

now evidence that this sort of exercise produces a marked rise in blood pressure at the time, and is therefore potentially dangerous—perhaps particularly so in that section of the community at whom the booklet is aimed. With this exception it can be recommended as a useful keep-fit guide to all busy men, not least to our own profession.

The Medical Annual, 1966. Editors: SIR RONALD BODLEY SCOTT, *K.C.V.O.*, M.A., D.M., F.R.C.P. and R. MILNES WALKER, *C.B.E.*, M.S., F.R.C.S., F.A.C.S. (Hon.)- Bristol. John Wright & Sons Ltd. 1966. Pp. xxiv + 667. Price 52s. 6d.

The eighty-fourth issue of the year-book follows the same style as its predecessors. There are special articles on gall-stones, ulcerative colitis, and wound healing. All branches of medicine are well covered. The section on general practice by doctors John Hunt and Michael Linnett deals with measles immunization. Simple and rapid pathological tests in general practice, ancillary medical workers, and special vocational training for general practice. The standard of excellence remains the same and it is recommended as the best annual of medical progress for the general practitioner.

Medical books, libraries and collectors. Second edition. JOHN L. THORNTON, F.L.A. London. Andre Deutsch Ltd. 1966. Pp. xvi + 445. Price £4 4s.

Those who take an interest in medical history in any degree at all must sooner or later find themselves beset by the difficulty in obtaining reliable information on many of the problems with which they find themselves confronted. If they do not wish to consult sources, and these are so often difficult to find without the resources of a well-equipped library, they have to consult a bibliography, but the average bibliography is dry meat except for the voracious book collector. Mr Thornton has produced a work which should fill the need of most of those who wish a guide through the maze of medical literature. In the small space of 445 pages he has condensed an enormous amount of information not readily to be come upon elsewhere. Furthermore, he has brought his material right up to date. In so vast a subject what to leave out must have been a greater difficulty than deciding what to include. Each reviewer will look for mention of those subjects in which he is especially interested, and each collector will look particularly for the inclusion of those books which have become his warm favourites and have occupied an honoured space on his shelves. In so wide a work disappointment is bound to happen. This reviewer misses any mention of the translation of Sydenham's works by Thomas Swan, and would have liked to have read something of that quaint compiler and translator of the medical treatises of the surgeons and apothecaries of his day, William Salmon "professor of physick", nor is there a mention of that catalogue of surgical instruments Johannis