

# DALMANE 15mg

**COUNT ON IT FIRST** 

Prescribing Information: Indications Insomnia of all degrees. Sleep disturbances due to organic conditions, in conjunction with specific therapy. Dosage Adults: Mild insomnia 15mg. Moderate to severe insomnia 15 or 30mg. Severe insomnia 30mg. Elderly patients 15mg. Precautions As with other CNS drugs, patients should avoid alcohol while under treatment. Patients' reactions (driving ability, etc.) may be modified. Prescribe in early pregnancy only when absolutely indicated. The use of high doses of benzodiazepines, especially over prolonged periods, can sometimes lead to dependence particularly in patients with a history of alcoholism or drug abuse. Treatment in these cases should be withdrawn gradually. Side-effects Dalmane is well tolerated. However, morning drowsiness, dizziness and ataxia may occur. Occasionally patients may experience a bitter after-taste. Basic NES Cost 1 x 15mg capsule 4.9p per night ex 500 pack. 1 x 30mg capsule 6.9p per night ex 500 pack. Product Licence Numbers 0031/0065 (capsules 15mg) 0031/0066 (capsules 30mg). Presentations Dalmane capsules 15mg and 30mg. Roche Products Limited, PO Box 8, Welwyn Garden City, Hertfordshire AL7 3AY. Dalmane is a trade mark.

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Usually 1b.d.

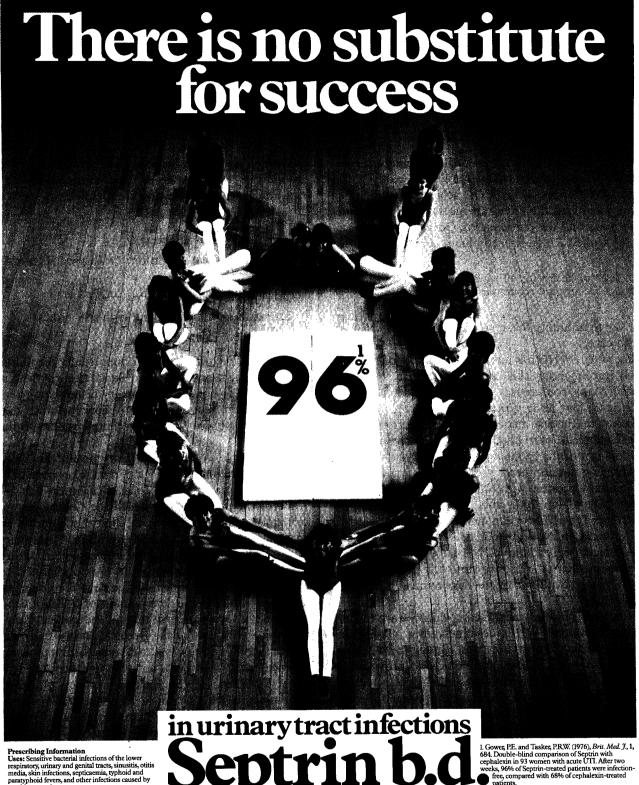
Effective.

For a wide range of patients.

Prescribing Information

Presentation 'Monit' tablets are white, round, scored tablets embossed 'Stuart 20'. Each tablet contains 20mg isosorbide mononitrate. Uses Prophylaxis of angina pectoris. Mode of Action Isosorbide mononitrate is an active metabolite of isosorbide dinitrate and from an oral dose exerts qualitatively similar effects. However, unlike the dinitrate which is subject to extensive 'first pass' hepatic metabolism, it has virtually complete systemic availability from an oral dose. Isosorbide mononitrate thus achieves predictable and sustained blood levels. Onset of pharmacological action occurs within 20 minutes of an oral dose and is maintained for more than 8 hours. Dosage and Administration Usually one tablet twice or three times daily. Patients already accustomed to prophylactic nitrate therapy (for example with isosorbide dinitrate) may normally be transferred directly to a therapeutic dose of 'Monit.' For patients not receiving prophylactic nitrate therapy, it is recommended that the initial dose should be half a tablet twice daily. Maintenance dose in individual patients will be between 20 and 120mg daily. The tablets should be swallowed whole with a little fluid. Contra-indications, Warnings, etc. Contra-indications. A known sensitivity to the drug or to isosorbide dinitrate. Warnings: The following adverse effects may be seen with nitrate therapy. I. Cutaneous vasodilation, headache, dizziness and weakness may occur, and are usually controlled by lowering the dose. The incidence of these effects is highest at commencement of treatment and tends to decline with time. 2. Postural hypotension may occur, especially with high doses. 3. Nitrate preparations can act as physiological antagonists to noradrenaline, acetylcholine, histamine and other agents. 4. Dry rash and/or exfoliative dermatitis have been described rarely with sosorbide dinitrate and similar reactions might be expected occasionally. Overdosage: Overdosage should be treated symptomatically. The main symptom is likely to be hypotension and this may be t Presentation 'Monit' tablets are white, round, scored tablets embossed 'Stuart 20' Each tablet contains 20mg isosorbide mononitrate. Uses Prophylaxis of angina pectoris. Mode of Action Isosorbide





Uses: Sensitive bacterial infections of the lower respiratory, urinary and genital tracts, sinusitis, otitis media, skin infections, septicaemia, typhoid and paratyphoid fevers, and other infections caused by sensitive organisms.

Dosage: Septrin Forte Tablets: over 12 years, one twice daily. Septrin Tablets: Septrin Dispersible Tablets: over 12 years, two twice daily; children 6 to 12 years, one twice daily. Septrin Suspensions: over 12 years, 10ml Adult twice daily; children 6 to 12 years, 10ml Adult twice daily; children 6 to 12 years, 10ml Adult twice daily; children 6 to 12 years, 10ml Adult twice daily; 6 months to 6 years, 5ml Paediatric twice daily; 6 weeks to 6 months, 2.5ml Paediatric twice daily; 6 weeks to 6 months, 2.5ml Paediatric twice daily; 6 weeks to 6 months, 2.5ml Paediatric

5ml Paediatric twice daily.

Contra-indications: Septin is contra-indicated in patients with marked liver parenchymal damage, blood dyscrasias or severe renal insufficiency. Septin should not be given to patients hypersensitive to sulphonamides or co-trimoxazole; should not be given during

pregnancy or to neonates.

Precautions: In cases of renal impairment a reduced dosage is indicated and an adequate urinary output should be maintained.

co-trimoxazole

Regular blood counts are necessary whenever long-term therapy is used. Caution is advised in patients with folate deficiency. Care should be taken when giving Septin to patients receiving oral anticoagulants of the cour

phenyton. Warnings and Adverse Effects: Occasionally nausea, vomiting, diarrhoea, glossitis and skin rashes may occur with normal doses and, very rarely, haematological reactions.

Further information is available on request.

Wellcome Medical Division
The Wellcome Foundation Ltd, Crewe, Cheshire.



	Product	Formulation	Basic NHS Cost		
	Licence				
Septrin Forte Tablets	PL3/0121	160mg Trimethoprim BP 800mg Sulphamethoxazole BP	£1.90 for 10 BP		
Septrin Tablets	PL3/0109	80mg TMP 400mg SMX	£2.27 for 20		
Septrin Dispersible Tablets	PL3/0099	80mg TMP 400mg SMX	£2.42 for 20		
Septrin Adult Suspension	PL3/5223	80mg TMP 400mg SMX in 5ml	£3.22 for 100ml		
Septrin Paediatric Suspension	PL3/5222	40mg TMP 200mg SMX in 5ml	£2.00 for 100ml		
Septrin Paediatric Tablets	PI.3/0108	20mg TMP 100mg SMX	£0.69 for 20		



Inderex': abridged prescribing information. Presentation Capsules, each containing 160 mg propranolol hydrochloride in long-acting formulation and 5 mg bendrofluazide. <u>Dosage One capsule daily in hypertension.</u> Contraindication Heart block. Bronchospasm. Anuria, renal failure or this zide sensitivity. Prolonged fasting, Metabolic acidosis. Co-administration with verapamil. Precautions Untreated cardiar failure. Bradycardia. Diabetes. Hepatic cirrhosis with ascites. Discontinuance of clonidine. Anaesthesia. Pregnanoy. Adverse Reactions: Propranolol Hydrochloride Cold extremities, nausea, insomnia lassitude and diarrhoea are usually transient. Isolated cases of paraesthesia of the hands, rashes and dry eyes have been reported with beta-blockers. Consider discontinuance if they occur. Cessation of beta blocker therapy should be gradual. Bendrofluazide Hyporkalaemia. Hyperuricaemia. Rare reporters of rashes, necrotising vasculities, acute pancreatitis, blood dyscrasias and aggravation of pre-existing myopia Overdosage see data sheet. Basic NHS cost 28 calendar pack £7.44 PLNo. 0029/0157. 'Inderex' is a trademark for propranolol hydrochloride B.P. in a long-acting formulation, and bendrofluazide B.P.

# here is no



# adit

## The original chlorpropamide

**Prescribing Information** 

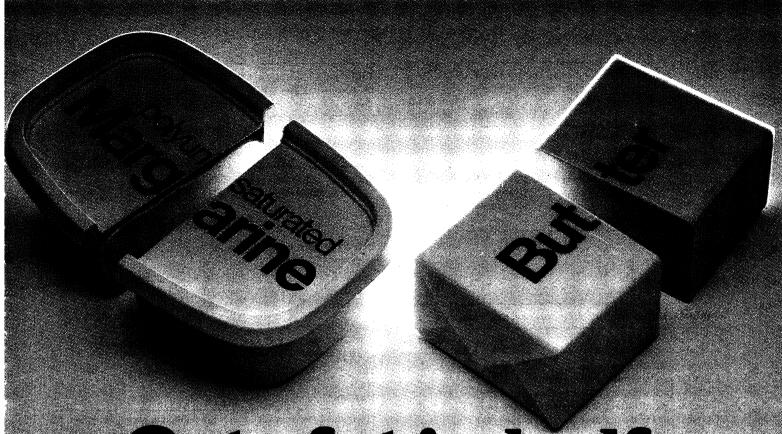
Prescribing Information
Indications: maturity-onset, non-ketotic diabetes mellitus uncontrolled by diet alone. Contra-indications: pregnancy impairment of hepatic, renal or thyroid function; juvenile or growth-onset diabetes mellitus; severe, unstable 'brittle' diabetes; diabetes complicated by ketosis, acidosis, diabetic coma, major surgery, severe infection, severe trauma. Precautions: care should be taken to prevent hypoglycaemic reactions, particularly during the transition from insulin to the oral drug; also when other compounds are used concomitantly

with Diabinese. Adverse reactions: mostly dose related; they include anorexia, nausea, vomiting, epigastric discomfort. Certain idiosyncratic and hypersensitivity reactions have occurred, including jaundice and skin eruptions. **Dosage:** range 100 mg to 500 mg daily (See Data Sheet for full details of dosage). **Basic N.H.S. Cost:** 100 mg tablets (PL 57/5015), pack of 100, £3.04, 250 mg tablets (PL 57/5016), pack of 100, £6.68.

Full information on request to the Company.



20750



# Cuts fat in half.

St. Ivel Gold contains only half the fat of butter, marganne or even polyunsaturated marganne. Most authorities agree that reducing total dietary fat is an important measure in reducing the risks of obesity and heart disease<sup>23</sup>

Changing to polyunsaturated margarine does not decrease the calorie or fat intake. Moving to St. Ivel Gold does.

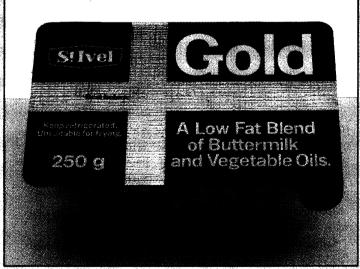
Average content per II of product	<sub>10g</sub> Bı	utter	Po		satu garir	rated ie		. Ivel iold
Total fa	ıt g	80			80	100		39
Saturat	ed	<u></u> 17	.,		14			11
fat g						4393		
Calorie Kcal	s 7	<b>'</b> 40		- 3 <b>7</b>	<b>'</b> 40		3	390

But this is only half the story.

St. Ivel Gold is a unique low fat blend of buttermilk and vegetable oil with a satisfying buttery taste.

So when you are recommending a weight reducing or lower fat diet, St. Ivel Gold can make a healthy contribution that patients enjoy.

Obesity. A report of the Royal College of Physicians, 1983 17; 1.
 Beating Heart Disease. Health Education Council, 1982.
 Prevention of Coronary Heart Disease, W.H.O. 1982, Technical Report Series, 678.

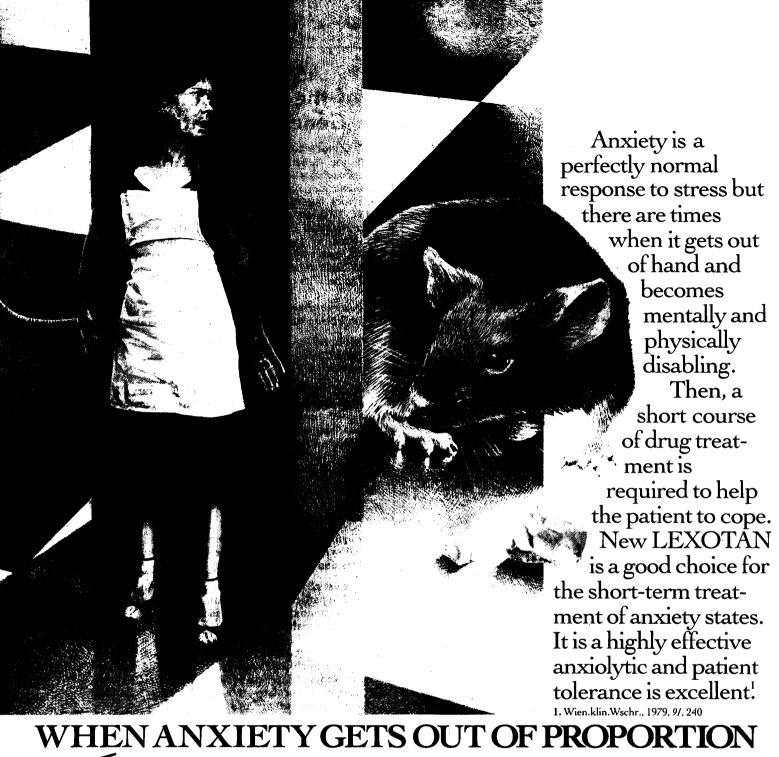


# A buttery taste with half the fat of any margarine.

Send off for information package.

If you would like to receive further information on the St. Ivel Gold Low Fat Programme, including educational consumer literature, please return this coupon by FREEPOST to St. Ivel Limited, Hesketh House, Portman Square, London WIH 9FG.

Address



# LEXOTAN

## **CUTS IT DOWN TO SIZE**

Prescribing Information Indications Short-term treatment

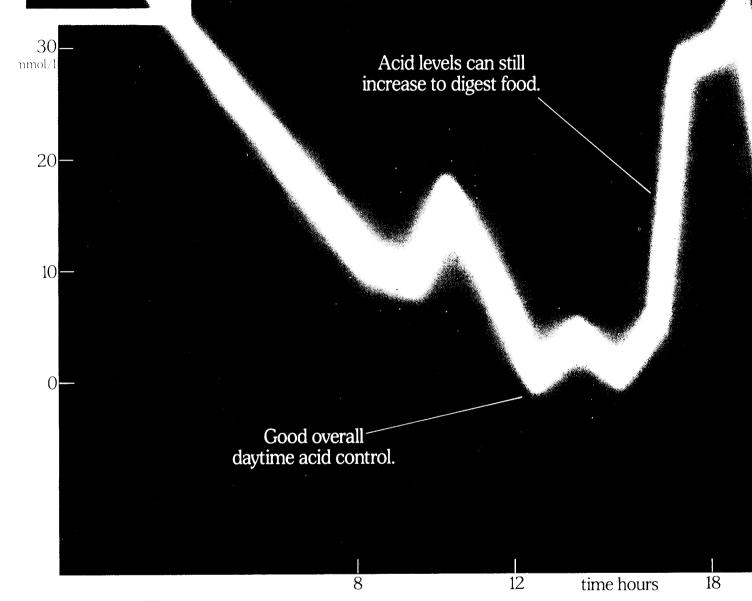
Prescribing Information
Indications Short-term treatment of anxiety and associated symptoms such as tension and agitation.
Dosage Dosage should be determined on an individual basis. Some patients may respond to doses as low as 1.5mg three times daily. Usual dose for mild to moderate anxiety is 3mg to 6mg three times daily. Elderly patients are more sensitive to the actions of Lexotan. The safety of Lexotan for use in the elderly has not been established and therefore its use should be avoided. Contra-indications Patients with known sensitivity to benzodiazepines; acute pulmonary insufficiency; respiratory depression. Precautions Use during pregnancy and lactation should be avoided. Patients should be

advised to avoid alcohol whilst under treatment with Lexotan. Patients' reactions, e.g. driving ability, may be modified. Sedative effects of other centrally-acting drugs may be intensified. The use of high doses of benzodiazepines, especially over prolonged periods, can sometimes lead to dependence, particularly in patients with a history of alcoholism or drug abuse. Treatment in these cases should be withdrawn gradually. Side-effects Drowsiness, sedation, unsteadiness and ataxia may occur. They usually disappear after the first few days of treatment or with reduction of dosage. Presentation Pink, hexagonal tablets containing 5mg of bromazepam in blister packings of 100. Basic NHS Cost Lexotan 5 mg tablets in packings of 100 fe.25 Product licence number 0031/0128 udvised to avoid alcohol whilst under treatment with Lexotan



## The acid test

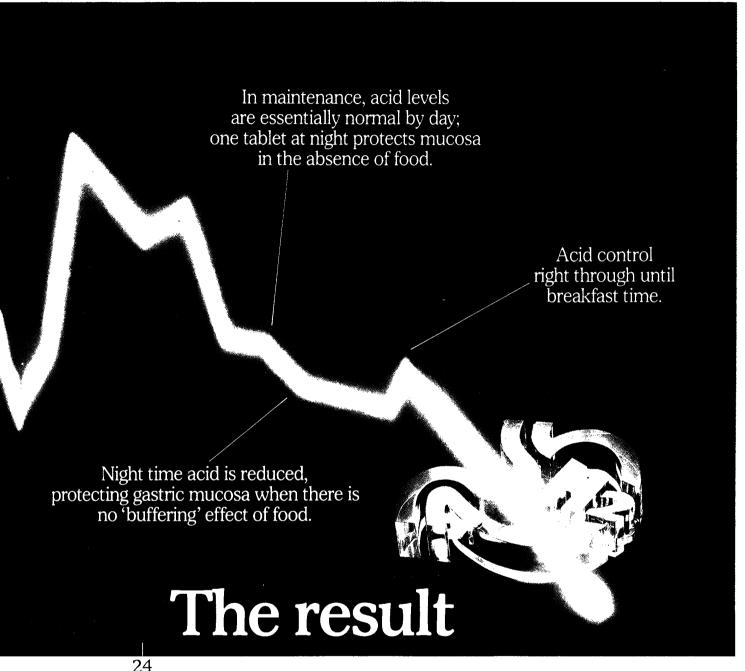
Control when it's needed.1



Selective effective H<sub>2</sub> blockade

**RANITIDINE** 



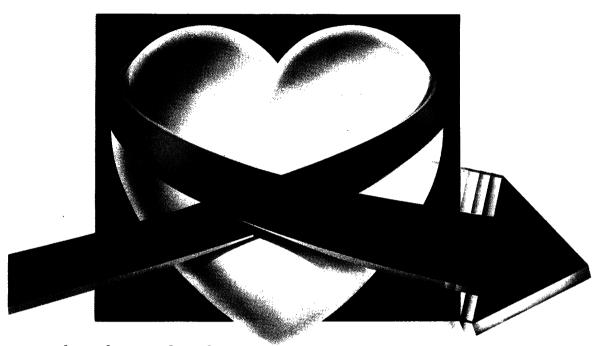


Rapid, effective ulcer healing.

Zantac provides four-week peptic ulcer healing on just one 150mg tablet twice-daily, together with a maintenance regime to keep patients both symptom-free and ulcer-free on one tablet at night.

Reference: 1. Derived from Walt, R. P. et al. Gut 1981; 22: 49-54

# An important additional benefit for Hypovase\*...



### ...restoring the plasma lipid ratio.

Hypovase, the booster antihypertensive to first line therapy has now been shown to have an additional beneficial property... the restoration of the plasma lipid ratio.<sup>1</sup>

This is important because the use of first line anti-hypertensives such as ß-blockers and diuretics has not reduced the incidence of ischaemic heart disease (IHD)<sup>2-5</sup>

One possible reason is that their beneficial effects on blood pressure, one risk factor for IHD, have been offset by their effect on another major risk factor – the plasma lipid ratio (HDL: LDL+VLDL)<sup>6-9</sup>

Hypovase when added to these first line anti-hypertensives restores the plasma lipid ratio, providing yet another good reason for adding Hypovase to your first line therapy.

# Hypovase\*

boosts anti-hypertensive action, restores the plasma lipid ratio.

Prescribing information:

**Indications:** hypertension of varied aetiology and all grades of severity.

**Contra-indications:** sensitivity to Hypovase. **Precautions:** A small percentage of patients may react

more rapidly and to a greater extent than the majority. In some cases this had led to sudden loss of consciousness generally lasting a few minutes. Subsequent treatment may be satisfactory. Hypovase is not recommended in pregnancy, during lactation, or in children under 12 years of age.

**Side-effects:** dizziness, drowsiness, and lack of energy are the most common. **Dosage:** starting dose 0.5 mg two to three hours before

retiring: thereafter, up to 20mg/day in divided doses. **Basic NHS Cost**: b.d. Starter Pack containing 8 x 0.5mg Hypovase tablets and 32 x 1mg Hypovase

tablets, £2.70; 0.5 mg tablet. (PL57/0149), pack of 100, £4.08; 1 mg tablet (PL57/0106), pack of 100, £5.25; 2 mg tablet (PL57/0107), pack of 100, £6.98; 5 mg tablet (PL57/0108), pack of 100, £15.58.

REFERENCES: 1. Leren, P., Eide, I., Foss, O. P., Helgeland, A., Hjermann, I., Holme, I., Kjeldsen, S. E., The Oslo Study, Lancet, July 5th, 1980; 2: 4-6. 2. Medical Research Council Working Party, Lancet 1981, II, 539-543.

3. Veterans Administration Co-operative Study Group, JAMA, 1970; 213: 1143-1152. 4. Hypertension

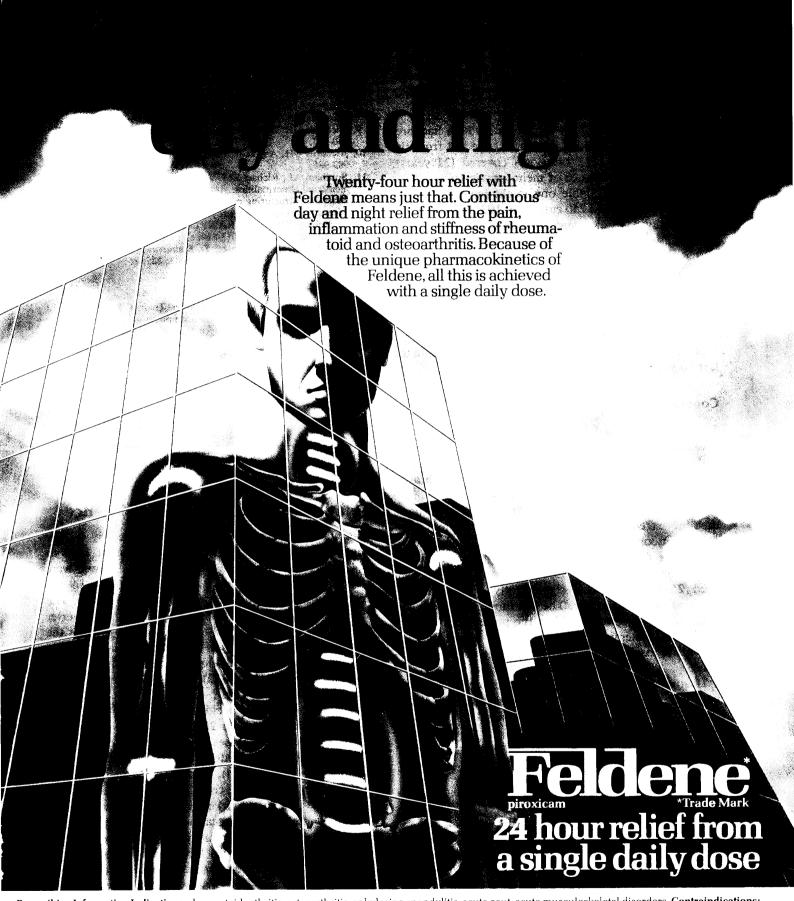
Detection and Follow-up programme Co-operative group, JAMA, 1979; 242: 2560–2577. **5.** Australian National Blood Pressure Study Management Committee, Lancet, 1980, I, 1261–1267. **6.** Johnson, B. F., Journal of Cardiovascular Pharmacology, 1982, 4, Suppl. 2: S213–221. **7.** Kaplan, N. M., Journal of Cardiovascular Pharmacology, 1982, 4, Suppl. 2: S187–189. **8.** Oliver, M. F., New England Journal of Medicine 1982; 306, No. 5: 297–298. **9.** Lowenstein, J., Neusy, A. J., Journal of Cardiovascular Pharmacology, 1982; 4, Suppl. 2: S262–264.

Full information on request. Pfizer Ltd., Sandwich, Kent. \*Trade Mark 20496



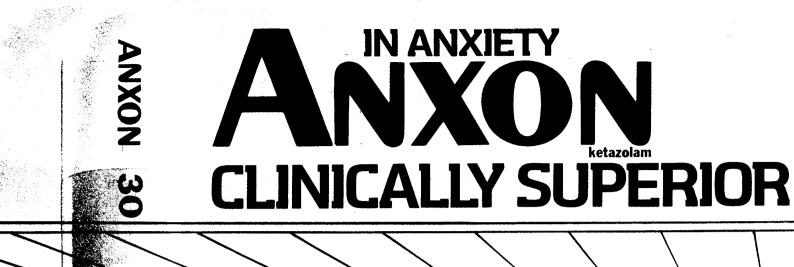
# Working night and day The pain of arthritis can in many ways be worse at night, causing insomnia. Feldene has been shown 24 hour relief from a single daily dose

Prescribing Information Indications: rheumatoid arthritis, osteoarthritis, ankylosing spondylitis, acute gout, acute musculoskeletal disorders. Contraindications: patients with active peptic ulceration or a history of recurrent ulceration. Hypersensitivity to the drug or in patients in whom aspirin or other non-steroidal antiinflammatory drugs induce symptoms of asthma, rhinitis or urticaria. Warnings: the safety of Feldene used during pregnancy and lactation has not yet been established. Dosage recommendations and indications for use in children have also not yet been established. Side Effects: Feldene is generally well tolerated. Gastro-intestinal symptoms are the most common, if peptic ulceration or gastro-intestinal bleeding occurs Feldene should be withdrawn. As with other non-steroidal anti-inflammatory agents, oedema, mainly ankle oedema, has been reported in a small percentage of patients; the possibility of precipitation of congestive cardiac failure in elderly patients or those with compromised cardiac function should therefore be borne in mind; various skin rashes have been reported. **Dosage**: in rheumatoid arthritis, osteoarthritis, ankylosing spondylitis -starting dose of 20mg as single daily dose; the majority of patients will be maintained on 20mg daily. In acute gout, start with a single dose of 40mg followed on the next 4-6 days with 40mg daily in single or divided doses; Feldene is not indicated for long term management of gout. In acute musculoskeletal disorders, start with a loading dose of 40mg daily in single or divided doses for the first 2 days. For the remainder of the 7 to 14 days treatment period the dose should be reduced to 20mg daily. Basic N.H.S. Cost: capsules 10mg coded FEL10, pack of 60 £9.00 (PL, 0057/0145). Full information on request. References: 1, Romberg, O., The American Journal of Medicine Feb., 16, 1982, 58.

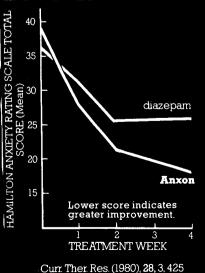


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Marine Marine Control of the Control

ALCE OF SOLETHING TO SEE

A recent double-blind study demonstrated that Anxon was more effective than diazepam in the treatment of anxiety. Another study showed "...on the Hamilton Anxiety Rating Scale in direct comparison with diazepam, ketazolam [Anxon] was significantly superior in anxiolytic effect."

### Anxon vs. clorazepate and lorazepam.

Further double-blind studies have compared Anxon both with clorazepate and with lorazepam. In comparison with clorazepate, although the authors commented that, on the overall patients' global impression, the differences between the two drugs did not reach statistical significance, "Nevertheless at the end of the study, over 70% more patients reported feeling very much better on ketazolam [Anxon] than on clorazepate (33 versus 19, respectively)."5

In comparison with lorazepam: "Therapeutic effects, although similar for both drugs, showed a slight superiority in favour of ketazolam [Anxon]. Also ketazolam [Anxon] was better tolerated in that patients in that group reported fewer side effects than those in the lorazepam group."6

#### REFERENCES

l. Br. J. Clin. Pract. (1983), In Press 2. Br. J. Clin. Pract. (1980), 34, 4, 107 3. Curr. Ther. Res. (1980), **28,** 3, 425

- 4. J. Int. Med. Res. (1980), 8, 6, 439
- 5. Curr. Ther. Res. (1982), 31, 5, 679
- 6. Curr. Ther. Res. (1981), 29, 6, 936

#### 

**Indications**Anxiety, tension, irritability and similar stress-related

Symptoms.

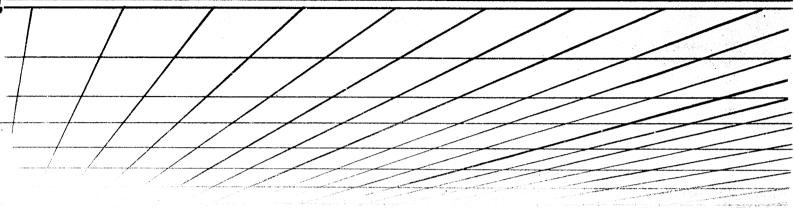
Dosage and Administration For many adult patients a dosage of 30mg nocte is appropriate. This dosage may be adjusted to suit the needs of each individual patient within the range of 15-60mg per day.

Children: Not recommended. Elderly: Reduced dosage initially until tolerance and efficacy have bee assessed. Patients undergoing therapy with Anxon

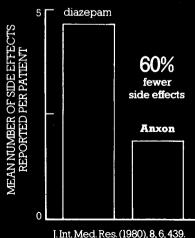
should be periodically reviewed.

Contra-indications, Warnings etc. Precautions:
Anxon may potentiate other centrally acting drugs Patients should be warned to exercise care when

## TO DIAZEPAM. (Refs 1-4)



# FEWER SIDE EFFECTS THAN DIAZEPAM, CLORAZEPATE AND LORAZEPAM. 2,4,5,6



#### 60% fewer than diazepam

"Side effects were markedly less frequent and less severe in patients treated with ketazolam [Anxon] than in those treated with diazepam."4

#### 28% fewer than clorazepate

"...ketazolam [Anxon] produced side effects in fewer patients, the overall incidence of side effects was less and the severity of the side effects tended to be milder than with clorazepate."5

#### 14% fewer than lorazepam

"Ketazolam [Anxon] patients reported a total of 124 side effects [30 patients], while the lorazepam patients reported 135 side effects [28 patients]"-14% fewer side effects on Anxon6

iving or operating heavy machinery. sage cannot be recommended during pregnancy, abour or lactation. Side effects: Anxon is well plerated. In clinical trials, the overall incidence of ide effects was no greater than observed with placebo. Daytime drowsiness has been reported. Everdosage: Symptomatic treatment only is

required. Gastric lavage may be useful if performed

soon after ingestion.

Presentations and Basic NHS Prices
Anxon capsules 15mg: 10p each. Anxon capsules
30mg: 16p each. Prices correct at February 1983.

Further information is available on request to the Company.



**Beecham Research Laboratories** 





#### CLASSIFIED ADVERTISEMENTS AND NOTICES

Classified advertisements are welcomed and should be sent to: Production Department, *The Journal of the Royal College of General Practitioners*, Update Publications Ltd., 33/34 Alfred Place, London WC1E 7DP. Copy must be received six weeks before the 1st of the month of issue to ensure inclusion. Every effort will be made to include advertisements received after this date but publication cannot be guaranteed and the advertisement may have to be held over to the following issue.

The charge for space in this section is £5.75 per single column centimetre, plus 25p if a box number is required. Fellows, members and associates of the Royal College of General Practitioners may claim a 10 per cent reduction. Replies to box numbers should be sent to the Production Department, Update Publications Ltd., with the box number on the envelope.

The inclusion of an advertisement in this *Journal* does not imply any recommendation and the Editor reserves the right to refuse any advertisement. All recruitment advertisements in this section are open to both men and women

Opinions expressed in *The Journal of the Royal College of General Practitioners* and the supplements should not be taken to represent the policy of the Royal College of General Practitioners unless this is specifically stated.

#### **RELOCATION IN IRISH REPUBLIC REQUIRED**

Male general practitioner (15 years experience) with MRCGP and DCH and Irish family seeks relocation in Ireland in 1984. Partnership or single-handed. Capital available. S. Dublin, Wicklow, Wexford, Waterford or Cork preferred.

Reply to: Box No. 32, JRCGP, The Update Group Ltd, 33/34 Alfred Place, London WC1E 7DP.

#### **PARTNER REQUIRED**

Birmingham North-East part- or full-time Partner required for estate practice with full ancillary staff, well equipped surgery including computer and open access to hospital departments. GP Maternity Unit. Special interest in obstetrics and paediatrics an advantage. Excellent housing, schools and amenities.

Reply to: Box No. 31, JRCGP, The Update Group, 33/34 Alfred Place, London WC1E 7DP.

## THE ROYAL COLLEGE OF GENERAL PRACTITIONERS WEST OF SCOTLAND FACULTY

(in collaboration with the West of Scotland Committee for Postgraduate Medical Education)

## PREPARATION COURSE FOR THE MRCGP EXAMINATION

Friday 3 to Sunday 5 February 1984 Normandy Hotel, Renfrew

The above course is intended for general practitioners who plan to take the Membership Examination of the Royal College of General Practitioners. The number of participants is limited and early application is advised. Preference will be given to applicants who have *not* had the opportunity to attend trainee half-day release sessions dealing with preparation for the MRCGP examination. The course is residential and has been approved under Section 63.

Further details may be obtained from:

The Dean of Postgraduate Medical Education
The University of Glasgow
Glasgow, G12 8QQ
Telephone: 041-339 8855 Ext. 7275.

#### SYMPOSIUM '83

The South London Faculty of the College of General Practitioners invites you to:

Symposium '83, Hyde Park Hotel, Knightsbridge, London SW1 10-11 November

The aim is to identify the major influences affecting the development of general practice in the next 20 years and to consider their implications for today's decisions. The challenge is to adapt.

An ambitious exhibition incorporating the theme of the Symposium will run concurrently.

To apply for booking form and full programme, please write to: Mrs A. Bridgeman, 21 Swaffield Road, London SW18.

### 2nd INTERNATIONAL COURSE OF RENAL TRANSPLANTATION

The 2nd International Course of Renal Transplantation will be held in Barcelona, Spain at the Palacio de Congresos on 12-15 December 1983, directed by Drs Jose M. Gil-Vernet, Antonio Caralps and J. Vives.

The course will address the most significant medical, surgical and immunological aspects of renal transplantation. The course will offer scientific lectures, practical courses in immunology and actual surgical operations broadcasted in colour TV.

Details from: The Secretary, F. Oppenheimer, Unidad de Trasplante Renal, Hospital Clinico, Casanova 143, Barcelona-36, Spain.

#### WOMAN'S CHOICE ON ABORTION

Many doctors believe that the woman herself should make the abortion decision. Join 'Doctors for a Woman's Choice on Abortion', by sending £10 to: Dr P. Misch, 157B Dunstan's Road, London SE22.

#### **GENERAL PRACTITIONER HOSPITALS**

#### **Occasional Paper 23**

General Practitioner Hospitals is the report of a working party of the Royal College of General Practitioners which reviews the history and literature on this subject.

A service including 350 hospitals providing care for over two million patients and involving about a sixth of all British general practitioners merits considerable attention and this document guides readers towards several of the main issues which are as yet unresolved.

General Practitioner Hospitals, Occasional Paper 23, can be obtained from the Publications Sales Office, Royal College of General Practitioners, 8 Queen Street, Edinburgh EH2 1JE, price £3.00 including postage. Payment should be made with order.

## SURGERY MORTGAGES FOR THE MEDICAL PROFESSION

Up to 100 per cent with very attractive fixed rates of interest.

Up to 20 years Repayment Term.

Telephone 0935 77471 or write to Medical Insurance Consultants, 9 Princes Street, Yeovil TA20 1EN.

#### A NEW CHARTER FOR GENERAL PRACTICE?

A one-day working conference organized by the Medical Practitioners Union held on Saturday 19 November, 10 a.m.-5.30 p.m. at the Royal College of General Practitioners, 14 Princes Gate, Hyde Park, London SW7 1PU.

#### Programme

'From general practice to primary care' Dr Cyril Taylor.

Workshops on: Planning primary care; community health services; groups and teams; education for primary care; the specialist and the GP.

'Accountability—how and to whom?' Dr Julian Tudor Hart.

Workshops on: organization; records; race and racism; women and health; criticism.

'Prospects for change' Dr Sheila Abdullah.

Registration fee £9, including lunch and papers. (Cheques to MPU.) Open to all health professionals.

Further details from: Tim Hanley, MPU, 79 Camden Road, London NW1 9ES.

#### **MRCGP CANDIDATES**

New practice exams now available. Two MCQ papers (120 questions) covering the new subject areas as required by the Royal College. (This includes social and legal aspects, epidemiology, statistics and practice organization.) Answers and detailed teaching explanations provided together with computer sheets and free marking service. MEQ and TEQ papers have sample answers, explanations, marking schedules references and practical examination advice. Also hints on log diary, oral and reading suggestions. Send cheque now for £15 plus 60p p & p.

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Dept. GP PasTest Service, PO Box 81, Hemel Hempstead, Herts HP1 1AA Tel. Hemel Hempstead (0442) 52113

## **THE MSD FOUNDATION**

#### **Educational Programmes for General Practitioners**

Our 1983 Handbook is now available and will be sent to you on request. It includes an up-to-date catalogue. In addition there is a description of some of our courses and other education services. The following is one of our new programmes for 1983:

#### A Nurse in the Practice

The work of a primary health care team is shown in a four-doctor practice in the West Country. Observations are made about the roles and tasks of the nurses, and their relationships with other members of the team. Scenes from the practice are interspersed with extracts from an interdisciplinary seminar of trainers, trainees, practice nurses and community nurses.

At the conclusion of the Basic Course the members should be able to:

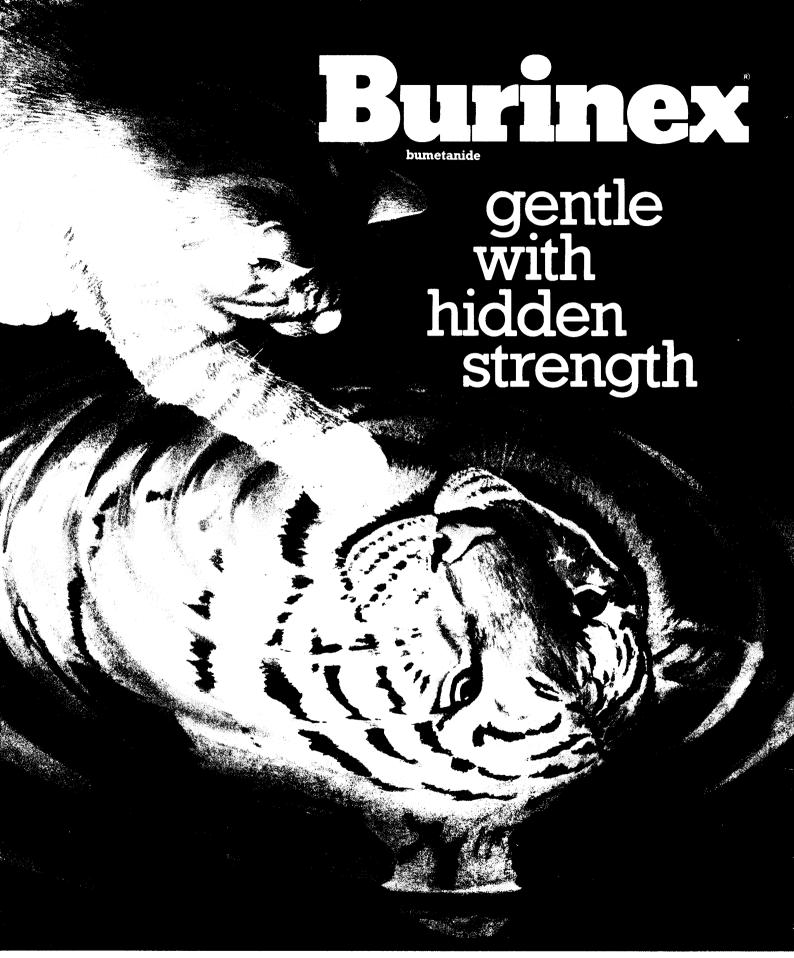
- 1. discuss the role of the practice nurse and the possible areas of conflict and confusion with other roles in the primary health care team;
- 2. list the possible tasks of the practice nurse and the effect of these on the workload of the practice, and on the further potential of the practice in preventive care;
- 3. identify the legal and ethical issues raised by these roles and tasks.

Optional Courses deal with these three aims in greater detail, and are targeted on the needs of specific groups.

Videocassettes which are part of our teaching programmes are available for sale on U-matic, VHS, Philips 1500 or Betamax formats, and the average cost is about £20-£25. Tape/slide programmes cost about £30 per session.

Further information, and Handbook, can be obtained by writing to:

The MSD Foundation
Tavistock House
Tavistock Square
London WC1
Tel: 01-387 6881



Prescribing Information:—Indications Oedema of renal, cardiac or hepatic origin. Dosage Most patients require 1 mg Burinex daily given as mortung or evening dose. In refractory cases dosage can be increased to achieve the desired response. For high dose treatment 5 mg Burinex should be given initially and increased by 5 mg steps at 13-24 hour intervals until desired response is achieved. Contraindications, Precautions and Side Effects Contraindicated in hepatic coma, severe electrolyte depletion and severe promessive.

renal failure. Hypovolaemia and circulatory collapse may follow inappropriately excessive diuresis. Electrolyte disturbances resulting in digitalis toxicity may occur. Concurrent antihypertensive or antidiabetic therapy may require adjustment. Caunon should be exercised in first trimester of pregnancy. Side effects such as skin rashes, muscular cramps, rises in serium unclacid and thrombocytopenia may rarely occur. Product Licence Number: 1 mg tablets 0043-0021. Basic N.H.S. Price: 45.60 per 100.

