To him hypertension is no handicap
but you need his help with your treatment

Beta-Cardone reduces blood pressure simply by controlling cardiac output. Unlike some earlier hypotensive agents, Beta-Cardone leaves the patient free from side effects such as marked sedation, postural hypotension, sexual difficulties, nasal congestion and dry mouth. And, because your patient feels well during treatment, he is quite ready to co-operate with you and 'keep taking the tablets.'

Beta-Cardone (Sotalol hydrochloride) is a trade mark of DUNCAN, FLOCKHART & CO. LTD., LONDON E2 6LA. Full information is available on request.
SOUTH-EAST SCOTLAND REGIONAL COMMITTEE FOR
POSTGRADUATE MEDICAL EDUCATION
VOCATIONAL TRAINING FOR GENERAL PRACTICE
Borders, Fife, Lothian (Edinburgh) Health Boards

Applications are invited from Registered Medical Practitioners for 18 vacancies in Vocational Training Schemes for General Practice in South-East Scotland, beginning on 1st August 1975. Applications should be made before 15th March 1975 to the appropriate Health Authority as indicated, stating first and alternative choices between the schemes and giving the names and addresses of two referees.

All the schemes:—
(i) are approved by the Royal College of General Practitioners;
(ii) are associated, in the “General Practice” year, with a half-day release course organised by Edinburgh University Department of General Practice;
(iii) provide monthly seminars throughout the course;
(iv) provide opportunities for additional experience in E.N.T., Dermatology and Ophthalmology.

I BORDERS SCHEME (2 VACANCIES)
First year: Twelve months .......... General Medicine; Peel Hospital (including Geriatric and Paediatric experience)
Second year: Six months .......... Orthopaedics and Casualty; Peel Hospital
and six months .......... Obstetrics and Gynaecology; Elsie Inglis Hospital, Edinburgh
Third year .......... Spent in General Practice in the Borders Area.

Residential Accommodation is available.
Applications should be made to:— The Secretary, Borders Area Health Board, Newstead, Melrose, Roxburghshire, TD6 9DB.

II FIFE SCHEME (4 VACANCIES)
These are two sets of hospital posts rotating each six months. The first and third year of the scheme are separated by a year in General Practice in a Fife practice.
(a) General Medicine; Milesmark Hospital
   Accident and Emergency; Dunfermline and West Fife Hospital
   Paediatrics; Victoria Hospital, Kirkcaldy
   Obstetrics; Dunfermline Maternity Hospital
(b) Medicine (Infectious Diseases); Cameron Hospital
   Accident and Emergency; Victoria Hospital, Kirkcaldy
   Geriatrics; Victoria Hospital, Kirkcaldy
   Obstetrics; Dunfermline Maternity Hospital.

Residential Accommodation is available.
Applications should be made to:— The Secretary, Fife Health Board, 7 Comely Park, Dunfermline, KY12 7LL.

III EDINBURGH NORTHERN SCHEME (4 VACANCIES)
First year: six months .......... General Medicine; Western General Hospital or Leith Hospital
   and three months .......... Accident and Emergency; Western General Hospital
   and three months .......... Psychiatry; Western General Hospital
Second year: six months .......... Obstetrics and Gynaecology; Western General Hospital or Eastern General Hospital
   and six months .......... Paediatrics; Western General Hospital
   or six months .......... Geriatrics; Royal Victoria Hospital
Third year .......... Spent in General Practice

For details of Application—see below Scheme V.

IV EDINBURGH ROYAL INFIRMARY SCHEME (4 VACANCIES)
First year: six months .......... General Medicine; Royal Infirmary
   and three months .......... Accident and Emergency; Royal Infirmary
   and three months .......... Psychiatry; Gogarburn and Royal Edinburgh Hospitals
Second year: six months .......... Paediatrics; Royal Hospital for Sick Children or Astley Ainslie Hospital
   and six months .......... Obstetrics and Gynaecology; Royal Infirmary
   or six months .......... Geriatrics; Royal Infirmary
Third year .......... Spent in General Practice

For details of application—see below Scheme V.

V WEST LOTHIAN (BANGOUR/LIVINGSTON) SCHEME (4 VACANCIES)
There will be four vacancies in a new Vocational Training Scheme offering a selection of posts from General Medicine, Psychiatry, Obstetrics and Gynaecology, Neonatal Paediatrics, Accident and Emergency, and E.N.T.
The second year of the Scheme is based in General Practice either in West Lothian or in a Livingston Health Centre.
In the third year, it will be possible for two of the successful applicants to pursue an interest in a specialty either within the West Lothian District or elsewhere.
Residential Accommodation is available.
Applications for Schemes III, IV and V should be sent to:— The Secretary, Lothian Health Board, 11 Drumsheugh Gardens, Edinburgh, EH3 7QQ.

M.R.C. Post
In addition, on completion of any of the above schemes there exists, for a suitably qualified applicant with an interest in medical research in General Practice, the opportunity of an appointment for a further year at a Medical Research Council Unit in the Western General Hospital, Edinburgh.
Clearly a distressing infection...

In difficult situations, immediate therapy with Magnapen gives a greater certainty of first-time success even when there are no laboratory reports to guide you.

Magnapen destroys all the bacteria commonly met in general practice, so it can be used with confidence to treat distressing infections rapidly and with the safety of a penicillin.

Full prescribing information on Magnapen for the treatment of severe ENT, respiratory and soft tissue infections is available on request.

Magnapen* (flucloxacillin with ampicillin in equal parts) is a British product originated by:

Beecham Research Laboratories
Brentford, England.

...time to call on the greater certainty of Magnapen
'For those patients who cannot or will not tolerate bran...

...the best alternative is Normacol.'*

A high residue diet with added fibre in the form of unprocessed bran is rapidly being recognised as the most effective treatment for diverticular disease. However, there are patients who cannot tolerate bran or who find it unpalatable. And of course there are always those who will not take something unless it's 'medicine'. For them, the best alternative to bran is Normacol.

Normacol provides the bulk which is necessary to prevent segmentation of the sigmoid colon and effect a lowering of the intracolonic pressure. Symptoms can thus be rapidly relieved and bowel habits restored to normal.


Normacol

Normacol Standard brown coated granules containing Sterculia BPC 62% and Frangula BPC 1949 8%

Normacol Special white coated granules containing Sterculia BPC 62% alone

Normacol Antispasmodic orange coated granules containing Sterculia BPC 62% and Alverine Citrate 0.5%

Normacol Diabetic brown coated granules is identical with Normacol Standard except for the absence of sugar

Further information and samples on request

NORGINE LIMITED 26-28 Bedford Row London WC1B 4RC
John died last week from ischaemic heart disease -
Now his immediate family is your concern

Ischaemic heart disease now causes more than 25% of all deaths in the United Kingdom.

Patients with familial hypercholesterolaemia (Type II) are particularly at risk. Moreover, the family and relatives of affected individuals are also prone to premature death from IHD. Prompt identification and treatment offer the only opportunity to prevent early onset of the condition. The most significant therapeutic advance is QUESTTRAN. QUESTTRAN restores the normal lipid balance, reducing plasma cholesterol by as much as 40%. In this respect QUESTTRAN is superior to Clofibrate.

QUESTTRAN *
Restores lipid balance and protects your patients at risk from IHD

References:
1. On the State of the Public Health (1978) p.31, H.M.S.O.
5. Lipids & Heart Disease, (1963) p. 71
7. Lloyd, J. K. et al (1973) Lipid Metabolism and Atherosclerosis, (Lippincott Medical) p. 71

Further information available on request from:

BRISTOL LABORATORIES,
Division of Bristol-Myers Company Ltd.,
Stamford House, Langley, Slough, SL3 6EB.

*QUESTTRAN is the Bristol trade mark for the only palatable form of cholestyramine
boils
over

There's no need to get hot under the collar over a boil.

Simmer down. There is a superb recipe for the relief of soft tissue infections - so often painful
and embarrassing for your patient.

Minocin® has a specific action against staphylococci.
Minocin also reaches the target site in greater concentration than many other antibiotics and remains active longer.
Absorption is rapid and side effects minimal.

This means that the eradication of any soft tissue infection with Minocin is fast, direct and well tolerated.

when staph breaks cover...

MINOCIN

...puts an end to soft tissue infections

Presentation: Blister packs of 9 and 45 tablets, each containing 100mg Minocycline

Full information is available on request.

Trademark
In the treatment of parkinsonism

SINEMET®
Carbidopa/MSD and levodopa/MSD

puts levodopa in its place—in the brain

Levodopa therapy is aimed at replenishing dopamine, which is deficient in the corpus striatum of patients suffering from parkinsonism. But extensive metabolism of levodopa takes place in extracerebral tissues, often producing troublesome side effects.

By inhibiting this metabolism of levodopa only outside the brain, carbidopa, discovered by MSD, allows more levodopa to reach the brain, for conversion into dopamine.

‘Sinemet’ is a combination of levodopa and carbidopa. With a lower dose of levodopa in ‘Sinemet’, higher brain dopamine levels can be achieved. By reducing certain of the dose-limiting adverse reactions usually experienced with plain levodopa, ‘Sinemet’ permits more patients to obtain adequate relief.

*Highly effective
*Simplified dosage—rapid response
*Reduced peripheral side effects
*Ease of transfer from plain levodopa

SINEMET®
Fulfils the levodopa promise for more patients

Available as tablets containing 25 mg carbidopa and 250 mg levodopa. Detailed information is available to physicians on request. © denotes registered trademark.

Merck Sharp & Dohme Limited
Hoddesdon, Hertfordshire
Sounds right for Septrin

...in chest infections

Why run the risk of a bacterial chest infection becoming chronic?
Experience increasingly indicates the need for prompt, vigorous treatment.
Whenever chest sounds indicate infection, rely on SEPTRIN:
- more effective than ampicillin or tetracycline
- over 30 million treatment courses prescribed worldwide.

SEPTRIN
Listen to the difference between Amoxil and other antibiotics.

Makes all the difference in respiratory infections.
Three New Editions from Churchill Livingstone

SIMPLE EYE DIAGNOSIS
Hector B. Chawla

1975 Second Edition 104 pages illustrated £1.50

Because this book has reached a wider audience than was previously expected, their needs have been recognised in this newly illustrated second edition.

The original symptom based approach remains unchanged, as does the format but the 'reasons why' have been extended to complete the text for all those who may still have examiners to face.

This book shows that any clinician is already equipped to deal with a host of 'ocular' problems. It also outlines a simple guide to the most common and unnerving eye troubles.

THE EYE IN GENERAL PRACTICE
C. R. S. Jackson

1975 Seventh Edition 184 pages illustrated £5.00

This work describes some of the commoner conditions which are to be found in the eye and points out the many ways in which the eye may reveal disease of other systems, or in which diseases of the body as a whole may manifest themselves in the eye. This edition conforms to the pattern established by its predecessors and describes the commoner diseases of the eye in a way useful to the practitioner as well as the student.

PHYSIOLOGY FOR PRACTITIONERS
Edited by Ian C. Roddie

1975 Second Edition 200 pages illustrated £2.50

This book is based on a series of articles contributed to The Practitioner. They were originally intended to help the established practitioner keep up to date with the recent developments in physiology. This new edition has been expanded and further new material incorporated.
WEST GLAMORGAN HEALTH AUTHORITY
(SWANSEA DISTRICT)

SWANSEA GENERAL PRACTICE VOCATIONAL TRAINING SCHEME

Applications are invited from two registered doctors to enter an approved General Practice Vocational Training Scheme starting on 1 August, 1975.

The three-year course consists of six months of General and Chest medicine and six months of Obstetrics with Gynaecology, both at Morriston Hospital, followed by one year as a General Practice Trainee and the final year consisting of six months in the Paediatric Department at Morriston Hospital and six months in the Accident and Emergency Department at Singleton Hospital.

The Scheme is approved by the Regional Post Graduate Education Committee and the Obstetric post is recognised for the Diploma in Obstetrics.

Applications forms are available from:
District Administrator, Swansea Health District, 137/139 St Helen's Road, Swansea.
Further information is available from Dr R. B. Parker, 78 Newton Road, Mumbles, Swansea. Area Tutor in General Practice. Tel.: Swansea 66955.

AN INDIVIDUALLY STYLED THREE STOREY 1961 BUILT DOCTOR’S RESIDENCE, Eastern Southampton City Outskirts. Close to yachting facilities at Bursledon and Hamble. Five bedrooms, bathroom, separate w.c., fine lounge 20', spacious hall, dining room, kitchen/breakfast room 23', cloakroom and w.c., separate suite of three rooms for professional use. Integral double garage, oil fired central heating, greenhouse, large garden about 80' x 170'. £22,000 FREEHOLD.

FOX AND SONS, BITTERNE ROAD, BITTERNE, SOUTHAMPTON. Tel. 446724.

CLASSIFIED ADVERTISEMENTS

Classified advertisements are welcomed and should be sent to: The Journal of the Royal College of General Practitioners, Longman Group, Burnt Mill, Harlow, Essex.

The charge for this service is 50p per line, plus 25p if a box number is required.

Fellows, members and associates of the Royal College of General Practitioners may claim a ten per cent reduction.

The inclusion of an advertisement in this Journal does not imply any recommendation and the editor of the Journal of the Royal College of General Practitioners reserves the right to refuse or stop the insertion of any advertisement.

Journal of the Royal College of Physicians of London

This Journal is concerned with the integration of scientific disciplines in the practice of medicine and, by providing a wide ranging commentary on the growing points of medicine, is an essential complement to the specialised journals.

CONTENTS OF VOLUME 9, NO. 2

P. W. M. Copeman Cutaneous Angiitis
R. N. P. Sutton Clinical Aspects of Infection with the Epstein-Barr Virus
A. A. B. Swan Industrial Pollution and Health
D. P. Burkitt Dietary Fibre and ' Pressure Diseases'
A. N. Exton-Smith Problems of Diet in Old Age
John Yudkin Medical Problems from Modern Diet
Paul Turner The Human Pupil as a Model for Clinical Pharmacological Investigations
H. A. Dewar The Problems of Coronary Ambulances
A. M. Cooke William Harvey at Oxford

Editor: A. Stuart Mason, MD, FRCP
Publication: Published quarterly in October, January, April and July
Subscription: £6 per annum (including postage)
All Inquiries to Editorial Office: Royal College of Physicians of London, 11 St. Andrew's Place, Regent's Park, London NW1 4LE
Publishing Office: Pitman Medical, Tunbridge Wells, Kent
SOUTH EAST KENT
HEALTH DISTRICT
(Kent Area Health Authority)
CINQUE PORTS VOCATIONAL TRAINING SCHEME
Applications are invited for one trainee post in this scheme which is based on the towns of Dover and Deal. Medical institutions include a District General Hospital, a General Practitioner Hospital and a new multi-group Health Centre.

The initial and closing periods of the three-year scheme will be spent in General Practice and there will be four six-month Senior House Officer posts in the hospital—in Medicine/Geriatrics, Paediatrics/Dermatology, Obstetrics/Gynaecology, and Psychiatry. The last of these will include a good deal of work within the community.

A day release scheme operates which includes participation in a continuing course at the Kent Postgraduate Medical Centre at Canterbury. The Centre, and the scheme itself, have close links with the Health Service Research Unit at the University of Kent.

Throughout the three-year period each trainee will be in continuous touch with his own General Practitioner. The post in Obstetrics/Gynaecology and Paediatrics are recognised for the Membership and Diploma of the Royal College of Obstetricians and Gynaecologists and Diploma in Child Health respectively. Fluidity within the organisation will allow an alternative post such as Anaesthesia. Trainees will be encouraged to sit for the Membership of the Royal College of General Practitioners.

The post will begin on 1 July, 1975. Further details of the scheme and application forms can be obtained from the Postgraduate Tutor at Buckland Hospital, Dover. Telephone enquiries can be made to Mrs. Howard, telephone number Dover 201624. Closing date for applications: 30 April, 1975.

A new CHA project

LEARNING TO SPEAK AGAIN AFTER A STROKE

A series of six cassettes compiled by speech therapists to help stroke patients with speech and language difficulties. Suitable for use in hospitals, stroke clubs or the patient’s home, under the guidance of a speech therapist. Complete with explanatory booklets for helpers, and necessary visual aids.

Total cost £24 (inc. p & p)

For full details write to:
The Chest and Heart Association, Tavistock House North, London, WC1H 9JE.

Opinions expressed in The Journal of the Royal College of General Practitioners and the supplements should not be taken to represent the policy of the Royal College of General Practitioners unless this is specifically stated.
COLLEGE ACCOMMODATION

Charges for college accommodation are reduced for members (i.e. fellows, members and associates). Members of overseas colleges are welcome when rooms are available. All charges for accommodation include breakfast and are subject to Value Added Tax; a service charge of 12½ per cent is added. Members are reminded that children under the age of 12 years cannot be admitted and dogs are not allowed.

<table>
<thead>
<tr>
<th>Charges are:</th>
<th>Members</th>
<th>£</th>
<th></th>
<th>Others</th>
<th>£</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single room</td>
<td>3.50</td>
<td></td>
<td></td>
<td>4.50</td>
<td></td>
</tr>
<tr>
<td>Double room</td>
<td>6.00</td>
<td></td>
<td></td>
<td>9.00</td>
<td></td>
</tr>
<tr>
<td>Flat 1</td>
<td>8.00 or 50.00 per week</td>
<td></td>
<td></td>
<td>10.00 or 60.00 per week</td>
<td></td>
</tr>
<tr>
<td>Flat 3</td>
<td>9.00 or 55.00 per week</td>
<td></td>
<td></td>
<td>12.00 or 70.00 per week</td>
<td></td>
</tr>
</tbody>
</table>

Charges are also reduced for members hiring reception rooms compared with outside organisations which apply to hold meetings at the College. All hirings are subject to approval and VAT is added.

<table>
<thead>
<tr>
<th>Charges are:</th>
<th>Members</th>
<th>£</th>
<th></th>
<th>Others</th>
<th>£</th>
</tr>
</thead>
<tbody>
<tr>
<td>Long room</td>
<td>30.00</td>
<td></td>
<td></td>
<td>40.00</td>
<td></td>
</tr>
<tr>
<td>Damask room</td>
<td>20.00</td>
<td></td>
<td></td>
<td>30.00</td>
<td></td>
</tr>
<tr>
<td>Common room</td>
<td>20.00</td>
<td></td>
<td></td>
<td>30.00</td>
<td></td>
</tr>
<tr>
<td>and terrace</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kitchen</td>
<td>–</td>
<td></td>
<td></td>
<td>10.00</td>
<td></td>
</tr>
<tr>
<td>Dining room</td>
<td>10.00</td>
<td></td>
<td></td>
<td>10.00</td>
<td></td>
</tr>
</tbody>
</table>

Enquiries should be addressed to the Accommodation Secretary, Royal College of General Practitioners, 14 Princes Gate, Hyde Park, London SW7 1PU. (Tel. 01 584 6262). Whenever possible bookings should be made well in advance.

PRESENT STATE AND FUTURE NEEDS OF GENERAL PRACTICE

Reports from General Practice Number 16

Wherever general practice or family medicine is studied the Present State and Future Needs of General Practice series is read. The latest edition was published in March 1973 and surveys the problems and position of general practice. It was produced by the Royal College of General Practitioners and is available now from The Longman Group, 43-45 Annandale Street, Edinburgh, EH7 4AT, Scotland. Price: £1.50 ($5).
JOURNAL PUBLICATIONS

The following have been published by The Journal of the Royal College of General Practitioners and can be obtained, while still in print, from the Longman Group Ltd., 43 Annandale Street, Edinburgh EH7 4AT, Scotland.

REPORTS FROM GENERAL PRACTICE

No. 1 Special Vocational Training ... ... ... ... ... 25p
No. 5 Evidence of the Royal College of General Practitioners to the Royal Commission on Medical Education ... ... 33p
No. 6 Implementation of Vocational Training ... ... ... ... 20p
No. 10 The Practice Nurse ... ... ... ... ... ... 50p
No. 11 General Practice Teaching of Undergraduates in British Medical Schools ... ... ... ... ... ... 52p
No. 13 Present State and Future Needs of General Practice (second edition) 60p
No. 15 Teaching Practices ... ... ... ... ... ... £1·00
No. 16 Present State and Future Needs of General Practice (third edition) £1·50

SUPPLEMENTS TO THE JOURNAL OF THE ROYAL COLLEGE OF GENERAL PRACTITIONERS

Mental Health and the Family Doctor ... ... ... ... ... 25p
Accident Management ... ... ... ... ... 30p
Training for General Practice (first edition) ... ... ... 22p
Arthritis in General Practice ... ... ... ... 25p
The Hazards of Middle Age ... ... ... ... 25p
Rehabilitation ... ... ... ... ... 25p
The Aetiology of Congenital Abnormalities ... ... 38p
The Art and the Science of General Practice ... ... 38p
Preventive Medicine and General Practice ... ... 52p
The Clinical Problems of Practice ... ... ... ... 43p
Training for General Practice (second edition) ... ... 22p
Anaemia in General Practice ... ... ... ... 30p
The Age of Discretion 20–40 ... ... ... ... 38p
The Early Detection of Imported and Endemic Disease ... ... 38p
Rheumatology in General Practice ... ... ... ... 52p
The Management of Staff in General Practice ... ... ... ... 52p
Man, Milieu and Malady ... ... ... ... ... 52p
A Future in General Practice ... ... ... ... ... 52p
Transport Services in General Practice ... ... ... ... 75p
General Practitioners and Abortion ... ... ... ... 75p
General Practitioners and Contraception ... ... ... ... 75p
General Practice in the London Borough of Camden ... ... 75p
The Renaissance of General Practice ... ... ... ... 75p
University Departments of General Practice ... ... ... ... 75p
The Medical Use of Psychotropic Drugs ... ... ... ... £1·75
A General-Practice Glossary ... ... ... ... ... £1·00
Hostile Environment of Man ... ... ... ... ... £1·25
A Visit to Australia and the Far East ... ... ... ... ... £1·00

©
Published for the College by E. & S. Livingstone, Longman Group Ltd., Longman House, Burnt Mill, Harlow, Essex
and
Printed by The Devonshire Press Limited, Torquay
a wise decision...
for you and your patient
To use the only short acting diuretic with built-in potassium.

Starting dose – 2 tablets o.d.†

Burinex* K

Burinex K is 0.5 mg bumetanide with a slow release core of 57 mg (7.7 mEq) of potassium chloride.
†The daily dose may be given at a time to suit the patient’s medical and social needs, as the average time of diuresis is 3-4 hours.

Further information on request. *Burinex is a trademark.

Leo Laboratories Limited,
Hayes Gate House, Hayes, Middx.