



The Cardio-Protectors

TENORMIN FOR MODERATE HYPERTENSION
TENORMIN LS FOR MILD AND OLDER HYPERTENSIVES

'Tenormin' and 'Tenormin' LS Prescribing Notes

PRESENTATION: 'Tenormin' tablets containing atenolol 100mg are round, bi-convex, orange and film coated. 'Tenormin' LS tablets containing atenolol 50mg are round, bi-convex, orange and film coated.

USES: Management of Hypertension.

DOSAGE: 'Tenormin' 100mg orally once a day and 'Tenormin' LS orally once a day; some patients may respond adequately to 'Tenormin' low strength.

CONTRAINDICATIONS: Heart Block.

PRECAUTIONS: Untreated cardiac failure, bradycardia, renal failure, anaesthesia, pregnancy. Caution in patients with chronic obstructive airways disease. 'Tenormin' modifies the tachycardia of hypoglycaemia.

Co-administration of verapamil or Class I antidysrhythmic agents. Withdrawal of clonidine. Withdrawal of beta-blocking drugs should be gradual in patients with ischaemic heart disease.

SIDE EFFECTS: Coldness of extremities, bradycardia and muscular fatigue may occur. Sleep disturbance rarely seen. Rashes and dry eyes have been reported with beta-blockers—consider discontinuance if they occur.

PACK SIZE AND BASIC NHS COST: 'Tenormin' 28's £6.98; 'Tenormin' LS 28's £4.88.

PRODUCT LICENCE NUMBER: 'Tenormin' 29/122; 'Tenormin' LS 29/86.

'Tenormin', 'Tenormin' LS are trademarks.



Full prescribing information is available on request to the Company.
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 Carr House, Carrs Road, Cheadle, Cheshire, SK8 2EG.



Hypertension?



Adalat[®] (nifedipine) retard

relieves the
pressure

Prescribing Information. Presentation:

Pink-grey coated tablets each containing 20mg

nifedipine. **Indications:** For the treatment of

hypertension. **Dosage and Administration:** The

recommended dose for Adalat Retard is one 20mg tablet

twice daily and if necessary a further tablet may be taken

according to the patient's response. Treatment may be continued

indefinitely. **Contra-Indications:** Must not be given to women capable

of child bearing. **Warnings and Precautions:** Adalat Retard is not a beta-

blocker and therefore gives no protection against the dangers of abrupt

beta-blocker withdrawal, any such withdrawal should be by gradual reduction

of the dose of beta-blocker, preferably over 8-10 days. Adalat Retard may be used

in combination with beta-blocking drugs and other anti-hypertensive agents, but the

possibility of an additive effect resulting in postural hypotension should be borne in

mind. Adalat Retard will not prevent possible rebound effects after cessation of anti-

hypertensive therapy. Adalat Retard should be used with caution in patients whose cardiac

reserve is poor. Ischaemic pain has been reported in some patients, commonly within 30

minutes of the introduction of nifedipine therapy. Patients experiencing this effect should

discontinue nifedipine. The use of nifedipine in diabetic patients may require adjustment of their

control. There is no known drug incompatibility. **Side Effects:** Adalat Retard is well tolerated. Minor

side-effects, usually associated with vasodilatation are mainly headache, flushing and lethargy. These

are transient and invariably disappear with continued treatment. **Overdosage** - standard measures such

as atropine and noradrenaline may be used for resultant bradycardia and hypotension. Intravenous calcium

gluconate may be of benefit. **Pack Quantities:** Adalat Retard tablets are available in foil strips of 10 in packs

of 100. **Daily Treatment Cost:** 39p. **Product Licence Number:** Adalat Retard UK: PL0010/0078.



Further information is available from:

Bayer UK Limited, Pharmaceutical Division,

Bayer House, Strawberry Hill, Newbury, Berks, RG13 1JA.

Telephone: (0635) 39000. Registered trademark of Bayer, Germany.