

99 EDITOR'S BRIEFING

99 The Goldilocks diagnosis is not 'just right'
Euan Lawson

100 EDITORIALS & LETTERS

EDITORIALS

- 100 Specialist hypertension clinics: an essential pathway but under-resourced
 Terry McCormack, Sarah Partridge and Ian Wilkinson
- 103 Demystifying heart failure with a preserved ejection fraction

Ian Loke, Sotiris Antoniou, Roselin Boramakot, David Walters and Ahmet Fuat

106 The assisted dying debate: supporting GPs in a changing landscape
Sir Sam Everington

LETTERS

- 108 What has postmodernism ever done for us?
 Radical solutions are needed to meet the
 challenge of medical student placement
 capacity in primary care
- 109 COPD can be identified earlier, but is there evidence that this actually benefits patients?

 Training needs for staff providing remote services in general practice: a mixed-methods study

110 RESEARCH

110 Exploration of reasons for primary care testing (the Why Test study): a UK-wide audit using the Primary care Academic CollaboraTive

Jessica Watson, Alexander Burrell, Polly Duncan, Ian Bennett-Britton, Sam Hodgson, Samuel WD Merriel, Salman Waqar, Penny F Whiting and the Primary care Academic CollaboraTive

111 Disease patterns in high-cost individuals with multimorbidity: a retrospective cross-sectional study in primary care

Marina Soley-Bori, Mark Ashworth, Alice McGreevy, Yanzhong Wang, Stevo Durbaba, Hiten Dodhia and Julia Fox-Rushby

- 112 | Pre-diagnostic prescription patterns in bladder and renal cancer: a longitudinal linked data study
 Garth Funston, Marie Moullet, Luke Mounce,
 Georgios Lyratzopoulos, Fiona M Walter and Yin Zhou
- 113 Acceptability of risk-tailored cancer screening among Australian GPs: a qualitative study

 Kate LA Dunlop, Amelia K Smit, Louise A Keogh,
 Ainsley J Newson, Nicole M Rankin and Anne E Cust
- Identifying prior signals of bipolar disorder using primary care electronic health records:

 a nested case-control study

 Catharine Morgan, Darren M Ashcroft,

 Carolyn A Chew-Graham, Matthew Sperrin,
 Roger T Webb, Anya Francis, Jan Scott and Alison R Yung
- 115 Familial hypercholesterolaemia in UK primary care: a Clinical Practice Research Datalink study of an under-recognised condition

 Adeline Durand, Christopher Ll Morgan, Steven Tinsley, Elizabeth Hughes, Terry McCormack, Charlotte L Bitchell and Raquel Lahoz
- 116 Understanding non-recreational prescription medication-sharing behaviours:
 a systematic review
 Shoba Dawson, Hans Johnson, Alyson L Huntley,

Katrina M Turner and Deborah McCahon

117 Long-term cardiovascular risks and the impact of statin treatment on socioeconomic inequalities: a microsimulation model

Runguo Wu, Claire Williams, Junwen Zhou, Iryna Schlackow, Jonathan Emberson, Christina Reith, Anthony Keech, John Robson, Jane Armitage, Alastair Gray, John Simes, Colin Baigent and Borislava Mihaylova

118 Comparing dietary strategies to manage cardiovascular risk in primary care:
a narrative review of systematic reviews
Hannah Greenwood, Katelyn Barnes, Lauren Ball and Paul Glasziou



119 LIFE & TIMES

119 If medicine is a social science, then what is general practice?

Andrew Papanikitas

- 120 Physician associates: dissociated doctors
 David Zigmond
- 122 Community health and wellbeing workers:
 an off-the-peg solution for improving health
 and care in England
 Cornelia Junghans Matthew Harris and
- 123 Domestic abuse statistics
 Hannah Milton

Azeem Majeed

- 124 Just do it! Ten easy ways to enhance empathy in the consultation
 Jeremy Howick, Andy Ward and Andrew Papanikitas
- 126 Generative AI in medical writing: co-author or tool?

Richard Armitage

- **128** A failure to retain GP retention schemes Nada Khan
- 129 Books: Portable Magic: A History of Books and their Readers

 David Jeffrey
- 129 Books: Science Fictions: Exposing Fraud, Bias, Negligence and Hype in Science Richard Armitage
- 130 Books: The Instinct to Heal: Curing Depression, Anxiety, and Stress Without Drugs and Without Talk Therapy

Elke Hausmann

- 132 Looking in and looking out
 Ben Hoban
- 133 Yonder: Farewell Ahmed Rashid

2/ ANALYSIS

134 Faecal calprotectin in primary care:
is its current use supported by the evidence?
Robert W Perry, David Mummery, James L Alexander,
Lucy C Hicks and Horace RT Williams

137 CLINICAL PRACTICE

137 Is the digital rectal exam any good as a prostate cancer screening test?

Mike Kirby, Samuel WD Merriel, Oluwabunmi Olajide, Alexander Norman, Nikhil Vasdev, Vishwanath Hanchanale, Michelle Cain, Malcolm Wilkinson, Harley Stephens, Deborah Victor, William Kinnaird, Alison Tree, Amarnath Challapalli and Amy Rylance (Prostate Cancer UK Clinical Advisory Group)

How to measure blood pressure: focus on general practice

Eduard Shantsila and Christopher Clark

143 CLASSIFIED