

kidneys, both had significant symptoms of repeated urinary infections.

One child in the study who presented with headaches at the age of 13 years was found to have hypertension and a previous history of clinical urinary tract infection at the age of eight years, with a further mild infection at the age of nine years with a positive midstream urine culture. The subsequent investigations revealed that she had chronic pyelonephritis and bilateral reflux nephropathy.

If one is not going to investigate all children with a first urine infection, then it would be necessary to have a system for deciding which children merited investigation. In some situations this would be obvious, while in other situations it would not be so clear. Certainly if it was felt that an upper age limit was indicated, the seven-year-old girl who underwent pyeloplasty would not have been picked up. Similarly, if the 13-year-old girl mentioned above had been referred at the time of urine infection rather than waiting for subsequent presentation with hypertension, her medical problems might not have been as severe. The recommendations of Professor Chantler in a recent *Medical Dialogue* seem very sensible.²

The lesson which our practice has learned over the years is that it is wise to have a high index of suspicion and to send off urine specimens whenever there is the slightest doubt. Time and time again children of all ages have had little in the way of specific urinary symptoms, but have still been found to have definite urine infections. This is illustrated by the one-year-old and seven-year-old mentioned above who needed surgical treatment. From our figures we expect about 30 children a year to present with their first urinary tract infection in our practice. Generally one of these will require long-term antibiotic treatment and one will require surgical treatment to some degree. Our practice population is 12 600 and we have 150 births a year.

We also feel that it is most important to measure blood pressure in any child with urine infection and/or headache, especially in view of the child mentioned earlier who was found to have renal failure having presented with headache and past history of urine infection.

M.S. WILSON

Medical Centre
St. Andrew Street
Dalkeith EH22 1AP

References

1. Smellie JM, Hodson CI, Edwards D, *et al.* Clinical and radiological features of urinary infection in childhood. *Br Med J* 1964; 2: 1222-1226.
2. Chantler C. *Urinary infections in children. Medical Dialogue no. 12.* Brussels: Information Medical Express, 1984.

Suckler's wrist

Sir,

Repetitive strain injury is well known¹ as causing tenosynovitis of the thumb extensors and abductors. This syndrome — de Quervain's tenosynovitis — is seen, for example, in players of racquet sports. But I am not aware of it having been described in breast feeding mothers, and have not come across it before.

The recommended position of the mother's hand while centering the child on the nipple, is to have the abducted thumb above the nipple and the rest of the fingers supporting the breast from below.² This is certainly a natural position, and it is easy to support the baby's head with the other hand. So it is not surprising that since my baby was a week old, I have experienced pain on wrist movement, first on the right side where the infant showed reluctance to fix, and had to be supported more firmly. A friend and colleague, who is a midwife, also with a small baby, remarks that she has suffered similarly, and has also not encountered the problem in her patients.

The first line treatment is rest, but will the working day be long enough? As the baby is only three months old, I will still be feeding her when I can, and it is very difficult to do that without abducting or extending the thumb. And would gentle exercise during the antenatal period have helped prevent the condition?

I would be interested to know if this is in fact a common condition.

ANNA LIVINGSTONE

61 Chesterton Road
Plaistow
London E13 8BD

References

1. Sheon RP, *et al.* *Soft tissue rheumatic pain.* Philadelphia: Lea and Febiger, 1982.
2. Price A, Bamford N. *The breastfeeding guide for the working woman.* London: Century Publishing, 1984.

Leprosy in the UK

Sir,

Following my recent experience in a leprosy hospital in southern India, I feel bound to share with you my concern that this much under-publicized disease is one which any of us may come across while practising medicine in this country. Leprosy was endemic here until this century; the last government leprosy hospital was closed in 1968, but there is still a charitable institution (the Homes of St Giles, near Chelmsford, now unfortunately threatened with closure) where severely disabled leprosy sufferers are cared for and rehabilitated.

At present there are over 340 leprosy patients in the UK almost all of whom are from developing countries. More such patients are likely to trickle into the country (at an estimated rate of 25 cases per year) or patients may develop symptoms following a prolonged incubation period (occasionally up to 20 years). Of course the English who have lived abroad, and even short term travellers, may be affected.

Many of the patients I have met in England are diagnostic disasters, having been investigated for years at great expense, their disease progressing all the time. Had the possibility of leprosy been considered, a diagnosis could have been made in a few minutes. Hypopigmented (or, in Caucasians, erythematous) anaesthetic anhydrous skin patches are pathognomonic of tuberculoid or borderline leprosy. In any form of leprosy a hypertrophic peripheral neuropathy is present with tenderness of the affected nerves. Less commonly, patients with leprosy may present with an ophthalmological problem with watering eye, an ulcerated cornea or photophobia; an ear, nose and throat problem with nasal stuffiness and recurrent epistaxis; a chest problem (with the subsequent discovery of acid-fast bacilli in the trachea, possibly leading to the mistaken diagnosis of tuberculosis); a neurological problem such as an isolated paresis, weakness or numbness; or a general surgical problem such as cystic swelling (a nerve abscess) or a non-healing ulcer.

Please bear leprosy in mind as a possibility when symptoms do not fit into a familiar pattern, so that treatment can start and the tragic development of neurological deficits can be avoided.

CLARE TAYLOR

WSCR
St Bartholomew's Hospital
West Smithfield
London EC1