

Prescribing Notes for 'Kalten' and 'Tenormin' LS

DOSAGE

Hypertension 'Kalten' – 50 mg atenolol + 25 mg hydrochlorothiazide + 2.5 mg amiloride hydrochloride las amiloride hydrochloride BP 2.84 mg) orally one capsule daily, recommended where monotherapy with beta-blocker or diuretic proves inadequate.

Tenormin' LS – 50 mg atenolol orally once a day; some patients may respond adequately to Tenormin' low strength (LS).

Children – 'Kalten' and 'Tenormin' LS are not recommended for use in children.

Elderly patients - Dosage requirements for Tenormin' LS may be lower, especially in patients with renal impairment.

Kalten' may be suitable for older patients where higher doses of the constituents are considered mappropriate.

CONTRA-INDICATIONS

"Kalten": Heart block, hyperkalaemia, anuria, acute renal failure, sewere progressive renal desease, diabetic nephropathy; blood urea over 10 mmol/1 or serum creatinine over 130 micromol/1 if not possible to monitor carefully and frequently. In renal impairment additional potassium conserving agents may cause hyperkalaemia. Sensitivity to hydrochlorothiazide or amilionde hydrochloride. Tenormin (15.) Heart block.

PRECAUTIONS

Untreated cardiac failure, bradycardia, renal failure, anaesthissia, pregnancy Disturbled fluid or electrolyte balance. Caution in patients with chronic obstructive airways disease or ashma. Atenolol modifies the tachycardia of hypoglycaemia. Co administration with verapamil or Class I antidysrhythmic agents. Withdrawal of clonidine

Withdrawal of beta-blocking drugs should be gradual in patients with ischaemic heart disease Additional precautions for 'Kalten'

Co-administration with futhium.

Metabolic effects: Measurement of potassium levels is appropriate, especially in the older nation, those receiving diotals.

older patient, those receiving digitalis preparations for cardiac failure, taking abnormal (low in potassium) diet or suffering from gastrointestinal complaints.

Caution in metabolic or respiratory acidosis **Diabetes:** Katten' may lower glucose rolerance. Discontinue before glucose tolerance testing. Hyponatraemia and hypochloraemia may occur.

Hepatic or renal impairment: Caution in patients where fluid and electrolyte balance is critical. Hyperkalaemia and hypokalaemia may occur. Discontinue treatment if increasing azotaemia and oligura occur.

Amiloride may precipitate hepatic encephalopathy. Jaundice may occur in cirrhooc

Breast-feeding: Discontinue if 'Kalten' deemed essential

SIDE-EFFECTS

Coldness of extremities, bradycardia and muscular fatigue may occur. Sleep disturbance rarely seen. Rashes and dry eyes have been reported with beta-blockers - consider discontinuance if they occur. With amilionde hydrochloride and hydrochloriothazide gastrointestinal disturbances may occur. Side-effects commonly associated with diuresis, dizziness and headache may occur. Skin rashes and blood dyscrasias have been reported.

PRODUCT LICENCE NUMBERS AND BASIC NHS COST

'Kalten' Capsules 29/186 in calendar packs of 28, £6.70.

'Tenormin' LS Tablets 29/86 in calendar packs of 28, £4.88.

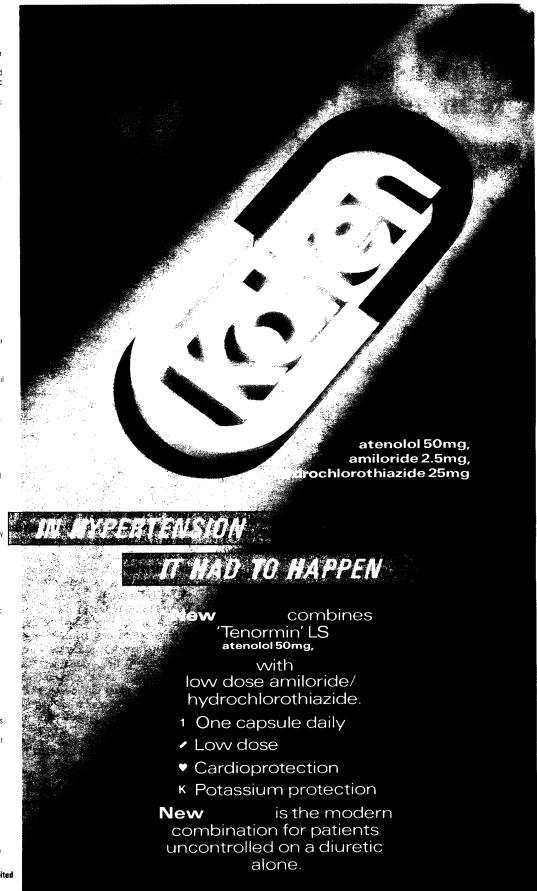
'Kalten' and 'Tenormin' LS are trade marks.

Further information is available on request from the Company.



Stuart Pharmaceuticals Limited Stuart House, 50 Alderley Road, Wilmslow, Cheshire SK9 1RE.

STUART



Natrilix brings down blood pressure not the patient...

Presentation

Pink biconvex sugar-coated tablets each containing 2.5 mg indapamide hemihydrate.

For the treatment of hypertension. Natrilix may be used as sole therapy or combined with other antihypertensive agents.

Dosage and Administration Adults: The dosage is one tablet daily, containing 2.5 mg indapamide hemihydrate, to be taken in the morning. The action of Natrilix is progressive and the reduction in blood pressure may continue and not reach a maximum until several months after the start of therapy. A larger dose than 2.5 mg Natrilix is not recommended as there is no appreciable additional anti-hypertensive effect. The co-administration of Natrilix with diuretics which may cause hypokalaemia is not recommended.

Children: There is no experience of the use of this drug in children.

Contra-indications, Warnings, etc.

There are no absolute contra-indications to the use of Natrilix but caution should be exercised when prescribing Natrilix in cases of severe renal or hepatic impairme

Side Effects
Reported side effects have in 5 de and headache but they are general.

105 NATRILIX alone achieves successful control in 7 out of 10 patients 1 100 indapamide

Caring for the hypertensive patient – one tablet daily

CLASSIFIED ADVERTISEMENTS AND NOTICES

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The Health Education Council which is responsible for the development and promotion of health education in England, Wales and Northern Ireland wishes to recruit a Consultant to facilitate the development of its work in primary health care in the NHS.

The person appointed will work with the Council's Medical Officer responsible for this area of work and will be expected to devote a maximum of three half days per week to this consultancy.

Applications are invited from appropriate professionals — general practitioners, health visitors and other primary health care team members — who can demonstrate a keen appreciation of the role and potential of health education within the primary health care field, coupled with sound administrative and managerial skills

Remuneration will be based upon agreed rates for the profession of the successful candidate.

Further details and an application form may be obtained from: Mr T.J. Carwright, MA Grad, IPM, Assistant Secretary, Personnel and Administration, The Health Education Council, 78 New Oxford Street, London WC1A 1AH.

PARTNERSHIP WANTED

Experienced principal (MRCGP, 39) seeks a change of habitat from high list size to low list size, from indifferent patient care to good patient care. Radical outlook, willing to accept below average income. Write Box 1005, Journal of The Royal College of General Practitioners, T.G. Scott & Son Ltd., 30/32 Southampton Street, Covent Garden, London WC2E 7HR.

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DIPLOMA IN GERIATRIC MEDICINE

The Diploma in Geriatric Medicine is designed to give recognition of competence in the provision of care for the elderly, and is particularly suitable for General Practitioner vocational trainees, Clinical Assistants and other doctors working in non-consultant career posts in Departments of Geriatric Medicine, and other doctors with interests in or have responsibilities for the care of the elderly.

The next examination will begin on Tuesday 6th May 1986. Application forms, together with the necessary documentation, must reach the College by 25th March 1986.

Prospective candidates should hold Full or Limited Registration with the General Medical Council of the United Kingdom, or be eligible to hold Limited Registration. Candidates must either have held a post approved for professional training in a department specialising in the care of the elderly, or have had experience over a period of 2 years since Full Registration or equivalent in which the care of the elderly formed a significant part.

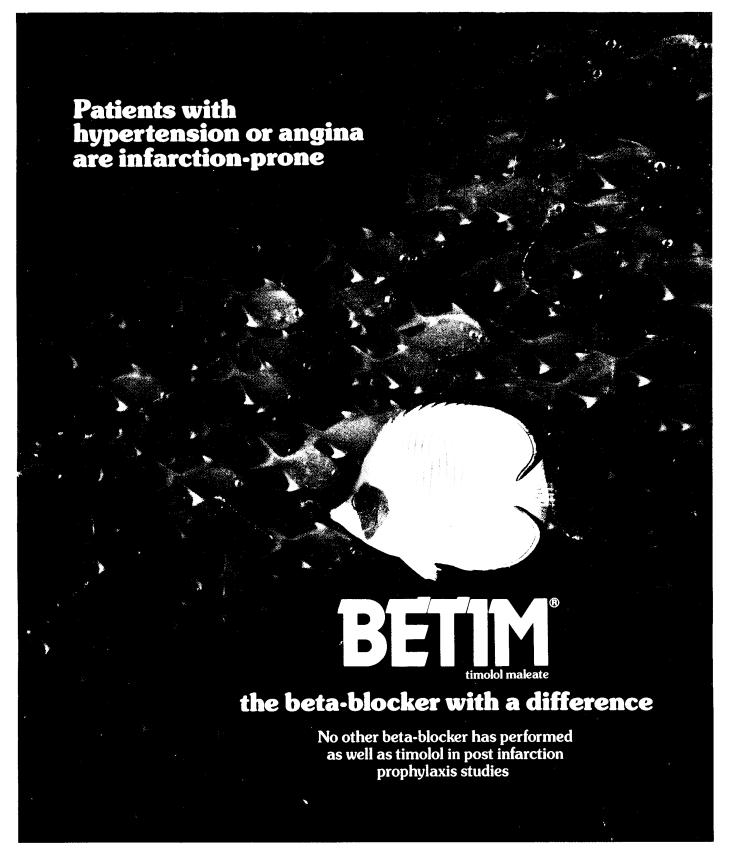
Further details and an application form may be obtained from: Diploma Examinations, Royal College of Physicians of London, 11 St Andrews Place, Regent's Park, London NW1 4LE.

WINDSOR AND DISTRICT POSTGRADUATE MEDICAL CENTRE

A REFRESHER COURSE FOR GENERAL PRACTITIONERS

is to be held here from Monday 12 May to Friday 16 May, 1986. A registration fee of £35 will cover lunches, coffees, teas etc. Light entertainment in the evenings will be arranged. The course is recognised for Section 63 allowances and numbers will be limited so early application is advised.

Further details are available from Mrs. C.J. Chitty, Postgraduate Medical Centre, King Edward VII Hospital, Windsor, Berkshire.



Prescribing Information. Indications: Hypertension immanated for protection after a mysearchal intaction. Presentation: Lactitablets contains 10 maj timolol malente. Dosage: Hypertension: 1.3 tablets once daily Angina: 1.3 tablets bid. Mesearchal infarction..., tablet bid. to 2 days then 1 tablet bid. Contra-indications: Heart fallow, heart block, cardiogenic shock, obstructive respiratory disease ingo cardial depression at state states a pregnancy Precautions: Prolonged depression of scrippathetic drive may precipitate cardiac tailore. Caution in patients who are diabetic or who are taking catechedamins depleting drugs. Renalland hepatic destinction. Side Effects: Castro intestinal semptone, parastriesta and cold limb extremates dizzmess insomina sedation, depression workness, despinora, brodycardia, heart block, heart failure, bronchospasm. Warying: Skir nashes and or dry eyes, discontinuation should be considered. Cessation of the app should be gradual. Product Licence Number: 0748-0015.

Basic N.H.S. Price: 100.0877. Further information available on request. Regions, Justic Mesearchal



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