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Remnos is the trade mark for pharmaceutical preparations containing Nitrazepam BP 5mg. Further information is available on request from: DDSA Pharmaceuticals, 310 Old Brompton Road, London SW5 9JQ.



Amoxil patients recover faster
from bronchitis.

22

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many other services.

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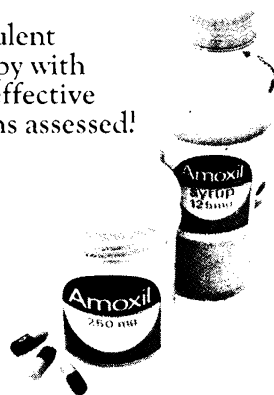
Faster Recovery.

In ambulant patients with purulent sputum and dyspnoea, 5 days therapy with Amoxil proved significantly more effective than oxytetracycline in all symptoms assessed!¹

Simple trouble free dosage.

Low incidence of
side effects.²

Amoxil
makes all the difference everywhere.



References:
1. British Medical Journal
1973; 3: 100-102.
2. British Medical Journal
1973; 3: 100-102.
Full details of Amoxil (reg.) amoxycillin,
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Great West Road,
Brentford, Middlesex.

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The College and the *Journal* record their thanks.

ANNUAL SPRING MEETING 1977

THE ANNUAL SPRING MEETING
of the Royal College of General Practitioners is being held on
16 and 17 APRIL, 1977
at the
UNIVERSITY OF EXETER

Applications should be made to:

Dr M. S. Hall, M.R.C.G.P.,
Senior Lecturer,
The Department of General Practice,
Exeter Postgraduate Medical Institute,
Barrack Road,
Exeter EX2 5DW.



How to live
with dyspepsia.



How to live
without dyspepsia!

At best, antacids provide only temporary relief. Maxolon not only relieves the symptoms effectively, it also prevents them arising – something antacids cannot achieve.

A month's treatment with Maxolon offers freedom from symptoms in 4 out of 5 dyspepsia patients¹ and it is much more convenient to take.

So next time a patient presents with dyspepsia, prescribe Maxolon. That way he can stop worrying about his symptoms, and so can you.

¹ Based on published reports in over 1,000 patients.

Full prescribing information is available on request.



Maxolon* (metoclopramide) is a product of
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PL 0035/0095 0098, 5040 5041

*regd



A doctor can gain a lot from 5 years in the Royal Navy.

As a qualified doctor, you can join the Royal Navy for 3 or 5 years on a Short Service Commission.

In that time, you'll spend up to a year practising medicine in a Naval ship.

You could have the chance of working and living overseas for a time.

And you'll be able to do your General Professional Training in one of the clinical and medical scientific disciplines at a Naval hospital or an RN establishment.

At sea.

After a short Officers course at the Royal Naval College, Dartmouth, and a basic course in maritime medicine at the Institute of Naval Medicine, Alverstoke, you'll normally go to sea for about 12 months.

You'll be responsible for the medical care of some 250 to 500 men in your ship (and advise the Captain on health and environmental problems).

You won't lose touch with modern medicine, as you can visit local hospitals in ports of call and use the teaching aids provided by your Naval tutor.

Postgraduate training and specialisation.

After your sea-time, career counselling will determine your postgraduate training programme.

There are opportunities for General Professional Training in preparation for a clinical career in general practice, the hospital specialities, or the medical scientific disciplines such as Aviation, Underwater, Submarine and Nuclear Medicine; or in Occupational and Community Medicine.

If you decide to transfer to a 16-year pensionable Commission, or a permanent Commission, you could move on to recognised higher training programmes which include research training and higher training posts in civilian units.

At Alverstoke, the Dean of Naval Medicine co-ordinates postgraduate medical training and research.

Naval hospitals.

The two largest are at Haslar (near Portsmouth) and Plymouth.

They undertake the care of Naval personnel, their families and NHS civilians, providing a broad spectrum of clinical material. Both hospitals are recognised for higher training in the major specialities.

There is a full range of modern, technical equipment, and the nursing and paramedical staff are highly skilled.

There are smaller hospitals in Malta and Gibraltar.

Salary.

If you join us immediately after registration, your salary will be £5,997 as a Surgeon Lieutenant.

You can, however, join at any age up to 39. In that case, your postgraduate experience is taken into account, and you could join as a Surgeon Lieutenant Commander earning £8,015 a year.

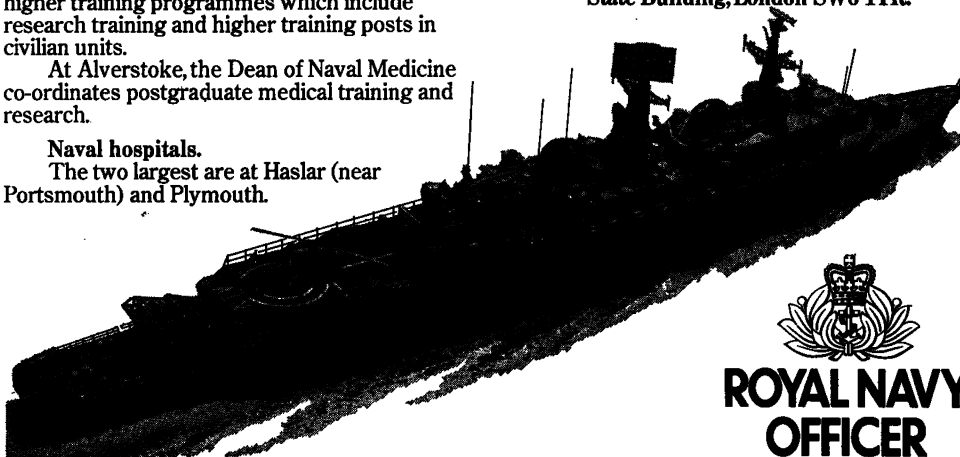
If you leave at the end of your 3 year Commission, you'll receive a tax-free gratuity of £1,500, or, after 5 years, £3,000.

If you decide to stay on, you can apply for a 16-year pensionable Commission or a permanent Commission.

The salary structure is based on an analogue computed from the average earnings of general practitioners in the NHS, with an additional X factor. There is extra pay for recognised postgraduate qualifications and Senior Specialist or Consultant status.

If you're posted overseas, you can, of course, take your family with you. There are, too, generous boarding school allowances for your children, starting at £807 for your first child.

For more information, write to Surgeon Commander H.B. Blackstone, MRCS, LRCP, MRCPG, RN, (811 FM6), Medical Directorate General (Navy), Ministry of Defence, Empress State Building, London SW6 1TR.



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the antibacterial cover that makes sure

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1 Modern Geriatrics (1975) 5, 11, 21.

Septtrin contains trimethoprim and sulphamethoxazole.
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UNIVERSITY OF LIVERPOOL

ACADEMIC GENERAL PRACTICE

The Department of General Practice operates both from the main campus and from two Teaching Health Centres in Runcorn, Cheshire. Owing to the continuing growth of the practice population for which General Medical Services are provided there are now, and will continue to occur, vacancies on the Academic Staff for Senior Lecturers (with Hon. Consultant status) who will each have a triple role of personal family doctoring, research, and teaching (both undergraduate and postgraduate).

Experienced doctors motivated towards a career in Academic General Practice are invited to write in confidence to the Director of Studies in General Practice, University of Liverpool, School of Community Health, 126 Mount Pleasant, Liverpool L69 3BX.



Barnsley
Area Health Authority
Hilder House, 49-51 Gawber Road,
Barnsley S75 2PY

Vocational Training Scheme for General Practice

An unexpected vacancy has arisen for a Practitioner with full registration to join the above training scheme, commencing 1st February 1977 for three years. Shorter courses may be made available by the Course Organiser for those having completed SHO posts beyond their registration.

All disciplines available, most with SHO appointments. Expert postgraduate training. Recognised for MRCGP.

**Application forms and further details available from Area
Personnel Officer, 118 Gawber Road, Barnsley S75 2PS.**



GRAMPIAN HEALTH BOARD
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VOCATIONAL TRAINING
for
GENERAL PRACTICE

Applications for twelve places in this approved three-year Scheme are invited from medical graduates who wish to train for a career in general practice and who are fully registered on 1 August 1977.

Trainees will spend the first two years in Hospital Service posts at Senior House Officer grade. These posts include experience in Casualty, Dermatology, E.N.T., Ophthalmology, Paediatrics, Obstetrics and Gynaecology. During the Obstetric training the doctor would be expected to live in and would also be required to live in during on-call periods in Casualty, Paediatrics and Gynaecology. In the second year an elective period of three months is available for each trainee to spend in a hospital department of his or her own choice.

The third year will be spent mainly as an assistant in a local training practice from which two half-days per week release will be arranged for courses in psychological medicine and practice organisation, and for visits to other practices and to the social services relevant to the work of the family doctor.

Doctors completing the three year training programme in Aberdeen will be eligible to sit the examination of the Royal College of General Practitioners.

Those wishing to be considered for the intake on 1 August 1977, should complete and return by 31 January 1977, an Application Form which is obtainable from the Specialist in Community Medicine, Grampian Health Board, South District, Foresterhill House, Ashgrove Road West, Aberdeen, AB9 8AQ.

Details of the training schedule will be sent out with the Application Form, but any additional enquiries about the Scheme may be addressed to Dr Denis Durno, Regional Adviser in General Practice, c/o Department of General Practice, University Medical Buildings, Foresterhill, Aberdeen, AB9 2ZD.

Opinions expressed in *The Journal of the Royal College of General Practitioners* and the supplements should not be taken to represent the policy of the Royal College of General Practitioners unless this is specifically stated.

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