timely release from 'tea & toast' anaemia

'Fesovit' timed release capsules replace iron stores depleted by poor eating habits, and help to meet the daily requirements for essential vitamins B and C. The unique 'Spansule' Capsule is formulated to release the majority of the iron not in the stomach where it can cause gastric irritation but in the duodenum and jejunum where the absorption of iron is optimal.

This is not a clinical diagnosis. It is merely a convenient and familiar way of describing those anaemias caused by poor eating habits, e.g. a diet made up almost exclusively of tea and toast.

'Fesovit' and 'Spansule' are trade marks. Full information is available upon request. 'Fesovit' contains ferrous sulphate, vitamin B complex and vitamin C.

'SPANSULE' CAPSULES

Smith Kline & French Laboratories Limited, Welwyn Garden City, Hertfordshire AL7 1EY
Latest U.T.I. results: Septrin first again

<table>
<thead>
<tr>
<th>Antibacterial</th>
<th>All Gram-negatives</th>
<th>Strep. faecalis</th>
<th>All bacteria</th>
</tr>
</thead>
<tbody>
<tr>
<td>SEPTRIN</td>
<td>99.4%</td>
<td>100%</td>
<td>99.1%</td>
</tr>
<tr>
<td>Nalidixic acid</td>
<td>98.9</td>
<td>0</td>
<td>89.8</td>
</tr>
<tr>
<td>Nitrofurantoin</td>
<td>88.2</td>
<td>100</td>
<td>88.0</td>
</tr>
<tr>
<td>Ampicillin</td>
<td>83.3</td>
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<td>84.4</td>
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<td>Tetracycline</td>
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<td>76.9</td>
</tr>
<tr>
<td>Sulphonamide</td>
<td>81.3</td>
<td>0</td>
<td>73.8</td>
</tr>
</tbody>
</table>

Septrin b.d. right for urinary tract infections

In a study involving 173 general practitioners in Scotland, in-vitro sensitivities of isolates from acute urinary infections were tested against 6 oral and 5 parenteral antibacterials. Percentage sensitivities to the 6 oral antibacterials are tabulated above.


FULL PRESCRIBING INFORMATION IS AVAILABLE ON REQUEST.

Wellcome Medical Division
The Wellcome Foundation Ltd
Berkhamsted, Herts.

Septrin contains trimethoprim and sulphamethoxazole.
How to live with dyspepsia. How to live without dyspepsia!

Conveniently formulated in small tablets, Maxolon actually prevents unpleasant symptoms arising. At best, antacids provide only temporary relief.

That’s why Maxolon is so much better. A month's course of treatment will allow four out of five of your dyspeptic patients to enjoy complete freedom from symptoms.

Full information is available on request.

Maxolon achieves what antacids can't

Maxolon* (metoclopramide) is a product of Beecham Research Laboratories, Brentford, England.

*regd.
VOCATIONAL TRAINING FOR GENERAL PRACTICE

Taunton Scheme

Exciting opportunities exist for doctors planning their careers ahead and seeking training posts beginning 1976.

Applications are now invited for two posts in this two-stream three-year programme which has been carefully planned in every detail and already has ten doctors in very successful training.

Stream ‘A’ February ’76
General practice
Paediatrics
Psychiatry
Ear, Nose and Throat
Medicine
A different general practice

Stream ‘B’ August ’76
General practice
 Accident emergency
Geriatrics
Obstetrics
Paediatrics
A different general practice

Organisation will be held by the Somerset Postgraduate Centre and includes half-day release training in ophthalmology, community medicine, laboratory medicine, chest diseases, family planning and organisation and methods of practice — with continuous ‘feed back’ involvement.

Recognition: The D.H.S.S. regulations for the vocational training allowance.
The R.C.G.P. Examination for membership.
The D. Obst. R.C.O.G.
The D.C.H.

Married accommodation is provided throughout the scheme.

Applications by 31 August for appointment interviews end of September: The Sector Administrator, Musgrove Park Hospital, Taunton. Tel. 3444 Ex. 4040.
Have you seen the Amoxil difference?

Recent microscopic studies have provided further explanation of the outstanding clinical success of Amoxil. They showed clearly that Amoxil produced more rapid bacterial cell death than other antibiotics.

Clinical features reported in numerous studies on Amoxil include faster absorption, higher urinary concentrations, and better penetration through bronchial membrane barriers; all contributing to the greater clinical success achieved with this antibiotic. In fact, the Lancet concluded recently "Amoxycillin (Amoxil) seems to be a genuine improvement on ampicillin..."

Experience in practice confirms Amoxil’s safety and convenience. Amoxil patients benefit from the simple t.d.s. dosage which can be taken with or without food. In addition, there are very pleasant tasting paediatric syrups. Amoxil, the antibiotic that’s currently making all the difference in respiratory, urinary tract and paediatric infections.

References
1. 'Antibiotics under the microscope': A film freely available to the medical profession.

Full prescribing information on Amoxil (regd) amoxycillin is available from Bencard, Brentford, Middlesex.

makes all the difference.
'For those patients who cannot or will not tolerate bran...

...the best alternative is Normacol'.

A high residue diet with added fibre in the form of unprocessed bran is rapidly being recognised as the most effective treatment for diverticular disease. However, there are patients who cannot tolerate bran or who find it unpalatable. And of course there are always those who will not take something unless it's 'medicine.' For them, the best alternative to bran is Normacol.

Normacol provides the bulk which is necessary to prevent segmentation of the sigmoid colon and effect a lowering of the intracolonic pressure. Symptoms can thus be rapidly relieved and bowel habits restored to normal.


Normacol

Normacol Standard brown coated granules containing Sterculia BPC 62% and Frangula BPC 1949 8%
Normacol Special white coated granules containing Sterculia BPC 62% alone
Normacol Antispasmodic orange coated granules containing Sterculia BPC 62% and Alverine Citrate 0.5%
Normacol Diabetic brown coated granules is identical with Normacol Standard except for the absence of sugar

Further information and samples on request

NORGINE LIMITED 26-28 Bedford Row London WC1B 4RC
Migril hits migraine right behind the eyes

Migraine attacks often begin with the eyes. MIGRIL, taken at the first warning, prevents the full-blown attack. MIGRIL combines a fast-acting vasoconstrictor with an effective anti-nauseant. When carrying MIGRIL your patients have a comprehensive treatment for the migraine attack, and are thus spared the anxiety associated with an impending attack.

MIGRIL is the most widely used symptomatic anti-migraine preparation in Britain.

MIGRIL contains ergotamine, cyclizine and caffeine. Full prescribing information is available on request.
Welcome Medical Division, The Wellcome Foundation Ltd., Berkhamsted, Herts.

Migril masters millions of migraines
John died last week from ischaemic heart disease – Now his immediate family is your concern

Ischaemic heart disease now causes more than 25% of all deaths in the United Kingdom. Patients with familial hypercholesterolaemia (Type II) are particularly at risk. Moreover, the family and relatives of affected individuals are also prone to premature death from IHD. Prompt identification and treatment offer the only opportunity to prevent early onset of the condition. The most significant therapeutic advance is QUESTRAN. QUESTRAN restores the normal lipid balance, reducing plasma cholesterol by as much as 40%. In this respect QUESTRAN is superior to Clofibrate.

QUESTRAN
Restores lipid balance and protects your patients at risk from IHD

References:
5. Lipid & Heart Disease (1970) p. 21

Further information available on request from:

BRISTOL LABORATORIES. Division of Bristol-Myers Company Ltd.,
Stamford House, Langley, Slough, SL3 6EB.

*QUESTRAN is the Bristol trade mark for the only palatable form of cholestyramine

PL0125/5009
Ludiomil is a new tetracyclic antidepressant with a unique pharmacological profile. In some respects its effects are similar to older antidepressants such as amitriptyline and imipramine. There are also significant differences which should prove advantageous.

Once daily dosage at night

Pharmacokinetic studies have shown Ludiomil to have a long half-life of 24 hours, so that even moderately high blood levels are predicted whether the given dosage is taken at 8am daily. Though there may be daily peaks and troughs, resulting in uneven blood levels, this does not affect the therapeutic advantage.

Theoretically predicted blood-concentration patterns for Ludiomil in man resulting from two different dosage schedules.

Ludiomil is less sedative than amitriptyline but more so than imipramine, so given at night it helps the patient to sleep and may reduce the need for sleeping tablets.

Full dosage right from the start

Ludiomil can be given in full dosage at once in the majority of patients, particularly with a once daily dosage at night. Even in 150mg daily dose at the outset for severe depression, several well controlled studies have shown that Ludiomil did not produce more side effects than a 75mg daily dose of amitriptyline or imipramine.

*Where preferred t.d.s. regimes may be used

References
Simplifies the treatment of depression

Rapid onset of action

Ludiomil acts within the first 24 hours after which symptoms of improved mood improve steadily over 2-4 days. The incidence of side effects is small and the incidence of either sedation or excitement are rare and minimal. A gradual improvement in depression occurs, and results are not observed until after 2-4 weeks treatment.

<table>
<thead>
<tr>
<th>Days of treatment</th>
<th>Ludiomil</th>
<th>Amitriptyline</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>f</td>
<td>%</td>
</tr>
<tr>
<td>1</td>
<td>1</td>
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<tr>
<td>2</td>
<td>7</td>
<td>33.33</td>
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<td>12</td>
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<td>4</td>
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<td>7</td>
<td>19</td>
<td>90.48</td>
</tr>
<tr>
<td>14</td>
<td>21</td>
<td>100</td>
</tr>
</tbody>
</table>

2 cases not reported 2 cases not reported

Cumulative frequency record of onset of effect (S. Afr. med. J., 1974, 48, 47)

Also relieves associated anxiety

Ludiomil is effective in relieving anxiety associated with depression.5,5 and for depression itself, it is used to promote tranquillity as an adjunct to electroconvulsive therapy.

R Ludiomil 75mg mitte 28

For moderate depression
1 x 7 nights

For severe depression
1 x 7 nights

*Ludiomil is available in 25mg, 50mg and 100mg tablets in 10s, and unique 75mg tablets in daily coated occlusive containing 28 tablets.

†European registered trademark
When Minocin was compared with co-trimoxazole it was found to be...

...faster
'There was a more rapid and complete resolution of symptoms with minocycline...'
The mean time taken for symptoms to resolve with minocycline was 4.2 days as against 5.4 days with co-trimoxazole.

...more effective
'...At both 5 and 10 days the results with minocycline were better than with co-trimoxazole...'
Complete resolution of symptoms without recurrence.

<table>
<thead>
<tr>
<th></th>
<th>5 days</th>
<th>10 days</th>
</tr>
</thead>
<tbody>
<tr>
<td>minocycline</td>
<td>76%</td>
<td>100%</td>
</tr>
<tr>
<td>co-trimoxazole</td>
<td>62%</td>
<td>87%</td>
</tr>
</tbody>
</table>

...and particularly convenient
'...The small dose of minocycline is particularly convenient for use by ambulant patients, especially those who are going to work.'
Minocycline 100 mg: one twice daily.

Full information is available on request:

Eli Lilly Laboratories
A division of Cyanamid of Great Britain Ltd
Marching Road, Gospot, Hants PO13 0AS
Presentation: blister packs of 9 and 45 tablets each containing 100 mg minocycline
'Trade Mark
'General Practitioner Research Group
Practitioner (1975) 214, 110

MINOCIN in Urinary Infections
CONTENTS OF VOLUME 9, NO. 3

W. I. Card  Mathematical Method in Diagnosis
D. V. Lindley  Probability and Medical Diagnosis
R. P. Knill-Jones  The Diagnosis of Jaundice by the Computation of Probabilities
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G. Warmsley and P. D. Wilson  Acute Abdomen
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The Fredrick Andrew Convalescent Trust makes grants to professional women such as teachers, nurses, social workers, civil servants and office workers (married or single) towards the cost of recommended convalescence. Enquiries welcomed.

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ANDREW & CO., St. Swithin’s Square, Lincoln
(Phone 0522 32123)

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THE BALINT SOCIETY
New weekly seminars for the Study of Emotional Problems in General Practice will be starting shortly at University College Hospital
Any doctor who is interested should write to the Secretary of the Balint Society, 11 Briardale Gardens, London NW3

UNIVERSITY OF GLASGOW
Lectureship in Psychological Medicine
Applications are invited for a Lectureship in the Department of Psychological Medicine in the University of Glasgow. The post will be based jointly at the Southern General Hospital and in the University Department of General Practice. Salary according to placement on the University scale for clinical teachers. The maximum on the Lecturers’ scale is £6,915 a year. Appropriate superannuation scheme will apply.

There are excellent opportunities for participation in undergraduate and postgraduate teaching. Research into the psychiatric problems of general practice patients is envisaged and applications from general practitioners with a strong interest in psychiatry will be welcome.

Further particulars may be had from the Secretary of the University Court (Room 18), University of Glasgow, Glasgow G12 8QQ, with whom applications (12 copies) giving the names and addresses of three referees, should be lodged on or before 22 August 1975.

In reply please quote Ref. No. 3656/1.

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(a) to enable General Practitioners to travel within the United Kingdom or abroad to study new medical treatments or clinical techniques.

(b) to enable General Practitioners to prepare for publication information concerning medical treatments acquired in the course of their practices, by paying for necessary secretarial services and incidental expenses.

Please write for application forms to:
Trustees, The Rudolf Friedlaender Memorial Fund, c/o Midland Bank Limited, Eccles, Manchester M30 0LS.
Closing date for applications 30 Sept. 1975.

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Charges for college accommodation are reduced for members (i.e. fellows, members and associates). Members of overseas colleges are welcome when rooms are available. All charges for accommodation include breakfast and are subject to Value Added Tax; a service charge of 12½% per cent is added. Members are reminded that children under the age of 12 years cannot be admitted and dogs are not allowed.

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<th>Members £</th>
<th>Others £</th>
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<tr>
<td>Single room</td>
<td>3.50</td>
<td>4.50</td>
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<tr>
<td>Double room</td>
<td>6.00</td>
<td>9.00</td>
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<tr>
<td>Flat 1</td>
<td>8.00 or 50.00 per week</td>
<td>10.00 or 60.00 per week</td>
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<tr>
<td>Flat 3</td>
<td>9.00 or 55.00 per week</td>
<td>12.00 or 70.00 per week</td>
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Charges are also reduced for members hiring reception rooms compared with outside organisations which apply to hold meetings at the College. All hirings are subject to approval and VAT is added.

<table>
<thead>
<tr>
<th>Charges are:</th>
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<tr>
<td>Long room</td>
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<tr>
<td>Damask room</td>
<td>20.00</td>
<td>30.00</td>
</tr>
<tr>
<td>Common room and terrace</td>
<td>20.00</td>
<td>30.00</td>
</tr>
<tr>
<td>Kitchen</td>
<td>10.00</td>
<td>10.00</td>
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<tr>
<td>Dining room</td>
<td>10.00</td>
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Enquiries should be addressed to the Accommodation Secretary, Royal College of General Practitioners, 14 Princes Gate, Hyde Park, London SW7 1PU. (Tel. 01 584 6262). Whenever possible bookings should be made well in advance.

PRESENT STATE AND FUTURE NEEDS OF GENERAL PRACTICE

Reports from General Practice Number 16

Wherever general practice or family medicine is studied the Present State and Future Needs of General Practice series is read. The latest edition was published in March 1973 and surveys the problems and position of general practice. It was produced by the Royal College of General Practitioners and is available now from The Longman Group, 43-45 Annandale Street, Edinburgh, EH7 4AT, Scotland. Price: £1-50 ($5).
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<td>25p</td>
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<tr>
<td>5</td>
<td>Evidence of the Royal College of General Practitioners to the Royal Commission on Medical Education</td>
<td>33p</td>
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<td>6</td>
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<td>20p</td>
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<td>The Practice Nurse</td>
<td>50p</td>
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<td>General Practice Teaching of Undergraduates in British Medical Schools</td>
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<td>Present State and Future Needs of General Practice (second edition)</td>
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<td>Teaching Practices</td>
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Please send me a sample wallet of Centyl K containing starter doses for three patients.

Name...........................................
Address........................................

Further information available on request.
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173 mg potassium chloride (7.7 mEq potassium)
in a slow release core.

Leo Laboratories Limited,
Hayes Gate House, Hayes, Middx.