

NEW
unique DDSA dosage form

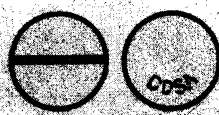


Nitrazepam 10 mg tablets
now available, prescribed as
REMNOS 10 mg

In addition to the Remnos 5 mg strength



Remnos 5 mg tablets



Remnos 10 mg tablets

For Patient convenience

— many patients require 2x5 Nitrazepam tablets at night. Now one tablet Remnos 10mg fulfills this need

Prescribing convenience

— the distinctive yellow colour of tablets Remnos 10mg clearly distinguishes this dosage form from tablets Remnos 5mg thus avoiding the likelihood of confusion

Cost saving*

1x100 Remnos 10mg tablets costs 10% less than 2x100 Remnos 5mg

Nitrazepam 10mg only available as tablets Remnos 10mg

Availability:

packs of 100 and 500 tablets each containing Nitrazepam BP 10mg

* 100 tablets Remnos 10mg cost £2.50

Further information available on request from DDSA Pharmaceuticals, 310 Old Brompton Road, London SW5 9JD

food ...or thought

A sensible diet is an important factor in the management of gastro-intestinal complaints. Sensible medication is another. This is where Libraxin comes in.

Psychological factors are considered important in the management of many illnesses, but perhaps no more so than in gastro-intestinal complaints. In some, for example irritable colon, the emotions

are thought to have an aetiological role; in others, for example peptic ulcer, they may influence the clinical manifestations and the subsequent treatment of the patient.

Libraxin helps to improve the prognosis by altering the patient's outlook whilst at the same time relieving the physical symptoms by decreasing hypermotility and hypersecretion in the gut.

LIBRAXIN

For the treatment of a wide range of gastro-intestinal disorders with an emotional component, including nervous dyspepsia, peptic ulcer, cardiospasm, pylorospasm, nervous or irritable colon.

Libraxin is the trade mark for pharmaceutical preparations containing chlordiazepoxide and clidinium bromide.

References

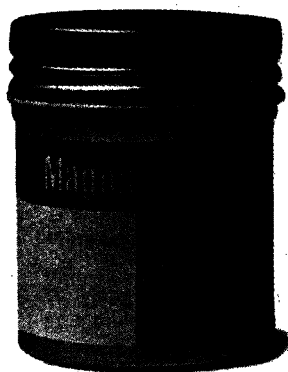
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McHardy, G., *et al*, *Gastroenterology*, 1968, 54, 508

Full prescribing information is available

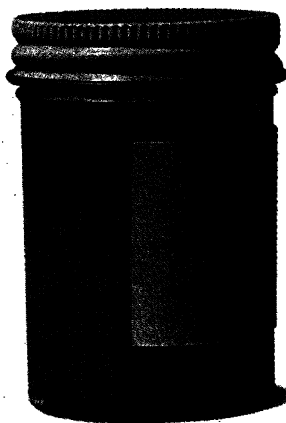


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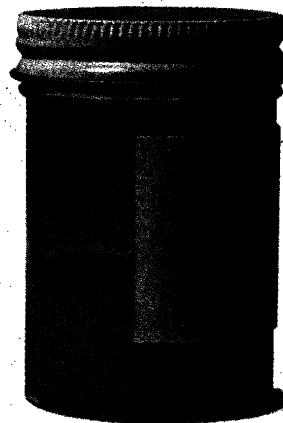
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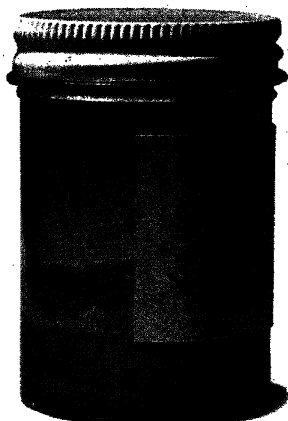
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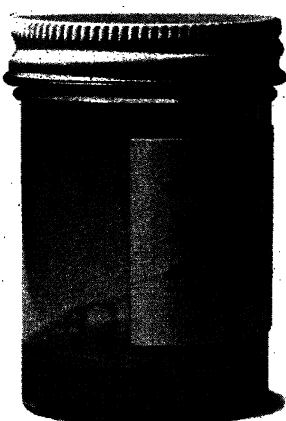
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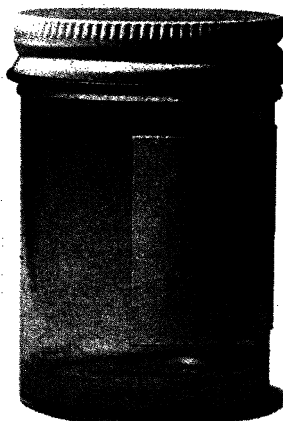
reliable ...



resolution ...



of infection ...



in bronchitics

Rapid: Magnapen's powerful bactericidal action resolves infective episodes quickly, and helps to minimise lung damage. Magnapen works to get the patient back to normal life as fast as possible.

Reliable: Magnapen provides the broad spectrum activity of ampicillin *plus* reliable anti-staphylococcal activity. Magnapen deals with all the pathogens likely to cause problems, including the staphylococci frequently implicated in post-influenzal infection.

Magnapen: Magnapen (ampicillin and flucloxacillin in equal parts) is available as capsules, vials for injection, and fruit flavoured syrup.

Full prescribing information on the use of Magnapen* in severe infections is available on request.

Magnapen



Beecham Research Laboratories Brentford, England. A branch of Beecham Group Limited

PL 0038/0089, 0090, 0120 *regd.

BRL 207

1928 Nitrites
1936 Thiocyanates
1949 Ganglion Blockers
1952 Reserpine
1954 Alpha-Blockers
1957 Oral Diuretics
1960 Neurone Blockers
1963 Methyldopa
1969 Beta-Blockers

Trandate

(labetalol)

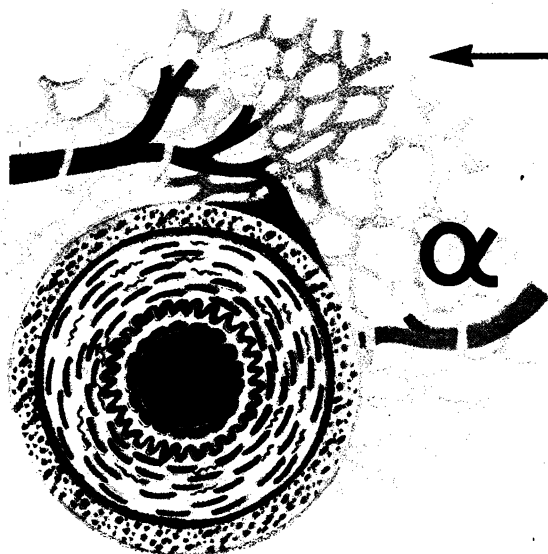
the first alpha-beta-blocker

A SIGNIFICANT

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FURTHER INFORMATION APPEARS OVERLEAF

A MORE RATIONAL TREATMENT FOR HYPERTENSION



← THE IMPORTANCE OF ALPHA-BLOCKADE

In uncomplicated essential hypertension, peripheral resistance is raised and cardiac output is normal. The most rational way to lower the blood pressure is, therefore, to decrease the peripheral resistance without adversely affecting cardiac function.

Trandate lowers the blood pressure primarily by incomplete competitive blockade of the alpha-adrenoceptors in peripheral arterioles thereby reducing peripheral resistance. Sufficient sympathetic activity remains to avoid symptoms associated with postural hypotension in most patients.

BALANCED BY BETA-BLOCKADE →

The resulting fall in peripheral resistance would, with simple alpha-blocking drugs and vasodilators, result in a reflex tachycardia which is unpleasant to patients and may be harmful. But the beta-blocking component of Trandate's unique profile of activity counteracts this effect and reduction of blood pressure is achieved without cardiac stimulation.

However, in contrast with simple beta-blocking drugs, the cardiac output is not *reduced* at rest and after moderate exercise because Trandate's beta-blocking action is balanced by the increased reflex sympathetic drive resulting from the main alpha-blocking action.



Trandate

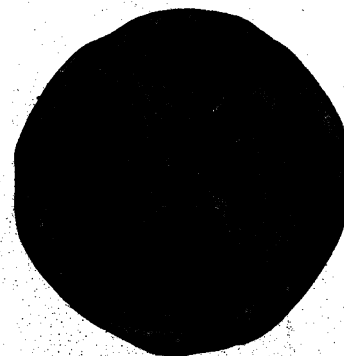
(labetalol)

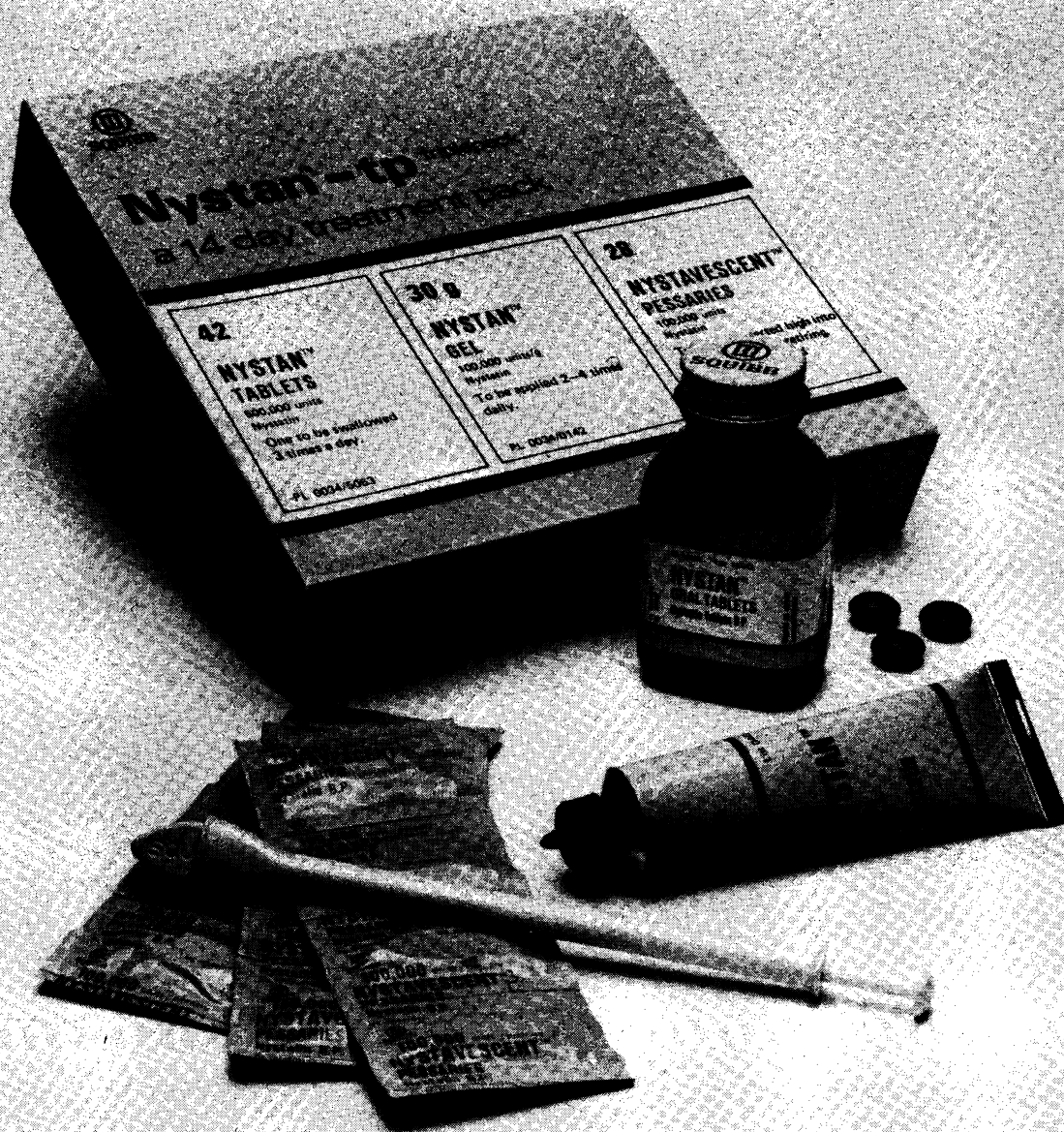
A UNIQUE PROFILE IN HYPERTENSION

- Produces a more normal circulation
- Is effective in all grades of hypertension
- Has a low incidence of use-limiting side effects
- Permits single-drug therapy improving patient compliance



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Trandate is a trade mark of
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NystanTM-tp

(nystatin)

**for even the most recalcitrant of
vaginal candidal infections**

NYSTAN and NYSTAVESCENT are Trade Marks of E. R. Squibb and Sons Limited
Full prescribing information available: The Technical Services Department, E. R. Squibb and Sons Limited,
Regal House, Twickenham, Middlesex, TW1 3QT.





Reduces gastric acid secretion

New data now available

1 Healing

Further experience in clinical trials confirms that 4-8 weeks 'Tagamet' treatment achieves remarkable results in duodenal ulcer,^{1,2,3} gastric ulcer,^{2,4,6} and reflux oesophagitis.^{2,5}

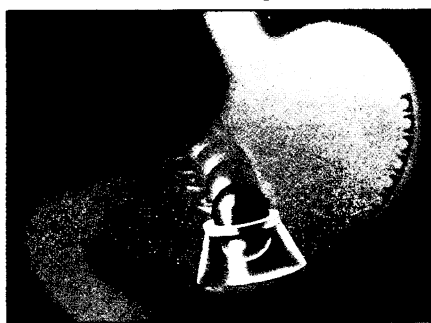
Overall Experience	TAGAMET % healed	PLACEBO % healed
Duodenal Ulcer	77% of 803 patients	41% of 252 patients
Gastric Ulcer	79% of 130 patients	45% of 64 patients
Reflux Oesophagitis*	62% of 39 patients	9% of 23 patients

*includes oesophageal ulcers and erosions: complete healing or marked improvement.

In addition to complete healing (proven endoscopically), early and dramatic symptomatic relief is achieved in most patients. With its convenient dosage and low incidence of side effects, 'Tagamet' is well suited to everyday treatment.

2 Recurrence

A group of duodenal ulcer patients was followed for periods of up to 6 months after completing 4-6 weeks 'Tagamet' treatment. Preliminary results show that the incidence of relapse was no greater than in a similar group who had healed their ulcers on placebo.^{2,7}



Artist's impression of H₂ receptor antagonist acting at receptor site in gastric mucosa.

3 Maintenance

377 chronic duodenal ulcer patients, who had healed their ulcers after 4-6 weeks treatment were entered into controlled, double-blind maintenance trials. They were maintained on 'Tagamet' or placebo therapy, at a reduced dosage, for periods of up to 6 months. Results from these ongoing studies have shown that only 5.7% of the 'Tagamet' group relapsed⁷ compared with 42.1% of the group who were maintained on placebo.



References

1. Oral cimetidine in severe duodenal ulceration, (1977) *Lancet*, i, 4.
2. Data on file (March 1977), Smith Kline & French.
3. The effect of cimetidine on duodenal ulceration. (1977). The Second International Symposium on Histamine H₂ Receptor Antagonists. Excerpta Medica, p.260.
4. Treatment of gastric ulcer by cimetidine. (1977) *ibid.* p.287.
5. Cimetidine in the treatment of oesophagitis. (1977) *ibid.* p.297.
6. Healing of gastric ulcer during treatment with cimetidine. (1976) *Lancet*, i, 337.
7. Long-term treatment with cimetidine in duodenal ulceration (1977) *Lancet*, i, 900.

'Tagamet' (cimetidine) is available as 200mg film-coated tablets, 200mg/5ml syrup and 200mg/2ml ampoules.

Full prescribing information is available from Smith Kline & French Laboratories Limited, a Smith Kline company, Welwyn Garden City, Hertfordshire, AL7 1EY. 'Tagamet' is a trade mark.

SK&F

Tagamet

(cimetidine, SK&F)



The H₂ receptor antagonist
Reduces gastric acid secretion

TG-AD 167

Upjohn travelling fellowships 1978

As in previous years Upjohn is pleased to announce that Travelling Fellowship Awards are available in 1978.

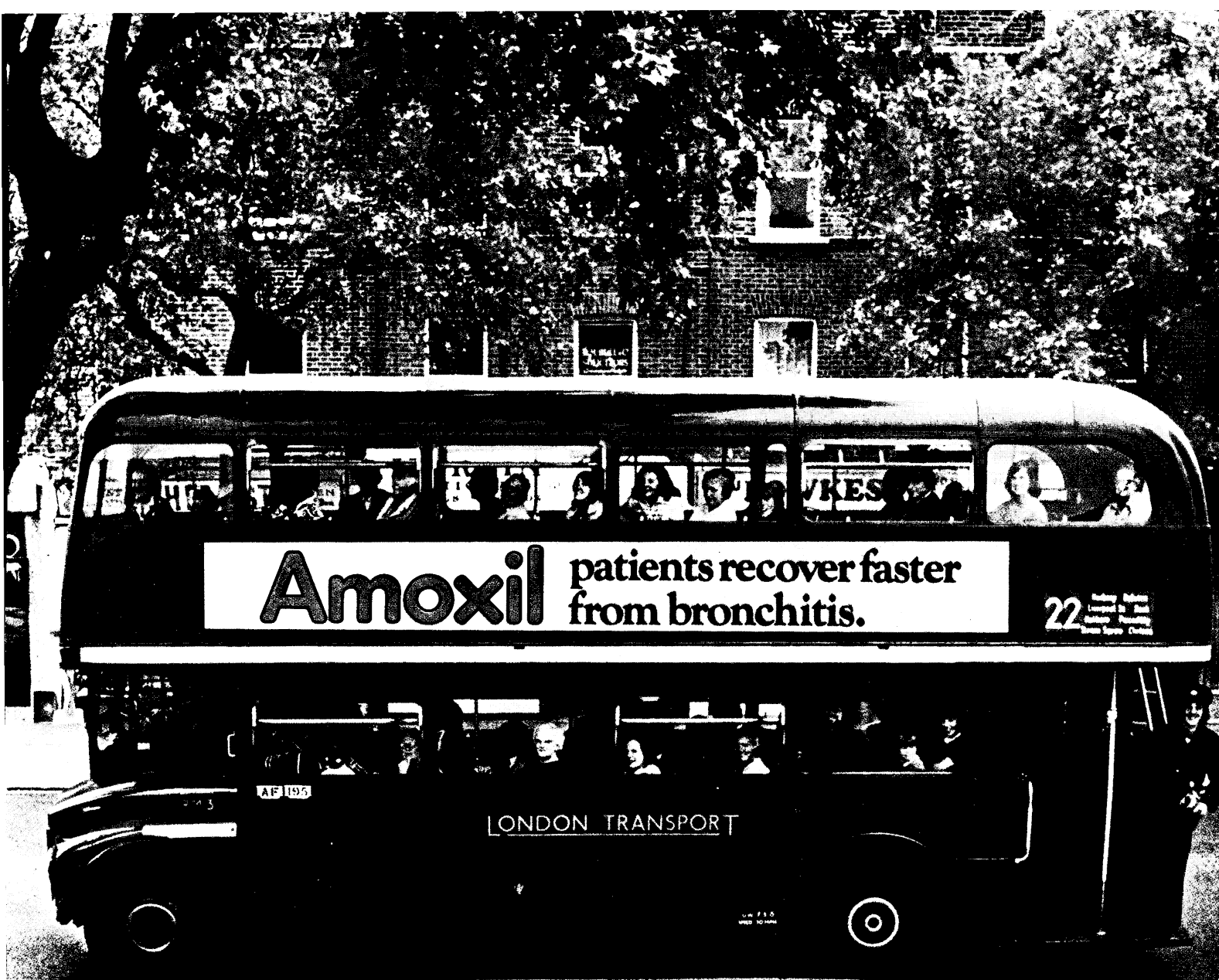
These Awards are made to general practitioners wishing to further their postgraduate training (outside Section 63 of the National Health Act 1958) by taking a course of study at a hospital or centre of their choosing in the British Isles.

Applications for Awards are considered by the Royal College of General Practitioners within the terms of the Fellowship Rules.

Upjohn will be mailing application forms and brochures to doctors on their mailing list and applications *must* be in the hands of The Chairman, Awards and Ethical Committee, the Royal College of General Practitioners, 14 Princes Gate, Hyde Park, London SW7 1PU, by 31st May 1978.

Upjohn

Upjohn Limited,
Fleming Way, Crawley, West Sussex



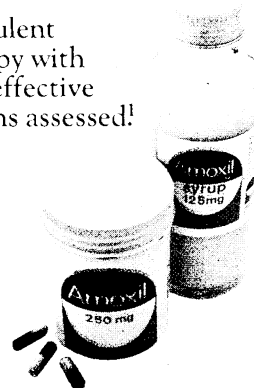
Faster recovery in Bronchitis.

In ambulant patients with purulent sputum and dyspnoea, 5 days' therapy with Amoxil proved significantly more effective than oxytetracycline in all symptoms assessed!

Simple trouble free dosage.

Low incidence of side effects.²

Amoxil
makes all the difference everywhere.



References
1. Practitioner (1974), 212, 123.
2. Drugs (1975), 9, 81.
Full prescribing information on Amoxil (regd.) amoxycillin, is available from

Bencard
Great West Road, Brentford, Middlesex.



When dyspepsia repeats....

Maxolon

Unlike the traditional antacid therapies Maxolon protects the gastric mucosa from over-long exposure to gastric acid¹ by promoting normal peristalsis and gastric emptying^{2,3}. By restoring the stomach's normal control, symptoms described by the patient as fullness, pain, heartburn and discomfort can be effectively treated and their recurrence prevented.⁴

To the patient, Maxolon is the simple and convenient therapy to replace his repetitive antacid prescriptions.

1. Gut. (1969), 10, 678-680. 2. Postgrad. med. J., (1973), 49, (Suppl), 29.
3. Gut. (1974), 15, 462-467. 4. Brit. med. J. (1971), 2, 25.

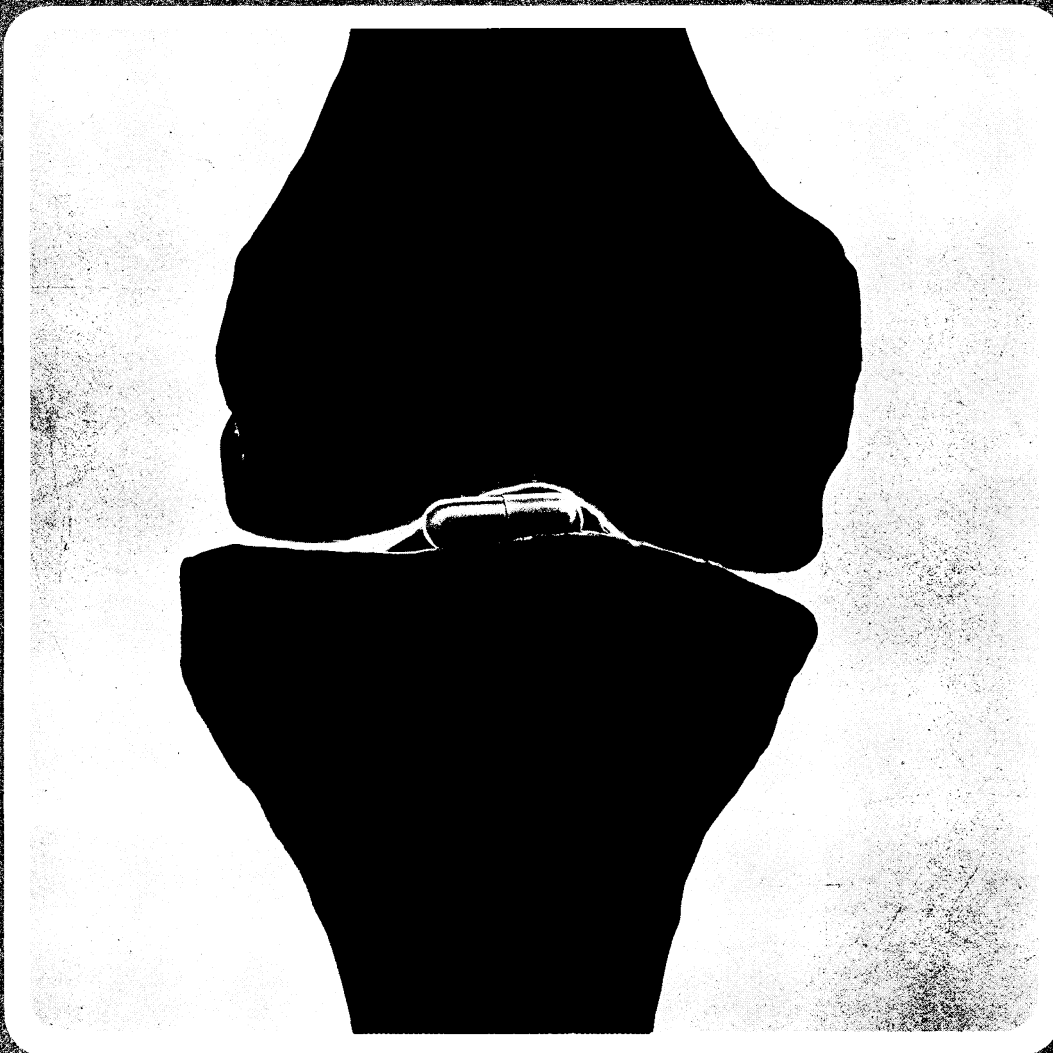


Full prescribing information is available on request.
Maxolon® (metoclopramide) is a product of
Beecham Research Laboratories, Brentford, England
*regd



successful scriptwriting

A FIRST CHOICE IN CHEST INFECTIONS



**Stops the pain
that stops the
patient moving
in osteoarthritis**

Relieves pain^{1,2,3,4,6}

Reduces stiffness^{1,5}

Improves tolerance of movement^{1,4}

No serious toxic effects in long-term use^{7,8}

References

1. *Br. Med. J.*, iv, 398, 1972
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6. *S. Afr. Med. J.*, 48, 1526, 1974
7. Peltola, P., Paper Presented at the XIIIth International Congress of Rheumatology, Kyoto, Japan, October 1973
8. Gomez, G., (Long-term study) Personal Communication on file

Orudis

right from the start
in rheumatoid arthritis and osteoarthritis

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Orudis® is a trade mark of May & Baker Ltd, Dagenham
Essex RM10 7XS for its preparations of ketoprofen.



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The charge for space in this section is £5 per single column centimetre, plus 25p if a box number is required. Fellows, members and associates of the Royal College of General Practitioners may claim a ten per cent reduction.

The inclusion of an advertisement in this Journal does not imply any recommendation and the Editor reserves the right to refuse any advertisement. All recruitment advertisements in this section are open to both male and female applicants.

The 1st International Congress for the Study of Hypertension in Pregnancy will be held in the University of Dublin, Trinity College from 27-29 September 1978.

Further information from:
Professor John Bonnar
1st Congress Chairman
IMAX Irish Medical Association
10 Fitzwilliam Place
Dublin 2
Ireland.
Telephone: 762087/762550.

Opinions expressed in *The Journal of the Royal College of General Practitioners* and the supplements should not be taken to represent the policy of the Royal College of General Practitioners unless this is specifically stated.

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15/16/17 March 1978

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and

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Open to all medical practitioners. Approved under Section 63. Application forms and details of the programme from the Regional Postgraduate Institute for Medicine and Dentistry, The Medical School, The University, Newcastle upon Tyne NE1 7RU. (Telephone Newcastle 28511, extn 3041.)

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THE GATESHEAD POSTGRADUATE
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(DRCOG)

3-7 APRIL 1978

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"The rapid absorption from the gastrointestinal tract is reflected in the brisk diuresis established within the hour."¹
 "Its (Burinex Injection) onset of action is within 10 min."²
 "Bumetanide is rapidly absorbed from the gut."³

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"Fourteen patients showed a good diuretic response on bumetanide where previous treatment with frusemide had proved either unsatisfactory or too slow."⁵
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"Based upon our experience with the use of bumetanide in several hundreds of patients and the detailed studies reported above, it may be concluded that this new diuretic agent is a very useful drug in the treatment of congestive cardiac failure."⁷
 "Our study... confirms that bumetanide is a potent diuretic effective over a wide dose range and in a variety of clinical conditions."¹

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"It is known from short-term studies that 1 mg. of bumetanide increases the excretion of potassium by 10-15 mmol daily (Asbury et al, 1972; Olesen et al, 1973; Davies et al, 1974). Two tablets of the combined preparation Burinex K contain 1 mg. of bumetanide and 16 mmol of potassium."⁸

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"The rapid onset and short duration of action of loop diuretics are clearly desirable when a rapid diuresis is indicated, and when given in the evening to patients with chronic heart failure, the short duration of action can ensure a good nights sleep undisturbed by nocturia or breathlessness."⁹
 "The use of potent and short-acting diuretics such as bumetanide allow the Physician and patient scope to decide upon the most appropriate time for administration and so reduce major disruptions in the patient's daily routine."¹⁰
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Burinex K*

Tablets contain 0.5 mg bumetanide with a slow release core of 573 mg (7.7mEq) of potassium chloride.

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3. Clin. Pharm. Ther., 18, 141, (1974)
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- Full prescribing information available from



Leo Laboratories Limited,
 Hayes Gate House, Hayes, Middx.