

Prescribing information

Presentation Pale blue, elongated tablets with bevelled edges, impressed with "Zovirax" on one side and "800" either side of a score on the obverse, contain 800mg acyclovir. **Uses, dosage and administration** Treatment of herpes zoster infections: *Adults*: one 800mg tablet, 5 times daily for 7 days, omitting night-time doses. **Contra-indications** Contra-indicated in patients known to be hypersensitive to acyclovir. **Precautions** For patients with renal impairment the

dose may have to be adjusted (see Data Sheet). In elderly patients adequate hydration should be maintained. Special attention should be given to dosage reduction in elderly patients with impaired renal function. In pregnancy the potential benefits should outweigh the possibility of unknown risks before the use of Zovirax is considered. **Side- and adverse effects** Skin rashes have been reported in a few patients receiving Zovirax Tablets; the rashes have resolved on

withdrawal of the drug. In trials, the incidence of gastrointestinal events has not been found to differ from placebo. **Basic NHS cost** 800mg: Shingles Treatment Pack, 35 tablets £113.00 (PL3/0243).

*Trade Mark

Further information is available on request.

The Wellcome Foundation Ltd,
Crewe, Cheshire



Shingles cries out for systemic treatment





Rx Zovirax Shingles Treatment Pack

One 800mg tablet
5 times daily for 7 days

**THE WELLCOME
FOUNDATION LTD**

A LEADER IN ANTIVIRAL RESEARCH

ZOVIRAX^{*}

acyclovir

*Trade Mark

CLASSIFIED ADVERTISEMENTS

Classified Advertisements are welcomed and should be sent to: Advertising Department, British Journal of General Practice, Royal College of General Practitioners, 12 Queen Street, Edinburgh EH2 1JE. Telephone: 031-225 7629. Fax: 031-220 6750. Copy must be received three weeks before the 1st of the month of issue to ensure inclusion. Every effort will be made to include advertisements received after this date but publication cannot be guaranteed and the advertisement may have to be held over to the following issue. The charge for space in this section is £10.00 per single column centimetre, plus £10.00 if a box number is required, plus VAT at 15%. Fellows, Members and Associates of the Royal College of General Practitioners may claim a 10% reduction. Replies to box numbers should be sent to the above address, with the box number on the envelope. The inclusion of an advertisement in this *Journal* does not imply any recommendation and the Editor reserves the right to refuse any advertisement. All recruitment advertisements in this section are open to both men and women.

EDUCATION/LEARNING

PATEST BOOKS & COURSES

LEARNING GENERAL PRACTICE

A STRUCTURED APPROACH FOR TRAINEE GPs AND TRAINERS

An excellent new book by Sandars and Baron (John Sandars, GP Trainer and Examiner for the Royal College of General Practitioners). It covers in a systematic and thorough way the learning requirements of the General Practice Year and provides Trainers and Trainees with an invaluable framework of 51 Tutorials, Checklists, MCQ Test and references encouraging a methodical approach to the wide field of General Practice. Send cheque now for £10.50 plus £1.30 p+p. Books dispatched by return, first class. Phone us today with Visa or Access and receive your book tomorrow.

MRCGP PRACTICE EXAMS

REVISED EDITION JAN. 1990

No candidate should approach the Royal College exam without a good grasp of the topics covered in this high quality revision book edited by John Sandars. 2MCQ, 2MEQ, 2PTQ papers with teaching notes, samples, marking schedules, oral and log diary techniques plus essential advice, tips, index and book list. Insert on Critical Reading Paper now included. Send cheque now for £9.50 plus 90p p+p or telephone us with your card number.

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Exam advice, working papers and discussion on MCQ's, MEQ's and Critical Reading Paper. Popular topics and revision planning plus two oral exam videos with analyses and discussions on technique organised by John Sandars, RCGP examiner. Manchester: March 17, London: April 14 1991. Course fee £75.00. Write now for full details. PGEA approved.

SHORT NOTES FOR THE DCH

An excellent new book for exam candidates & GP's by J. Blackburn and G. Curtis Jenkins. £10.50 plus 90p p+p.

DCH LINKED WEEKEND COURSE

London: December 8/9 & 15/16, 1990. PGEA approved.

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This new book covers the new exam in a knowledgeable & systematic way. (MCQ's included). £9.50 plus 90p p+p.

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London: March 2/3, Manchester: 9/10 1991. PGEA approved.

PRACTICAL GYNAECOLOGY FOR GP's

Very useful for well women and menopause clinics and DRCOG candidates. London: May 18 1990. PGEA approved.

PRACTICAL OBSTETRICS FOR GP's

Useful for DRCOG candidates and important update on recent trends in virology and antenatal screening. London: Jan 12 1991. PGEA approved course.

DIPLOMA IN GERIATRIC MEDICINE

London: March 10 1991. PGEA approved course.

Order now by using Mastercard or Visa. Tel: 0565 755226 or full details available by return of post from:

**Patest Service, Dept. GP,
Freepost, Knutsford, Cheshire WA16 7BR**

Tel: 0565 - 755226

COURSES/SEMINARS

MEDICAL RESEARCH CENTRE NEWCASTLE UPON TYNE

Weekend Symposium

CARE OF THE ELDERLY PEOPLE IN THE COMMUNITY

THIRD ANNUAL CONFERENCE

to be held 5 - 7 April, 1991 at
Van Mildert College, University of Durham

- | | |
|--------------------------------|--|
| Dr. I. Carpenter (Winchester) | — Dependency — Surveillance and audit |
| Dr. C. Chew (Manchester) | — G.P. Assessment |
| Prof. S. Ebrahim (London) | — To be confirmed |
| Dr. C. Freer (Glasgow) | — Residential Care |
| Dr. S. Jachuck (Newcastle) | — Organisational Needs |
| Mr. J. James (London) | — Collaborative Care |
| Prof. R. Jones (Newcastle) | — To be confirmed |
| Dr. R. Kenny (Newcastle) | — Falls in the Elderly |
| Prof. W. MacLennan (Edinburgh) | — Community Care |
| Dr. A. Tulloch (Oxford) | — Cost of Care |
| Dr. C. Waine (London) | — To be confirmed |
| Miss C. Walden (Kent) | — Medical and Social Interface |
| Dr. P. Wallace (London) | — Linking up with the over 75s in North Kensington |
| Prof. I. Williams (Nottingham) | — Ethical Problems |
| Dr. H. Wynne (Newcastle) | — The Pharmacology of Ageing |
| Mr. T. Blakey (Swindon) | — In pursuit of excellence |

The Symposium is open to consultant physicians, general practitioners, community physicians, nurses, health visitors, managers, members of social services and anyone interested in promoting the care of the elderly in the community.

PGEA applied for 4 sessions — one session on health promotion, one session on disease management and 2 sessions on service management.

Course fee £100. Accommodation (in University) £16.57 per night.

Please apply enclosing the course fee (cheques made payable to Dr. S. J. Jachuck, Research Account), to Dr. S. J. Jachuck, Medical Research Centre, 377 Stamfordham Road, Newcastle Upon Tyne NE5 2LH.

WEST BROMWICH HEALTH CENTRE PRACTICE

requires

13 HOUR PARTNER

from February 1st. There will be an element of night work. The position may suit a person with an interest in women's problems or with a family.

Apply: Box No. 246, I.M.A., 7a Portland Road, Hythe, Kent CT21 6EG.

CLASSIFIED ADVERTISEMENTS

UNITED MEDICAL AND DENTAL SCHOOLS OF GUY'S AND ST THOMAS'S HOSPITALS (University of London)

MASTER'S DEGREE IN GENERAL PRACTICE

This programme is intended for established practitioners who wish to continue in practice whilst studying part-time over two years commencing in October 1991.

The course will include modules on:

- (i) research methods
- (ii) clinical reasoning and social science
- (iii) learning and teaching in general practice and medical ethics

Candidates will critically examine primary care and undertake a research project.

The number of places is limited. Further information and application forms may be obtained from Beryl Stevens, Department of General Practice, UMDS Guy's Hospital, London SE1 9RT. Tel: 071 955 4432.

Postgraduate Education Allowance accreditation in all categories has been obtained.

SWINDON FAMILY PLANNING UPDATING DAY

16th April 1991

PGEA Approved 2 sessions Health Promotion
JCC Approval sought

Venue: The Holiday Inn, Swindon

An updating day aimed at GPs and family planning doctors and nurses.

Speakers to include Dr Ruth Skrine on sexual problems, Dr Sam Rowlands on postnatal contraception. Other topics including Injectables, Pill Risks and Benefits, Contraception and Youth, Practical Problems.

Fee to include coffee, lunch and tea — £40.

Apply to Ms Denise Lawrence, The Postgraduate Centre, Princess Margaret Hospital, Okus Road, Swindon, Wilts SN1 4JU. Please make cheques payable to "Swindon GP Education Association".

WELSH MRCGP COURSE

at ABERYSTWYTH, DYFED

Tuesday 2nd April 1991 to Saturday 6th April 1991

The above Course was instigated by a decision of the Welsh Council of the RCGP and is a residential course in buildings of the University College of Wales where opportunity will be offered for individual and group work in preparation for the written work and vivas of the MRCGP examination. Examiners of the College will be present. Pre-course work will be required.

The cost of the Course is £245 payable at the start of the Course, and a deposit of £50 will be required on confirmation of being offered a place on the Course.

Please apply to Mrs. Rita Slade, Bronglais Hospital, North Road, Aberystwyth, Dyfed SY23 2EE. Tel: 0970 623131 ext 42.

ABERYSTWYTH VOCATIONAL TRAINING SCHEME FOR GENERAL PRACTICE

Applications are invited from doctors seeking a three year VT rotation starting 1 February 1991.

The scheme is approved for MRCGP and the appropriate posts qualify for DCH, D Obst, RCOG and the Diploma in Geriatric Medicine.

Aberystwyth is a coastal University town in beautiful countryside.

The Scheme is of three years duration and consists of a rotation through four of the following six month posts in hospital and two in General Practice. The hospital posts are (number of posts available in brackets) Paediatrics (2), Obstetrics and Gynaecology (2), General Medicine (1), ENT and Ophthalmology (1), Psychiatry (2), Geriatrics (2), Accident and Emergency and Orthopaedics (2). There are six attached training practices.

The half day release course is on Tuesday afternoons in the academic year and is of a three year modular course.

Candidates should hold or be preparing to obtain a current driving licence. Accommodation is available if required, during hospital employment and at two of the practices.

Please write for application forms and a prospectus to Cathryn Brown, VTS Administrator, 26 North Parade, Aberystwyth, Dyfed SY23 2NF by 14th January 1991.

THE LISA SAINSBURY FOUNDATION

Residential Workshop (2 Nights)

'TERMINAL CARE IN THE COMMUNITY'

Either — Monday 3rd June to Wednesday 5th June 1991
Venue: Holland House, Crophorne, Pershore, Worcester

Or — Tuesday 25th June to Thursday 27th June 1991
Venue: Foxhill Conference Centre, Frodsham, Warrington, Cheshire

Or — Monday 23rd September to Wednesday 25th September 1991
Venue: Holland House, Crophorne, Pershore, Worcester

Family practitioners are invited to join a group looking at terminal care in the community. The major issues to be covered will be principles of symptom control, the team approach to management of care particularly highlighting the problems of communication and the needs of the bereaved. This workshop is designed so that considerable benefit can be gained if a family practitioner is accompanied by a community nurse from the same practice.

PGEA approved — 4 sessions (Disease Management)
Cost: £35.00 plus accreditation fee

Details and application form from: Sandra Fast, The Lisa Sainsbury Foundation, 8-10 Crown Hill, Croydon, Surrey CR0 1RY. Tel: 081 686 8808.

OVERSEAS

AUSTRALIA

GENERAL PRACTITIONER work available in Queensland. Car and accommodation available on arrival. Guaranteed income level. For full details telephone RON NOLAN now on (010 817) 831 9999 (ISD or reverse charge) or write:

BRISBANE LOCUM SERVICE
P.O. Box 528 Spring Hill, Australia 4004
(Fax: 010 617) 835 1012.

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topical NSAID
approved for
both osteoarthritis and soft tissue injuries**

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**SPORTS
GEL**

**PRESCRIBING INFORMATION FOR
FELDENE^{*} GEL AND FELDENE^{*} SPORTS
GEL:**

Indications: Feldene Gel is effective in the treatment of osteoarthritis of superficial joints and acute musculoskeletal disorders. Feldene Sports Gel is in a 30g tube specifically designed for the short-term treatment of acute musculoskeletal injuries, providing treatment for approximately 7-10

days. **Dosage:** For external use only. Occlusive dressings should not be used. Apply one gram of the Gel and rub into the affected site three to four times daily leaving no residual material on the skin. Therapy should be reviewed after 4 weeks. **Contra-indications, Precautions:** Contra-indicated in patients who have previously shown a hypersensitivity to the Gel or piroxicam in any of its forms, aspirin or other non-steroidal anti-inflammatory agents. If local irritation

develops, discontinue the Gel. Keep away from the eyes and mucosal surfaces. Do not apply to sites affected by open skin lesions, dermatoses or infection. **Use in children:** Not recommended. **Use in pregnancy and lactation:** The safety of the Gel during pregnancy and lactation has not been established. **Side-effects:** Mild or moderate local reactions at the application site. Mild but transient skin discolouration and staining of clothing have been noted when

the Gel is not rubbed in completely. **Package Quantities and Basic NHS Cost:** Feldene Gel 60g tube — £7.77; Feldene Sports Gel 30g tube — £3.89 (PL 0057/0284). Further information on request.



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