

# When a patient comes to you with a pulled muscle, maybe you should recommend Flora.

Perhaps the best time to start your patients thinking more seriously about their health is when they come to you with some more routine complaint.



It is now widely accepted that changes in diet and lifestyle can dramatically decrease the risk of Coronary Heart Disease developing.

So the best time to recommend Flora is before, not after, any symptoms of CHD present themselves.

Flora is high in essential polyunsaturated fats (*cis-cis* linoleic), because it is made with pure sunflower oil.

Whenever an opportunity arises to recommend ways in which your patients could reduce the CHD risk factors, recommend they change to Flora, too.

**Flora. High in essential polyunsaturates.**





**duphar** Further information is available on request. Duphar Laboratories Limited, West End, Southampton. Tel: 0703 472281 

**Patients with  
hypertension or angina  
are infarction-prone**



**BETIM<sup>®</sup>**  
timolol maleate

**the beta-blocker with a difference**

**No other beta-blocker has performed  
as well as timolol in post infarction  
prophylaxis studies**

**Prescribing Information, Indications:** Hypertension, angina and for protection after a myocardial infarction. **Presentation:** Each tablet contains 10 mg timolol maleate. **Dosage:** Hypertension: 1-3 tablets once daily. Angina: 1-3 tablets b.d. Myocardial infarction: 1/2 tablet b.d. for 2 days then 1 tablet b.d. **Contra-indications:** Heart failure, heart block, cardiogenic shock, obstructive respiratory disease, myocardial depressant anaesthetics, pregnancy. **Precautions:** Prolonged depression of sympathetic drive may precipitate cardiac failure. Caution in patients who are diabetic or who are taking catecholamine-depleting drugs. Renal and hepatic dysfunction. **Side Effects:** Gastro-intestinal symptoms, paraesthesia and cold limb extremities, dizziness, myopia, sedation, depression, weakness, dyspnoea, bradycardia, heart block, heart failure, bronchospasm. **Warning:** Skin rashes and or dry eyes, discontinuation should be considered. Cessation of therapy should be gradual. **Product Licence Number:** 0748 0015 **Basic N.H.S. Price:** 100 £S 77



Further information available on request. Edwin Burgess Limited, Longwick Road, Princes Risborough, Aylesbury, Bucks. HP17 9RR