

Tenif

Try counting on 'Tenif' for effective angina control

PRESCRIBING NOTES

Consult data sheet before prescribing.

Use: Hypertension, angina prophylaxis.

Presentation: Capsules for oral administration containing atenolol 50mg and nifedipine SR 20mg.

Dosage and administration: Hypertension: One daily; recommended where therapy with either a calcium channel blocker or a beta-blocker proves inadequate. If necessary one capsule twice daily.

Angina Prophylaxis: One twice daily; recommended where therapy with either a calcium channel blocker or a beta-blocker proves inadequate.

Children: 'Tenif' should not be used in children.

Elderly Patients: Dosage should not exceed one capsule daily in hypertension or one capsule twice daily in angina.

Contraindications: 2nd or 3rd degree heart block, cardiogenic shock, overt heart failure, women of childbearing potential, lactation. Co-administration with cardiodepressants e.g. verapamil.

Precautions: Conduction defects, poor cardiac reserve – avoid in overt heart failure. Bradycardia, anaesthesia. Caution in patients with reversible obstructive airways disease – do not use unless there are compelling clinical reasons to do so. Withdrawal of beta-blocking drugs should be gradual in patients with ischaemic heart disease. Withdrawal of clonidine. Co-administration with Class I antidysrhythmic agents. Interactions with cimetidine or quinidine.

Diabetes: Diabetic patients receiving 'Tenif' may require adjustment of their diabetic therapy. Modification of the tachycardia of hypoglycaemia may occur.

Hepatic or renal impairment: In patients with marked renal impairment (ie. creatinine clearance below 15ml/min/1.73m², serum creatinine greater than 600 micromol/litre) the use of 'Tenif' is considered inappropriate. Care should be taken in patients with marked hepatic impairment.

Side effects: Headache, flushing, fatigue, dizziness and oedema may occur. Skin rashes and dry eyes have been reported with beta-blockers – consider discontinuance if they occur. Rare reports of jaundice and gingival hyperplasia with nifedipine.

Product licence number and basic NHS cost: (29/0202), 28 capsules (OP) £10.90.

'Tenif' is a trademark.

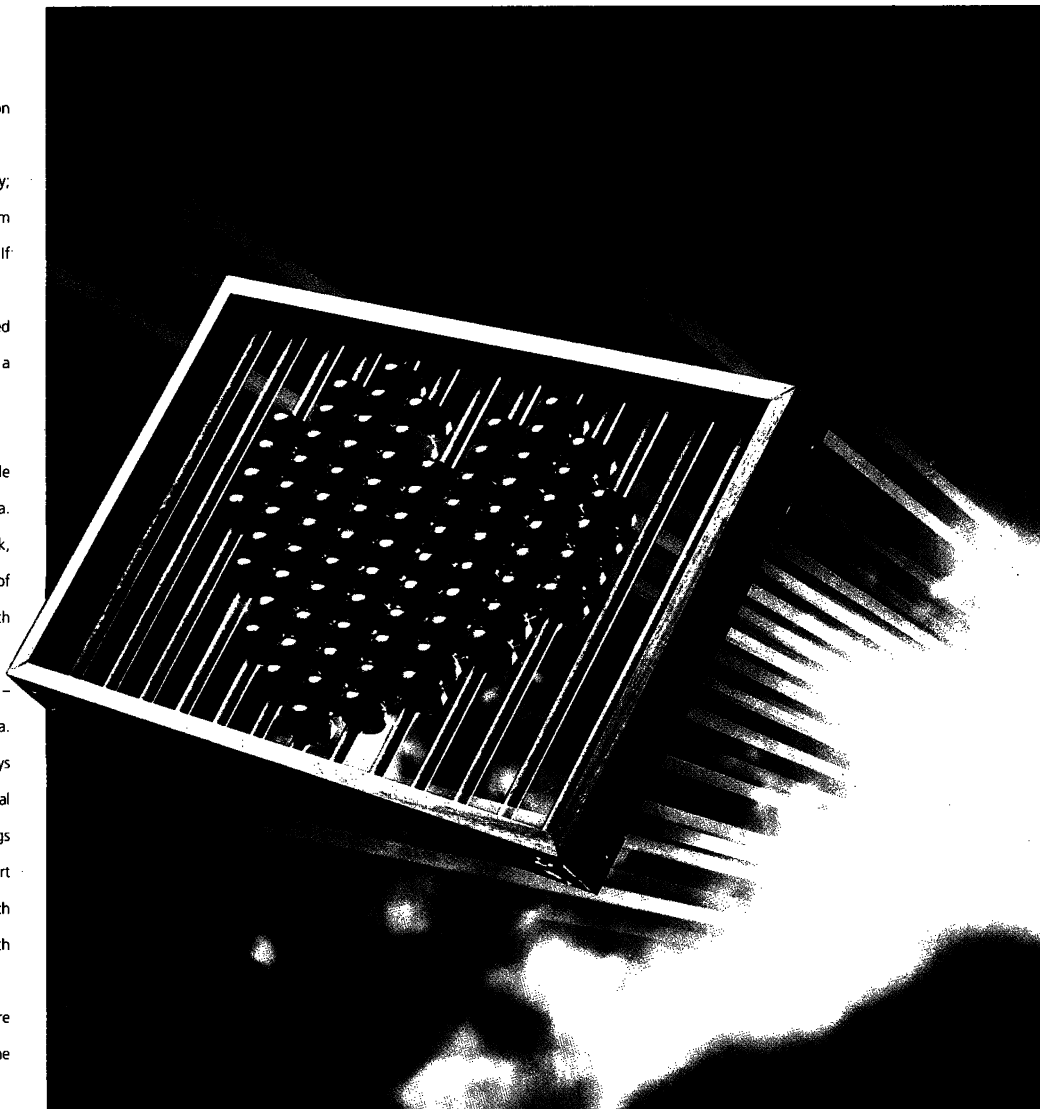


STUART

Further information is available from:

Stuart Pharmaceuticals, King's Court,

Water Lane, Wilmslow, Cheshire SK9 5AZ.



For patients for whom the recommended dose of nifedipine proves inadequate ...

1 b.d. in angina

Tenif

atenolol 50mg, nifedipine 20 mg

Prescribing information

Presentation Pale blue, elongated tablet with bevelled edges, impressed with "Zovirax 800" on one side and scored on the obverse, contains 800mg acyclovir. **Uses, dosage and administration** Treatment of herpes zoster infections: *Adults*: one 800mg tablet, 5 times daily for 7 days, omitting night-time doses. **Contra-indications** Contra-indicated in patients known to be hypersensitive to acyclovir. **Precautions**: For patients with renal impairment the dose may have to be adjusted (see Data Sheet). In elderly patients adequate hydration should be maintained. Special attention should be given to dosage reduction in elderly patients with impaired renal

function. In pregnancy the potential benefits should outweigh the possibility of unknown risks before the use of Zovirax is considered. **Side- and adverse effects**: Skin rashes have been reported in a few patients receiving Zovirax Tablets; the rashes have resolved on withdrawal of the drug. In trials, the incidence of gastrointestinal events has not been found to differ from placebo. **Basic NHS cost** 800mg: Shingles Treatment Pack, 35 tablets £113.00 (PL3/0243). **References** 1. Juel-Jensen, B.E. (1988), in *Oxford Textbook of Medicine*, second edition, volume 1 (ed. by Weatherall, D.J., Ledingham, J.G.G., and Warrell, D.A.), Oxford Medical Publications, 5.67.

2. McKendrick, M.W. (1985), *Scand. J. Infect. Dis., Suppl.*, 47, 76.

*Trade Mark

Further information is available on request.

The Wellcome Foundation Ltd, Crewe, Cheshire



Wellcome

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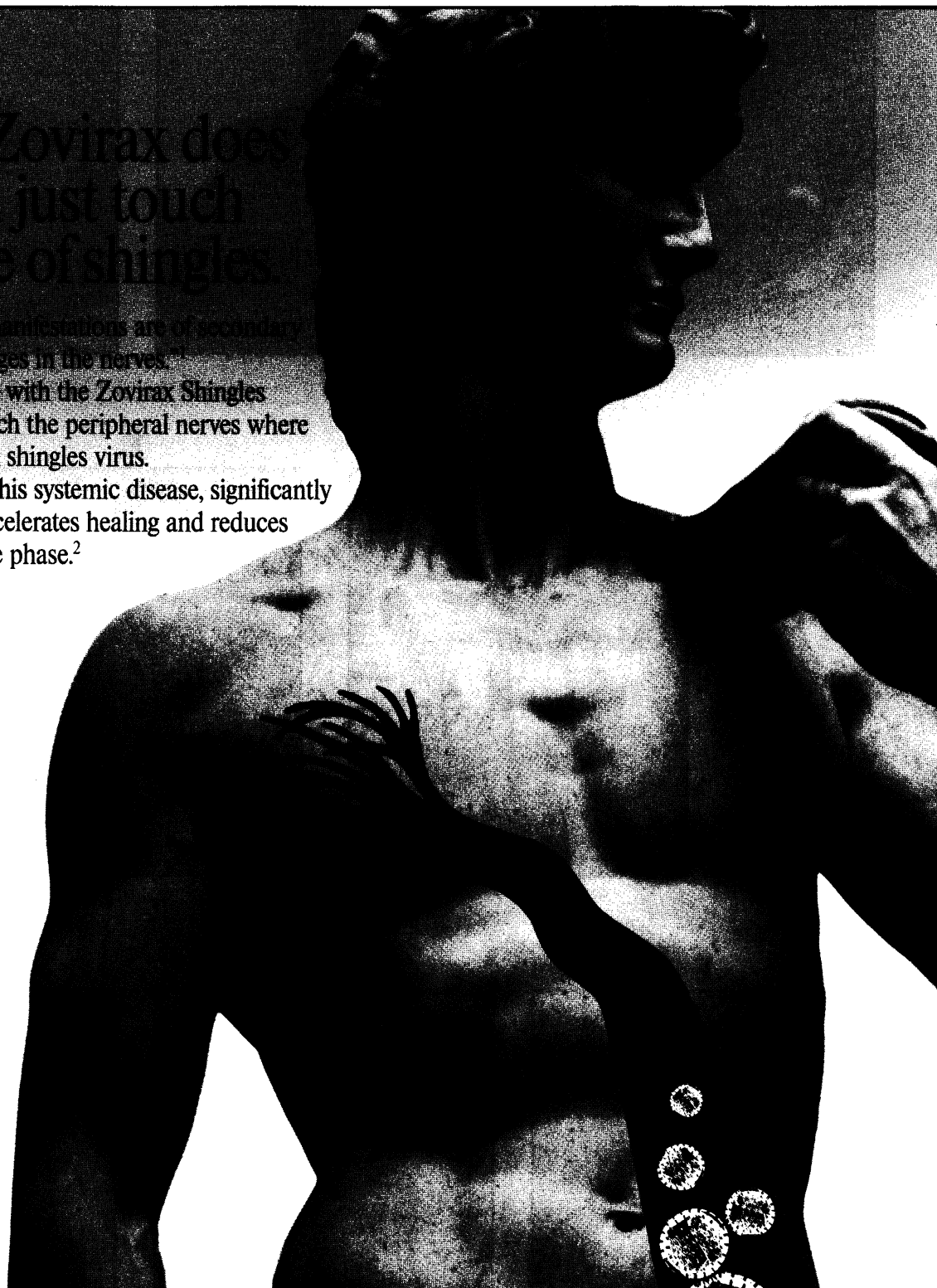
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Zovirax, in treating this systemic disease, significantly curtails vesiculation, accelerates healing and reduces pain during the eruptive phase.²



Because shingles calls for the full Zovirax treatment.

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COURSES



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16 - 20 September 1991

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Accreditation for 10 sessions applied for

(last year's course approved with 3 sessions approved for health promotion and prevention of illness, 4 sessions for disease management and 3 sessions for service management)

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(last year's course approved)

For further details please contact:

Pamela Manser, Continuing Education Centre, Imperial College, Room 558 Sherfield Building, London SW7 2AZ, UK. Tel. No. +44 (0)71 225 8666/7, Fax. No. +44 (0)71 225 8668.

WELSH MRCGP COURSE

at Aberystwyth, Dyfed

**Tuesday 3rd September 1991 to
Saturday 7th September 1991**

The above Course was instigated by a decision of the Welsh Council of the RCGP and is a residential course in buildings of the University College of Wales where opportunity will be offered for individual and group work in preparation for the written work and vivas of the MRCGP Examination. Examiners of the College will be present. Pre-course work will be required.

The cost of the Course is £295 payable at the start of the Course, and a deposit of £100 will be required on confirmation of being offered a place on the Course.

Please apply to Mrs. Rita Slade, Bronglais Hospital, North Road, Aberystwyth, Dyfed SY23 2FE. Tel: 0970 635956.

ABERYSTWYTH VOCATIONAL TRAINING SCHEME FOR GENERAL PRACTICE

Applications are invited from doctors seeking a three year VT rotation starting 1 August 1991.

The Scheme is approved for MRCGP and the appropriate posts qualify for DCH, D Obst, RCOG and the Diploma in Geriatric Medicine.

Aberystwyth is a coastal University town in beautiful countryside.

The Scheme is of three years duration and consists of a rotation through four of the following six month posts in hospital and two in General Practice. The hospital posts are (number of posts available in brackets) Paediatrics (2), Obstetrics and Gynaecology (2), General Medicine (1), ENT and Ophthalmology (1), Psychiatry (2), Geriatrics (2), Accident and Emergency and Orthopaedics (2). There are six attached training practices.

The half day release course is on Tuesday afternoons in the academic year and is a three year modular course.

Candidates should hold or be preparing to obtain a current driving licence. Accommodation is available if required, during hospital employment and at two of the Practices.

Please write for application form and prospectus to the VTS Administrator, 26 North Parade, Aberystwyth, Dyfed SY23 2NF.

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Haygarth House Conference Centre, Retford, Notts

A course resourced by current RCGP examiners with emphasis on recent exam developments.

Course fee: £80.00
Accommodation available at additional charge

Details and application forms from: Dr J Felton, 28 Whitton Close, Bessacarr, Doncaster DN4 7RD. Tel: 0302 361222.

Closing date for applications: 23.8.91

STUDY COURSE FOR RURAL DOCTORS

Accredited for 6 sessions (3½ Clinical, ½ Management, 2 Prevention) October 16th-18th 1991. Topics to include Diabetes, Cardiac Care and Resuscitation, Terminal Care, Zoonoses, Problems in Practice Management, Pesticides, Water Pollution, and Safe Use of Chainsaws. Beautiful venue at Gregynog Hall, Mid-Wales. £180 all inclusive.

For programme and further details please contact Dr AV Evans, Gwel-Yr-Afon, Haulfryn, Llanfair Caereinion, Powys SY21 0BH. Tel: Surgery — 0938 810279, Home — 0938 810432.

CLASSIFIED ADVERTISEMENTS

Classified Advertisements are welcomed and should be sent to: Nickie Roberts, Royal College of General Practitioners, 14 Princes Gate, Hyde Park, London SW7 1PU. Telephone: 071-581 3232. Fax: 071-225 3047. Copy must be received three weeks before the 1st of the month of issue to ensure inclusion. Every effort will be made to include advertisements received after this date but publication cannot be guaranteed and the advertisement may have to be held over to the following issue. The charge for space in this section is £10.00 per single column centimetre, plus £10.00 if a box number is required, plus VAT at 15%. Fellows, Members and Associates of the Royal College of General Practitioners may claim a 10% reduction. Replies to box numbers should be sent to the above address, with the box number on the envelope. The inclusion of an advertisement in this *Journal* does not imply any recommendation and the Editor reserves the right to refuse any advertisement. All recruitment advertisements in this section are open to both men and women.

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Exam advice, working papers and discussion on MCQ's, MEQ's and Critical Reading Paper. Popular topics and revision planning plus two oral exam videos with analyses and discussions on technique organised by John Sandars, RCGP examiner. Manchester: September 14/15, London: October 5/6 1991. Course fee £75.00. Write now for full details. PGEA approved.

SHORT NOTES FOR THE DCH

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This highly successful course has been designed with extensive feedback from course participants over the last few years. It is suitable for all doctors and of interest to dentists, veterinary surgeons and pharmacists.

The focus of the course is on allowing you to evaluate the approach used by doctors in the NHS and the responses reported by patients. Using Open University style teaching materials, GP case histories and videos, the course will cover basic principles, scientific evidence and controversy, and the clinical scope of homoeopathy in disease management and health promotion. An illustrative introduction to simple prescribing is included — with the course material (including starter kit, textbook and summary 'Filofax' style sheets) you will be in a position to test the system for yourself.

The three days may be taken as a self-contained unit or form the basis for further study.

Part I — Saturday, 7 September 1991

Part II — Saturday, 12 October 1991

Part III — Saturday, 23 November 1991

Total fee £180 — inclusive of textbook, course literature, drug kit and lunches. Some study bursaries are available courtesy of the Blackie Foundation Trust and the Scottish Homoeopathic Trust. If you wish to be considered for a bursary, please write directly to Dr David Taylor Reilly, stating how much you can afford to pay.

The course is approved for Postgraduate Education Allowance. West of Scotland Scheme members can attend without further fee and need to pay only £30 towards the textbook and drug kit.

Please apply early as places are limited.

Further details and application forms from: Dr David Taylor Reilly, Education Director, Faculty of Homoeopathy, Glasgow Homoeopathic Hospital, 1000 Great Western Road, Glasgow G12 0NR. Tel: 041-339 9437/041-337 1824.

A Basic Theoretical Course in Family Planning for Doctors

(PGEA approved) will be held in the Postgraduate Medical Centre, Queen Alexandra Hospital, Portsmouth on Thursday, Friday and Saturday 5th, 6th and 7th December 1991.

The course is designed to meet the requirements for the Certificate in Contraceptive Practice of the Joint Committee on Contraception and also as a GP update.

Course fees: £25 — SHOs and GP Trainees
£50 — GPs

Applications should be sent to Dr Sarah Randall, Director of Family Planning Services, Portsmouth and South East Hampshire Health Authority, Ella Gordon Unit, East Wing, St Mary's Hospital, Milton Road, Portsmouth PO3 6AF.

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Indications: Topical therapy of osteoarthritis of superficial joints and acute musculoskeletal disorders. **Dosage:** For external use only. Occlusive dressings should not be used. Apply one gram of the Gel and rub into the affected site three to four times daily leaving no residual material on the skin. Therapy should be reviewed after 4 weeks. **Contra-indications, Precautions:** Contra-indicated in patients who have previously shown a hypersensitivity to the Gel or piroxicam in any of its forms, aspirin or other non-steroidal anti-inflammatory agents. If local irritation develops, discontinue Feldene Gel. Keep away from the eyes and mucosa. Do not apply to sites affected by open skin lesions, dermatoses or infection. **Use in children:** Not recommended. **Use in pregnancy and lactation:** The safety of Feldene Gel during pregnancy and lactation has not been established. **Side-Effects:** Mild or moderate local reactions at the application site. Mild but transient skin discolouration and staining of clothing have been noted when the Gel is not rubbed in completely. **Package Quantities and Basic NHS Cost:** 60g tube - £7.77 (PL 0057/0284). Further information on request. **References:** 1. Dickson DJ. *Curr Ther Res* 1991; 49[2]: 199-207.



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