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Further information available on request from DDSA Pharmaceuticals, 310 Old Brompton Road, London SW5 9JQ
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Full prescribing information available: The Technical Services Department, E.R. Squibb and Sons Limited,
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Symptomatic Relief
In one study5 most patients obtained rapid symptomatic improvement during 'Tagamet' treatment and within 4 weeks many were free from symptoms. A considerable reduction in the incidence of heartburn, reflux, dysphagia and odynophagia was also observed during therapy.

(Artist's impression of H. receptor antagonist acting on receptor site in the parietal cell in gastric mucosa.)

References

'Tagamet' (cimetidine) is available as 200mg film-coated tablets, 200mg/5ml syrup and 200mg/2ml ampoules. 'Tagamet' is a trade mark. Full prescribing information is available from:-

Smith Kline & French Laboratories Limited
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Telephone: Welwyn Garden 3211

TG: AD18
Vertigo
the inside view

Reduces the frequency of vertigo attacks in double-blind trials

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Restores labyrinthine circulation

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Vertigo, tinnitus, hearing loss

Serc®

restorative treatment in Meniere's Disease

Photomicrography of hair cells from the semicircular canals of the inner ear by L. Simonsen

Prescribing data

Indications: Vertigo, tinnitus and/or hearing loss, associated with Meniere's disease. Asera: Betahistine is a orally effective treatment for Meniere's syndrome which appears to exert its effect by restoring the endolymphatic balance. Long-term controlled trials have established the efficacy of betahistine on all the principal symptoms of Meniere's syndrome, not only reducing vertiginous episodes and tinnitus, but also arresting hearing loss. Dose: 1 or 2 tablets three times a day, taken preferably with meals. Clinical evidence is based on 3 months continuous treatment. Contra-indications: Phaeochromocytoma. Precautions: Clinical intolerance to Serc in bronchial asthma patients has not been shown, but caution should be exercised when administering this histamine analogue to such patients. High dosage animal tests have shown no teratogenic properties, but the usual precautions should be observed when administering Serc to patients in pregnancy. Prescriptions: Each tablet contains 8 mg betahistine dihydrochloride, available in bottles of 100 tablets at basic NHS of 7.8p per tablet. Product licence number: 0612/S005.
A sensible diet is an important factor in the management of gastro-intestinal complaints. Sensible medication is another. This is where Libraxin comes in.

Psychological factors are considered important in the management of many illnesses, but perhaps no more so than in gastro-intestinal complaints. In some, for example irritable colon, the emotions are thought to have an aetiological role; in others, for example peptic ulcer, they may influence the clinical manifestations and the subsequent treatment of the patient.

Libraxin helps to improve the prognosis by altering the patient's outlook whilst at the same time relieving the physical symptoms by decreasing hypermotility and hypersecretion in the gut.

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For the treatment of a wide range of gastro-intestinal disorders with an emotional component, including nervous dyspepsia, peptic ulcer, cardiospasm, pylorospasm, nervous or irritable colon.

Libraxin is the trade mark for pharmaceutical preparations containing chloridiazepoxide and clobin chloride.

References
McHardy, G., et al., Gastroenterology, 1968, 54:508

Full prescribing information is available

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Magnapen: Magnapen in severe infections is available on request.

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1969 Beta-Blockers

Trandate
(labetalol)
the first alpha-beta-blocker

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In uncomplicated essential hypertension, peripheral resistance is raised and cardiac output is normal. The most rational way to lower the blood pressure is, therefore, to decrease the peripheral resistance without adversely affecting cardiac function. Trandate lowers the blood pressure primarily by incomplete competitive blockade of the alpha-adrenoceptors in peripheral arterioles thereby reducing peripheral resistance. Sufficient sympathetic activity remains to avoid symptoms associated with postural hypotension in most patients.

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(labetalol)

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Rehabilitation Today, a new Update book, gives an up-to-date account of all aspects of rehabilitation. The book will be of value to all doctors caring for patients who require rehabilitation, including rheumatologists, orthopaedic surgeons, geriatricians, psychiatrists and, of course, general practitioners. Many other doctors will also be interested in it, as will members of all the ancillary professions related to rehabilitation.

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Further information on Amoxil (regd.) amoxycillin is available on request to the company, Bencard, Great West Road, Brentford, Middx.
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ROYAL NAVY MEDICAL OFFICER
CLASSIFIED ADVERTISEMENTS AND NOTICES

Classified advertisements are welcomed and should be sent to: Mr Mike Fulton, Advertisement Director, The Journal of the Royal College of General Practitioners, Update Publications Ltd., 33/34 Alfred Place, London WC1E 7DP. Copy must be received by 1st of the month preceding the month of issue to ensure inclusion. Every effort will be made to include advertisements received after this date but publication cannot be guaranteed and the advertisement may have to be held over to the following issue.

The charge for space in this section is £5 per single column centimetre, plus 25p if a box number is required. Fellows, members and associates of the Royal College of General Practitioners may claim a ten per cent reduction.

The inclusion of an advertisement in this Journal does not imply any recommendation and the Editor reserves the right to refuse any advertisement. All recruitment advertisements in this section are open to both male and female applicants.

UNIVERSITY OF AUCKLAND
(New Zealand)

SCHOOL OF MEDICINE

Applications are invited for the following vacant position. Conditions of Appointment and Method of Application are available from the Association of Commonwealth Universities (Appts), 36 Gordon Square, London WC1H 0PF, or from the Assistant Registrar (Academic Appointments), University of Auckland. Applications will be accepted at any time up to 28 March 1978.

Commencing salary will be established according to qualifications and experience within the appropriate scale. The present scale is as follows:
Salary range NZS23,313—$26,600 per annum;
At present, salaries are supplemented by a cost-of-living allowance of NZS365 per annum.

THE SIR WILLIAM GOODFELLOW DIRECTOR
OF CONTINUING MEDICAL EDUCATION IN
GENERAL PRACTICE:

The establishment of the post has been made possible by a generous endowment by Amalgamated Dairies Limited in memory of the late Sir William Goodfellow, the founder of the firm.
Candidates must hold a medical qualification registrable in New Zealand. An appropriate higher qualification in General Practice is desirable. It is expected that candidates would have experience in teaching undergraduate and graduate students and be aware of the problems of education in General Practice. Candidates should have a substantial personal experience of General Practice.

It is envisaged that the Director will assume responsibility for the furtherance of continuing medical education for general practitioners in the Auckland area. The successful candidate would be attached to the Department of Graduate Studies at the School of Medicine. The primary responsibility of the Director would be Administration and Research. The successful candidate would also have some clinical and teaching duties.

THE UNIVERSITY OF MANITOBA—Faculty of Medicine invites applications for the position of Head of a new Department of Family Medicine. Candidates should have substantial experience in undergraduate, graduate and continuing medical education and in research as well as in clinical practice.
Applications should be accompanied by a current curriculum vitae and names of three referees and submitted to: Miss Ellen E. McCaw, Executive Secretary, Family Medicine Search Committee, 753 McDermot Ave., Winnipeg, Canada R3E 0W3.

REGIONAL GENERAL-PRACTICE SUB-COMMITTEE

COURSE ORGANIZER, TORBAY

Applications are invited for the post of General Practitioner Course Organizer in Torbay.

Applicants must be in active general practice, in receipt of the basic practice allowance, and should practise within 20 miles of the Torbay Postgraduate Medical Centre.

The appointment is for two sessions per week and the remuneration is that of an approved trainer in general practice. The successful applicant will need to become an approved trainer.

Previous experience is not essential but will be an advantage, as will previous attendance at a recognized course for general practitioner trainers or course organizers.

Membership of the Royal College of General Practitioners will also be an advantage.

Further details can be obtained from the address below and applications, with a curriculum vitae, and the names and addresses of two referees should be submitted no later than 1 March 1978.

Dr D. J. Pereira Gray FRCPG
Regional Adviser in General Practice (Devon and Cornwall)
Department of General Practice
Exeter Postgraduate Medical Centre
Barrack Road
Exeter EX2 5DW

126 Journal of the Royal College of General Practitioners, February 1978
NORTHERN REGION
VOCATIONAL TRAINING FOR
GENERAL PRACTICE

Applications are invited from medical graduates for the following programmes of training beginning in August 1978.

Complete 3-year programmes which include:

A. a 6-month appointment in a carefully chosen teaching practice
B. successive 6-month appointments in 4 hospital posts of relevance to general practice from a variety of options
C. a final 6-month appointment in the same or a different teaching practice
D. a continuing academic course comprising 90 half-day release sessions based on small group methods

OR

Partial—less than 3-year rotations to enable doctors who already have relevant experience to meet the requirements for the M.R.C.G.P. examination and the Vocational Training Allowance.

Three of the four schemes available in the Region are as follows:

EAST CUMBRIA—6 places available.  
Scheme Organizer: Dr. N. C. Frame, Vocational Training Office, Cumberland Infirmary, Carlisle CA2 7HY.

The hospital posts available: (from)—casualty, chest medicine (with rheumatology), E.N.T. and skins, psychiatry, geriatrics, obstetrics, gynaecology and paediatrics.

WEST CUMBRIA—1 place available.  
Scheme Organizer: Dr. G. M. Thomas, 70 John Street, Workington, Cumbria.

The hospital posts available: (from)—paediatrics, obstetrics, psychiatry, acute geriatrics.

NEWCASTLE—22 places available.  
Scheme Organizer: Dr Michael McKendrick, Department of Family and Community Medicine, 23 St Thomas Street, Newcastle upon Tyne NE1 7RU.

The hospital posts available: (from)—casualty, general medicine, obstetrics and gynaecology, paediatrics, geriatrics, psychiatry, community medicine.

Trainees from the region have a consistently successful record in the Examination for Membership of the R.C.G.P., for which all Schemes are recognized. The appropriate hospital posts are approved for the D.C.H. and D.R.C.O.G.

Write now for further details and application forms to the Scheme Organizers.

ROYAL COLLEGE OF GENERAL PRACTITIONERS
JUBILEE SPRING MEETING—1978

The Jubilee Spring Meeting of the College will be held at the West Midland College of Higher Education, Gower Road, Walsall, Staffordshire from 14.30 hours on Friday, 14 April 1978 to 13.00 hours on Sunday, 16 April 1978. The meeting will include the annual William Pickles Lecture which will be delivered by Dr Paul Freeling. Further details and application forms can be obtained from Dr J. D. W. Whitney, The Cottage, Fouterly Road, Shenstone, Near Lichfield, Staffordshire, WS14 0NJ.

WORLD CONFERENCE ON FAMILY MEDICINE

The Eighth World Conference on General Practice/Family Medicine will be held at Montreux, Switzerland, from 15-19 May 1978.

This is the first time for several years this World Conference is being held in Europe and a British general practitioner, Dr Stuart Carne, is currently President.

Enquiries can be made to the Royal College of General Practitioners, 14 Princes Gate, Hyde Park, London SW7 1PU. The College is arranging a package tour.

TRAINERS' COURSE

A course for general-practitioner trainers or general practitioners who intend to become trainers will be held at the Department of General Practice, Postgraduate Medical Institute of the University of Exeter from 9 to 14 April 1978.

The course will be residential. The Exeter Department is the only university department of general practice outside an undergraduate medical school.

Applications should be made as soon as possible to:
Dr D. J. Pereira Gray FRCPG  
Department of General Practice  
Postgraduate Medical Institute  
Barrack Road  
Exeter EX2 5DW

Opinions expressed in The Journal of the Royal College of General Practitioners and the supplements should not be taken to represent the policy of the Royal College of General Practitioners unless this is specifically stated.
The Jerusalem Folio

This folio contains a selection of 34 of the drawings by Brian Lalor which were used to illustrate ‘The Jerusalem Guide’, reproduced in their original size. There are 8 panoramas, including views of the Old and New Cities, The Mount of Olives and Mount Zion, plus drawings of some of the famous churches, gates, fountains and other places of architectural and historical interest to be found in this fascinating city.

Large drawings 19½in x 14½in; Small drawings 14½in x 9½in.

Price £3.00, including postage and packing.

Rowlandson’s Medical Caricatures

The medical caricatures of Thomas Rowlandson have been appreciated and sought after by doctors from his own time to the present day, but original prints are expensive and difficult to obtain. So it is with pleasure that Update Publications are able to offer a limited number of sets of facsimiles of four of Rowlandson’s best known prints – ‘Medical Dispatch’, ‘The Anatomist’, ‘A-going, A-going’ and ‘Bath Races’ – taken from originals executed between 1800 and 1812, which are in their own collection. These facsimiles were printed by the ancient craft process of collotype, on a high quality, rag-based paper specially made for this edition, in order to reproduce the colour and texture of Rowlandson’s original etchings as closely as possible.

The four facsimiles are presented in the original size in matched coloured mounts, each measuring 18½in x 13½in, ready for framing.

Price £12.75 per set, including postage and packing.

UPDATE PUBLICATIONS LIMITED
33/34 Alfred Place, London WC1E 7DP

University of Washington—Family Medicine, Seattle, Washington: opening for additional faculty member for 1 July 1978 appointment. Responsibilities in area of clinical research and full-time teaching. Requires family physician, ABFP-certified or board-eligible, whose background includes teaching of family practice residents/medical students, and clinical practice. Interest and experience in scholarly work related to family medicine is required. Academic rank, salary dependent on training, experience. The University of Washington is an equal opportunity, affirmative action employer. Inquiries are requested by 1 March 1978, and should be directed to John P. Geyman, MD, Professor and Chairman, Department of Family Medicine RF-30, School of Medicine, University of Washington, Seattle, Washington 98195, USA.

Department of Clinical Epidemiology in General Practice
(Cardiothoracic Institute, Brompton Hospital)
11 Birkenhead Avenue, Kingston upon Thames

A vacancy will occur imminently in this extramural department of the Cardiothoracic Institute which is based on an NHS group practice in Kingston upon Thames. The appointee must have undergone vocational training for general practice but previous research experience is not essential. In addition to the usual duties of a general practitioner he or she would participate in the Department’s teaching and research into common respiratory diseases and their better treatment in general practice. Income, depending upon previous experience, would be derived from NHS sources and from the Cardiothoracic Institute. Prospective applicants may obtain further information by writing to Dr Ian Gregg at the above address.

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Journal of the Royal College of General Practitioners, February 1978
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"With doses up to 1 mg, the natriuresis was largely complete within 3hrs."

"It (Burinex) has a short duration of action, being virtually complete in 3hrs."

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"The rapid absorption from the gastro-intestinal tract is reflected in the brisk diuresis established within the hour."

"Its (Burinex Injection) onset of action is within 10min."

"Bumetanide is rapidly absorbed from the gut."

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"Burinex was extremely well tolerated."

"Bumetanide was well tolerated by patients."

"Overall, bumetanide showed itself to be a safe and effective diuretic when administered to severely ill patients in a busy hospital milieu."

The correct amount of K

"It is known from short-term studies that 1 mg of bumetanide increases the excretion of potassium by 10-15mmol daily (Asbury et al, 1972; Olesen et al, 1973; Davies et al, 1974). Two tablets of the combined preparation Burinex K contain 1 mg of bumetanide and 16mmol of potassium."

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"35% of the potassium chloride is released by one hour, the rest being released over a period of six hours."

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"The rapid onset and short duration of action of loop diuretics are clearly desirable when a rapid diuresis is indicated, and when given in the evening to patients with chronic heart failure, the short duration of action can ensure a good night's sleep undisturbed by nocturia or breathlessness."

"The use of potent and short-acting diuretics such as bumetanide allow the physician and patient scope to decide upon the most appropriate time for administration and so reduce major disruptions in the patient's daily routine."

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"These results indicate that when long-term diuretic/potassium supplement therapy is required, Burinex K is a more acceptable regimen to the patients than one in which diuretic + Slow K are given separately."

"Patients showed a highly significant preference to take two tablets on one occasion (Burinex K) rather than two different types of tablet on three separate occasions (Lasix + K)."

...but of course the decision is yours.