primary care populations, suggesting that an inter-arm blood pressure difference occurs in a significant minority of these patients. Historically, inter-arm difference has not been routinely checked for in primary care,²⁷ although uptake seems to be increasing (CE Clark, unpublished data, 2016) and guideline recommendations are due for review.⁶⁸ Therefore, practitioners should ensure that a difference has been looked for before making treatment decisions based on blood pressure measurements. A simultaneous method of measurement is needed to confirm the presence of an inter-arm difference and this should be the method of choice for any future studies.

Further work is required to establish the validity of individual devices for accuracy of measurement based on a single pair of measurements, and further data are required to explore more fully any ethnic variations in prevalence or implications of inter-arm differences. The authors are currently conducting an individual patient data meta-analysis that will provide population-specific evidence on prevalence.⁶⁹

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Provenance

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Competing interests

The authors have declared no competing interests.

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Appendix 1. Search strategy

Number	Database	Search term
1	Embase, MEDLINE, CINAHL	(subclavian AND stenosis).af
2	Embase, MEDLINE, CINAHL	(blood AND pressure AND NEAR AND difference).af
3	Embase, MEDLINE, CINAHL	(blood AND pressure AND NEAR AND differential).af
4	Embase, MEDLINE, CINAHL	(interarm AND NEAR AND differential).af
5	Embase, MEDLINE, CINAHL	(interarm AND NEAR AND difference).af
6	Embase, MEDLINE, CINAHL	(inter-arm AND NEAR AND difference).af
7	Embase, MEDLINE, CINAHL	(inter-arm AND NEAR AND differential).ti,ab
8	Embase, MEDLINE, CINAHL	(inter AND arm AND NEAR AND differential).af
9	Embase, MEDLINE, CINAHL	(inter AND arm AND NEAR AND difference).af
10	Embase, MEDLINE, CINAHL	1 OR 2 OR 3 OR 4 OR 5 OR 6 OR 7 OR 8 OR 9