

needed to give them a good start in life. The importance of the family as the fundamental unit of society is recognized, and also the importance of resistance to pressures likely to disrupt it by the medical profession and its ancillary services.

Family Planning. J. F. ROBINSON, M.B., CH.B. Edinburgh and London. E. & S. Livingstone. 1960. Pp. 63. Price 3s. 6d.

Dr Robinson has tackled the subject of family planning in this booklet by using ample illustration. His written style is lucid, explaining the safe period with its limitations and all the commonly used contraceptive techniques. There is even a section on the possible harmful aspects of contraception.

This booklet can be freely recommended to all those couples wishing for a deeper understanding of the subject without demanding lengthy explanations from the family doctor in person.

Disc Lesions and Other Intervertebral Derangements. E. J. CRISP, M.D., D.PHYS. MED. Edinburgh and London. E. & S. Livingstone Ltd. 1960 Pp. v + 158. Price 15s.

Back pain is one of the common ailments that the general practitioner is always meeting.

The author spent 11 years in general practice before entering the field of physical medicine and as a consequence of this his book is clear, concise and not dogmatic, and endeavours to segregate those cases which are suitable for manipulation or other forms of treatment.

The illustrations are excellent and with the description should encourage many general practitioners to undertake this rather neglected form of treatment.

A most useful book for the general practitioner's book shelf.

Active Alerted Posture. W. E. TUCKER, C.V.O., M.B.E., T.D., M.A., M.B., CH.B., F.R.C.S. Edinburgh and London. E. & S Livingstone Ltd. 1960. Pp. viii — 64. Price 10s. 6d.

Human posture is a subject that has in recent years not been given the thought that such a subject deserves either by the general