

# Ativan aheadin anxiety

the response that you expect and your patient needs

with minimal sedation

and rapid elimination

**Ativan-the short** acting anxiolytic

# he treatme



## Step One **Tenormin**

Highly cardioselective Cardioprotective

Only ONE tablet daily

## Step Two Tenoretic

Combines 'Tenormin' with chlorthalidone Better control in more patients

Still only ONE tablet daily

#### Prescribing Notes for Tenormin' and Tenoretic'

Dosage: One tablet daily.

Contraindications:

Heartblock. Co-administration with verapamil.

Untreated cardiac failure, bradycardia, renal failure, anaesthesia and pregnancy. *Tenoretic' only* Gout. Changes in serum potassium are minor and probably clinically unimportant. Care should be taken in patients receiving digitalis and those liable to hypokalaemia from other causes. In diabetes chlorthalidone may decrease glucose tolerance.

Side Effects: Coldness of extremities and muscular fatigue. Sleep disturbance rarely seen. Rashes and dry eyes have been reported with beta-blockers — consider discontinuance if they occur. Cessation of therapy with beta-blocker or beta-blocker/diuretic combination should be gradual. 'Tenoretic' only With chlorthalidone occasional nausea and dizziness and rarely idiosyncratic drug reactions such as thrombocytopaenia and leucopenia.

Pack sizes and Basic NHS cost:

Tenormin' 28's Tenoretic' 28's

**Product Licence Numbers:** 

'Tenormin' 0029/0122. 'Tenoretic' 0029/0139.

'Tenormin' and 'Tenoretic' are trademarks Full prescribing information is available on request to the Company.



Stuart Pharmaceuticals Limited Carr House, Carrs Road, Cheadle, Cheshire SK8 2EG.



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## The

M&B May&Baker

## Diagnostic Quiz

Every month a different clinical question will be set by a team of consultants. Please send your entries to the May & Baker Diagnostic Quiz, 33-34 Alfred Place, London WC1E 7DP.

The prize will be a £100 British Airways travel voucher, given to the first correct entry opened each month.

This month's competition has

been prepared by Doctor A.T. Willis, Consultant Microbiologist, Luton and Dunstable Hospital.

Results and the winner's name will be published in the journal in May. We regret no correspondence can be entered into. No employees or relatives of May & Baker or the publishers can enter the competition.



- 1. What are the likely causes of this ulcer?
- **2.** What are the likely infecting organisms?
- 3. How would you treat this patient?

Wille

readed douch thorain

## Recent evidence of penetration

# the Orudis effect (ketoprofen)

Human studies! have clearly demonstrated that Orudis penetrates directly to where eeded. Into the arthritic joint, Orudis exerts a powerful inhibitory effect on the mediators fluoreaction. Effective synovial fluid concentrations are sustained from a 2 b.d. dosage.

— Intermatory action has also been demonstrated in thermographic studies.<sup>2</sup> on and pain, but with a low level of side effects, that's the Orudis effect.

drigod - 2 capsules (100mg) early morning

Precautions: pregnancy; lactation; bronchial asthma/allergy.

Dosage of concomitant protein-binding drugs may need me

Side-effects: occasional gastro-intestinal intolerance. Very rare gastro-intestinal haemorrhage/skin rashes, Presentation: 50mg ketoprofen caps. Pl.0012/0122. Basic NHS cost:£1.46 for 25 (ex 500) (May 80).

References: 1. Curr. Med. Res. Opin. (1975), 3/7, 423. 2. (1980) In

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Ohildren, one inhalat op increasing to two f

Botacap 200 mog or 400 mog Children, one Ventolin Botacap 200 mog For chronic maintenance or prophylactic

Hsing Ventolin Rotahaler - Adults Lone Ventoer

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at side effects have been reported. Presentation and Basic NHS cost revolutive of yas) yentomingaler scametered dose certifion delivering 500m gsalbutamid BP per actuation. Each caneter contains 200 mitalahons Further information on Ventol icis available from Aller & Hardburys Lineted Tondon E2 6LA

(beclomethasone dipropionate BP)

Controls the inflammatory processes in more severe asthma

Avoids the side effects associated with systemic steroids

Can eliminate or greatly reduce the need for systemic steroids

Restores the response to bronchodilators

## asthma

Uses Bronchau authma expensally in patients where authma's net adequate vicinitied edit, been homators and patients who were authma who would otherwise the dependent an system coefficies to the order of a vicinitia and the order of synthetic equivalent.

Dosage and administration

Using Becofide Inhaler (40.75) two ministers three or four times a day is treason maintenance dose this even cases desidents the standard welve to sixteen maintenance per day and supremember than the specific day and supremembers the child. he started at twelve to sixteen innevations po-day and subsequently reduced when the patient

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#### Precautions

Precautions
The maximum daily unitable of her flower thas one of preparate BP should not exceed thig indequate response after the first week of that ed Becofied the days suggests that cacessive muchasis preventing petitoration of inhalled drug to the langet area. A short course of suction is stero on ineal vely high dissage should be diversible that are all vely high dissages should be diversible that each of the day with inhalled Becofied performs the steroid in the days are steroid.

continued administration of drugs during the first transister of pregnancy is indesirable. When transier explained by Become first transiers of the gradients of Become from systems, stero difference on should be considered and patients of a characteristic sector of the days the financial transier explained by the first sector of the days the sector of periods of stress. Please refer to the detailed at sector deciriled by the first sector of the days have to be first the first and the catalogs.

Side effects.

Side effects
Occasional candid as soft the mouth and threat
off tashes occasions patients particularly
those with high blood levels of Candida
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Presentation and Basic NHS cost excusive at VAI

Presentation and Basic NHS cost in your Vi-Broothe Intraler in a materied dissearch soll deriver he 50 regipes owner as one deproporate 8P per actuation. Fach canaster contains 200 inhalations. Basic NHS cost £4,77. Becost he Batacaps 100 mcg and 200 mcg each costain are xture of the stated amount of microfine precometriacy one disrepained 8P and larger particle lactose in but footbash sand gelative cathidase respectively. Containers of 100. Basic NHS cost £7,26 and £9,67 respectively. Become Rotanater for assembly conjunction with

£9 67 respectively
Berostide Rotander for use in conjunction with
Berostide Rotaciaps Basic NHS cost 78p
Product Licence numbers

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## You may be seeing more vitamin deficient patients than you realise



Significant vitamin deficiencies may be present, if not always recognised, in a substantial proportion of alcoholic patients. Such deficiencies can dramatically worsen the prognosis of the alcoholic patient and, in extreme cases, may

Parentrovite
high potency B and C vitamins injection

The new Bencard film
"A Case of Confusion?" (Section
63 approved) deals with the
problem of vitamin depletion and
alcohol-induced brain damage. If you
would like to see this film, or require further
information on Parentrovite or Orovite, please
complete and return this form (no stamp required)
to Bencard, Freepost, Great West Road,
Brentford, TW8 9BE.

Parentrovite, Orovite and the Bencard logo are trade marks.

even result in permanent brain damage.

Parentrovite (injection) and Orovite (tablets) provide high concentrations of vitamins B and C. Their use is recommended whenever significant vitamin depletion in an alcoholic patient is suspected.



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high (	potency	oral B	and C	vitamins

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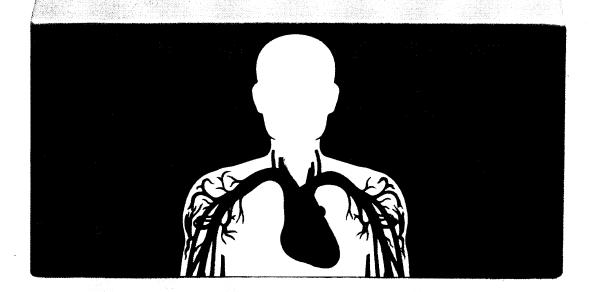


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# Uncomplicating / hypertension



Trandate offers a unique means of controlling hypertension by combining the benefits of both beta-blockade and peripheral vasodilatation in just one drug.

Suitable for all grades of hypertension, control can usually be achieved with Trandate alone simply by increasing the dose.

With a low incidence of side effects, Trandate provides simple and logical therapy avoiding the complexities of multi-drug regimens or fixed-dose combination products.

Trandate uncomplicates hypertension for both doctor and patient.

## Trandate

Dual action, singular efficacy.

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#### **Audiovisual Programmes for General Practitioner Training**

The MSD Foundation is an independent charity which produces audiovisual material for use in general practitioner training. Each programme is designed for use with small groups of doctors and paperwork is provided to help the group leader use the programme.

Our 1981 Catalogue includes new videocassette and tape/slide programmes on the following topics:

- The patient dying at home videocassette: The Case of Dorothy Parsons
- The child as a presenting symptom of family stress videocassette: The Case of Darren Cooper
- Upper Respiratory Tract Infections in Children a tape/slide programme (see below)
- Safer Prescribing a tape/slide programme in two parts
- Child Health Care in General Practice a videocassette comparing two practices
- The Management of the Arthritic Patient a videocassette in two parts

## PROGRAMME OF THE MONTH UPPER RESPIRATORY TRACT INFECTION IN CHILDREN

A tape/slide programme for small group work with General Practitioner trainees. We showed this programme to Dr John Fry, FRCGP. Here are his comments:

"This programme is well thought out, well prepared and well presented.

It is particularly refreshing to note the emphasis on functional state and on behavioural and family factors. However, there still is too much stress on the appearance of the drum in otitis media. How often can one diagnose a 'suppurative otitis media' from what the drum looks like?

There is a good selection of typical syndromes and visual presentation of appropriate children. Particularly good is the upper class tonsillectomy-seeking mother with Peregrine as the presenting sacrificial child-victim. However, I was disappointed not to see more discussion and presentation of the natural history and outcome of these common 'catarrhal child' syndromes. They tend to peak around five to seven years of age and are followed by a natural and spontaneous 'cure' — probably related to body immunological changes (apart from croup which is a condition between six months and three years of age).

I hope that this presentation will do more than leave the viewers self-satisfied. I hope that it will encourage viewers to question their own management and understanding of the conditions and that they will ask questions such as — 'Are antibiotics really necessary in all attacks of acute otitis media and how many T's and A's are still now really necessary?' "

Audiovisual programmes are offered for sale to vocational training course organizers and other teachers. Some programmes are restricted in use to doctors only but others are available for use with medical students. Videocassettes are available on U-matic, VHS, Philips or Betamax formats, and the average cost is about £20-£25.

Further information, and catalogue, can be obtained by writing to:

The MSD Foundation Tavistock House Tavistock Square London WC1 Tel: 01-387 6881

#### CLASSIFIED ADVERTISEMENTS AND NOTICES

Classified advertisements are welcomed and should be sent to: Sue Cain, Production Department, The Journal of the Royal College of General Practitioners, Update Publications Ltd., 33/34 Alfred Place, London WC1E 7DP. Copy must be received by the first of the month preceding the month of issue to ensure inclusion. Every effort will be made to include advertisements received after this date but publication cannot be guaranteed and the advertisement may have to be held over to the following issue.

The charge for space in this section is £5.75 per single column centimetre, plus 25p if a box number is required. Fellows, members and associates of the Royal College of General Practitioners may claim a ten per cent reduction.

The inclusion of an advertisement in this *Journal* does not imply any recommendation and the Editor reserves the right to refuse any advertisement. All recruitment advertisements in this section are open to both men and women.

Opinions expressed in *The Journal of the Royal College of General Practitioners* and the supplements should not be taken to represent the policy of the Royal College of General Practitioners unless this is specifically stated.

#### UNIVERSITY OF EXETER

#### POSTGRADUATE MEDICAL SCHOOL

8 to 12 June 1981. Full-time Refresher Course in Paediatrics for General Practitioners. Recognized under Section 63. Programme includes case presentations, seminars, discussion groups and visits to other hospitals in the area.

Applications to: Dr R. L'E. Orme, Senior Lecturer in Child Health, Postgraduate Medical School, Barrack Road, Exeter EX2 5DW.

## UNIVERSITY OF DUNDEE POSTGRADUATE MEDICAL EDUCATION

#### Courses and Attachments for General Practitioners 1981

- 1. Theoretical Course in Family Planning, 17 and 18 March 1981.
- 2. Residential attachments in obstetrics, mid-June to mid-July 1981
- 3. Refresher course in medicine for general medical practitioners, 29 June to 3 July 1981.
- 4. Recent advances in occupational medicine for industrial medical officers and general medical practitioners, 14 to 18 September 1981.

These courses and the residential attachments in obstetrics have been approved by the Scottish Home and Health Department under Section 63 of the Public Health and Social Services Act (1968).

Further particulars of the courses and attachments may be obtained from:

The Postgraduate Dean,
Faculty of Medicine and Dentistry,
University of Dundee Medical School,
Ninewells Hospital,
Dundee DD19SY.

#### REGIONAL POSTGRADUATE INSTITUTE FOR MEDICINE AND DENTISTRY A COURSE IN

#### PAEDIATRICS/PSYCHIATRY/GERIATRICS

1/2/3 April 1981

Newcastle General Hospital St Nicholas Hospital, Gosforth and Freeman Hospital, Newcastle upon Tyne

Open to all medical practitioners. Approved under Section 63. Application forms and details of the programme from: The Regional Postgraduate Institute for Medicine and Dentistry, The Medical School, The University, Newcastle upon Tyne NE1 7RU (telephone Newcastle 28511 Ext 3041).

#### THE LONDON HOSPITAL, WHITECHAPEL E1 1BB

(City and East London AHA (T))

## THE EAST LONDON GENERAL PRACTITIONER VOCATIONAL TRAINING SCHEME IN CONJUNCTION WITH THE LONDON HOSPITAL

Applications are invited for the four posts in this scheme, starting on 1 August 1981. Each trainee will be invited to spend one month in general practice, two years rotating in posts at The London Hospital and, finally, one year in general practice. The hospital posts include six months in Obstetrics and Gynaecology, six months in Geriatrics, three months in General Medicine, three months in the Emergency and Accident Department and either six months in Paediatrics or six months in Psychiatry. A half-day release course is held at the East London Postgraduate Centre, Bethnal Green. Applicants will be welcome to visit the training practices.

Further details may be obtained from: The Course Organizer, Dr R. M. Griffiths, 35 High Street South, East Ham, London E6, or from the Medical Staffing Officer, The London Hospital.

Applications (no forms provided), giving the names and addresses of two referees, should be received by 25 April 1981 and addressed to the Medical Staffing Officer, The London Hospital.

#### **MRCGP CANDIDATES**

Revise now with a PasTest practice exam. 180 MCQs, Modified Essay question, Traditional Essay papers. Hints on log diary and oral. Answers, explanations, references, computer sheets and free marking service. Only £14.50 inc. p & p. Send cheque without delay to:

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Dept. GP. PasTest Service, PO Box 81, Hemel Hempstead, Herts Tel. Hemel Hempstead (0442) 52113

## NORTH YORKSHIRE AREA HEALTH AUTHORITY York Health District VOCATIONAL TRAINING FOR

GENERAL PRACTICE

Applications are invited for admission to a three-year course of training commencing 1 August 1981. The course consists of four six-month hospital posts and two six-month periods in general practice.

The hospital posts are in four of the following specialties: Accident and Emergency, General Medicine, Obstetrics, Paediatrics and Psychiatry.

Other specialties may be available to suit the requirements of the trainee.

The course of training has been approved by the Royal College of General Practitioners and, although it is primarily aimed towards general practice, it would also be suitable as a course for general professional training.

A curriculum vitae including full details of education, qualifications, past experience and the names and addresses of two referees should be sent to: District Personnel Officer, York Health District, Bootham Park Hospital, York YO3 7BY. Closing date is 17 March 1981.

#### VOCATIONAL TRAINING SCHEME, BRONGLAIS HOSPITAL, ABERYSTWYTH, DYFED

Applications are invited for posts in rotation to commence 1 August which at present include Accident and Emergency, General Medicine (Chest), Geriatric Medicine, ENT and Paediatrics, but the scheme may well be increased shortly. This is a two-year rotation in four of the above specialties followed by a year in an attached and approved training practice, making three years in total. Half-day release arrangements are in being for Vocational Training Course tutorials.

The scheme is approved for MRCGP and DCH purposes as well as for Vocational Training certification. MRCP tuition is also provided within the hospital. Accommodation is available for all posts and enquiries should be addressed to Dr W J C Roberts, care of the Personnel Department.

Applications should be made in writing quoting the names of two referees to the Personnel Department, Ceredigion Health District, Gorseland, North Road, Aberystwyth, Dyfed.

## VOCATIONAL TRAINING FOR GENERAL PRACTICE

Applications are now invited for 12 places on the Leicester Vocational Training Scheme, which has a close liaison with the Department of Community Health at the University of Leicester Medical School.

The Course commences on 1 October 1981 for the complete three-year programme, which includes an introductory three months' appointment in a training practice, successive sixmonth appointments as Senior House Officers in four hospital posts, and a final nine months' appointment in the original training practice.

A wide variety of hospital posts relevant to general practice are available from which candidates will be offered a selection, including general medicine, paediatrics, geriatrics, obstetrics, psychiatry, accident and emergency, ophthalmology, dermatology and ENT. A half-day release course is held throughout the three years, with an emphasis on small group work. The course is recognized for the MRCGP, DCH and DRCOG.

There are also vacancies for one-year vocational trainees for doctors with relevant SHO experience.

Further details, a copy of the booklet *The Leicester Vocational Training Scheme* and an application form can be obtained from: The Scheme Supervisor, Dr Judith Millac, c/o Mrs Jeanne Emberson, Department of Community Health, Clinical Sciences Building, Leicester Royal Infirmary, Infirmary Square, Leicester LE1 5WW. Closing date for applications is 1 April 1981.

### SOME AIMS FOR TRAINING FOR GENERAL PRACTICE

#### **Occasional Paper 6**

The Royal College of General Practitioners has now agreed three sets of educational objectives for doctors training for general practice: the first on child care with the British Paediatric Society, the second, on the care of the elderly with the British Geriatric Society, and the third on the care of the mentally ill with the Royal College of Psychiatrists.

The booklet also contains the job definition and educational aims for general practice as a whole which have been agreed by the Leeuwenhorst Working Party and approved by the Royal College of General Practitioners.

Some Aims for Training for General Practice is available now, price £2.75 including postage from the Royal College of General Practitioners, 14 Princes Gate, London SW7 1PU. Payment should be made with order.

### OCCASIONAL **PAPERS**

Occasional Papers can be obtained from 14 Princes Gate, Hyde Park, London SW7 1PU. Prices include postage. Payment with order.

No. 4

A System of Training for General Practice (second edition 1979) £3.00

No. 6

Some Aims for Training for **General Practice** 

£2.75

No. 7

**Doctors on the Move** 

£3.00

No. 8

**Patients and their Doctors 1977** 

£3.00

No. 9

**General Practitioners and** Postgraduate Education in the **Northern Region** 

£3.00

No. 10

**Selected Papers from the Eighth World Conference on Family** Medicine £3.75

No. 11

**Section 63 Activities** 

£3.75

No. 12

**Hypertension in Primary Care** £3.75

No. 13

**Computers in Primary Care** £3.00

No. 14

**Education for Co-operation in Health and Social Work** £3.00

No. 15

The Measurement of the Quality of General Practitioner Care £3.00

#### **COMPUTERS IN** PRIMARY CARE

**Occasional Paper 13** 

Computers are coming. More and more general practitioners are becoming interested in the possibility of computerizing various aspects of their record systems in general medical practice in the United Kingdom.

Computers in Primary Care is the report of a working party of the Royal College of General Practitioners which describes the possibilities currently available and looks into the future. discussing both technical and financial aspects.

The members of this working party have between them considerable experience of using computers in general practice. Together they summarize the experience and philosophy which they have acquired which enables them to put forward a series of conclusions and recommendations for the future.

Computers in Primary Care, Occasional Paper 13, is published by the Journal of the Royal College of General Practitioners, and is available now, price £3.00 including postage, from the Royal College of General Practitioners, 14 Princes Gate, London SW7 1PU. Payment should be made with order.

#### THE MEASUREMENT OF THE QUALITY OF **GENERAL PRACTITIONER CARE**

#### **Occasional Paper 15**

The race to measure the quality of care in general practice is on, and the promotion of quality is one of the main objectives of the Royal College of General Practitioners. Nevertheless, for many years the identification of criteria of quality has proved elusive.

Occasional Paper 15 is a detailed review of the literature by one of the senior lecturers in general practice at St Thomas' Hospital Medical School, Dr C. J. Wilkins, and forms part of the work for which he was subsequently awarded a Ph.D. It is therefore essential reading for those who are studying this fascinating subject.

The Measurement of the Quality of General Practitioner Care, Occasional Paper 15, is available now from the Royal College of General Practitioners, 14 Princes Gate, London SW7 1PU, price £3.00 including postage. Payment should be made with order.



lies the power of

Burinex K gently effective for maintenance **Burinex tablets** 

combine strength with

gentleness for more refractory oedema

Burinex injection

fast powerful action for emergencies

Formulations Burinex Injection: 0.5 mg/ml in 2 ml, 4 ml and 10 ml ampoules. Burinex Tablets: 1 mg and 5 mg. Burinex K: 0.5 mg burnetanide, 7.7 mmol slow release potassium chloride. Indications Acute pulmonary oedema and oedema of cardiac, renal or hepatic origins. **Dosages** Burinex Injection: Initially 1-2 mg i.v., if necessary repeated at 20 minute intervals to achieve desired response. Where appropriate higher doses may be given by infusion over 30-60 minutes. Burinex Tablets: Most patients require 1 mg Burinex daily as morning or evening dose. In refractory cases dosage can be increased to achieve the desired response. For high dose treatment 5 mg Burinex should be given initially and increased by 5 mg steps at 12-24 hour intervals until desired response is achieved Burinex K: Most patients require 2 tablets Burinex K daily Contra-indications, Presults and increased by 5 mg steps at 12-24 hour intervals until desired response is achieved Burinex K: Most patients require 2 tablets Burinex K daily Contra-indications, Presults and Intervals until desired response is achieved Burinex K: Most patients require 2 tablets Burinex K daily Contra-indications, Presults and Intervals until desired response is achieved Burinex K: Most patients require 2 tablets Burinex K daily Contra-indications, Presults and Intervals until desired response is achieved Burinex K: Most patients require 2 tablets Burinex K daily Contra-indications, Presults and Intervals until desired response is achieved Burinex K: Most patients require 2 tablets Burinex K daily Contra-indications, Presults and Intervals until desired response is achieved Burinex K: Most patients require 2 tablets Burinex K daily Contra-indications, Presults and Intervals until desired response is achieved Burinex K: Most patients require 2 tablets Burinex K daily Contra-indicated in the Intervals until desired response is achieved Burinex K: Most patients require 2 tablets Burinex K daily Contra-indicated in the Intervals until desired response is achieved Burinex K: Most patients require 2 tablets Burinex K daily Contra-indicated in the Intervals until desired response is achieved Burinex K: Most patients require 2 tablets Burinex K daily Contra-indicated in the Intervals until desired response is achieved Burinex K daily Contra-indicated in the Intervals until desired response i hepatic coma, severe electrolyte depletion and severe progressive renal failure. Hypokalaemia and circulatory collapse may follow inappropriately excessive diversis. Concurrent digitalis therapy in association with electrolyte disturbances may lead to digitalis toxicity. Concurrent antihypertensive or antidiabetic therapy may require adjustment. Caution should be exercised in the first trimester of pregnancy. Burinex K is contra-indicated in combination with potassium sparing agents. Burinex K should be stopped immediately if signs or symptoms of bowel ulceration appear. Side effects such as skin rashes, muscular cramps, rises in serum uric acid and thrombocytopenia may rarely occur. **Product Licence Numbers**: Burinex Injection: 0043/0060 Burinex Tablets: 0043/0021, 0043/0043 Burinex K: 0043/0027B **Basic N.H.S. Prices** Burinex Injection: 0.5 mg/ml – 5 x 4 ml £3.34 Burinex Tablets: 1 mg – 100 tabs £4.74 Burinex K: 100 tabs £3.24



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