# there's more to hypertension than meets the eye



'All raised arterial pressure of any degree will damage the kidney inevitably, and the longer the hypertension persists, the more damage occurs.'

Practitioner, 1964, 193, 14 (Jul)



The damage caused by hypertension is evidenced by the illustrations of corrosion specimens of (left) a kidney in a case of hypertension, and (right) a normal kidney.

Drawings by courtesy of Paul Peck.



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to help preserve renal function while lowering blood pressure

'Aldomet' is supplied as tablets marked 'MSD 401' containing 250 mg methyldopa MSD and, for emergency use, as an injection. Detailed information is available to physicians on request. 'Aldomet' is a registered trademark.



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system the patient with the early appointment should have been seen and have left the premises by the time the later patients arrive so that theoretically five or six patients may use one parking space during one hour. However we all know how surgeries run late, patients arrive early or without appointments and also attend to make appointments or collect prescriptions. Perhaps as a compromise the parking spaces per 1,000 patients calculated could be halved where a full appointment system is practised, and 1 to 1.5 parking spaces per 1,000 patients should suffice.

These suggestions cannot be made dogmatically or didactically and represent one individual's appraisal of the problem. General practice must be as variable as its practitioners, but the future trend seems to be towards larger establishments, many purpose-built, perhaps by local authorities. Our survey suggests that to ignore the problem of patients' parking would be improvident and may provide a basis for negotiation between general practitioners and local authorities.

#### ACCOMMODATION AT COLLEGE HEADQUARTERS

Temporary residential accommodation for members and associates and their families is provided at college headquarters. This building, overlooking Hyde Park on one side and Princes Gardens on the other, is central and easily accessible.

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Enquiries should be addressed to the Administrative Secretary, The Royal College of General Practitioners, 14 Princes Gate, London, S.W.7. (Tel. 01-584 6262), Whenever possible bookings should be made well in advance.