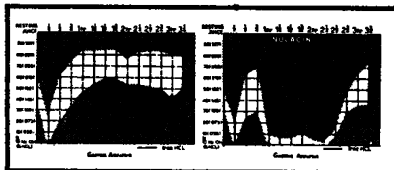


Prevent breakthrough hyperacidity Rx Nulacin

When your patient presents with symptoms of gastric hyperacidity, Nulacin therapy provides continuous neutralisation—essential for the prevention and healing of peptic ulcer since most peptic ulcers arise and recur in the presence of free acid.

The Nulacin* tablet is prepared from whole milk combined with dextrins and maltose, together with magnesium trisilicate 230 mg., magnesium oxide 130 mg., calcium carbonate 130 mg., magnesium carbonate 30 mg., Ol. Menth. Pip. q.s.

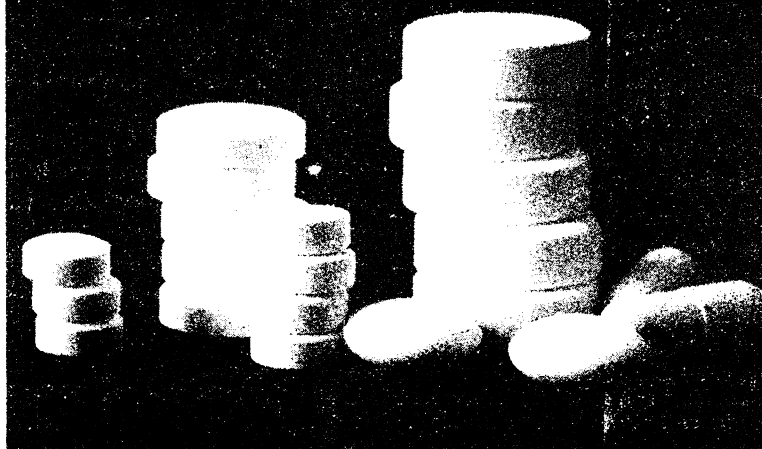


Full information is available on request to

 **Bencard**
Brentford · England

* regd.

Diabetics who need these
need CLINISTIX too!



When you prescribe diet and oral hypoglycaemic agents, add 'CLINISTIX strips' to the prescription.

Non-insulin dependent diabetics need to check regularly that their diabetes is controlled.

Tests for glycosuria with CLINISTIX reagent strips can be made by practically all patients and take only 10 seconds to perform.

Whenever oral hypoglycaemic agents are prescribed remember 'control' and add CLINISTIX strips to the prescription.

And of course, insulin-dependent diabetics should test regularly with CLINITEST* reagent tablets.

CLINISTIX reagent strips and CLINITEST reagent tablets are prescribable on NHS form EC10. Further information on testing patterns available on request.

* trade mark



Ames Company

Division of Miles Laboratories Limited,
Stoke Court, Stoke Poges, Slough, Bucks



"ANNALS OF GENERAL PRACTICE"

The Journal of the Royal Australian College
of General Practitioners

**"ANNALS
OF
GENERAL PRACTICE"**

*which is published at two-
monthly intervals, encompasses:*

All aspects of general practice
Medical education, *including*
preparation for the College
Examination
Training of general practitioners;
as teachers, preceptors, and
counsellors
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Research — into diseases; social and
family problems
Preventive medicine
Reports of seminars and conferences
Original articles

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Committee is . . .*
DR J. G. SIMPSON

The Royal Australian College
of General Practitioners
was formed in 1958
with a roll of 400 Foundation
Members. There are now
approximately 3000 Fellows,
Members and Associates,
which represents almost
half the number of general
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The JOURNAL reports the many
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All communications should be sent to:

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"Annals of General Practice"
254 Albert Street
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Migril[®] masters migraine

Stops headaches. Stops nausea.

Ergotamine — specific for the early control of the headache and ocular disturbances — may also aggravate the nausea and vomiting of migraine. By the inclusion of cyclizine in MIGRIL, any tendency to nausea and vomiting, due to the full therapeutic dose of ergotamine, or the migraine itself, is averted.

Each tablet contains 2 mg ergotamine tartrate, BP, 50 mg cyclizine hydrochloride, BP and 100 mg caffeine hydrate, BP. Full information is available on request.



Wellcome Burroughs Wellcome & Co. (The Wellcome Foundation Ltd.) Dartford, Kent

*Trade Mark.



Butazolidin® Alka mantle tablets

A new approach to the
treatment of patients with
a known gastric sensitivity
to antirheumatic agents

Butazolidin® Alka is formulated as a
Mantle tablet, incorporating 100 mg
dried aluminium hydroxide gel B.P. and
150 mg magnesium trisilicate B.P. around
a central core of 100 mg Butazolidin®

Geigy (U.K.) Limited
Pharmaceuticals Division
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SYMPOSIUM REPORT ON SEPTRIN*

Since the introduction of SEPTRIN this major advance in antibacterial therapy has had wide clinical success. Experience gained with SEPTRIN in many areas of medicine was discussed at a Symposium held at the Royal College of Physicians, London, in May, 1969†. Here are brief summaries of three comparative trials reported: fuller details are available on request.

†*Postgrad. med. J.* (1969) in press.

in bronchitis (compared with ampicillin)

SEPTRIN produced objectively determined improvement in patients suffering exacerbations of chronic bronchitis. SEPTRIN was shown to be more effective than ampicillin in its effect in reducing sputum volume and purulence.

in bronchitis (compared with tetracycline)

SEPTRIN was compared with tetracycline in another trial and was shown to provide a more beneficial effect on exacerbations of chronic bronchitis. Again significantly greater reductions in sputum volume and reduction in purulence were observed.

*Trade mark.

in U.T.I. (compared with ampicillin & sulphadimidine)

SEPTRIN was found superior to ampicillin and sulphadimidine in treating hospitalised patients with U.T.I. Cure rates achieved were 85% with SEPTRIN, 70% with ampicillin and 40% with sulphadimidine. (Cure criterion—eradication of original organism from the urine 1 week after the end of treatment.)

SEPTRIN an advance on the antibiotics

SEPTRIN Tablets, Paediatric Suspension and Paediatric Tablets contain trimethoprim and sulphamethoxazole.

Full information on request.



Wellcome Burroughs Wellcome & Co. (The Wellcome Foundation Ltd.) **Dartford, Kent.**



Tanderil® Geigy

Helps arthritic joints to move again without pain

*4 major
benefits of Tanderil
antirheumatic therapy*

Intense Analgesic activity

*Significant reduction of
morning stiffness*

Improved joint mobility

Reduced joint swelling

Availability

*Tanderil is available as coffee-
coloured, sugar-coated tablets
containing 100 mg. and as
suppositories containing 250 mg.
4-butyl-2-(4-hydroxyphenyl)-5-
phenylpyrazolidine-3,5-dione
monohydrate (Oxyphenbutazone
B.P.)*

*Detailed literature describing this
product will be supplied on request*

**Geigy (U.K.) Limited
Hurdfield Industrial Estate
Macclesfield Cheshire**

Itching for sleep?

Urticaria is often at its worst at night-time. Pro-Actidil* taken in the evening, brings relief during the night and with its sustained antihistamine effect goes on working during the next morning and afternoon.

The three-layered Pro-Actidil presentation is effective in the treatment of allergic dermatoses especially if associated with urticaria, angioneurotic oedema, seborrhoeic eczema, pruritus, allergic asthma, and vasomotor rhinitis.

Pro-Actidil tablets each contain 10 mg triprolidine hydrochloride. Also available: Actidil* tablets, each containing 2.5 mg triprolidine hydrochloride (useful for daytime use and when a short duration of action is required), and as Actidil Elixir containing 2 mg in each 5 ml.

*Trade Marks

Full information is available on request.

Pro-Actidil
sustained relief in urticaria



Wellcome

Burroughs Wellcome & Co.

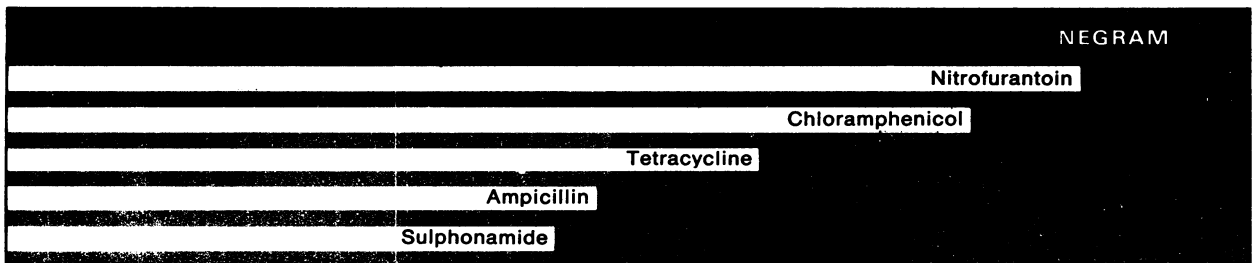
(The Wellcome Foundation Ltd.) Dartford, Kent.

YOU'RE RIGHT TO CHOOSE NEGRAM (right from the start)

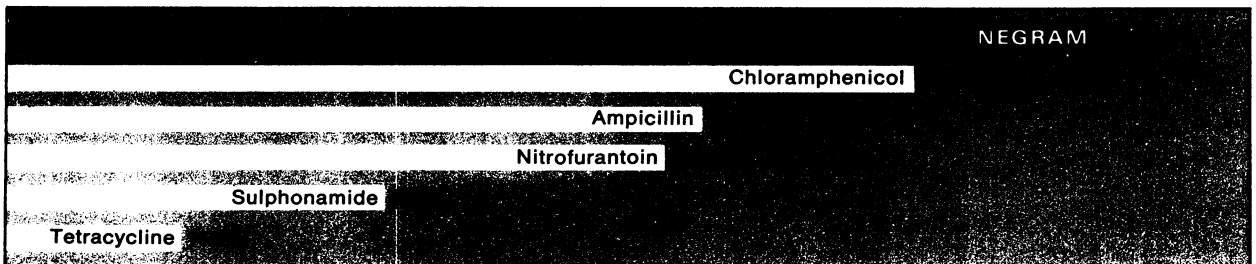
Since Negram was introduced, many investigators have compared its activity with that of other antibacterials. Studies of in vitro sensitivity of common urinary pathogens have consistently shown it to be more effective than any other agent in routine use.

So when you choose Negram as first line treatment for urinary tract infections you've probably made the right choice.

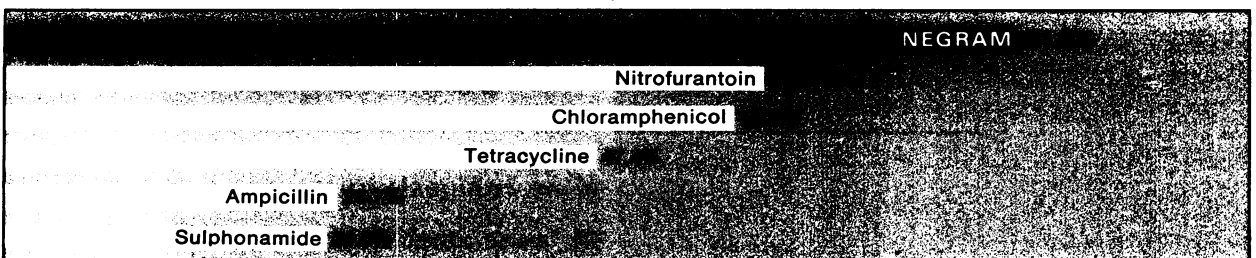
E. coli



Proteus



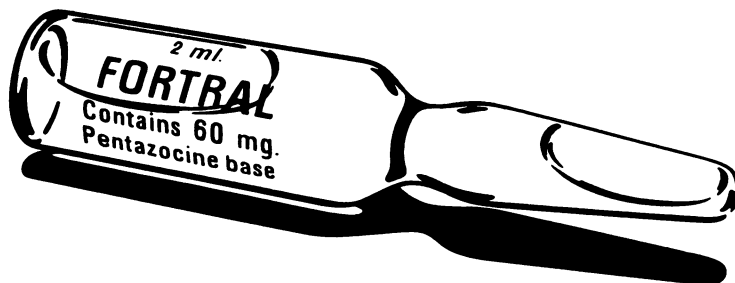
Klebsiella/Aerobacter



The figures on these charts show the average findings of the following studies:

Brit. med. J. (1963), 2:1308. Brit. med. J. (1963), 2:1311. Brit. J. Urol. (1964), 36:42. Trans. Amer. Ass. gen.-urin. Surg. (1964), 56:135. Med. Klin. (1965), 60:89. Canad. Med. Ass. J. (1965), 92:394. Brit. J. Urol. (1966), 38:199. Arch. Dis. Child. (1966), 41:395. Zeit. Therap. (1967), 3:139. Brit. J. clin. Pract. (1968), 22:2. S. A. med. J. (1969), 43:153.

The most fully investigated

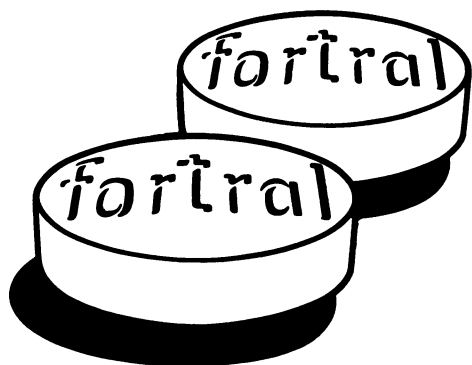


**as effective as
morphine**

NON-
FORT
unique amoi

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- * no analgesic tolerance on prolonged use
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analgesic ever introduced



**as effective as
pethidine i.m.**

DDA

TRAL

g analgesics

-
- * constipation and urine retention uncommon
 - * minimal risk of respiratory depression
 - * no adverse effect on blood pressure

negram

Negram Tablets

Formula: Each tablet contains 500 mg. nalidixic acid.

Adult Dosage: For acute infections, 2 tablets q.i.d. for at least 7 days, reducing to 1 tablet q.i.d. for chronic infections.

Basic NHS Cost: (2 q.i.d.) 6/6d. a day. **Availability:** Containers of 56 tablets.

Negram Suspension

Formula: Each 5ml. spoonful contains 300 mg. nalidixic acid.

Paediatric dosage: 1 ml. Suspension (60 mg.) per kg. body weight (25 mg./lb.) daily for at least 7 days.

For children of average weight and development:

1 month-1 year: 2.5 ml. (150 mg.) 2-4 times daily

1-2 years: 5 ml. (300 mg.) 2-3 times daily

2-6 years: 5 ml. (300 mg.) 3-4 times daily

6-14 years: 10 ml. (600 mg.) 2-4 times daily

Basic NHS Cost: (5 ml. t.i.d.) 1/10d. per day.

Availability: Bottles of 150 ml. and 500 ml.

Side Effects:

Gastro-intestinal or subjective visual disturbances may occur but are readily reversible on reduction or discontinuation of therapy.

Precautions:

Use with caution in patients with liver disease and raised intracranial pressure. Patients should avoid excessive exposure to sunlight. Possible risks should be carefully weighed against benefits in the first trimester of pregnancy. Not recommended for infants less than 1 month old.

FORTRAL

Fortral Tablets

Formula: Each Fortral tablet contains 25 mg. pentazocine hydrochloride.

Dosage: Usually 2 tablets (50 mg.) four hourly after meals, adjustable within the range of 1-4 tablets 3-4 hourly. **Basic NHS Cost:** 100 tablets 33/2d.

Fortral Injection

Formula: Fortral injection contains 30 mg. pentazocine per ml.

Dosage: 45-60 mg. (1.5-2 ml.) for severe pain; 30 mg. (1 ml.) for moderate pain.

Basic NHS Cost: 10 x 2 ml. ampoules 39/4d., 10 x 1 ml. ampoules 20/8d.

Side Effects

Dizziness, nausea and vomiting sometimes occur, but tend to decrease after a few doses.

Precautions

Caution in severe renal, hepatic and respiratory impairment and in patients previously on large doses of narcotics. Ambulatory patients should not drive nor operate machinery. Until further information is available Fortral should be given with caution in the first trimester of pregnancy, to children under 12 and to patients receiving MAO inhibitors.

Contra-indications

Established respiratory depression. Raised intracranial pressure. Severe head injury or pathological brain conditions. Convulsive disorders.

Negram and Fortral are registered trade marks

Full information available on request from

The Bayer Products Company Surbiton-upon-Thames, Surrey.



it's wrong to assume

that bats are blind



Bats are mostly nocturnal in their habits, but not blind. They can see quite well, but when they come out in daytime the glare of the daylight distracts them a great deal. But *blind* bats? No... just another false assumption.

It is just as wrong to assume, as many people do, that a negative test for protein in urine, by standard methods, excludes the possibility of a significant haematuria. LABSTIX reagent strips avoid the need for assumption, they provide information on the presence or absence of urinary glucose, protein, ketones and blood, together with an indication of urinary pH. This test has now become established as a routine in many wards, clinics and surgeries throughout the United Kingdom.

Facts are more reliable than assumptions.

Let LABSTIX provide the information in 30 seconds.

LABSTIX* for earlier diagnosis and effective follow-up

Further information is available on request.



Ames Company

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Stoke Court, Stoke Poges, Slough, Bucks



*trade mark

Normax takes the **STRAIN** out of constipation

..and promotes comfortable evacuation

Normax is indicated for the treatment of constipation particularly in conditions where it is important that your patients should not strain to stool—coronary thrombosis, cardiac failure, haemorrhoids, episiotomy. Normax has also been used in the treatment of constipation of pregnancy, and in preparation of patients for surgical and radiological procedures. Normax is also indicated for geriatric patients and for patients with spastic colon and diverticulitis.

Composition Each brown capsule contains dioctyl-sodium sulphosuccinate 60 mg., a faecal softener, and 1-8 dihydroxyanthraquinone 50 mg., a mild peristaltic stimulant.

Side Effects No adverse side effects have been reported with Normax. 1-8 dihydroxyanthraquinone may however give the urine an orange tint.

Normax is a registered trade mark

Dosage One to two capsules to be taken at night, or as prescribed.

Presentation & Basic N.H.S. Price Normax capsules are available in bottles of 30 and 250 at a basic N.H.S. price of 4/10 and 26/10 respectively.

Further information available from



Bencard
Brentford · England

without a shadow of gout*



*radiological evidence showing considerable improvement after 18 months' continuous treatment with 'Benemid'.

Benemid[®]

Probenecid/MSD

'The diagnosis of gout is usually obvious . . . Occasionally it may be difficult . . . In the asymptomatic hyperuricaemic or carrier stage it may only be recognized by accident . . .'

Practitioner, 1964, 193, 306 (Sep)

Even when chronic gout does not accord with the classic picture—and an elevated serum uric acid can usually settle the doubt—'Benemid' still offers the physician one of the most satisfying ways of controlling the chronic disease.

Available as tablets containing 500 mg probenecid BP.
Detailed information is available to physicians on request.
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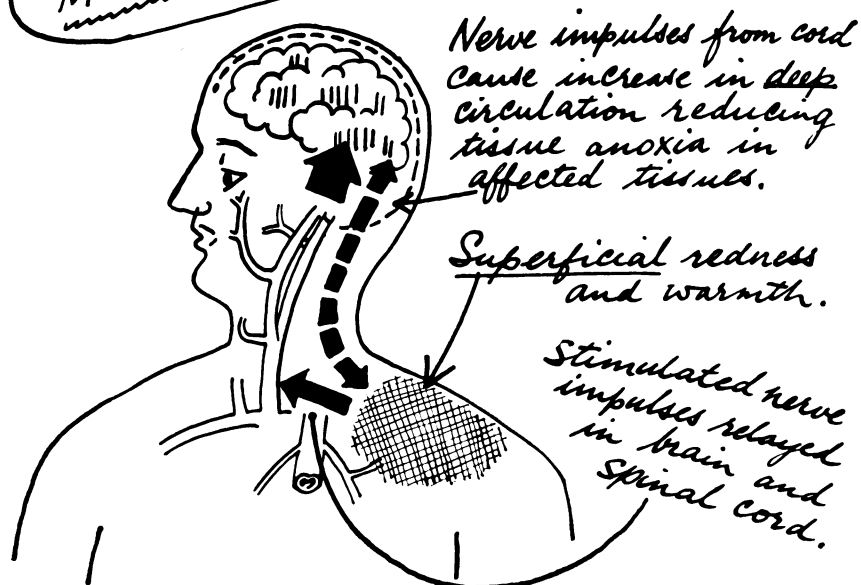


Merck Sharp & Dohme Limited, Hoddesdon
Hertfordshire Telephone, Hoddesdon 67123

9-1470

RHEUMATIC DISORDERS

THE TRANSVASIN PROCESS—
MORE TO IT THAN MEETS THE EYE!

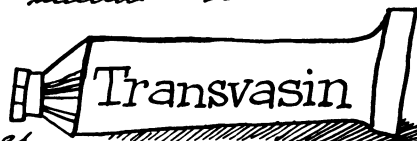


NO adverse effects on blood or stomach

TRANSVASIN HIGHLY ACTIVE

Ethyl nicotinate 120 times

more active than nicotinic acid in penetrating the skin.



⊗ MARY: Write for samples and literature to:
Lloyd-Hamol Ltd., 103 Mount Street, London W.1.
PLEASE.

'(a) the soaker and waker' '(b) the saturated sleeper'

These are the descriptive titles given by one author* to two main groups of enuretic children. The 'soaker and waker' he describes as timid and apprehensive, though often intelligent. The 'saturated sleepers' are madcaps or tomboys who overexert themselves physically and mentally; they are often defiant and misinterpret attempts at control as lack of love. They are distinguished by their behaviour — 'Those in the first group awake, howling, immediately after wetting the bed. Those in the second group having exhausted themselves, sleep deeply and do not awake till the morrow'.

Many cases of functional enuresis respond favourably to 'Tryptizol', the well-established antidepressant with tranquillising properties. Most bedwetters who respond to 'Tryptizol' do so in the first few days of management and tend to improve as the duration of therapy is extended.

**Lancet*, 1956, ii, 1336 (29 Dec)

to help control enuresis

Tryptizol[®] Syrup

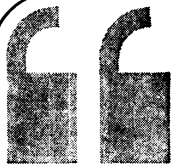
Amitriptyline
embonate



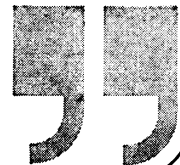
Supplied as a syrup, containing in each 5 ml, amitriptyline embonate equivalent to 10 mg amitriptyline; also as tablets and an injection. Amitriptyline embonate was formerly known as amitriptyline pamoate. Detailed information is available to physicians on request.
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Merck Sharp & Dohme Limited, Hoddesdon, Hertfordshire
Telephone, Hoddesdon 67123



**The place of
chlormadinone acetate in
contraception should be as
an elegant, more dependable,
and safer alternative
to mechanical means.**



Lancet (1969) 2:60.

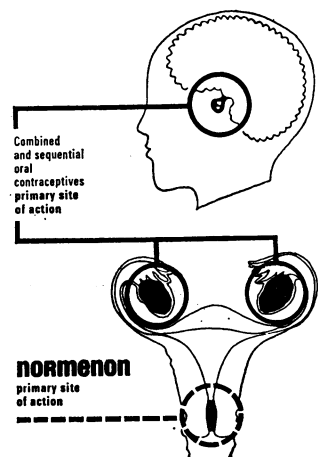
normenon

extends the scope of oral contraception to:

- *patients with varicose veins, liver disorder¹⁻⁵**
or other conditions where oestrogen may be contra-indicated.
- *patients intolerant to existing oral contraceptives¹⁻⁵**
e.g. those who experience troublesome side-effects such as weight gain, depression, headache or nausea.
- *patients wishing to space their families³**
e.g. the mother with one child for whom the maximum reliability of combined oral contraceptives (e.g. Norinyl-1) is not essential.
- *patients with reservations about the pill^{5,7}**
who will be re-assured by "the reduced biological effect" of Normenon.

Reliability and suitability of Normenon

The contraceptive protection given by Normenon is less than that of 'combined' oral contraceptives (e.g. Norinyl-1) and better than that of the I.U.D.⁶ For patients who cannot use an oestrogen-containing oral contraceptive, Normenon provides the most reliable alternative form of contraception.



normenon

Each tablet contains 0.5 mg chlormadinone acetate; available in a specially designed calendar wallet holding 42 tablets (SIX weeks' supply).



SYNTEX

Full prescribing information available from:

Syntex Pharmaceuticals Ltd., St. Ives House, St. Ives Road, Maidenhead, Berkshire

1. Brit. med. J. (1968) 2:263.
2. J. Obstet. Gynaec. Brit. Cwlth. (1968) 75:112.
3. Lancet (1969) 2:24. 4. ibid: 116. 5. ibid: 1202.
6. Textbook of Contraceptive Practice, p.47, London, 1969. 7. Proc. Symp. "Chlormadinone acetate" Camb. (1968) p.6.

PRACTICE VACANCY

Young general practitioners wanted by the Saskatoon and Regina Community Clinics, interested in community medicine in a group practice of general practitioners and consultants. We want doctors who are interested in new thinking concerning the delivery of medical services, their quality, and their availability, and who wish to participate in the social experiment of consumer-sponsored medical services. Interviews can be arranged. Apply to The Medical Director, Saskatoon Community Clinic, Saskatoon, Saskatchewan.

University of Bristol
Departments of Mental Health and
Extra-Mural Studies

PSYCHOTHERAPY WORKSHOP

April 19th-24th, 1970

This workshop is intended for those mental health professionals and general practitioners who have a few years experience, and now seek further training and insight into the processes of psychotherapy. £24. 0. 0. resident membership, £16. 0. 0. non-resident.

Further particulars and application forms from: The Department of Extra-Mural Studies, University of Bristol, 20a Berkeley Square, Bristol. BS8 1HR.

PARTNERSHIP WANTED. Young, married, British graduate, D.Obst.R.C.O.G., Associate R.C.G.P., seeks partnership in modern progressive group practice or health centre preferably Bristol, Oxford or Gloucester areas. Now completing one year traineeship in general practice. Interested in good medicine and facilities to match. Available January 1970. Box No. 105, The Journal of the Royal College of General Practitioners, 104 Gloucester Place, London, W1H 4AE.

London graduate (male) with 3 years G.P. experience, 2 years Medical Registrar, D.C.H., D.Obst., seeks partnership in progressive Group Practice where a research interest would be welcome and shared if possible. London area preferred. Box No. 104.

Belfast graduate in Slough requires partner as soon as possible. 6,000 patients two man practice, rota, secretaries, appointments. All lab. and X-ray facilities, Post-graduate Centre at Windsor, third share and then half share in one year. Box No. 105 The Journal of the Royal College of General Practitioners, 104 Gloucester Place, London, W1H 4AE, or telephone Slough 26478.

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Each month a section of the *Journal* will be allocated for classified advertisements from those wishing to obtain partners, assistants or trainees.

The charge for this service is 3s. 0d. per line, plus 2s. 6d. if a Box Number is required.

Advertisers will be invoiced following publication of the *Journal*, therefore, remittance with advertisements is unnecessary.

Advertisements should be addressed to: The Journal of the Royal College of General Practitioners, Classified Advertisement Department, 104 Gloucester Place, London W1H 4AE.

The Longest Art

KENNETH LANE

A personalised account of the Family Doctor's daily work, his planning, his responsibilities (especially in the light of the new Abortion Law and the Pill), and above all the relationships between doctor and families. Through his own experiences the author shows that the art of healing survives in the scientific age and that as long as healing depends on understanding the emotions and relationships of men and women it will remain an art.

30s.

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BRITISH POSTGRADUATE MEDICAL FEDERATION

REGIONAL ADVISER IN GENERAL PRACTICE

Applications are invited from general practitioners in active group or partnership practice for a newly established post as Regional Adviser in General Practice in the South East Metropolitan Hospital Region. The holder will be a member of the staff of the Central Office of the Federation and will work in close co-operation with the Regional Postgraduate Dean. The appointment will be for two days a week for one year in the first instance, renewable for further periods of five years. The salary will be related to that of the regional dean's and will be £1,680 p.a. The post will be superannuable.

Further information may be obtained on application to the Director, British Postgraduate Medical Federation, 14 Millman Mews, Millman Street, London, W.C.1, quoting the reference R.A.G.P. Closing date: 19 December, 1969.

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Copies of the following publications may be obtained from E. & S. Livingstone, Limited, Teviot Place, Edinburgh.

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		Rheumatology in general practice	10s. 6d.
		Other Publications	
		Training for General Practice (2nd Edition)	4s. 6d.
		Epidemic Winter Vomiting	1s.
		Memorandum for the Guidance of Trainers	1s.
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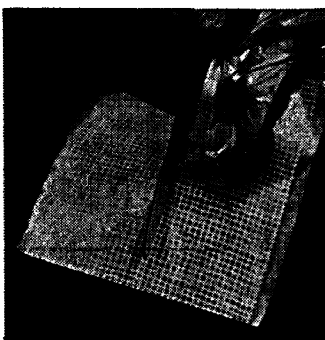
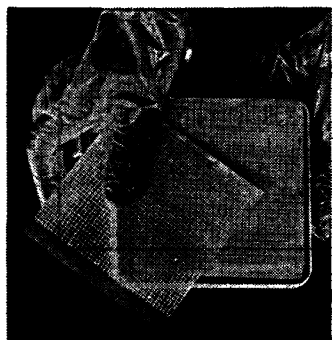
The Royal College of General Practitioners

Published for the College by E. & S. Livingstone Limited, Teviot Place,
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In the treatment of ulcers and burns,
or in any skin condition open to infection . . .

It's as easy as ABC to use doubly-interleaved **intertulle fucidin**



Each square slides easily from the pack; dressings no longer stick together. There is no waste. A tulle square is cut to the size you need, the protective interleaving is peeled away and the dressing applied to the lesion. The remaining protective sheet is removed and dressing is completed as required. Intertulle Fucidin has the bactericidal power of Fucidin Ointment against staphylococci and streptococci and remarkable freedom from side-effects.

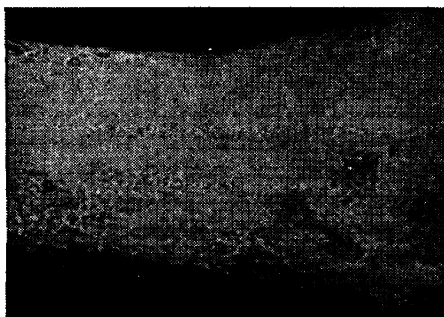
Intertulle Fucidin is presented in special white plastic packs containing 10, 4"x4" sterile gauze squares, doubly-interleaved for easy use and impregnated with Fucidin Ointment (2% Sodium Fusidate B.P. in a neutral ointment base) - the logical topical antibiotic.

Now available on E.C.10

a case in point: *Left:* Varicose ulcer on leg of 74 year-old man.

Right: After 5 weeks' treatment with Intertulle Fucidin.

Photographs from Leo Laboratories' Library of British Dermatological Case Histories, 1969.



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