

Sir,

As you rightly state in your Editorial (December *Journal*, p. 715) the Alma Ata Declaration placed its emphasis on primary health care. The WHO publication "Health Statistics" goes further than your Editorial in stating "Accordingly, the Alma-Ata Conference agreed that the translation of the principles of primary care into action would require the priority allocation of budgetary resources to primary health care, better distribution and use of existing resources and the improvement of managerial processes and capabilities at all levels of planning, implementing, budgeting, monitoring, supervising and evaluating, supported by a relevant information system. The fact that so little attention has been paid to primary health care generally, as compared with institutional care, is a matter of some concern."

It is true that Voluntary Service Overseas and the Bureau for Overseas Medical Service have developed "ways of getting doctors to the places where they are needed"—but have those doctors received the training that is required for the conditions they will encounter? Their skills are either in hospital medicine or in general practice, which are not the skills required for primary health care in the developing countries.

I would also disagree with Essex (1980) that plans made by foreigners "and geared to the appropriate level" can be made and can work. This is only true when the foreigner concerned has previously had a considerable field experience in one or more developing countries.

Primary health care in the developing countries, not infrequently the only type of health care available to the mass of the rural population which forms some 80 per cent of the total population, must be orientated to the needs of the population, its culture and the available manpower and facilities. It must rely on the team concept in its widest context, including agricultural extension workers, schoolteachers and social development workers. Nor is it provided by doctors, whose role is that of acting as a back-up in the district hospitals and in teaching nonprofessionals. Health planning must be undertaken by the indigenous and it should be a prime target of any aid programme to secure appropriate training for the indigenous at all levels.

Your Editorial's concluding remark, "We are doing very little. Don't we care?" rather negates the Liverpool School of Tropical Medicine and in particular the Department of International Community Health. This offers a

Certificate in Tropical Community Medicine and Health to 50 students a year, and a Master in Community Health to 25 students a year. Both are specifically orientated to community medicine and primary health care in disadvantaged countries. The former course is for nonphysicians and the latter is fully interdisciplinary and able to accept suitable students who do not have a basic university qualification. The Department's third course is Teacher Training in Primary Health Care for the teachers of nonprofessionals. It is also fully interdisciplinary with students ranging from medical assistants from Africa to professors of preventive and social medicine.

These courses are grossly oversubscribed despite iniquitous fees. For example, the Masters course cost £1,500 in 1975 whereas the expected cost for 1983 is £8,000. It would appear to me that the people who "don't care" are those whose economic policies result in frozen appointments and fees so high that overseas students now seek their further education in America and elsewhere.

FRANCIS M. SHATTOCK

Acting Head of Department

Department of International  
Community Health  
Liverpool School of Tropical Medicine  
Pembroke Place  
Liverpool L3 5QA.

#### References

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- WHO (1981). *Health Statistics. EURO Reports and Studies*, no. 43. Copenhagen: WHO Regional Office for Europe.

Sir,

May I congratulate you on your forthright editorial about the Alma Ata Declaration (December *Journal*, p.715).

What can the College do? I would like it to investigate the possibility of recognizing posts in the Third World as part of vocational training to encourage entrants to general practice to spend some of their training in a developing country. Also the College—a very rich organization by Third World standards—could develop academic and personal links with one particular primary health care project in a developing country.

What can we as individual doctors do? We can covenant money to one of the agencies involved in development. We can learn of the broader aspects of development issues, for example by reading the Brandt Report (Lorraine 1981). We can join or form a local

branch of the World Development Movement which campaigns and educates on these issues in the local community. We can arrange sabbaticals or retire early to work in the Third World. We can send our unwanted drugs to agencies that will send them abroad.

I would be pleased to hear from those who are sympathetic to these ideas and who would like to explore the value of concerted action.

ROGER PEPIATT

63 Shepherds Lane  
Dartford  
Kent DA1 2NR.

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## Clinical and Population Medicine

Sir,

I welcome the opportunity to reply to the letter from Drs Wright and Stanley (January *Journal*, p. 58) and to clarify my remarks about teaching general practice and community medicine. The subjects are of course complementary and a medical student has to have a foundation of knowledge in both. The inherent conflict between the subjects to which I refer in the William Pickles Lecture (October *Journal*, p. 593) does not alter these assumptions. My belief stems from a long experience of teaching with social medicine academics, who constitute the academic core of community medicine.

In the sixties and early seventies I gained considerable teaching experience in both subjects, working with Professor John Pemberton and his academic colleagues in the then Department of Social and Preventive Medicine, the Queen's University, Belfast. We developed amicably an integrated course to teach both disciplines.

In more recent years I have developed an equally close and happy relationship with his successor, Professor J. H. Elwood, now Professor of Community Medicine. To achieve a close understanding we have had to acknowledge our differences in outlook, interests and attitudes to medicine. Herein lies the inherent conflict between these two branches of medicine. General practice learning is mainly about acquiring appropriate skills and attitudes to facilitate and improve individual patient care. There is little didactic teaching. By contrast community medicine teaching stresses facts and figures and a numerical approach to population medicine, including statistics and the science of