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In the elderly, the special problems of constipation...



Constipation in the elderly can present special problems of treatment. Weakened abdominal muscles . . . the dangers inherent in straining . . . refusal to co-operate . . . the presence of pain, to which anal fissures or haemorrhoids may contribute . . . the need for enemas and suppositories . . . the risk of faecal impaction, with consequent manual removal . . .

Dorbanex can simplify management of the patient posing these problems by providing comfortable, reliable and trouble-free evacuation. *Dorbanex* produces a soft but well-formed stool without griping or other unpleasant side-effects, reduces the need for enemas and suppositories, helps to prevent faecal impaction, and makes defaecation easier without increasing faecal incontinence.

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Now available in three forms—as capsules and in two strengths of liquid—*Dorbanex* provides in one preparation a balanced treatment for constipation. By softening the stool and stimulating peristalsis, *Dorbanex* prepares the way for pain-free evacuation.

DORBANEX CAPSULES: each contains 1:8-dihydroxyanthraquinone 25 mg., poloxalkol 200 mg. **DORBANEX LIQUID:** each 5 ml. teaspoonful contains 1:8-dihydroxyanthraquinone 25 mg., poloxalkol 200 mg. **DORBANEX FORTE:** each 5 ml. teaspoonful contains 1:8-dihydroxyanthraquinone 75 mg., poloxalkol 1000 mg. **Dosage DORBANEX CAPSULES:** Adults, one or two capsules. Children, one capsule. **DORBANEX LIQUID:** Adults, one or two teaspoonfuls. Children, half to one teaspoonful, as required. Before or after surgery: two to four teaspoonfuls or two to four capsules. **DORBANEX FORTE:** one teaspoonful, or as directed by the physician. Treatment should be taken at bedtime. **Contra-indications** In common with other gastro-intestinal evacuants, *Dorbanex* should not be given when acute, painful conditions of the abdomen are present, or the cause of constipation is suspected to be obstruction of the small or large intestine. **Side-effects** Dihydroxyanthraquinone may cause a temporary harmless, pink or red colouring of the urine and, in prolonged use or high dosage, of the mucosa of the large intestine. Doses larger than two teaspoonfuls may cause slight gastro-intestinal discomfort in a few patients. **Basic NHS Prices** *Dorbanex* Capsules: bottles of 30 capsules 8/8; bottles of 300 capsules 78/-; *Dorbanex* Liquid: bottles of 60 ml. 4/-; bottles of 500 ml. 30/-; *Dorbanex* Forte: bottles of 60 ml. 6/-; bottles of 500 ml. 45/-. Additional information on request.

Dorbanex prepares the way for pain-free, trouble-free evacuation

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Chemical synthesis has eliminated contamination by foreign protein and removed the antigenic portion of porcine ACTH. The risk of sensitivity reactions to this preparation has thereby been virtually eliminated

C I B A

Basic NHS prices

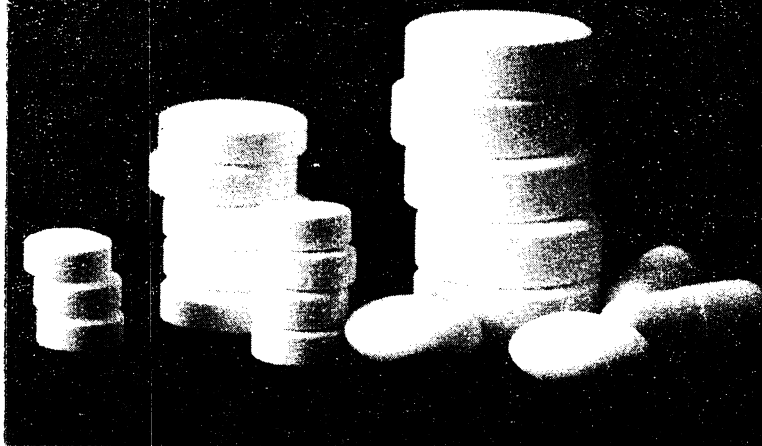
Ampoules of 1ml containing 1mg Synacthen in a zinc phosphate complex 10 amps: 160s0d. Also multi-dose vials 2mg/2ml 29s0d each. Synacthen ampoules (short-acting) containing 0.25mg lyophilised Synacthen are available for diagnostic use. 6 amps: 70s 0d.

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Normax takes the **STRAIN** out of constipation

..and promotes comfortable evacuation

Normax is indicated for the treatment of constipation particularly in conditions where it is important that your patients should not strain to stool—coronary thrombosis, cardiac failure, haemorrhoids, episiotomy. Normax has also been used in the treatment of constipation of pregnancy, and in preparation of patients for surgical and radiological procedures. Normax is also indicated for geriatric patients and for patients with spastic colon and diverticulitis.

Composition Each brown capsule contains dioctylsodium sulposuccinate 60 mg., a faecal softener, and 1-8 dihydroxyanthraquinone 50 mg., a mild peristaltic stimulant.

Side Effects No adverse side effects have been reported with Normax. 1-8 dihydroxyanthraquinone may however give the urine an orange tint.

Dosage One to two capsules to be taken at night, or as prescribed.

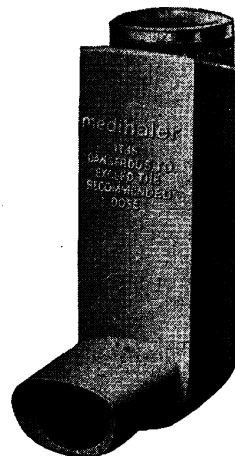
Presentation & Basic N.H.S. Price Normax capsules are available in bottles of 30 and 250 at a basic N.H.S. price of 4/10 and 26/10 respectively.

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rapid relief . . .
insignificant cardiovascular effect . . .

With *Medihaler-duo*, Riker makes a further notable contribution to bronchodilator therapy. *Medihaler-duo* enables the physician to make a more positive approach to reversal of airway obstruction in bronchial asthma and chronic bronchitis.

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These results have been confirmed in clinical trials 1, 2, 3, 4, 5, 6, 7. With *Medihaler-duo*, relief is immediate in onset and often prolonged for three or more hours. Effect on the cardiovascular system has been found to be insignificant even in patients with uncomplicated hypertension.

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Composition *Medihaler-duo* contains a suspension of isoprenaline hydrochloride 8 mg./ml., phenylephrine bitartrate 12 mg./ml. and delivers to the patient a measured dose containing 0.16 mg. isoprenaline hydrochloride and 0.24 mg. phenylephrine bitartrate.

Contra-indications There are no absolute contra-indications, but *Medihaler-duo* should be used with caution in the presence of cardiac disease, hypertension or hyperthyroidism.

Side-effects Overdosage may cause dry mouth, palpitations, or nervousness.

Dosage Each puff from *Medihaler-duo* delivers a measured dose. One to three puffs should be sufficient to provide relief in most cases. It should not be necessary for the patient to take further treatment for at least thirty minutes, or more than eight treatments a day.

Children *Medihaler-duo* should be administered to children only under the supervision of a responsible adult.

Basic NHS price Standard pack (complete 400-dose unit) 17/- plus Purchase Tax.

1. *Curr. therap. Res.* (1962) 4:601. 2. *J. Amer. Geriat. Soc.* (1968) 16:786. 3. *J. Allergy* (1968) 41:285.
4. *Thorax* (1968) 23:590. 5. *Amer. J. med. Sci.* (1965) 249:309. 6. *Marseille Medical* (1967) 104:585.
7. *Int. Arch. Allergy* (1963) 24:17.

Full information is available on request. *Medihaler-duo* is a registered trade mark.

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in peri-articular
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capsulitis of the
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Through its anti-inflammatory and analgesic actions, 'Indocid' offers many patients:

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Bonjela also promotes healing whenever the aetiology is partly or wholly bacterial. Some ulceration originates from endocrinal, viral or fungal causes which may require other forms of treatment.

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FORMULA: Choline Salicylate 8.7%, Cetalkonium Chloride 0.01%, Alc. (95%) 39.0%, Menthol 0.057%, Glycer 4.6%.

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Clin. Trials J., 1965, 2, 317 (Nov)

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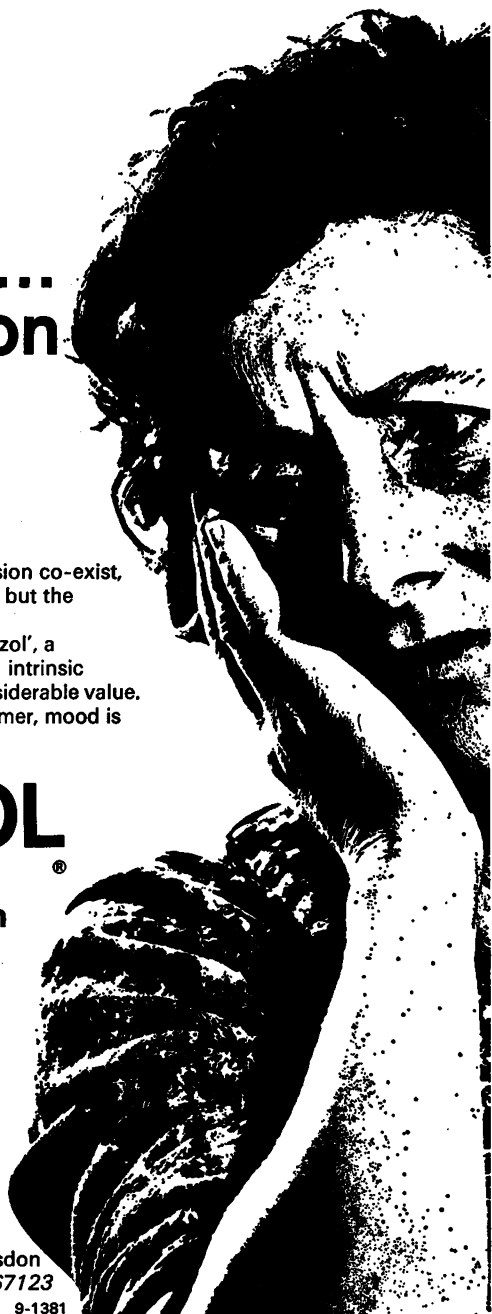
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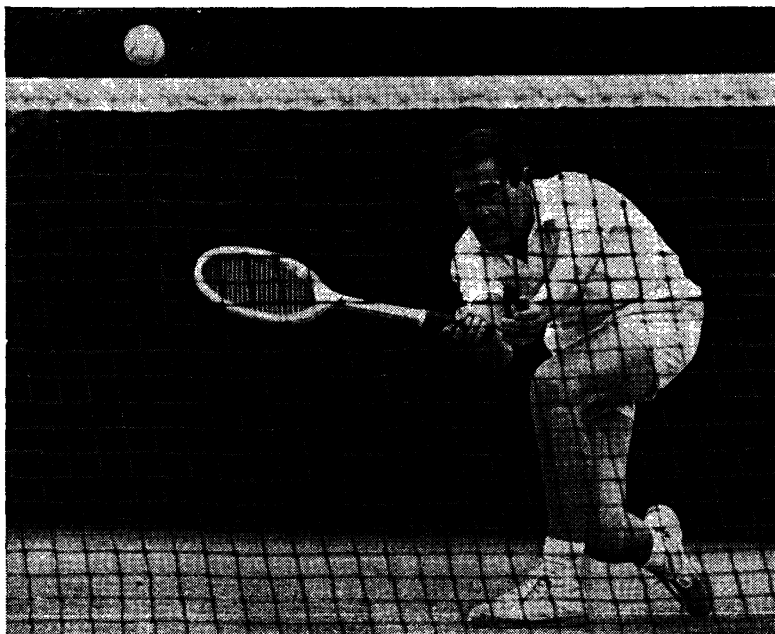
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The N.H.S. price of the 30 g. tube is 2/6d. and the cost of an average application of cream is under 1d.
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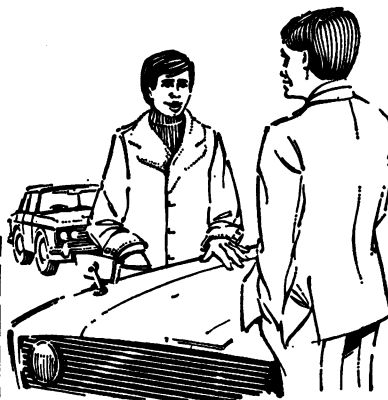
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The London School of Hygiene and Tropical Medicine and the Royal College of General Practitioners in conjunction with the British Postgraduate Medical Federation and the Institute of Education, University of London, are planning three experimental extended courses for future teachers in general practice, each occupying one day per week for three academic terms. These are approved under Section 63 of the Health Services and Public Health Act.

Applications are invited for a new part-time post of Tutor in General Practice to help to organize and evaluate the courses. He must devote the equivalent of two full days per week to the appointment. Pay will be £2,000 p.a., either as honorarium or as a part-time salary.

Applicants should send details of their experience and practice commitments, together with the names and addresses of three referees, to the Director, British Postgraduate Medical Federation, 14 Millman Mews, Millman Street, London, W.C.1, from whom further particulars may be obtained.

THE ROYAL COLLEGE OF GENERAL PRACTITIONERS

Services provided for members

1. **The Geoffrey Evans Library** provides lists of references and a photocopying service.
Librarian: Miss M. Hammond, 14 Princes Gate, London, S.W.7.
2. **Medical Recording Service**
Honorary directors: Drs John and Valerie Graves, *O.B.E.*, Kitts Croft, Writtle, Chelmsford, Essex.
3. **Postgraduate Information Diary**
Information officer: Education Committee of Council, 14 Princes Gate, London, S.W.7.
4. **Practice organization.** Library of architects' plans, photographs, descriptions of practice premises and advice on equipment.
Secretary: Practice Organization Committee, Royal College of General Practitioners, 14 Princes Gate, London, S.W.7.
5. **Awards.** A number of Travelling Fellowships and prizes are in the gift of the College. Information is published periodically in the *College Journal*.
6. **Research Register, and Register of Research Projects**
Honorary registrar: Dr R. M. Griffiths, 4 The Dell, Woodford Wells, Essex.
7. **General-practice Research Unit.** Planning and statistical advice and processing for mechanical analysis of survey results or other records. Advice in planning, in contacting like-minded practitioners, advice in method, on any aspect of research work.
Honorary director: Dr D. L. Crombie, 8 Albert Road, Harborne, Birmingham 17.
Research adviser: Dr R. J. F. H. Pinsent, 145 Birchfield Road, Handsworth, Birmingham 19.
8. **Epidemic Observation Unit.** Collates observations of practitioners which might otherwise be lost.
Honorary director: Dr G. I. Watson, *O.B.E.*, Corran, Peaslake, nr. Guildford, Surrey.
9. **Grants.** Grants in aid of research are made from the funds of the Research Foundation. Advice as to other sources of finance for research and help with preparation of applications.
Honorary secretary/treasurer: Dr E. V. Kuenssberg, 15 Warriston Crescent, Edinburgh 3 (or to 14 Princes Gate, London, S.W.7).
10. **College Club.** All members of the College are *ipso facto* members of the club at 14 Princes Gate, S.W.7, where bed and breakfast may be obtained at reasonable rates, and where members may meet friends. Members may, subject to approval, hire rooms for functions and meetings.
Administrative secretary: Mrs E. Phillips, Royal College of General Practitioner, 14 Princes Gate, London, S.W.7.
11. **Journal.** Published monthly and circulated to all members and associates. Subscription to non-members, £4 4s. 0d. per annum. (Single copies 10s. 6d.)
Honorary editor: Dr R. M. S. McConaghey, *O.B.E.* } Prospect House
Editorial manager: Miss I. Scawn } Newcomen Road, Dartmouth

An examination for membership of the College is held twice yearly. Further information about this and the aims and objects of the College can be obtained from the *administrative secretary*, 14 Princes Gate, London S.W.7. Telephone 01-584 6262.

ACCOMMODATION AT COLLEGE HEADQUARTERS

Temporary residential accommodation for members and associates and their families is provided at college headquarters. This building, overlooking Hyde Park on one side and Princes Gardens on the other, is central and easily accessible.

The charges, including breakfast, are as follows:

For single rooms	£2 10s. 0d. per night
For double rooms	£4 5s. 0d. per night
For a flatlet (bed-sitting room for two, bathroom and dressing room)	£6 per night or £36 per week
For a self-contained flat (double bedroom, sitting room, hall, kitchen and bathroom)	£42 per week

Children under the age of 12 years cannot be admitted, and dogs are not allowed.

Members and associates may, subject to approval, hire the reception rooms for meetings and social functions. The charges for these are:

Long room (will seat 100)	25 guineas for each occasion
Damask room (will seat 50)	15 guineas for each occasion
Common room and terrace	15 guineas for each occasion

A service charge of 10 per cent is added to all accounts to cover gratuities to domestic staff.

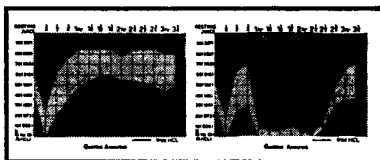
For the convenience of members, four car ports, outside 14 Princes Gate, have been rented by the College and may be hired, at a cost of 10s. 6d. per 24 hours.

Enquiries should be addressed to the **Administrative Secretary, The Royal College of General Practitioners, 14 Princes Gate, London, S.W.7.** (Tel. 01-584 6262). Whenever possible bookings should be made well in advance.

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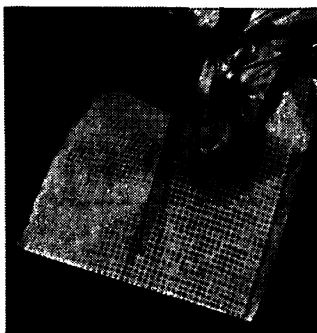
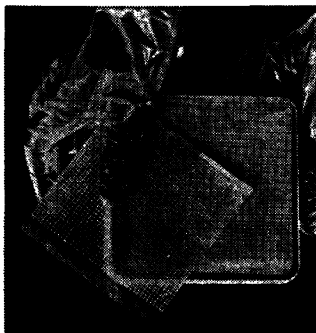
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In the treatment of ulcers and burns,
or in any skin condition open to infection . . .

It's as easy as ABC to use doubly-interleaved **intertulle fucidin**



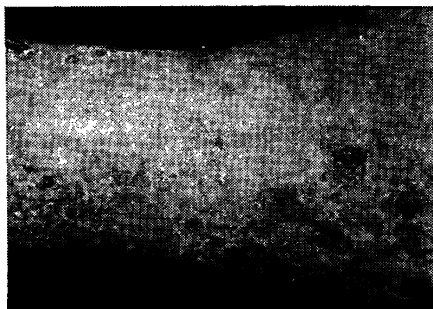
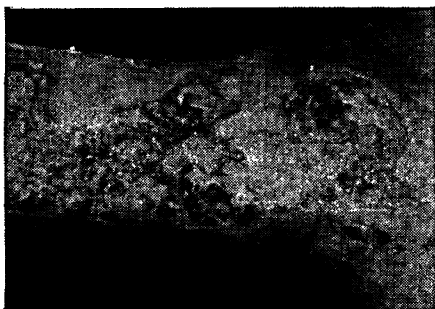
Each square slides easily from the pack; dressings no longer stick together. There is no waste. A tulle square is cut to the size you need, the protective interleaving is peeled away and the dressing applied to the lesion. The remaining protective sheet is removed and dressing is completed as required. Intertulle Fucidin has the bactericidal power of Fucidin Ointment against staphylococci and streptococci and remarkable freedom from side-effects.

Intertulle Fucidin is presented in special white plastic packs containing 10, 4"x4" sterile gauze squares, doubly-interleaved for easy use and impregnated with Fucidin Ointment (2% Sodium Fusidate B.P. in a neutral ointment base) – the logical topical antibiotic.

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a case in point: *Left:* Varicose ulcer on leg of 74 year-old man.
Right: After 5 weeks' treatment with Intertulle Fucidin.

Photographs from Leo Laboratories' Library of British Dermatological Case Histories, 1969.



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