

**'TENORMIN', 'TENORMIN' LS, 'TENORMIN' 25  
PRESCRIBING NOTES**

Consult data sheet before prescribing.

Use Hypertension.

**Presentation** Tablets for oral administration containing atenolol 100mg ('Tenormin'), 50mg ('Tenormin' LS) or 25mg ('Tenormin' 25).

**Dosage and administration** 'Tenormin' - one daily (some patients may respond adequately to 'Tenormin' low strength (LS)); 'Tenormin' LS - one daily;

'Tenormin' 25 - see renal failure. **Children:** 'Tenormin', 'Tenormin' LS and 'Tenormin' 25 are not recommended for use in children. **Elderly Patients:** Dosage requirements may be lower in elderly patients.

**Renal Failure:** For patients with a creatinine clearance of 15-35ml/min/1.73m<sup>2</sup> the oral dose should be 50mg daily. Patients with a creatinine clearance of <15ml/min/1.73m<sup>2</sup> should be given one 'Tenormin' 25 daily or one 'Tenormin' LS on alternate days.

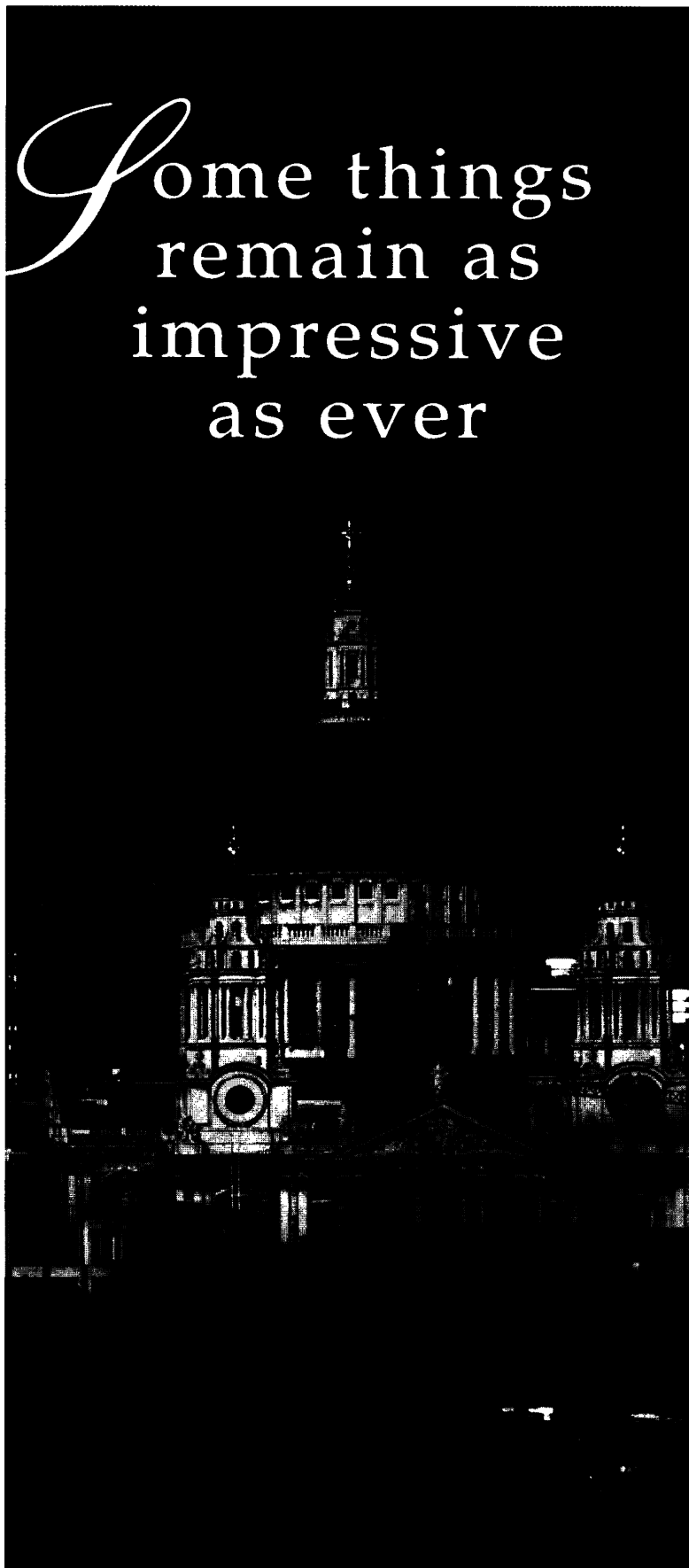
**Contraindications** 2nd or 3rd degree heart block, cardiogenic shock.

**Precautions** Poor cardiac reserve - avoid in overt heart failure. Bradycardia, renal failure (see above), anaesthesia, pregnancy. Caution in patients with reversible obstructive airways disease - do not use unless there are compelling clinical reasons to do so. Atenolol modifies the tachycardia of hypoglycaemia. Co-administration with verapamil or class 1 antidysrhythmic agents. Withdrawal of clonidine. Withdrawal of beta-blocking drugs should be gradual in patients with ischaemic heart disease.

**Side effects** Coldness of extremities, bradycardia and muscular fatigue may occur. Sleep disturbance rarely seen. Rashes and dry eyes have been reported with beta-blockers - consider discontinuance if they occur.

**Product licence numbers and basic NHS cost**  
'Tenormin' (29/0122), 28 tablets (OP) £6.98  
'Tenormin' LS (29/0086), 28 tablets (OP) £5.49  
'Tenormin' 25 (29/0218), 28 tablets (OP) £4.31

'Tenormin', 'Tenormin' LS and 'Tenormin' 25 are trade marks. SP7454/Sept. 90



Some things  
remain as  
impressive  
as ever

Over 20 million  
patient years'  
experience in the  
treatment of  
hypertension

Tried, taken and  
trusted

*Tenormin*  
atenolol 100 mg

*Tenormin*LS  
atenolol 50 mg

*Tenormin*25  
atenolol 25 mg

Further information is available from:



STUART

Stuart Pharmaceuticals

Stuart House, 50 Alderley Road,  
Wilmslow, Cheshire SK9 1RE.

*Tenormin*LS  
atenolol 50 mg

A foundation for the future

# Tenif

## Try counting on 'Tenif' for effective angina control

### PRESCRIBING NOTES

**Consult data sheet before prescribing.**

**Use:** Hypertension, angina prophylaxis.

**Presentation:** Capsules for oral administration containing atenolol 50mg and nifedipine SR 20mg.

**Dosage and administration: Hypertension:** One daily; recommended where therapy with either a calcium channel blocker or a beta-blocker proves inadequate. If necessary one capsule twice daily.

**Angina Prophylaxis:** One twice daily; recommended where therapy with either a calcium channel blocker or a beta-blocker proves inadequate.

**Children:** 'Tenif' should not be used in children.

**Elderly Patients:** Dosage should not exceed one capsule daily in hypertension or one capsule twice daily in angina.

**Contraindications:** 2nd or 3rd degree heart block, cardiogenic shock, overt heart failure, women of childbearing potential, lactation. Co-administration with cardiodepressants e.g. verapamil.

**Precautions:** Conduction defects, poor cardiac reserve – avoid in overt heart failure. Bradycardia, anaesthesia. Caution in patients with reversible obstructive airways disease – do not use unless there are compelling clinical reasons to do so. Withdrawal of beta-blocking drugs should be gradual in patients with ischaemic heart disease. Withdrawal of clonidine. Co-administration with Class I antidysrhythmic agents. Interactions with cimetidine or quinidine.

**Diabetes:** Diabetic patients receiving 'Tenif' may require adjustment of their diabetic therapy. Modification of the tachycardia of hypoglycaemia may occur.

**Hepatic or renal impairment:** In patients with marked renal impairment (ie. creatinine clearance below 15ml/min/1.73m<sup>2</sup>, serum creatinine greater than 600 micromol/litre) the use of 'Tenif' is considered inappropriate. Care should be taken in patients with marked hepatic impairment.

**Side effects:** Headache, flushing, fatigue, dizziness and oedema may occur. Skin rashes and dry eyes have been reported with beta-blockers – consider discontinuance if they occur. Rare reports of jaundice and gingival hyperplasia with nifedipine.

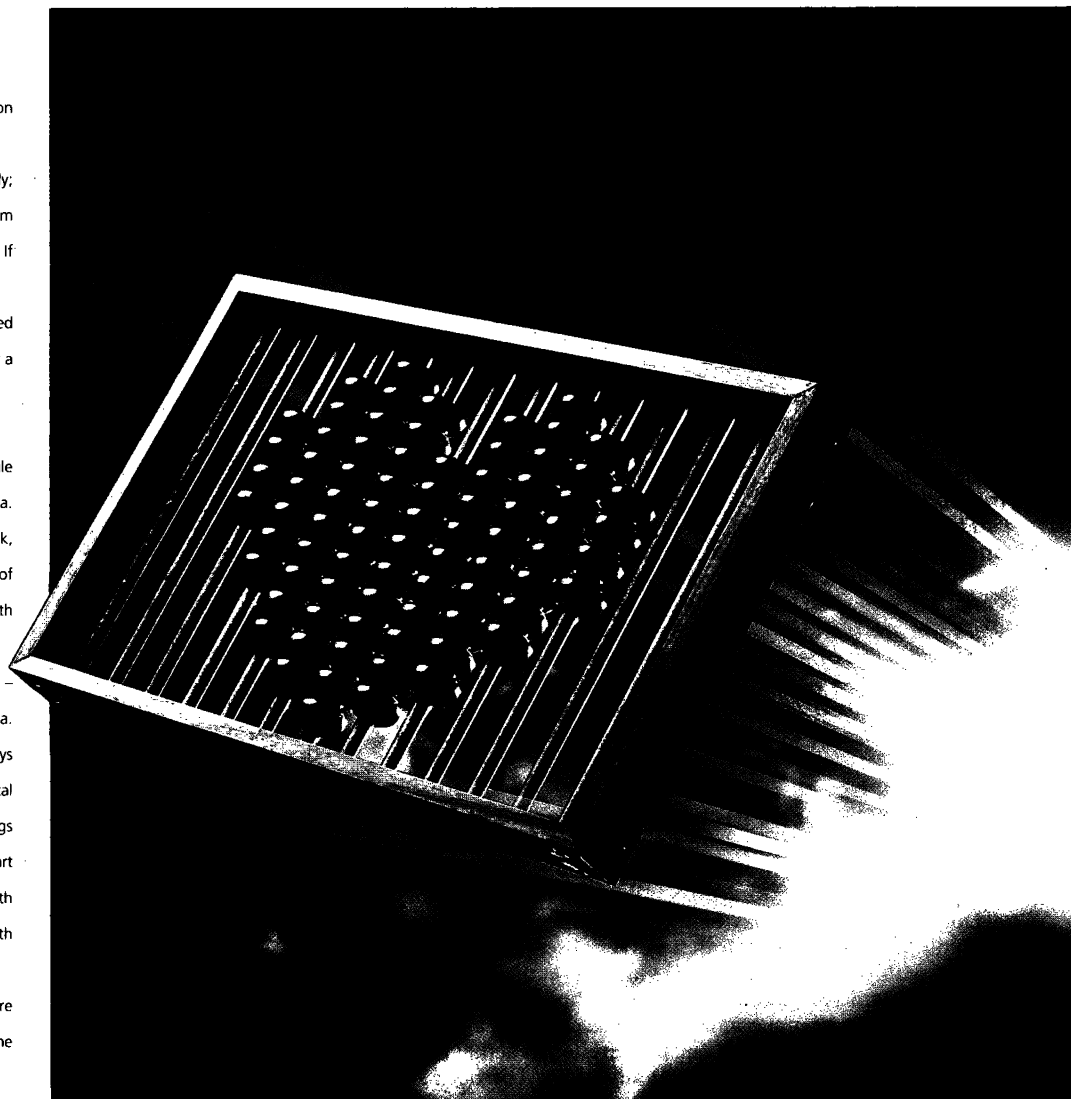
**Product licence number and basic NHS cost:** (29/0202), 28 capsules (OP) £10.90.

'Tenif' is a trademark.



STUART

Further information is available from:  
Stuart Pharmaceuticals, King's Court,  
Water Lane, Wilmslow, Cheshire SK9 5AZ.



For patients for whom the recommended dose of nifedipine proves inadequate . . .

*1 b.d. in angina*  
**Tenif**  
atenolol 50mg, nifedipine 20 mg

## CLASSIFIED ADVERTISEMENTS

Classified Advertisements are welcomed and should be sent to: Nickie Roberts, Royal College of General Practitioners, 14 Princes Gate, Hyde Park, London SW7 1PU. Telephone: 071-581 3232. Fax: 071-225 3047. Copy must be received three weeks before the 1st of the month of issue to ensure inclusion. Every effort will be made to include advertisements received after this date but publication cannot be guaranteed and the advertisement may have to be held over to the following issue. The charge for space in this section is £10.00 per single column centimetre, plus £10.00 if a box number is required, plus VAT at 15%. Fellows, Members and Associates of the Royal College of General Practitioners may claim a 10% reduction. Replies to box numbers should be sent to the above address, with the box number on the envelope. The inclusion of an advertisement in this *Journal* does not imply any recommendation and the Editor reserves the right to refuse any advertisement. All recruitment advertisements in this section are open to both men and women.

### OVERSEAS

#### AUSTRALIA

GENERAL PRACTITIONER work available in Queensland. Car and accommodation available on arrival. Guaranteed income level. For full details telephone RON NOLAN now on (010 817) 831 9999 (ISD or reverse charge) or write:

BRISBANE LOCUM SERVICE  
P.O. Box 528 Spring Hill, Australia 4004  
(Fax: 010 617) 835 1012.

### COURSES/CONFERENCES

#### CROSS-CULTURAL HEALTH CARE

Three-day introductory courses on medical anthropology, for GPs and other health professionals, will be held in February, March, May & June 1991, in this Dept. Topics include: lay health beliefs, folk illnesses, body image, family structure, nutrition, gender, childbirth, alcoholism, AIDS, migration and mental illness. Course fee: £165-£195.

Contact: Mrs Sheila Foreman, Dept. of Primary Health Care, University College & Middlesex Medical School, Whittington Hospital, Archway Site, Highgate Hill, London N19 5NF. Tel: 071-272-3070, ext 4808. Six sessions PGEA.

#### INTERNATIONAL CONFERENCE

on

##### 'HOW TO DEVELOP GOOD COMMUNITY MENTAL HANDICAP SERVICES WITH THE CLOSURE OF HOSPITALS'

10 - 12 April 1991

Hilton National Hotel and Polytechnic Conference Centre  
Huddersfield, UK

This multidisciplinary Conference is being organised to mark the completion of the development of comprehensive community based Mental Handicap Services in Huddersfield District and to exchange experiences of developing Community Care with other countries. Speakers are being invited from centres of excellence from all around the world.

International Scientific Advisory Group:

Co-ordinator: Dr N. Rao Punukollu

Members:

Dr R. Cocchi (Italy), Dr K. Ericsson (Sweden), Dr K.R. Mirick (USA), Dr J.W. Conroy (USA), Dr K. Anoop (India), Prof J.L. Mansell (UK), Dr G.W. Lavigna (USA), Prof E. Carr (USA), Prof J.A. Corbett (UK), Prof W. Fraser (UK), Dr R. Blunden (UK), Dr A. Kushlick (UK), Dr D. Thomas (UK), Dr D. Felce (UK), Dr O. Russell (UK).

Registration Fee: £185 (includes coffees, lunches, documentation, buffet dinner and reception).

For further information please write to: International Conference Secretariat, 63 Nabcroft Lane, Crosland Moor, Huddersfield, W. Yorks., England.

Telephone: Mrs C. Bailey — 0484 654711 ext. 3588.  
Fax No: 0484 654777.

## PATEST BOOKS & COURSES

### LEARNING GENERAL PRACTICE

#### A STRUCTURED APPROACH FOR TRAINEE GPs AND TRAINERS

An excellent new book by Sandars and Baron (John Sandars, GP Trainer and Examiner for the Royal College of General Practitioners). It covers in a systematic and thorough way the learning requirements of the General Practice Year and provides Trainers and Trainees with an invaluable framework of 51 Tutorials, Checklists, MCQ Test and references encouraging a methodical approach to the wide field of General Practice. Send cheque now for £10.95 plus £1.30 p+p. Books dispatched by return, first class. Phone us today with Visa or Access and receive your book tomorrow.

### MRCGP PRACTICE EXAMS

#### REVISED EDITION JAN. 1990

No candidate should approach the Royal College exam without a good grasp of the topics covered in this high quality revision book edited by John Sandars. 2MCQ, 2MEQ, 2PTQ papers with teaching notes, samples, marking schedules, oral and log diary techniques plus essential advice, tips, index and book list. Insert on Critical Reading Paper now included. Send cheque now for £9.95 plus 90p p+p or telephone us with your card number.

### MRCGP STUDY DAYS

Exam advice, working papers and discussion on MCQ's, MEQ's and Critical Reading Paper. Popular topics and revision planning plus two oral exam videos with analyses and discussions on technique organised by John Sandars, RCGP examiner. Manchester: March 17, London: April 14 1991. Course fee £75.00. Write now for full details. PGEA approved.

### SHORT NOTES FOR THE DCH

An excellent new book for exam candidates & GP's by J. Blackburn and G. Curtis Jenkins. £10.75 plus 90p p+p.

### DCH LINKED WEEKEND COURSE

London: August 10/11 & 17/18 1991. PGEA approved.

### THE DRCOG EXAMINATION

This new book covers the new exam in a knowledgeable & systematic way. (MCQ's included). £10.50 plus 90p p+p.

### DRCOG WEEKEND COURSE

London: March 2/3, Manchester: March 9/10 1991. PGEA approved.

### PRACTICAL GYNAECOLOGY FOR GP's

Very useful for well women and menopause clinics and DRCOG candidates. London: May 18 1991. PGEA approved.

### PRACTICAL OBSTETRICS FOR GP's

Useful for DRCOG candidates and important update on recent trends in virology and antenatal screening. London: September 1991. PGEA approved course.

### DIPLOMA IN GERIATRIC MEDICINE

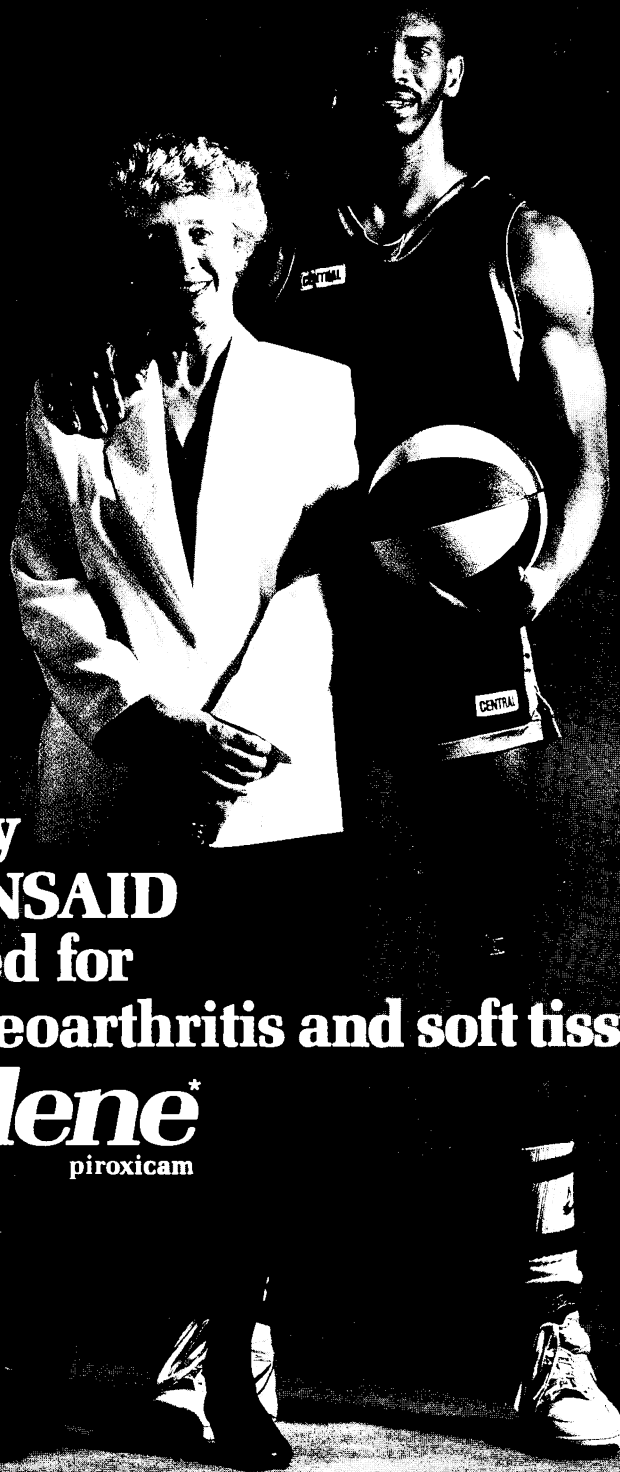
London: March 10 1991. PGEA approved course.

Order now by using Mastercard or Visa. Tel: 0565 755226 or full details available by return of post from:

**Patest Service, Dept. GP,  
Freeport, Knutsford, Cheshire WA16 7BR**

**Tel: 0565 - 755226**

# An original double-act



The only  
topical NSAID  
approved for  
both osteoarthritis and soft tissue injuries

**Feldene**<sup>\*</sup>  
piroxicam  
**Gel**

Introducing

**Feldene**<sup>\*</sup>  
piroxicam  
**SPORTS**  
**Gel**

**PRESCRIBING INFORMATION FOR  
FELDENE\* GEL AND FELDENE\* SPORTS  
GEL:**

**Indications:** Feldene Gel is effective in the treatment of osteoarthritis of superficial joints and acute musculoskeletal disorders. Feldene Sports Gel is in a 30g tube specifically designed for the short-term treatment of acute musculoskeletal injuries, providing treatment for approximately 7-10

days. **Dosage:** For external use only. Occlusive dressings should not be used. Apply one gram of the Gel and rub into the affected site three to four times daily leaving no residual material on the skin. Therapy should be reviewed after 4 weeks. **Contra-indications, Precautions:** Contra-indicated in patients who have previously shown a hypersensitivity to the Gel or piroxicam in any of its forms, aspirin or other non-steroidal anti-inflammatory agents. If local irritation

develops, discontinue the Gel. Keep away from the eyes and mucosal surfaces. Do not apply to sites affected by open skin lesions, dermatoses or infection. **Use in children:** Not recommended. **Use in pregnancy and lactation:** The safety of the Gel during pregnancy and lactation has not been established. **Side-effects:** Mild or moderate local reactions at the application site. Mild but transient skin discolouration and staining of clothing have been noted when

the Gel is not rubbed in completely. **Package Quantities and Basic NHS Cost:** Feldene Gel 60g tube — £7.77; Feldene Sports Gel 30g tube — £3.89 (PL 0057 0284). Further information on request.



Pfizer Limited, Sandwich, Kent



Invicta\* Pharmaceuticals  
A Division of Pfizer Limited

\*Trademark

42139 May 90