



TOWARDS THE LIGHT

Focus on effective antidepressant care

Faverin, the highly selective 5-HT reuptake inhibitor.

Selective action means:

- it lifts mood without sedating in the majority of patients¹
- it has little effect on the cardiovascular system³
- it produces minimal unwanted anticholinergic effects at therapeutic levels²
- impressive safety record in overdose even up to 8600mg

Most patients will respond to 100mg/day, taken each night.

 **Faverin two tablets nocte**

 **FAVERIN**[®]
fluvoxamine

HIGHLY SELECTIVE 5-HT REUPTAKE INHIBITOR

Faverin Prescribing Information ▼ Presentation: Round, yellow, enteric-coated tablets each containing 50mg fluvoxamine maleate, imprinted with 'Duphar 291'. Pack of 60 tablets, basic NHS price £25.00. PL 0512/0070. Uses: The treatment of symptoms of depressive illness. Dosage and Administration: The tablets should be swallowed without chewing and with water. *Adults, including the elderly:* Recommended starting dose of 100mg in the evening. Adjust according to response to maximum of 300mg daily, in divided doses. *Children:* Not recommended. Contra-indications, Warnings, etc: Avoid during pregnancy and in nursing mothers, unless compelling reasons. Do not use with, or within two weeks of, ending treatment with monoamine-oxidase inhibitors. Faverin has been used in combination with lithium in the treatment of patients with severe drug-resistant depression. However, lithium (and possibly tryptophan) enhances the serotonergic effects of Faverin and the combination

metabolised by liver and having narrow therapeutic index (eg warfarin, phenytoin and theophylline). Increased plasma levels of propranolol and warfarin seen in practice. No interactions seen with atenolol or digoxin. Side-effects: Most commonly, gastrointestinal; nausea, vomiting and diarrhoea. In some patients who report nausea, vomiting may occur. Caution should therefore be exercised when administering Faverin to patients with a medical condition likely to be exacerbated by vomiting. Others include dizziness, somnolence, agitation, headache and tremor. Anxiety reported less often. Convulsions have been reported. Avoid in patients with a history of epilepsy. Faverin may cause a decrease in heart rate; hypotension rarely reported. Further information available from: Duphar Laboratories Limited, Duphar House, Gaters Hill, West End, Southampton SO3 3JD. Telephone: 0703-472281. References: 1. Curran HV, Lader MH.

**WINDSOR AND DISTRICT POSTGRADUATE
MEDICAL CENTRE**

**A REFRESHER COURSE FOR
GENERAL PRACTITIONERS**

is to be held here from Monday 8 May to Friday 12 May 1989.

A registration fee of £50 will cover lunches, coffees, teas etc. Light entertainment in the evenings will be arranged. The course is recognised for Section 63 allowances and numbers will be limited so early application is advised.

Further details are available from Mrs C.J. Chitty, Postgraduate Medical Centre, King Edward VII Hospital, Windsor, Berkshire. Telephone: 0753 860441 Ext. 6339.

**2 DAY RURAL HEALTH STUDY
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Agrochemicals, Animal Transmitted Diseases, Rural Stress, Rural Medical Practice, Multidisciplinary PHLS HSE MAFF VIC WFU, Rural GPs, Vets and Consultant Input.

Section 63 Approved. Residential or Day.

Apply further details:

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PASTEST

DEPARTMENT OF HEALTH

INSTITUTE OF PSYCHIATRY/GENERAL PRACTICE RESEARCH UNIT

Thursday, 11th May, 1989

A MULTIDISCIPLINARY ONE DAY CONFERENCE AT THE INSTITUTE OF PSYCHIATRY

COUNSELLING IN GENERAL PRACTICE

TOPICS TO INCLUDE:

The need for counselling
Efficacy

Effectiveness
Practicalities and training issues

PARTICIPANTS TO INCLUDE:

Professor Anthony Clare
Dr Roslyn Corney
Annalee Curran
Dr Raanan Gillon
Dr Roger Higgs
Dr John Horder
Dr June Huntington

Jill Irving
Dr Rachel Jenkins
Professor Anthony Mann
Dr Jeffrey Marsh
Dr John Reed
Dr Geoffrey Rivett
Professor Michael Shepherd

Conference fee £30 to include lunch/refreshments.

Participants from all disciplines welcome.

For further information, please contact: Nadine Morgan, Conference Office, Institute of Psychiatry, De Crespigny Park, London SE5 8AF. Telephone: 01-703-5411 Ext. 3170.