# Are doctors immortal?

Some patients seem to think that doctors never die. Or become ill. Or have accidents.

But as a doctor you know that your chances of falling sick, or breaking a leg tomorrow are the same as everyone else's. And the effect on your life and family is much graver.

Your practice, for instance, must be kept going. So your income plunges overnight. And your life becomes stifled by financial worries: how to keep your family, meet school fees, pay the mortgage. To a sick man worry is a poisonous enemy.

That's why it's so wise to insure against sickness or early death. Wiser still to insure with the company run exclusively for doctors and dentists: the Medical Sickness Society.

You know that one day you may need this insurance. So write today. Together we'll find the policy which will work hardest for you.

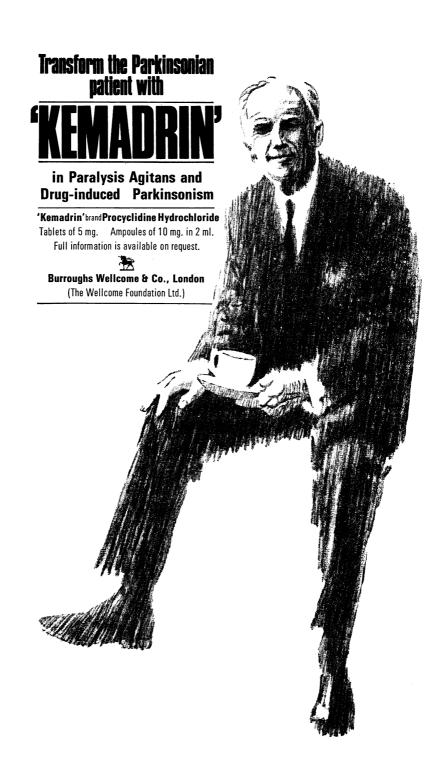
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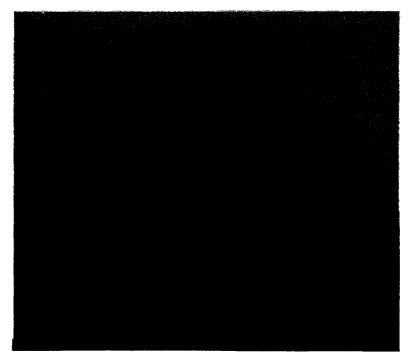
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Bonjela also promotes healing whenever the aetiology is partly or wholly bacterial. Some ulceration originates from endocrinal, viral or fungal causes which may require other forms of treatment.

Even in these cases where a bacterial element is superimposed on the

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Literature and samples are available on request

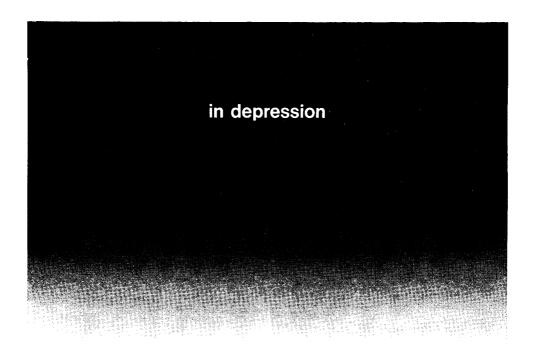
original infection Bonjela will reduce the severity of the infection and rapid relief from pain will be obtained.

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PRESENTATION: Bonjela is available in 10 g. tubes at a basic N.H.S. cost of 2/8½d. per tube.





# grounds for optimism

For the depressed patient, optimism about the chances of recovery begins with the first visit to the physician who shows an interest in his case. This optimism can be built upon with the aid of modern antidepressant drugs, enabling the physician to help his patient to a more speedy recovery.

In this respect, 'Concordin' often brings an initial elevation of mood within a week—the 'patient soon has grounds for greater optimism.

'Concordin' is available as tablets in two strengths: 'Concordin'-10 as white film-coated tablets (marked 'C10') containing 10 mg protriptyline hydrochloride, in bottles of 100 and 500;

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# 'Concordin' offers many depressed patients these advantages:

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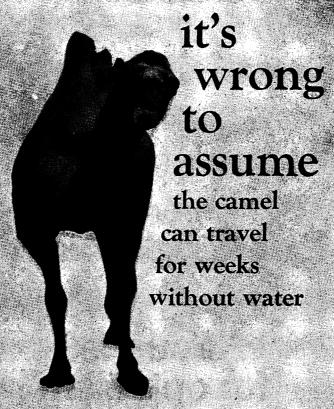
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All those stories about carnels storing water in their hump. Wrong! Because of the peculiar conformation of their stomachs, camels can travel without the need for water for much greater distances than most animals. This is because, rather than storing a lot of water for a long journey, the camel loses the water in its body a lot less quickly

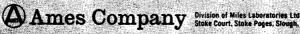
than any other animal.

Their endurance in this respect, however, is very often greatly abused. It is also wrong to assume, as many people do, that a negative test for protein in urine, by standard methods, excludes the possibility of a significant haematuria. LABSTIX reagent strips avoid the need for assumption, they provide information on the presence or absence of urinary glucose, protein, ketones and blood, together with an indication of urinary pH. This test has now become established as a routine in many wards, clinics and surgeries throughout the United Kingdom. Facts are more reliable than assumptions.

Let LABSTIX provide the information in 30 seconds.

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Chemical synthesis has eliminated contamination by foreign protein and removed the antigenic portion of porcine ACTH. The risk of sensitivity reactions to this preparation has thereby been virtually eliminated

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# Normax takes the STRAM out of constipation

#### .. and promotes comfortable evacuation

Normax is indicated for the treatment of constipation particularly in conditions where it is important that your patients should not strain to stool—coronary thrombosis, cardiac failure, haemorrhoids, episiotomy. Normax has also been used in the treatment of constipation of pregnancy, and in preparation of patients for surgical and radiological procedures. Normax is also indicated for geriatric patients and for patients with spastic colon and diverticulitis.

Composition Each brown capsule contains dioctylsodium sulphosuccinate 60 mg., a faecal softener, and 1-8 dihydroxyanthraquinone 50 mg., a mild peristaltic stimulant.

Side Effects No adverse side effects have been reported with Normax. I-8 dihydroxy-anthraquinone may however give the urine an orange tint.

Dosage One to two capsules to be taken at night, or as prescribed.

Presentation & Basic N.H.S. Price Normax capsules are available in bottles of 30 and 250 at a basic N.H.S. price of 4/10 and 26/10 respectively.

For further information apply: Horlicks Pharmaceuticals Limited Winkfield, Windsor, Berks.



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# INDOCID Indomethacin

### the sooner the better for optimal results

Through its anti-arthritic activity, 'Indocid' offers many patients:

- □ rapid relief of pain
- increase in range of movement, enabling patients progressively to return to normal activities
- a response when other anti-arthritic agents are inadequate or not tolerated

'Indocid' is suitable for long-term therapy where necessary

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Each contain trimethoprim 80 mg, sulphamethoxazole 400 mg.

# 'Septrin' Paediatric

Each contain trimethoprim 20 mg, sulphamethoxazole 100 mg.



Proceedings of the V International Congress of Chemotherapy, Supplement, (A 1-5a/3) 107.
Further information is available on request.
Burroughs Wellcome & Co. (The Wellcome Foundation Ltd.) London

266 R. A. Murray Scott

vitamin D through the skin?

Dr Mott occasionally visits patients unable to come to the Poste. The day before I arrived an elderly man had collapsed with circulatory failure. His legs and chest were full of fluid. He was an itinerant without a home, and when news of his trouble was heard in the town, a house in the process of completion, full of rubble, was put at his disposal by the builder. Two planks and some sacking made a bed. The neighbours nursed him and Dr Mott and I gave diuretic mercurial injections. When I left he was almost fit to undertake the journey to hospital at Salvador. I was deeply impressed by the man's courage and cheerfulness and by the kindliness and helpfulness of the neighbours, who gladly gave what little they had.

My stay was far too short. I was just becoming of some use when I had to return to Salvador, that lively, noisy, bustling city, where the primitive lives happily with the contemporary in building, transport, food, religion and personnel. My return was not altogether uneventful. On my last day a boy of two years with the early signs of Chagas' disease was brought to the Poste. Under the microscope I was able to see the active vibrio in a blood specimen, and confirm the diagnosis. So I took the boy to hospital. Reveille that morning was at 04.30 hours. We left in the jeep at 05.00. I nursed the boy in one arm, holding firmly to the rail with the other hand to keep us from bouncing out of the jeep, while Mr Sunday drove. We left the jeep at Sao Roque, caught the 07.00 boat and reached Salvador at 09.00. A taxi took us to the tropical diseases unit of the hospital, where I met some of the staff and was shown round the unit.

For some time to come when the T.V. breaks down or a train is late or there is no egg for breakfast, or faced by any other modern tragedy, I shall recall the patience of these people of Sao Felipe who, in sickness or more rarely in health, are ready to smile in conditions we should find unendurable, and I shall remember with gratitude the dedicated service given by Ken Mott and his helpers. Were I a few years younger . . . but, alas, I am not.

#### ACCOMMODATION AT COLLEGE HEADQUARTERS

Temporary residential accommodation for members and associates and their families is provided at college headquarters. This building, overlooking Hyde Park on one side and Princes Gardens on the other, is central and easily accessible.

The charges, including breakfast, are as follows:

For single rooms

£2 10s. 0d. per night £4 5s. 0d. per night

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n) £6 per night or £36 per week

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£42 per week

Children under the age of 12 years cannot be admitted, and dogs are not allowed.

Members and associates may, subject to approval, hire the reception rooms for meetings and social functions. The charges for these are:

Long room (will seat 100)

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Common room and terrace

15 guineas for each occasion

A service charge of 10 per cent is added to all accounts to cover gratuities to domestic staff.

For the convenience of members, four car ports, outside 14 Princes Gate, have been rented by the College and may be hired, at a cost of 10s. 6d. per 24 hours.

Enquiries should be addressed to the Administrative Secretary, The Royal College of General Practitioners, 14 Princes Gate, London, S.W.7. (Tel. 01-584 6262). Whenever possible bookings should be made well in advance.

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- 5. Awards. A number of Travelling Fellowships and prizes are in the gift of the College. Information is published periodically in the College *Journal*.
- 6. Research Register, and Register of Research Projects
  - Honorary registrar: Dr R. M. Griffiths, 4 The Dell, Woodford Wells, Essex.
- General-practice Research Unit. Planning and statistical advice and processing for mechanical
  analysis of survey results or other records. Advice in planning, in contacting like-minded
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  Honorary director: Dr D. L. Crombie, 8 Albert Road, Harborne, Birmingham 17.
- 8. Epidemic Observation Unit. Collates observations of practitioners which might otherwise be lost. Honorary director: Dr G. I. Watson, O.B.E., Corran, Peaslake, nr. Guildford, Surrey.
- 10. College Club. All members of the College are ipso facto members of the club at 14 Princes Gate, S.W.7, where bed and breakfast may be obtained at reasonable rates, and where members may meet friends. Members may, subject to approval, hire rooms for functions and meetings. Administrative secretary: Mrs E. Phillips, Royal College of General Practitioner, 14 Princes Gate, London, S.W.7.
- Journal. Published monthly and circulated to all members and associates. Subscription to non-members, £4 4s. 0d. per annum. (Single copies 10s. 6d.)
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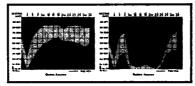
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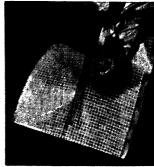
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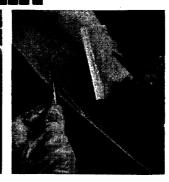


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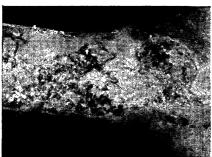
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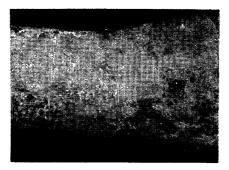
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a Case in point: Left: Varicose ulcer on leg of 74 year-old man.

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