

ZERO  
HRS

24  
HRS

# HELP KEEP THEM OUT OF THE RED AND IN THE GREEN

# Zestril

lisinopril ICI

## PRESCRIBING NOTES

### Consult data sheet before prescribing.

**USE:** All grades of essential hypertension and renovascular hypertension. Congestive heart failure (adjunctive therapy).

**PRESENTATION:** Tablets containing 2.5mg, 5mg, 10mg or 20mg lisinopril ('Zestril').

**DOSAGE AND ADMINISTRATION: Hypertension** - Adults (including elderly): initially 2.5mg daily, a 2.5mg dose seldom achieves a therapeutic response; adjust dose according to response. Maintenance usually 10-20mg once-daily. Maximum is 40mg daily. Diuretic-treated patients - if possible stop diuretic 2-3 days before starting 'Zestril'. Resume diuretic later if desired.

**Congestive heart failure:** Adults (including elderly): initially 2.5mg daily in hospital under close medical supervision, increasing to 5-20mg once-daily according to response. Monitor blood pressure and renal function.

**Renal impairment:** May require lower maintenance dosage.

**CONTRAINDICATIONS:** Pregnancy. Hypersensitivity to 'Zestril'. Patients with history of angioneurotic oedema to previous ACE inhibitor therapy. Patients with aortic stenosis, cor pulmonale or outflow tract obstruction.

**PRECAUTIONS:** Assessment of renal function is recommended. Symptomatic hypotension may occur, particularly in volume depleted patients and congestive heart failure. Caution in patients with ischaemic heart or cerebrovascular disease, renal insufficiency, renovascular hypertension. Patients with a history of angioedema may be at increased risk of angioedema with an ACE inhibitor. Cough has been reported with ACE inhibitors. Renal impairment (usually reversible) may occur in some patients. Hypotension may occur during surgery

or anaesthesia. Caution in nursing mothers. No paediatric experience. Afro-Caribbean patients may show reduced therapeutic response. Symptomatic hypotension can be minimised by discontinuing diuretic prior to 'Zestril'. Interaction with indomethacin and lithium. Potassium supplements, potassium sparing diuretics and potassium containing salt substitutes not recommended. Avoid concomitant use with high-flux dialysis membranes.

**SIDE EFFECTS:** Hypotension, dizziness, headache, diarrhoea, cough, nausea, fatigue. Less frequently, rash, asthenia. Rarely, angioneurotic oedema and other hypersensitivity reactions, myocardial infarction or cerebrovascular accident possibly secondary to excessive hypotension in high risk patients, palpitation, tachycardia, abdominal pain, dry mouth, hepatitis, jaundice, mood alterations, mental confusion, urticaria, diaphoresis, uraemia, oliguria/anuria, renal dysfunction, acute renal failure, impotence. A symptom complex which may include fever, vasculitis, myalgia, arthralgia/arthritis, positive ANA, elevated ESR, eosinophilia, leukocytosis, rash, photosensitivity or other dermatological manifestations may occur. Increases (usually reversible) in blood urea, serum creatinine, liver enzymes and serum bilirubin. Decreases in haemoglobin and haematocrit have occurred. Hyperkalaemia.

**PRODUCT LICENCE NUMBERS AND BASIC NHS COSTS:** Zestril 2.5mg (29/0208) 28 tablets, £7.54; 5mg (29/0204) 28 tablets, £9.53; 10mg (29/0205) 28 tablets, £12.13; 20mg (29/0200) 28 tablets, £13.72.

'Zestril' is a trademark.



Further information is available from: ICI Pharmaceuticals, King's Court, Water Lane, Wilmslow, Cheshire SK9 5AZ.

REFERENCE: 1. Kannel WB. Am J Med 1983; 75: 4-11.

## CLASSIFIED ADVERTISEMENTS

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### APPOINTMENTS



## Senior Practice Research Fellow in Primary Care

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Applications are invited for the above post, in the new Centre for Research in Primary Care, funded by the Yorkshire Regional Health Authority within the Institute for Epidemiology and Health Services Research of the Department of Clinical Medicine, and closely associated with the Academic Unit of General Practice.

The successful applicant will be an experienced general practitioner with a wide knowledge of primary care. He or she will preferably also have experience of academic general practice, research, postgraduate teaching and administration.

Duties will include supporting existing general practitioner research in the Yorkshire Region and encouraging a co-ordinated approach to future research in primary care. There will be opportunities for personal research and for contributing to the undergraduate and postgraduate teaching of the Academic Unit of General Practice.

The appointment is available immediately for three half days a week on a three year contract in the first instance. Salary will be on the scale for Clinical Senior Lecturer £37,905 - £48,945, according to qualifications and relevant experience.

Informal enquiries may be made to the Director of the Centre, Dr Tony Dowell, tel: 0532 433144 ext. 5655.

Application forms and further particulars may be obtained from and completed applications forwarded to the **Staff Office, The University of Leeds, Leeds LS2 9JT**, tel: 0532 335771 - direct line, quoting reference no. 113/7.

Closing date for applications: 29th November 1992.

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## PRACTICE SWAP

I would like to hear from general practitioners interested in a Practice Swap in the last six months of 1993. I work in a five man group practice doing anaesthetics and obstetrics, but this is not required. I have a large home and vehicle. Geraldton is a seaside town renowned for its lobsters, beaches, fishing and windsurfing. The weather is excellent June-December.

If interested please write or phone R J Watt, Shenton Street, Geraldton WA 6530, telephone (099) 212555 wk or (099) 231179 ah.

### SERVICES

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# BRITAIN'S ARTHRITICS ARE STARTING TO MELT



## NEW **FELDENE** p i r o x i c a m

Now you can offer your arthritic patients an entirely different way of taking oral NSAID therapy.

New FELDENE MELT\* breaks the mould of traditional tablets and capsules. When placed on the tongue FELDENE MELT dissolves in seconds to provide 24 hour control of symptoms. In this way patients can benefit from night and day relief of pain, reduced inflammation and improved mobility.

Because it's such a pleasant way of taking medicine, you may find many of your patients prefer FELDENE MELT to conventional capsules or tablets. Try them and see.



### Prescribing Information For FELDENE MELT (piroxicam):

**Indications:** Adults: Rheumatoid arthritis, osteoarthritis, ankylosing spondylitis, acute gout and acute musculoskeletal disorders. Elderly: As with other NSAIDs elderly patients should be closely supervised. Children: FELDENE MELT is not recommended in children. For treatment of juvenile chronic arthritis (Still's disease) please see oral data sheet. **Dosage:** Rheumatoid arthritis, osteoarthritis and ankylosing spondylitis - normal starting and maintenance dosage 20mg once daily. Long-term use of 30mg daily or more carries an increased risk of gastro-intestinal side-effects. Acute gout - 40mg daily in single or divided doses for up to 7 days. Acute musculoskeletal disorders - 40mg daily, in single or divided doses, for the first 2 days, 20mg daily for the remainder of the 7 to 14 days' treatment. **Contra-indications:** Active peptic ulceration or history of recurrent ulceration. Hypersensitivity to FELDENE,

aspirin or other NSAIDs. **Warnings:** Pregnancy, lactation.

**Precautions:** Significant renal, hepatic or cardiac insufficiency. Patients with phenylketonuria - each Melt tablet contains 0.14mg phenylalanine. **Drug Interactions:** Monitor patients on concurrent anticoagulants, lithium or diuretic therapy. Concurrent use of aspirin or other NSAIDs is not advised. **Side-Effects:** Gastro-intestinal symptoms; if peptic ulceration or gastro-intestinal bleeding occurs withdraw FELDENE. Oedema, mainly ankle. Skin rashes. CNS effects, including headaches and dizziness. Rare cases of renal and hepatic abnormalities have been reported. Haematological reactions including thrombocytopenia and anaemia and hypersensitivity reactions such as bronchospasm and anaphylaxis have been reported very rarely. **Package Quantities and Basic NHS Cost:** FELDENE MELT tablets 20mg, pack of 28, £11.97 (PL 0057/0352). Full information on request. **References 1.** Data on file Pfizer Limited. 2 Boardman *PL et al. Eur J Rheumatol Inflamm* (1983), 6 (1): 73-83.

\*Trade Mark

### MELTS IN SECONDS. RELIEVES PAIN FOR 24 HOURS.<sup>1,2</sup>

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