
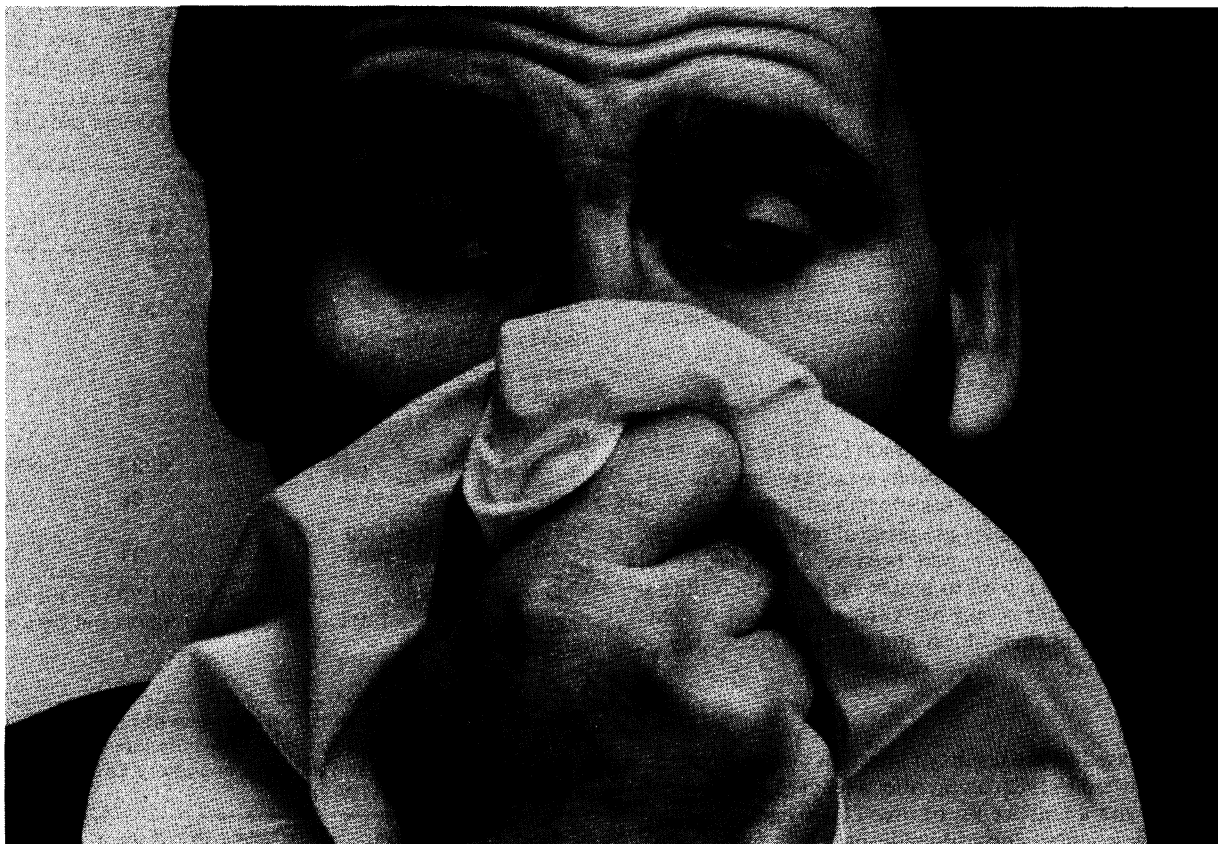




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For further information, please contact: The Flora Project for Heart Disease Prevention, 25 North Row, London W1R 2BY. Telephone: 01-408 2332.



The Cardio-Protectors

TENORMIN FOR MODERATE HYPERTENSION
TENORMIN LS FOR MILD AND OLDER HYPERTENSIVES

'Tenormin' and 'Tenormin' LS Prescribing Notes

PRESENTATION: 'Tenormin' tablets containing atenolol 100mg are round, bi-convex, orange and film coated. 'Tenormin' LS tablets containing atenolol 50mg are round, bi-convex, orange and film coated.

USES: Management of Hypertension.

DOSAGE: 'Tenormin' 100mg orally once a day and 'Tenormin' LS orally once a day; some patients may respond adequately to 'Tenormin' low strength.

CONTRA-INDICATIONS: Heart Block.

PRECAUTIONS: Untreated cardiac failure, bradycardia, renal failure, anaesthesia, pregnancy. Caution in patients with chronic obstructive airways disease or asthma. 'Tenormin' modifies the tachycardia of hypoglycaemia. Co-administration of verapamil or Class I antidysrhythmic agents. Withdrawal of clonidine. Withdrawal of beta-blocking drugs should be gradual in patients with ischaemic heart disease.

SIDE EFFECTS: Coldness of extremities, bradycardia and muscular fatigue may occur. Sleep disturbance rarely seen. Rashes and dry eyes have been reported with beta-blockers—consider discontinuance if they occur.

PACK SIZE AND BASIC NHS COST: 'Tenormin' 28's £6.98; 'Tenormin' LS 28's £4.88.

PRODUCT LICENCE NUMBER: 'Tenormin' 29/122; 'Tenormin' LS 29/86.

'Tenormin', 'Tenormin' LS are trademarks:



Full prescribing information is available on request to the Company.
Stuart Pharmaceuticals Limited,
 Stuart House, 50 Alderley Road, Wilmslow, Cheshire SK9 1RE



Hypertension?



Adalat[®] (nifedipine) retard

relieves the
pressure

Prescribing Information. Presentation:

Pink-grey coated tablets each containing 20mg

nifedipine. **Indications:** For the treatment of

hypertension. **Dosage and Administration:** The

recommended dose for Adalat Retard is one 20mg tablet

twice daily and if necessary a further tablet may be taken

according to the patient's response. Treatment may be continued

indefinitely. **Contra-Indications:** Must not be given to women capable

of child bearing. **Warnings and Precautions:** Adalat Retard is not a beta-

blocker and therefore gives no protection against the dangers of abrupt

beta-blocker withdrawal, any such withdrawal should be by gradual reduction

of the dose of beta-blocker, preferably over 8-10 days. Adalat Retard may be used

in combination with beta-blocking drugs and other anti-hypertensive agents, but the

possibility of an additive effect resulting in postural hypotension should be borne in

mind. Adalat Retard will not prevent possible rebound effects after cessation of anti-

hypertensive therapy. Adalat Retard should be used with caution in patients whose cardiac

reserve is poor. Ischaemic pain has been reported in some patients, commonly within 30

minutes of the introduction of nifedipine therapy. Patients experiencing this effect should

discontinue nifedipine. The use of nifedipine in diabetic patients may require adjustment of their

control. There is no known drug incompatibility. **Side Effects:** Adalat Retard is well tolerated. Minor

side-effects, usually associated with vasodilatation are mainly headache, flushing and lethargy. These

are transient and invariably disappear with continued treatment. Overdosage – standard measures such

as atropine and noradrenaline may be used for resultant bradycardia and hypotension. Intravenous calcium

gluconate may be of benefit. **Pack Quantities:** Adalat Retard tablets are available in foil strips of 10 in packs

of 100. **Daily Treatment Cost:** 39p. **Product Licence Number:** Adalat Retard UK: PL0010/0078.



Further information is available from:

Bayer UK Limited, Pharmaceutical Division,

Bayer House, Strawberry Hill, Newbury, Berks, RG13 1JA.

Telephone: (0635) 39000. Registered trademark of Bayer, Germany.

BOOKING FOR MATERNITY CARE A COMPARISON OF TWO SYSTEMS

Occasional Paper 31

Do women care where their babies are delivered? Can the differences they experience in two different systems of care be measured?

Professor Michael Klein, from a Department of General Practice in Canada, and Ms Diana Elbourne, from the National Perinatal Epidemiology Unit in Oxford, used research material gathered in Oxford to carry out a detailed study of the views of mothers booked for delivery in a general practitioner unit and those booked for shared care in a specialist consultant unit. The findings are of considerable interest particularly in relation to women booked for general practitioner care. The study thus contributes to the continuing debate about the appropriate place of general practitioner obstetrics in a modern health system.

Booking for Maternity Care — A Comparison of Two Systems, Occasional Paper 31, can be obtained from the Publications Sales Office, Royal College of General Practitioners, 8 Queen Street, Edinburgh EH2 1JE, price £3.50 including postage. Payment should be made with order.

PRIORITY OBJECTIVES FOR GENERAL PRACTICE VOCATIONAL TRAINING

Occasional Paper 30

One of the biggest problems in vocational training for general practice has been the need to design courses appropriate for doctors preparing to work in the widest of all medical roles. The need is to decide what subjects are important and what priority objectives should be.

This *Occasional Paper* comes from the Course Organizers and Regional Advisers Group in the Oxford Region, which has a distinguished record in developing vocational training. Based on widespread consultation within the Region, the group achieved a consensus on its priorities, which it lists under five headings: primary care, communication, organization, professional values, and personal and professional growth. It therefore provides a useful basis for discussion in other regions.

Priority Objectives for General Practice Vocational Training, Occasional Paper 30, is available from the Publications Sales Office, Royal College of General Practitioners, 8 Queen Street, Edinburgh EH2 1JE, price £3.50 including postage. Payment should be made with order.



COLLEGE ACCOMMODATION

Charges for college accommodation are reduced for Fellows, Members and Associates. Members of overseas colleges are welcome when rooms are available, but pay the full rate. All charges for accommodation include a substantial breakfast and now include service and VAT.

Children aged six and over can be accommodated when accompanied by a parent, and arrangements can be made for young children to share a room with their parents at a reduced rate. Children over six may use the public rooms when accompanied by their parents. Younger children cannot be accommodated, and dogs are not allowed. Residents are asked to arrive before 21.00 hours to take up their reservations or, if possible, earlier.

As from 1 April 1985 the room charges per night are:

	Members	Full rate
Single room	£18.00	£27.00
with handbasin	£20.00	£30.00
with bathroom	£25.00	£37.50
Double room	£30.00	£45.00
with bathroom	£35.00	£52.50
Penthouse (self-catering with kitchen)	£60.00	£90.00

Reception rooms are available for booking by outside organizations as well as by Members. All hirings are subject to approval, and the charges include VAT and service. A surcharge may be made for weekend bookings.

	Members	Full rate
Long room	£105.00	£210.00
John Hunt Room	£70.00	£140.00
Common room and terrace	£80.00	£160.00
Dining room	£50.00	£100.00

Enquiries should be addressed to:
The Accommodation Secretary
Royal College of General Practitioners
14 Princes Gate, Hyde Park
London SW7 1PU. Telephone: 01-581 3232.

Whenever possible, bookings should be made well in advance and in writing. Telephone bookings can be accepted only between 08.30 and 18.00 on Mondays to Fridays. Outside these hours, an Ansafone service is available. A cancellation fee of 25 per cent may apply if cancellation is made within 24 hours of the due date.

CLASSIFIED ADVERTISEMENTS AND NOTICES

Classified Advertisements are welcomed and should be sent to: *The Journal of the Royal College of General Practitioners*, 8 Queen Street, Edinburgh EH2 1JE. Copy must be received six weeks before the 1st of the month of issue to ensure inclusion. Every effort will be made to include advertisements received after this date but publication cannot be guaranteed and the advertisement may have to be held over to the following issue.

The charge for space in this section is £6.35 per single column centimetre, plus 30p if a box number is required. Fellows, Members and Associates of the Royal College of General Practitioners may claim a 10 per cent reduction. Replies to box numbers should be sent to the above address, with the box number on the envelope.

The inclusion of an advertisement in this *Journal* does not imply any recommendation and the Editor reserves the right to refuse any advertisement. All recruitment advertisements in this section are open to both men and women.

Opinions expressed in *The Journal of the Royal College of General Practitioners* and the supplements should not be taken to represent the policy of the Royal College of General Practitioners unless this is specifically stated.



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THE BALINT SOCIETY

are holding

A RESIDENTIAL WEEKEND OF BALINT GROUPS

at Pembroke College, Oxford
7.00 pm Friday 27 September to 1.00 pm
Sunday 29 September 1985

Open to all general practitioners, trainers, trainees and course organizers, who would like to sample the experience of being in a Balint group.

The cost will be £45.00 for general practitioners and £25.00 for trainees.

Further details are available from the Honorary Secretary: Dr Peter Graham, 149 Altmere Avenue, East Ham, London E6.



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10th INTERNATIONAL CONGRESS OF HYPNOSIS AND PSYCHOSOMATIC MEDICINE

TORONTO, ONTARIO, CANADA
AUGUST 10-16, 1985

The International Society of Hypnosis invites medical, dental, and psychology professionals to attend this exciting Congress.

1. Workshops — Introductory and a diversity of specialized advanced medical, dental and psychotherapy workshops will be offered by an international faculty of leaders in the field.
2. Scientific programme — Theoretical, research and clinical papers on a wide range of topics of contemporary interest.
3. Special events — A wide range of events and educational functions for attendees and their affiliates, including 'Mesmer' a play by Norman Cousins, with Jerome Lawrence and Robert E. Lee, and a special presentation by Norman Cousins.

For further information contact: Secretariat, 10th International Congress of Hypnosis and Psychosomatic Medicine, 200 St. Clair Ave. West, Suite 402, TORONTO, Ontario, Canada M4V 1R1 416-922-8300.

The Royal College of General Practitioners
The Association for the Advancement of Psychoanalytic
Psychotherapy in the National Health Service

**ONE DAY CONFERENCE ON
PSYCHODYNAMIC UNDERSTANDING
AND GENERAL PRACTICE**

Saturday 1 June 1985

This joint conference is being held at the Royal Society of Medicine, 1 Wimpole Street, London W1, on Saturday 1 June 1985 for general practitioners and other members of the primary health care team. The focus will be on the clinical relevance of psychodynamic understanding within general practice. Papers will be presented by both general practitioners and psychoanalytic psychotherapists involved with general practice.

Speakers from general practice will include: Dr Paul Julian, Professor James McCormick and Professor David Metcalfe. Speakers from psychoanalytic psychotherapy will include: Dr Alexis Brooke, Dr Elspeth Earle, Dr Harold Stewart and Mr David Tuckett.

(Please show this advert to your Practice Manager, Health Visitor and District Nurse).

For further details and an application form, please apply to: Mrs Sue Smith, Education Division, The Royal College of General Practitioners, 14 Princes Gate, London SW7 1PU.

Approval under Section 63 for two sessions.

**THE ROYAL COLLEGE OF GENERAL
PRACTITIONERS**

Physiotherapy: the orthodox alternative

**WHOM to refer WHEN to refer
WHAT to expect**

Saturday 18 May 1985

A one day seminar is being held at the Royal College of General Practitioners, 14 Princes Gate, London SW7 1PU, on Saturday 18 May 1985.

The purpose of this seminar is to promote and encourage closer liaison between chartered physiotherapists and general practitioners. The subjects covered will include the assessment, evaluation and treatment of bony, soft tissue and sports injuries, respiratory and neurological conditions. The seminar will include lectures providing background and specific information, practical demonstrations to reinforce techniques, discussion, and practical workshops providing delegates with the opportunity to participate. The course is open to registered medical practitioners.

For further details and an application form, please apply to: Mrs Sue Smith, Education Division, The Royal College of General Practitioners, 14 Princes Gate, London SW7 1PU.

Approval under Section 63 is being sought.

UNIVERSITY OF GLASGOW

AUDIO VISUAL SERVICE

MRCGP ORALS

**VIDEO SERIES: ORAL EXAMINATION FOR MEMBERSHIP
OF THE ROYAL COLLEGE OF GENERAL PRACTITIONERS**

This series of four video-programmes (referred to, for short, as 'The MRCGP Orals') was produced at the University of Glasgow for the Committee in General Practice, West of Scotland Committee for Postgraduate Medical Education.

Examination of candidates for membership of The Royal College of General Practitioners, comprises three written papers and two thirty-minute oral examinations. The programmes were recorded at a time when the candidates participating, were between their actual written examinations and their orals. Four candidates were examined, two to illustrate the RCGP "First Oral" and two, the "Second Oral".

While the orals featured were simulated, care was taken to ensure that camera rehearsals and other studio preparation was kept to a minimum so as to avoid any detraction from the procedure and degree of formality normally followed during actual RCGP examinations. Each programme consists of an introduction by Dr T. Stuart Murray (one of the examiners), a thirty-minute oral of one candidate by two examiners, the examiners' discussion during which a score is awarded and, finally, Dr T. Stuart Murray's summing-up in which he comments on the number of decision-making, knowledge and attitudinal questions used.

Duration of each programme is around forty minutes. Copies for sale on U-matic, Beta and VHS.

For further information contact: Mrs Lysbeth Macleod, University of Glasgow, 64 Southpark Avenue, GLASGOW G12 8LB. Tel: 041-339 8855 Ext. 585 or 611.