

**Prescribing information**

**Presentation** Each tablet contains 2.5mg Triprolidine Hydrochloride BP and 60mg Pseudoephedrine Hydrochloride BP. Each 5ml of syrup contains 1.25mg Triprolidine Hydrochloride BP and 30mg Pseudoephedrine Hydrochloride BP. **Uses** Symptomatic relief of allergic rhinitis. **Dosage and administration** *Adults, and children over 12 years:* 1 tablet or 10ml syrup t.d.s. *Children 6-12 years:* 5ml syrup t.d.s.; *2-5 years:* 2.5ml syrup t.d.s. **Contra-indications, warnings, etc.** **Contra-indications:** Contra-indicated in patients intolerant to pseudoephedrine or triprolidine; in patients taking monoamine

oxidase inhibitors or within two weeks of stopping such treatment; and in patients with severe hypertension or severe coronary artery disease. **Precautions:** Although pseudoephedrine has virtually no pressor effect in normotensive patients, Sudafed Plus should be used with caution in patients taking anti-hypertensive agents, tricyclic antidepressants, or other sympathomimetic agents. Because of its pseudoephedrine content, Sudafed Plus may partially reverse the effect of anti-hypertensive agents which modify sympathetic activity. **Side- and adverse effects:** In some patients, pseudoephedrine may occasionally cause insomnia. Rarely, sleep disturbances and

hallucinations have been reported. Triprolidine may cause drowsiness, and patients should not drive a vehicle or operate machinery until they have determined their own response. In patients, the drowsiness induced by antihistamines may be potentiated by alcohol or other central sedatives. **Basic NHS Prices:** Tablets: £0.65 for 10 (PL 3/0248). Syrup: £1.06 for 100ml (PL 3/0249). Further information is available on request. **Calmic Medical Division**  
The Wellcome Foundation Ltd,  
Crewe, Cheshire



# Blocked-up?



Clear blocked noses with  
dual-action Sudafed Plus.

Decongestant plus antihistamine for allergic rhinitis

## SUDAFED\* PLU

Pseudoephedrine Hydrochloride BP  
Triprolidine Hydrochloride BP

**CALMIC MEDICAL  
DIVISION**

THE WELLCOME FOUNDATION LTD

41/000



# The Royal College of General Practitioners

## Services for Fellows, Members and Associates

### FACULTY MEMBERSHIP

Every Member and Associate of the College is automatically a member of a faculty and receives information and notices of the many faculty activities. Details about faculties are available from the Faculty Development Unit.

*Administrative Officer:* Kevin Terry.

### ACCOMMODATION AND CATERING

Members of the College are welcome to stay at 14 and 15 Princes Gate; early booking is recommended. Bed and breakfast may be obtained at rates shown regularly in the *Journal*. Bookings should be sent to Lindsey Demetriou, the Accommodation Secretary. Public rooms may be hired subject to availability. Please contact Elizabeth Monk, Secretary to the Establishments Officer, at the Royal College of General Practitioners, 14 Princes Gate, Hyde Park, London SW7 1PU. Telephone 01-581 3232.

### JOURNAL

The *British Journal of General Practice* is published monthly and is circulated free of charge to all Fellows, Members and Associates of the College. The 1990 subscription rate for non-members in the UK is £80, £90 for outside the UK (post free, there is a £10 surcharge on the outside UK rate if airmail is required). Half-year subscriptions are available from July onwards. Single copies and back numbers are also available and further information about these can be obtained from Bailey Bros and Swinfen Ltd.

*Editor:* Dr EG Buckley, MD, FRCPE, FRCGP, 12 Queen Street, Edinburgh EH2 1JE. Tel: 031-225 7629. Fax: 031-220 6750.

*Journal Sales:* Bailey Bros and Swinfen Ltd, Warner House, Folkestone, Kent CT19 6PH. Tel: 0303-850501.

### COLLEGE PUBLICATIONS

The Publications Office of the College is responsible for *Policy Statements*, *Reports from General Practice* and *Occasional Papers*. The former two are distributed free of charge to all Fellows, Members and Associates of the College and carry the approval of the College. The *Occasional Papers* are for sale at prices shown regularly in the *Journal*. The Exeter office is also responsible for coordinating material for the annual *RCGP Members' Reference Book* and for publishing a number of books for the College. All College publications are available by post or personal application from the RCGP Central Sales Office.

*Honorary Editor:* Professor DJ Pereira Gray, OBE, MA, FRCGP, 9 Marlborough Road, Exeter, Devon EX2 4TJ. Tel: 0392-57938.

### SALES OFFICE

The Sales Office at 14 Princes Gate is open from 9.30 to 16.30 hours, Monday to Friday, for personal callers to view and purchase College publications and gifts. Postal orders for Medical Record Cards, Publications and Appeal Goods are processed by this office, on a cash-with-order basis. Visa and Access welcome (Tel: 01-225 3048, 24 hour answering service).

*Sales Manager:* Kate Wood.

### REGISTRATION DEPARTMENT

Changes to membership details, for example, address or retirement, for Fellows, Members and Associates should be notified to the Membership Secretary. Enquiries about *Journal* mailings and Associateship should also be directed to this department.

*Membership Secretary:* Joyce Moynan.

### SUBSCRIPTIONS

All enquiries regarding subscriptions, including applications for reduced subscriptions from Fellows, Members and Associates should be directed to the Subscriptions Officer.

*Subscriptions Officer:* Gordon Taber.

### EXAMINATION DEPARTMENT

The Examination Department welcomes enquiries and can supply information about the Membership (MRCGP) examination, which is held twice a year. Membership of the College is a registrable qualification.

*Head of Department:* Tom Dastur.

### PRIZES

The College awards prizes, including the annual Syntex Award Winners Award and the Schering Scholarships. Information is published periodically in the *Journal* and applicants should write to the Awards Secretary.

### GRANTS

Grants for research projects in general practice are available from the Scientific Foundation Board.

The Board's definition of research is catholic and includes educational research, observational as well as experimental studies, and accepts the methodologies of social science as valid. It is not in a position to fund educational activities.

*Clerk to the Board:* Angela James.

### INFORMATION RESOURCES CENTRE

#### Enquiry Service

The RCGP Enquiry Service aims to provide information on all aspects of General Practice to general practitioners, practice staff and other health professionals utilizing the growing resources of the IRC. These include: over 4000 books; 250 periodicals; 150 theses; subject files of articles, reports and pamphlets; files of equipment and company brochures; collections of practice produced leaflets, annual reports, record cards, audits and premises plans.

The Enquiry Team are pleased to help by telephone or by post, and general practitioners and their staff wishing to visit the Information Resources Centre are always welcome.

*Opening Times:* Monday-Friday 09.00-17.30 hours.

#### Online Search Service

The Online Search Service offers access to numerous publicly available computerized databases on virtually every known subject and specializes in Biomedical Sciences including General Practice. The College's trained Online Searcher carries out searches taking a fraction of the time that a manual search would involve. Online searches can easily accommodate multiple search terms and can print out the results at a very high speed. Services are provided at a reduced rate to Members.

*Reader Services Librarian:* Clare Stockbridge Bland.

#### Library Services

The Geoffrey Evans Reference Library has been collecting material on General Practice since 1960. It has a unique collection of books, pamphlets and periodicals and general

practitioners' theses. As part of a planned development programme, the Library is expanding its computer database to allow improved exploitation of existing stock, while encompassing a wide range of new Primary Health Care documentation. The current awareness publication, *New Reading for General Practice*, which is circulated widely to postgraduate medical centres, researchers, trainees and trainers, is now produced from this database, as is the *College Journal Author Index*, *Theses List* and various booklists.

An important service to Members is the supply of photocopies of *Journal* articles. These requests can often be satisfied from the 250 periodical titles currently taken. Articles not held at Princes Gate can be obtained from the British Library or other local medical libraries through the Inter Library Loan Service. Fellows, Members and Associates may use this facility at a discount rate. Non-members will be charged the full rate. Although the main bookstock of the IRC is for reference only, College publications may be taken out on loan.

The Information Resources Centre has undertaken research into the needs of practice libraries. The research was generously sponsored by Stuart Pharmaceuticals Ltd.

*Technical Services Librarian:* Leonard Malcolm.  
*Librarian:* Margaret Hammond.

### CONTINUING EDUCATION

The Education Division is concerned with all aspects of education in and for General Practice, with particular emphasis on continuing medical education and performance review.

*Divisional Administrator:* Derek Buckland.

### CLINICAL AND RESEARCH DIVISION

The Clinical and Research Division advises on all policies and protocols for the care of patients and coordinates clinical advice from the College including preventive and anticipatory care. In devising practical measures of performance review for clinical care the Division attempts to encourage their use in day to day practice. The Division, through the Research Committee plays an important advisory role on research in General Practice and advises Council on all matters relating to research.

*Divisional Administrator:* Andrew Singleton.

### INFORMATION TECHNOLOGY CENTRE

The Centre aims to provide general practitioners with experience and practical advice on computers and computer software. This can range from specialized general practice systems to general business applications. Some specialist systems are maintained within the Centre and demonstrations can be arranged upon request. The Centre also organizes monthly computer appreciation courses which are open to general practitioners and their practice staff.

*Information Technology Manager:* Mike Hodgkinson.

### PRINTING SERVICES

The College is able to provide competitively priced services to Members and Fellows for practice leaflets, notepaper, etc. and is able to undertake printing and mailings on behalf of faculties.

*Print Unit Manager:* Norma Wimbleton.

Further details from: 14 Princes Gate, Hyde Park, London SW7 1PU. Tel: 01-581 3232.