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The MODERN CAUSAL ENZYME THERAPY  
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Enzymes of the lipid	
metabolism	30 mg. $\equiv$ 8000 units
Amin-oxidase	20 mg. $\equiv$ 4000 units
Tyrosinase	20 mg. $\equiv$ 4000 units
Stabilizing solvent	to 2 ml.
<b>Presentation:</b>	
Boxes of 6, 25 and 100 ampoules.	

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# In hay fever daytime treatment with 'BANISTYL'



'BANISTYL'  
the  
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**Highly effective**  
**Little if any soporific effect**  
**Well tolerated by patients of all ages**  
**One tablet three times daily effective in the majority of adult cases**

'Banistyl' is generally well tolerated at the recommended dosage levels; side-effects are usually of a mild and transient nature. Somnolence is infrequent and generally not marked; when it does occur, it frequently subsides after the first few days of treatment or may be controlled by dosage adjustment.

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Although there is no evidence to suggest that 'Banistyl' is embryopathic, it is a sound medical principle to avoid, wherever possible, prescribing a new drug during the first three months of pregnancy.

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'Banistyl' is supplied as tablets containing the equivalent of 20 mg. dimethothiazine (as mesylate).

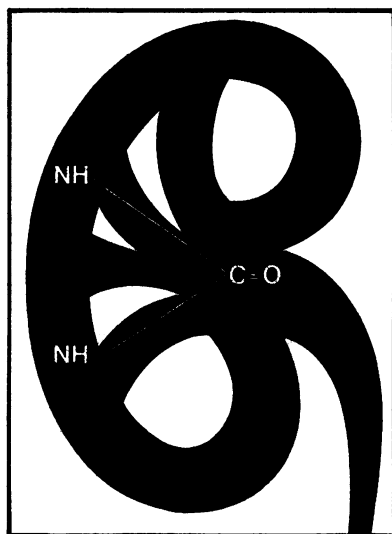
References: Practitioner, **198**, 834, 1967; Practitioner, **198**, 711, 1967; Br. J. Clin. Pract., **21**, 401, 1967; Clin. Trials J., **4**, 781, 1967.

Detailed information is available on request.



'Banistyl' is a trade mark of the manufacturers,  
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## A NEW ORAL GEL WITH STRIKING ANALGESIC AND ANTISEPTIC PROPERTIES

Bonjela has been shown in formal American trials to bring rapid relief from pain in 90% of all cases of oral ulceration, herpes labialis, gingivitis and denture sores. By rapid relief is meant marked alleviation of pain within 2-3 minutes.

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**FORMULA:** Choline Salicylate 8.7%, Cetalkonium Chloride 0.01%, Alc. (95%) 39.0%, Menthol 0.057%, Glycer. 4.6%.

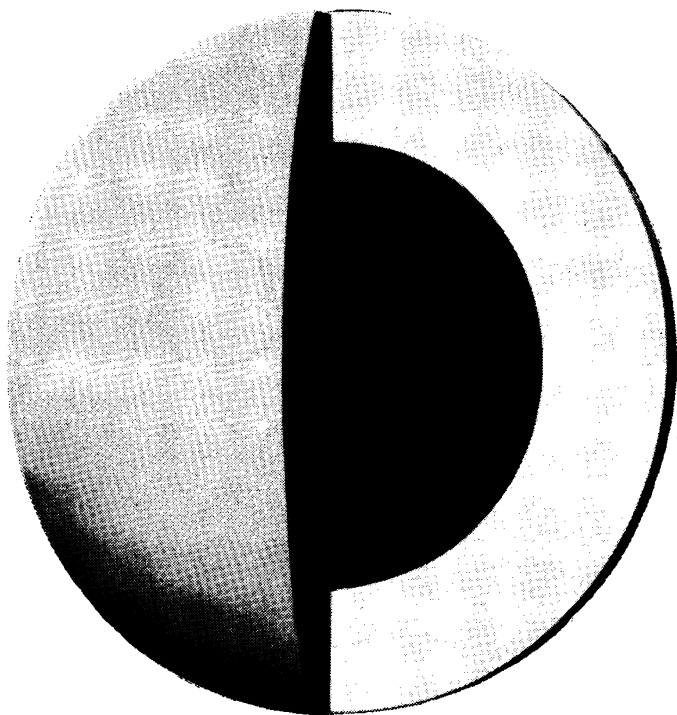
**INDICATIONS:** Herpes labialis, gingivitis, oral ulcerations, cheilosis, denture sores, infant teething disorders.

**PRESENTATION:** Bonjela is available in 10 g. tubes at a basic N.H.S. cost of 2/8½d. per tube.

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*Only one conception regulator offers ultra-low dosage of both hormonal components with a decade of clinical experience behind each.*

*Norinyl-1 is that unique conception regulator. Its reliability, safety, tolerance and simplicity have been confirmed in a comprehensive evaluation involving 5,000 women, studied carefully for more than 50,000 cycles.*

# NORINYL-1

Each Norinyl-1 pack contains 21 tablets of Norethisterone B.P. 1 mg. and mestranol 0.05 mg.  
Full prescribing information on request.

**SYNTEX**  Syntex Pharmaceuticals Ltd, Maidenhead, Berks, England



‘I think I need a tonic, doctor...’



...can be a  
symptom, too

The plaintive cry for a tonic frequently heard in the surgery may be an expression of unsuspected faulty protein metabolism. The weakness, lassitude, lack of energy and interest in the debilitated patient points to a negative nitrogen balance which may be rapidly corrected by the administration of Anabolex. After as little as a week's treatment with this drug the patient feels better, eats better and gains weight.

Anabolex can safely be given to patients of whatever age and of both sexes; given in therapeutic doses it is virtually non-virilizing. The only known contraindications are prostatic carcinoma and pregnancy.

Presentation: All tablets are foil packed in cartons of 30, 100 and 250 tablets of 25 mg.\*

Dose: The maintenance dose of Anabolex is 2-3 tablets daily and, based on the NHS price, costs about 1/- a day. Free literature available on request.

**Anabolex**  
Trade Mark

a protein-anabolizing, virtually non-virilizing compound

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**LLOYD-  
HAMOL  
Ltd.**

\*Each tablet contains 25 mg. Stanalone

# *In the elderly, the special problems of constipation...*



Constipation in the elderly can present special problems of treatment. Weakened abdominal muscles... the dangers inherent in straining... refusal to co-operate... the presence of pain, to which anal fissures or haemorrhoids may contribute... the need for enemas and suppositories... the risk of faecal impaction, with consequent manual removal...

*Dorbanex* can simplify management of the patient posing these problems by providing comfortable, reliable and trouble-free evacuation. *Dorbanex* produces a soft but well-formed stool without griping or other unpleasant side-effects, reduces the need for enemas and suppositories, helps to prevent faecal impaction, and makes defaecation easier without increasing faecal incontinence.

## *...have a straightforward solution*

Now available in three forms—as capsules and in two strengths of liquid—*Dorbanex* provides in one preparation a balanced treatment for constipation. By softening the stool and stimulating peristalsis, *Dorbanex* prepares the way for pain-free evacuation.

**DORBANEX CAPSULES:** each contains 1.8-dihydroxyanthraquinone 25 mg., poloxalkol 200 mg. **DORBANEX LIQUID:** each 5 ml. teaspoonful contains 1.8-dihydroxyanthraquinone 25 mg., poloxalkol 200 mg. **DORBANEX FORTE:** each 5 ml. teaspoonful contains 1.8-dihydroxyanthraquinone 75 mg., poloxalkol 1000 mg. **Dosage DORBANEX CAPSULES:** Adults, one or two capsules. Children, one capsule. **DORBANEX LIQUID:** Adults, one or two teaspoonfuls. Children, half to one teaspoonful, as required. Before or after surgery: two to four teaspoonfuls or two to four capsules. **DORBANEX FORTE:** one teaspoonful, or as directed by the physician. Treatment should be taken at bedtime. **Contra-indications** In common with other gastro-intestinal evacuants, *Dorbanex* should not be given when acute, painful conditions of the abdomen are present, or the cause of constipation is suspected to be obstruction of the small or large intestine. **Side-effects** Dihydroxyanthraquinone may cause a temporary harmless, pink or red colouring of the urine and, in prolonged use or high dosage, of the mucosa of the large intestine. Doses larger than two teaspoonfuls may cause slight gastro-intestinal discomfort in a few patients. **Basic NHS Prices** *Dorbanex* Capsules: bottles of 30 capsules 8/8; bottles of 300 capsules 78/-; *Dorbanex* Liquid: bottles of 60 ml. 4/-; bottles of 500 ml. 30/-; *Dorbanex* Forte: bottles of 60 ml. 6/-; bottles of 500 ml. 45/- Additional information on request.

## *Dorbanex prepares the way for pain-free, trouble-free evacuation*

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Temporary residential accommodation for members and associates and their families is provided at college headquarters. This building, overlooking Hyde Park on one side and Princes Gate on the other, is central and easily accessible.

The charges, including breakfast, are as follows:

For single rooms	£2 10s. 0d. per night
For double rooms	£4 5s. 0d. per night
For a flatlet (bed-sitting room for two, bath-room and dressing room)	£6 per night or £36 per week

For a self-contained flat (double bedroom, sitting room, hall, kitchen and bathroom) £42 per week

Children under the age of 12 years cannot be admitted, and dogs are not allowed.

Members and associates may, subject to approval, hire the reception rooms for meetings and social functions. The charges for these are:

Long room (will seat 100)	25 guineas for each occasion
Damask room (will seat 50)	15 guineas for each occasion
Common room and terrace	15 guineas for each occasion

A service charge of 10 per cent is added to all accounts to cover gratuities to domestic staff.

Enquiries should be addressed to the **Administrative Secretary, The Royal College of General Practitioners, 14 Princes Gate, London, S.W.7. (Tel. KNightsbridge 6262)**. Whenever possible bookings should be made well in advance.

# more to over- weight than meets the eye?



How many cases of obesity have emotional stress as a major underlying factor? Many authorities hold that in most cases, overeating is rooted in anxiety, boredom, frustration or similar emotional tensions.<sup>1, 2, 3, 4, 5</sup> Merely curbing the appetite in these cases is unlikely to be of more than limited value<sup>1, 2</sup>—treatment of the obese patient must also compensate for the solace formerly obtained from eating. Durophet-M provides this treatment. Durophet-M contains two constituents—a calumative, methaqualone, to counter underlying tensions, and a highly effective appetite depressant, laevo- and dextro-amphetamine, ratio 1 : 3. Durophet-M provides better treatment for the compulsive overeater than simple appetite depressants because it both controls the appetite and combats the emotional factors present in nearly all cases of obesity.<sup>1, 2</sup>

1. *Int. Rec. Med.* (1959) **172** :212. 2. *Practitioner* (1961) **187** :566. 3. *Brit. J. Clin. Pract.* (1960) **14** :173. 4. *Med. Clin. N. Amer.* (1963) **43** :77. 5. *Dis. Nerv. Syst.* (August 1950).

## DUROPHET-M relieves underlying stress and curbs the appetite with one capsule daily

**Durophet-M** 12½ mg. capsules contain: amphetamine 6.25 mg., dexamphetamine 6.25 mg., methaqualone 40.0 mg., as ion-exchange resin complexes.

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**Dosage:** one capsule daily at breakfast. Side-effects are infrequent, mild and transient. Dryness of the mouth, hyperactivity and other signs of mild central nervous

stimulation may occur in some patients. **Durophet-M** is contra-indicated in patients under treatment with monoamine-oxidase (MAO) inhibitors. It should be used with caution in severe hypertension and cardiovascular disease, and in patients hypersensitive to sympathomimetic agents.

**Basic NHS Prices:** bottles of 30 capsules, 12.5 mg. 7/4. 20 mg. 8/-; 300 capsules, 12.5 mg. 49/8. 20 mg. 54/-.

Additional information is available on request

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67-13-DR

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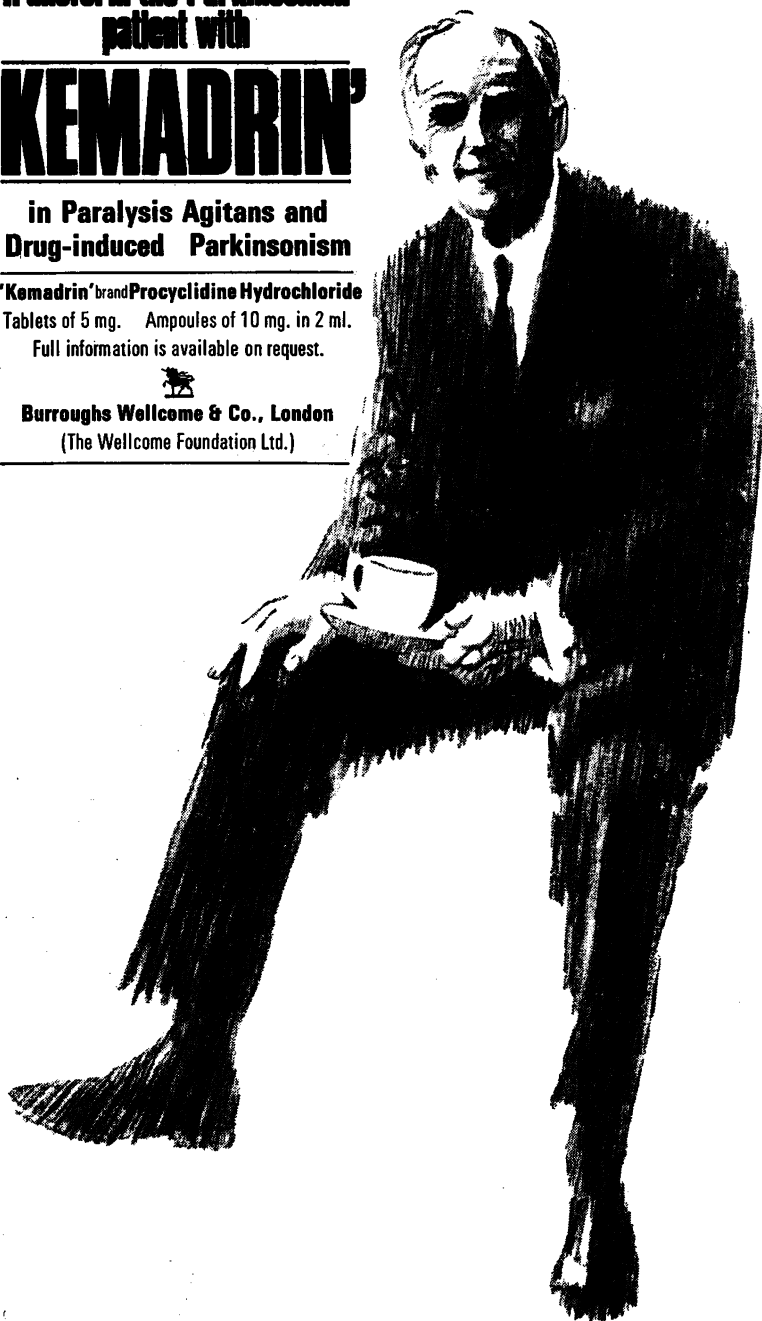
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*Today's Drugs, B.M.J., 1963, 1,521.*

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*in angina pectoris*

## **SYNADRIN® 60 WORKS**

In controlled trials,  
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the number of angina attacks<sup>1,2,3</sup>.

Double-blind clinical trials of SYNADRIN 60, reported from many countries and confirmed by recent British studies, demonstrate that SYNADRIN 60 is effective in angina pectoris. SYNADRIN 60 reduced the number of anginal attacks and nitroglycerin consumption to a significantly greater extent than the placebo. Reduction in excessive sympathetic stimulation lowers the oxygen demand of the heart, a mild sedative action allays anxiety and increased blood flow improves oxygen supply.

**Dosage:** An adequate dose is essential to ensure a rapid onset of action and therapy can be initiated with one tablet (60 mg) SYNADRIN 60 three times daily. Reduction of the frequency of anginal attacks should be observed within two weeks.

**Side Effects:** SYNADRIN 60 is well tolerated, even after prolonged treatment. Gastric intolerance has been reported in few cases. Skin rashes have occurred on rare occasions. Transient drowsiness has been noticed at the commencement of treatment. SYNADRIN 60 has a slight hypotensive action and the dose of concurrently administered hypotensive agents may require adjustment.

**Contraindications:** SYNADRIN 60 is contraindicated in severe disorders of cardiac conduction, heart failure and hepatic conditions.

SYNADRIN 60 is available as tablets containing 60 mg prenylamine.

### REFERENCES

1. CANAD. MED. ASSOC. J. 1963. *89* 248.
2. MED. CLIN. 1966 *61* 352.
3. ZSCHR. THER. 1965 *2* 82.

Synadrin 60 is available in many countries as Segontin 60.

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*Clin. Trials J.*, 1965, 2, 317 (Nov)

When symptoms of anxiety and depression co-exist, the anxiety is usually easy to recognise but the depressive state is often less obvious.

'Tryptizol' can often control the anxiety in addition to relieving the depression. The patient is calmer and mood is lifted.

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Articles must be original and should not have been published, or be in process of publication, in any other journal.

Copy should be submitted in double-spaced typescript, and any alterations clearly marked in ink, on quarto-sized paper typed on one side of the paper in double spacing.

Graphs and other line drawings must be in indian ink and drawn to size, or capable of reduction to 4 inches in width by  $3\frac{1}{4}$  inches approximately in depth.

All communications to the editor should be addressed to *The Journal of the Royal College of General Practitioners*, Prospect House, Dartmouth, Devon. Tel. 2603.

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