



# HEAVY ACHING LEGS

*Stasis oedema, restless fidgety legs and night cramps — all signs and symptoms of venous disorders.*

*Paroven<sup>®</sup> relieves the pain and discomfort of these distressing symptoms.*

*Paroven<sup>®</sup> works by reducing capillary hyperpermeability, helping prevent the development of more serious conditions.*

## PAROVEN

oxerutins

**Paroven Prescribing Information. Presentation** Capsules printed 'Paroven Zyma' containing 250mg oxerutins **Uses** For long-term relief of the symptoms of capillary impairment associated with venous insufficiency, especially of the lower limb, for example painful heavy tired legs, restless legs, ankle oedema, varicose states with or without ulceration. **Dosage** For oral administration. Adults 3-4 capsules per day. **Contra-indications, warnings, etc** There are no known contra-indications. **Side-effects** Minor complaints such as slight gastro-intestinal upsets, flushes and headaches have been reported. **Precautions** Avoid using during 1st trimester of pregnancy. **Legal Category P. Package Quantity and Basic N.H.S. Price** Boxes of 120 capsules, in 6 x 20 blister strips. £14.02 **P.L. No.** 0030/5002 Further information is available from Zyma (United Kingdom) Limited, Westhead, 10 West Street, Alderley Edge, Cheshire, SK9 7XP. \*Registered Trade Mark.

**NOW  
LOWER  
PREMIUMS!**



# When the doctor becomes the patient, who pays for the Locum?

If you, as a GP, are unable to work, because of accident or illness, you're going to need a Locum.

Even within a group practice, where you and your partners agree to share extra duties if one becomes ill, a Locum is normally called in if you're off for more than a month.

And today, with the cost of a Locum amounting to as much as £500 a week, it can be a pretty hefty drain on your income. Particularly so if you do not qualify for Locum Assistance.

The answer, to ensure peace of mind, is the Locum Insurance Plan from M.I.A.

Based on a Group Accident and Sickness policy, underwritten by the Cornhill Insurance Group, M.I.A. Locum schemes provide excellent cover at low cost, both for individuals and group practices. Premiums do not increase with age and the same rates apply to both males and females.

If you don't qualify for Locum Assistance, you can obtain cover at low cost via Scheme 1. A mixture of Scheme 1 and 2 would be appropriate for those who would qualify (in our experience a minority of doctors) which would further reduce the cost of your protection.

## Scheme 1

Weekly benefit, after the first four weeks during continuous disablement, up to a maximum of 48 weeks.

Example of annual cost:

£500 per week cover. Smokers £205. Non-smokers £180

## Scheme 2

Weekly benefit, after the first 26 weeks, during continuous disablement, up to a maximum of 26 weeks.

Example of annual cost:

£500 per week cover. Smokers £90. Non-smokers £80

**In both schemes there is a 10% discount for groups with more than 5 members.**

If you'd like to know more about MIA's Locum Insurance Plan, and whether or not you qualify for Locum Assistance, simply return the coupon and we'll send you a booklet giving full details, without obligation. No stamp is necessary.

**MIA** MEDICAL  
INSURANCE  
AGENCY  
FINBPA

**WE'VE BEEN MINDING YOUR  
BUSINESS FOR OVER 80 YEARS.**

To: Medical Insurance Agency Ltd., FREEPOST, Holborn Hall,  
100 Gray's Inn Road, London, WC1X 8BR.

Telephone: 01-404 4470

Please send me full details of the Locum Insurance Plan.  
BLOCK LETTERS PLEASE

Name (Dr, Mr, Mrs, Miss) \_\_\_\_\_

Address \_\_\_\_\_

E/RCGP/3 Tel No: \_\_\_\_\_

## CLASSIFIED ADVERTISEMENTS AND NOTICES

Classified Advertisements are welcomed and should be sent to: Debby Tardif, Iain McGhie and Associates, 7a Portland Road, Hythe, Kent CT21 6EG. Telephone: 0303-64803-62272, Fax: 0303-62269. Copy must be received three weeks before the 1st of the month of issue to ensure inclusion. Every effort will be made to include advertisements received after this date but publication cannot be guaranteed and the advertisement may have to be held over to the following issue. The charge for space in this section is £8.00 per single column centimetre, plus 30p if a box number is required, plus VAT at 15%. Fellows, Members and Associates of the Royal College of General Practitioners may claim a 10% reduction. Replies to box numbers should be sent to the above address, with the box number on the envelope. The inclusion of an advertisement in this *Journal* does not imply any recommendation and the Editor reserves the right to refuse any advertisement. All recruitment advertisements in this section are open to both men and women.

### PARTNERSHIP

#### LOCHMADDY ISLE OF NORTH UIST

In this Island Dispensing Practice covering North Uist and Berneray there are 1740 patients and we do a lot of home visits based on the "Lochmaddy Tally Board". I was single-handed until 1982 when Peter Maxted retired from his Grantham Practice after 35 years. He came up with me as a Partner on a flexi-time schedule usually in eight week blocks. He was on a part share and using his pension towards salary. This was a new and very rewarding life for him and his wife. It has been equally good for my wife, family and myself. He is retiring fully in December 1988 and I am keen to find a successor for him on a similar basis.

We call ourselves a "Learning Practice" and usually have a trainee. We receive students from several medical schools.

I am seeking a doctor who is over 60 and would come for two - five years. I would hope that the doctor would have been a trainer recently, have a positive approach to health care and have been active on behalf of his colleagues within the RCGP, BMA or LMC. It is hoped that the doctor would have or could develop hobbies appropriate to this area. A four bedroomed fully furnished house is available.

Further information from Peter Maxted (08763-382) or Dr John A.J. MacLeod, DL, MRCGP, Lochmaddy, Isle of North Uist, Western Isles (08763-333 day or 224 evenings).

#### REPLACEMENT PART-TIME PARTNER

required from July, 1988. Eight-doctor practice North West Durham. Full ancillary and attached staff. Purpose built surgery and health centre.

For further details telephone Annfield Plain Surgery 0207 234335, Mrs. Allan.

### ACCOMMODATION

#### MEMBERS SEEK ACCOMMODATION NEAR CENTRAL LONDON

Two British doctors plus baby, at present working in developing country, start MSc course in September 1988 and seek flat/house near central London for one year. Reliable house sitting in return for reasonable rent.

Please reply to: Box No. 102, Journal of the Royal College of General Practitioners, 7a Portland Road, Hythe, Kent CT21 6EG.

### APPOINTMENTS

#### UNIVERSITY OF HONG KONG

#### Director of the University Health Service

(Re-advertisement)

Applications are invited for the Directorship of the University Health Service (UHS), tenable from July 1, 1988 following the retirement of Dr I.F. Osmund. The UHS looks after the health needs of students and also delivers health care to staff and their dependants. It provides a variety of services including outpatient medical, dental and physiotherapy services. The appointee is expected to be well qualified and to have substantial experience in patient care.

Salary (superannuable) will be within the professional range. Starting salary will be not less than HK\$417,240 p.a. (approx. £29,380; sterling equivalent as at January 14, 1988) and will be commensurate with professional and administrative experience. At current rates, salaries tax will not exceed 16½% of gross income. Housing at a charge of 7½% of salary, childrens' education allowances, leave, and medical benefits are provided.

Further particulars and application forms may be obtained from the Secretary General, Association of Commonwealth Universities (Appts), 36 Gordon Square, London WC1H 0PF, or from the Appointments Unit, Registry, University of Hong Kong, Hong Kong. Closes 22 April 1988.

#### EDITOR OF THE JOURNAL OF THE ASSOCIATION OF COURSE ORGANISERS

The Association of Course Organisers invites applications for the post of Honorary Editor to the Journal of the Association of Course Organisers.

The Journal enjoys a national and international reputation and contains articles on practical aspects of teaching vocational training and continuing medical education.

It is expected that the Editor will spend 2-3 hours a week on the Journal. The Association will reimburse secretarial expenses and will provide word processing and dictating equipment. The Journal is reproduced and circulated by Upjohn Pharmaceutical Company.

It is anticipated that there will be an overlapping period before the present Editor retires.

In the first instance any interested person should contact the present Editor: Dr Declan Dwyer, 167 North Road West, Plymouth PL1 5BY. Telephone: 0752-662780.

**COURSES**

**UNIVERSITY COLLEGE & MIDDLESEX SCHOOL OF MEDICINE**

(University of London)

**A COURSE FOR GENERAL PRACTITIONERS ON HIV INFECTIONS/AIDS AND SEXUALLY TRANSMITTED DISEASES**

to be held at

**The Middlesex Hospital, 5 and 6 May 1988**

Course Organizer: Dr James Bingham, Director of the Genito-Urinary Department, The Middlesex Hospital

Section 63 applied for

Details and application forms from: Kathleen Luckey, Postgraduate Secretary, University College & Middlesex School of Medicine, Riding House Street, London W1P 7PN. Telephone: 01 636 8333.

**UNIVERSITY OF DUNDEE  
Ninewells Hospital and Medical School**

**POSTGRADUATE MEDICAL EDUCATION**

Course for General Medical Practitioners  
Approved Section 63

Refresher Course in Medicine for General Medical Practitioners  
13th to 17th June, 1988

Further particulars may be obtained from the Postgraduate Office, Ninewells Hospital and Medical School, Dundee DD1 9SY.

**COMPUTERS, PRACTICE MANAGEMENT AND THE PRIMARY HEALTH CARE TEAM**

A Residential Conference organised by the British Computer Society Primary Care Group

on March 25th, 26th 1988  
in the Renold Building, UMIST Manchester

Section 63 approved for all staff

Full details and booking information from Professor B. Richards (Primary Care '88), Dept. of Computation, UMIST, Sackville Street, Manchester M60 1QD; or telephone Conference Secretary, 061 236 3311 ext. 2337.

**WELSH MRCGP COURSE**

AT ABERYSTWYTH, DYFED  
Tuesday 19th to Saturday 23rd April 1988

The above Course has been instigated by a decision of the Welsh Council of the RCGP and will be a residential course in buildings of the University College of Wales where opportunity will be offered for individual and group work in preparation for MCQ, MEQ and vivas of the MRCGP examination. Examiners of the College will be present. Pre-course work will be required and Section 63 approval has been sought.

Course members will be required to pay for the Course which will not be more than the sum receivable under Section 2, at the start of the Course and a deposit of £50 will be required on confirmation of being offered a place on the Course.

Please apply to: Mrs Janet Eagles, Postgraduate Centre, Bronglais General Hospital, Aberystwyth, Dyfed SY23 1ER.

**TOWARDS BETTER GENERAL PRACTICE**

(Thames Valley Faculty of the RCGP)

**A RESIDENTIAL COURSE AT NEW COLLEGE, OXFORD  
10-13 APRIL 1988**

Main theme: **CARING FOR THE FAMILY**

Choice of topics for group discussion:

**TEAM BUILDING  
VIROLOGY  
GOOD WRITING  
EVERYDAY ETHICS**

Full social programme. Section 63 approved

Please apply to: Marilyn Woolfson, 89 Manor Way, Blackheath, London SE3 9XG. Telephone: 01-318-0751.

**MRCGP PRACTICE EXAMS**

Revision book available edited by John Sandars, General Practice Tutor, Stockport, Cheshire and Secretary of Education Subcommittee, North West Faculty RCGP. This book contains essential advice and tips for every MRCGP candidate - two complete MCQ practice examinations with marking system, answers and teaching explanations, two MEQ papers, two PTQ papers both with samples and marking schedules. Oral and Log Diary techniques and presentations revision index and recommended book list. Send cheque now for £8.50 plus 75p p&p. The books are despatched the same day by first class mail. Barclaycard and Visa accepted.

Dept. GP PasTest Service, 304 Galley Hill, Hemel Hempstead, Herts HP1 3LE. Tel: Hemel Hempstead (0442) 52113.

(1003)

**PASTEST**

**COUNSELLING IN GENERAL PRACTICE BOOKLETS**

"A Guide for Counsellors" and "A Guide for General Practitioners" Produced by the COUNSELLING IN MEDICAL SETTINGS DIVISION OF THE BRITISH ASSOCIATION FOR COUNSELLING  
Each booklet £2.00 (incl. postage) from: 37a Sheep Street, Rugby, Warwickshire CV21 3BX.