

Monit¹⁰ LS

Isosorbide mononitrate 10mg

LOW STRENGTH

THE FIRST STEP

Introducing new 'Monit' LS
Low Strength 'Monit'
for your new mononitrate patients

Rx. 'Monit' LS 1 tablet b.d. initially

Monit²⁰

Isosorbide mononitrate 20mg

▼ Prescribing Notes for 'Monit' and 'Monit' LS

Dosage

PROPHYLAXIS OF ANGINA – Usually one 'Monit' tablet two or three times daily. For patients not receiving prophylactic nitrate therapy, the initial dose should be one 'Monit' LS tablet twice daily. Maintenance dose in individual patients will be between 20 and 120 mg daily.

ELDERLY PATIENTS – Dosage requirements may be reduced, especially in patients with hepatic or renal impairment.

Contra-indications

A known sensitivity to the drug or isosorbide dinitrate.

Warnings

The following adverse effects may be seen with nitrate therapy: 1. Cutaneous vasodilatation, headache, dizziness and weakness may occur. If headache is a problem, a temporary lowering of the 'Monit' dose may be necessary. The incidence of these effects is highest at commencement of treatment and tends to decline with time. 2. Postural hypotension may occur, especially with high doses. 3. Nitrate preparations can act as physiological antagonists to noradrenaline, acetylcholine, histamine and other agents. 4. Dry rash and/

or exfoliative dermatitis have been described rarely with isosorbide dinitrate and similar reactions might be expected occasionally.

Pregnancy and lactation: Nitrates should not be given to pregnant women and nursing mothers unless essential.

Product Licence Numbers and Basic NHS Cost:

'Monit' tablets each containing 20 mg of isosorbide mononitrate 29/174 in calendar packs of 56 tablets, £4.78 or bottles of 100 tablets, £8.40.

'Monit' LS tablets each containing 10mg of isosorbide mononitrate 29/194 in calendar packs of 14 tablets, £0.83.

'Monit' and 'Monit' LS are trade marks.

Further information is available on request from the Company.



Stuart Pharmaceuticals Limited
Stuart House, 50 Alderley Road,
Wilmslow, Cheshire SK9 1RE.

Resolve his otitis media first time

The distress of a child with otitis media may have you reaching for the nearest broad spectrum antibiotic. But be sure that the antibiotic you choose has sufficient spectrum to cover the likely pathogens. Because, neither ampicillin nor amoxycillin are likely to be effective against the resistant strains of *H. influenzae* increasingly encountered.¹ And that's why Distaclor makes a logical treatment choice. Because it gives you broad spectrum² plus activity against resistant *H. influenzae*.³ So next time you prescribe for otitis media, prescribe Distaclor. Just to be sure.

DISTACLOR cefaclor
JUST TO BE SURE 

Prescribing Information. **Presentation** Capsules containing 250 mg cefaclor. Granules for suspension containing 125 mg cefaclor/5 ml. Granules for suspension containing 250 mg cefaclor/5 ml. **Uses** DISTACLOR is indicated for the treatment of upper and lower respiratory tract, skin and soft tissue and urinary tract infections when due to susceptible micro-organisms. **Dosage and Administration** DISTACLOR is administered orally. **Adults:** The usual dosage is 250 mg every 8 hours, increasing to a maximum of 2 g per day if necessary. DISTACLOR may be administered in the presence of impaired renal function. Under such conditions dosage is unchanged. **Children:** The usual recommended daily dosage for children is 20 mg/kg/day in divided doses every 8 hours, increasing to a maximum of 1 g per day if necessary. **Contra-indications** Hypersensitivity to cephalosporins. **Warnings** Cephalosporins should be given cautiously to patients with known penicillin sensitivity. Severe reactions (including anaphylaxis) have been reported occasionally in patients receiving penicillins or cephalosporins. In patients with markedly impaired renal function, safe dosage may be lower than that usually recommended. The safety of DISTACLOR for use during pregnancy has not been established. **Precautions** Prolonged use of DISTACLOR may result in the overgrowth of non-susceptible organisms. Positive direct Coombs' tests have been reported. **Side-effects** Gastro-intestinal disturbances (diarrhoea, nausea, vomiting). Hypersensitivity-Allergic reactions (urticaria, morbilliform eruptions, pruritus). Serum sickness-like reactions. Slight elevation in AST (SGOT) and ALT (SGPT). Eosinophilia. **Legal Category** POM. **Product Licence Numbers** Capsules 250 mg 0006/0118 PA47/39/1 (Eire) Suspension 125 mg/5 ml 0006/0120 PA47/39/3 (Eire) Suspension 250 mg/5 ml 0006/0121 PA47/39/4 (Eire). **Basic NHS Cost** Adults: 250 mg Capsules 1 tid 10.81 per day. Children: 1-5 years 125 mg/5 ml suspension 5 ml tid 10.49 per day. **References:** 1. Br.Med.J., 1982; **284**: 1597-1599. 2. Data on file. 3. Scand.J.Int.Dis., 1983; Suppl. 39: 109-111.

CLASSIFIED ADVERTISEMENTS AND NOTICES

Classified Advertisements are welcomed and should be sent to: Classified Advertising Manager, T.G. Scott and Son Limited, Media Managers, 30-32 Southampton Street, London WC2E 7HR. Telephone: 01-240 2032. Copy must be received six weeks before the 1st of the month of issue to ensure inclusion. Every effort will be made to include advertisements received after this date but publication cannot be guaranteed and the advertisement may have to be held over to the following issue.

The charge for space in this section is £6.35 per single column centimetre, plus 30p if a box number is required, plus VAT at 15%. Fellows, Members and Associates of the Royal College of General Practitioners may claim a 10% reduction. Replies to box numbers should be sent to the above address, with the box number on the envelope.

The inclusion of an advertisement in this *Journal* does not imply any recommendation and the Editor reserves the right to refuse any advertisement. All recruitment advertisements in this section are open to both men and women.

KING'S FUND CENTRE FOUR-DAY COURSE IN MEDICAL MANIPULATION

Drs. John Paterson & Loic Burn offer a series of courses in medical manipulation.

These courses are designed around the tutors' "An Introduction to Medical Manipulation", published in 1985, (see review in "Pain" in January 1986) and their "Examination of the Back - An Introduction", published in 1986. Both books are included in the course fee.

The courses are zero-rated for Section 63. Both courses are run at the King's Fund Centre, London, NW1 7NF.

Details of the forthcoming series are as follows:-

Part I 16th to 19th September, 1986 (general principles)
Part I 7th to 10th April, 1987 (general principles)

All dates are inclusive.

The fee for each course remains £195.

Those interested should apply early, with remittance, to: Dr J.K. Paterson, 7 Wesley Court, 51-55 Weymouth Street, London W1N 3LE.

(1013)

WEST CORNWALL

2 man training practice requires non-smoking trainee from 1.10.86. Seaside and rural mixed social classes.

All usual facilities plus computer and cottage hospital beds with casualty, minor ops etc. Half day VTS Truro. Partners on 1:6 rota. Emphasis on informal, personalised medicine.

Dr B. Whyte, 9 Fore Street, St Ives. Tel: 0736 795237.

(1011)

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Contact Dr John Holliday, The Knoll, Cley, Holt, Norfolk (0263-740348).

(1012)

MRCGP PRACTICE EXAMS

New book now available edited by John Sandars, General Practice Tutor, Stockport, Cheshire and Secretary of Education Subcommittee, North West Faculty RCGP. This book contains essential advice and tips for every MRCGP candidate - two complete MCQ practice examinations with marking system, answers and teaching explanations, two MEQ papers, two PTQ papers both with samples and marking schedules. Oral and Log Diary techniques and presentations revision index and recommended book list. Send cheque now for £7.95 plus 75p p&p. The books are despatched the same day by first class mail.

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Galley Hill, Hemel Hempstead,
Herts HP1 3LE. Tel: Hemel
Hempstead (0442) 52113.

(1003) **PASTEST**

BRITISH ASSOCIATION OF MANIPULATIVE MEDICINE

The long-established series of weekend courses at the Brook Hospital, Shooters Hill Road, SE18 4LW, is to be resumed this autumn. Dates and subjects are given below, and applications should be made to the Hon. Secretary, BAMM, 14 Wimpole Street, London W1M 7AB, as soon as possible.

Course fee, £180 for the four basic weekends; £55 for the follow-up weekend. Section 63 applied for, (previously granted).

8th/9th November, 1986 Introduction + Thoracic Spine

6th/7th December, 1986 Cervical Spine

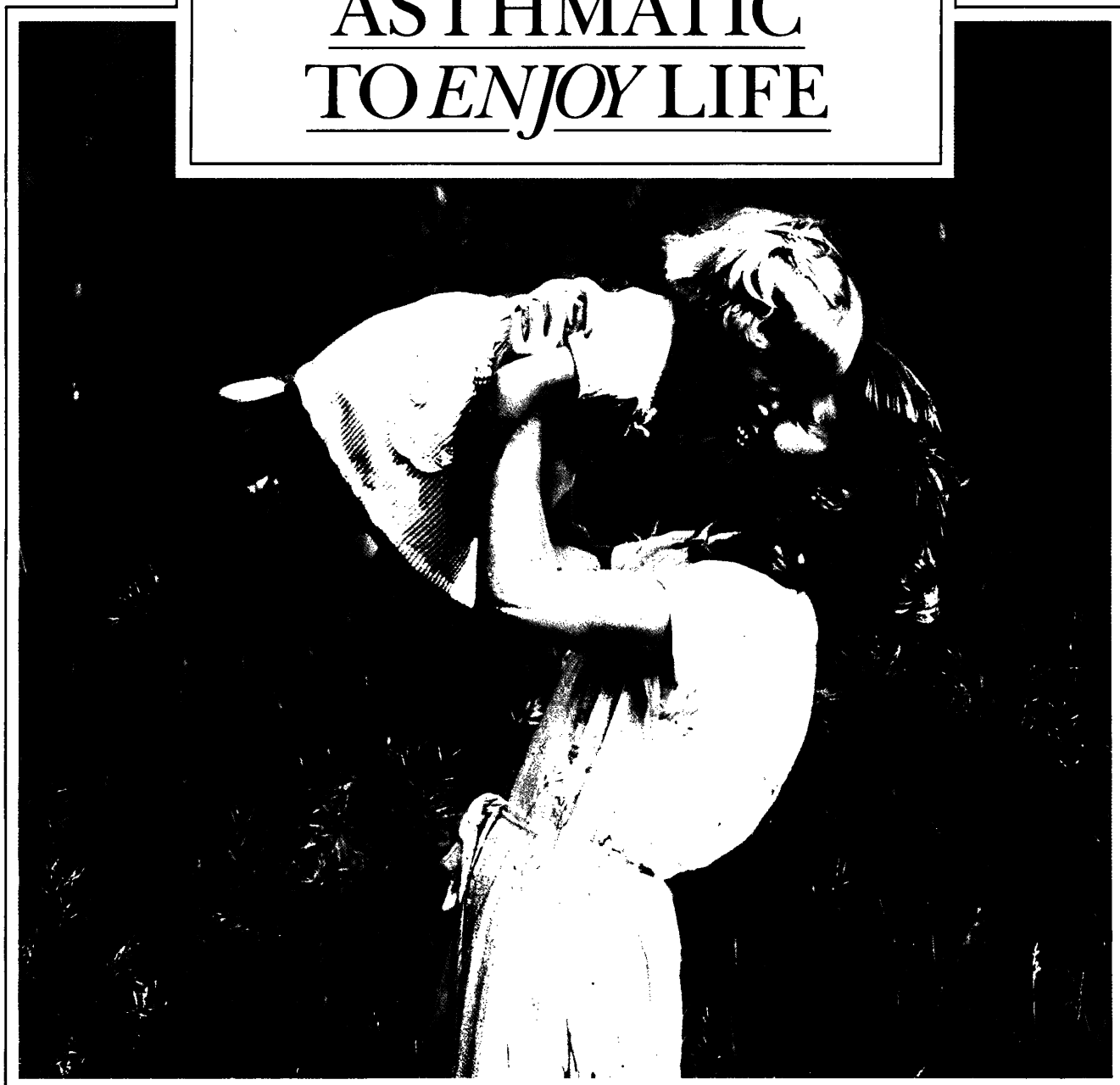
24th/25th January, 1987 Lumbar Spine

21st/22nd February, 1987 Peripheral Joints

28th/29th March, 1987 Follow-up weekend, (for experienced manipulators).

(1014)

HELPING THE ASTHMATIC TO *ENJOY* LIFE



Allen & Hanburys have always been amongst the leaders in research into asthma. We were, for example, one of the first companies to introduce an inhaler for asthmatics over sixteen years ago and, since then, we have made available a range of products which have proved of significant benefit to many thousands of patients.

Today, our commitment to asthma control is stronger

than ever with the development of an extensive asthma education programme for all health professionals. This includes the award-winning video 'Understanding Asthma', which provides patients with information about their condition and its treatment. For further information about this video, including details about its availability for sale to health professionals, please contact the Professional Services Manager.



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