Although the evidence is relatively weak, expert opinion recommends accurate diagnosis of enuresis and the use of enuresis alarms and desmopressin, in addition to behavioural approaches.
Leakage of urine during the day:
- Drops of urine in the underpants
  - before voiding
  - after voiding
- Very wet underpants
- Frequency of leakage (episodes/day)
- Intermittent or continuous leakage every day
- History of daytime incontinence over 3.5 years of age

Urinary frequency (≥8 voids/day)

Infrequent voiding (<3 voids/day)

Sudden and urgent need to urinate

Holding manoeuvres (for example, leg crossing, pressing heel into perineum)

Needs to push in order to urinate (strained abdominal muscles to pass urine)

Interrupted urinary stream, or several voids one after the other

History of urinary tract infection

Illness and/or malformation:
- of kidneys and/or urinary tract
- of spinal cord

Consipation

* Based on the clinical management tool of the ICCS. Although history of urinary tract infections, constipation, and illness/malformation of kidneys and/or urinary tract are not LUTS, they coincide with a higher frequency of LUTS. ICCS = International Children’s Continence Society. LUTS = lower urinary tract symptoms.