HELP KEEP THEM OUT OF THE RED AND IN THE GREEN

Zestril
lisinopril ICI

PRESCRIBING NOTES
Consult data sheet before prescribing.
USE: All grades of essential hypertension and renovascular hypertension. Congestive heart failure pretreatment therapy.
PRESENTATION: Tablets containing 2.5 mg, 5 mg, 10 mg or 20 mg (lisinopril) (Zestril).
DOSEAGE AND ADMINISTRATION: Hypertension - Adults (including elderly): initially 2.5 mg daily, a 2.5 mg dose interval achieves a therapeutic response; adjust dose according to response. Maintenance usually 10-20 mg once daily. Maximum is 40 mg daily. Dialysis patients - if possible stop diuretic, 2-3 days before starting Zestril. Resume diuretic later if desired.
Congestive heart failure: Adults (including elderly): initially 2.5 mg daily in hospital under close medical supervision, increasing to 5-20 mg once daily according to response. Monitor blood pressure and renal function.
RENAL IMPAIRMENT: May require lower maintenance dosage.
CONTRAINDICATIONS: Pregnancy. Hypersensitivity to Zestril. Patients with history of angioedema or previous ACE inhibitor therapy. Patients with acute renal, cardiac, pulmonary or peripheral vascular obstruction.
PRECAUTIONS: Assessment of renal function is recommended. Symptomatic hypotension may occur, particularly in volume depleted patients and congestive heart failure. Caution in patients with ischemic heart or cerebrovascular disease, renal insufficiency, renovascular hypertension. Patients with a history of angioedema may be at increased risk of angioedema with an ACE inhibitor. Cough has not been reported with ACE inhibitors. Renal impairment usually reversible may occur in some patients. Hypertension may occur during surgery or anesthesia. Caution in nursing mothers. No pediatric experience. Afro-Caribbean patients may show reduced therapeutic response. Symptomatic hypotension can be minimized by discontinuing diuretic prior to Zestril. Interaction with indomethacin and lithium. Potassium supplements, potassium sparing diuretics and potassium containing salt substitutes not recommended. Avoid concurrent use with high flux dialysis membranes.
SIDE EFFECTS: Hypotension, dizziness, headache, diarrhoea, cough, nausea, fatigue. Less frequently, rash, urticaria, angioedema, oedema and other hypersensitivity reactions, myocardial infarction or cerebrovascular accident possibly secondary to excessive hypotension in high risk patients, palpitation, psychiatric, abdominal pain, dry mouth, hepatitis, pancreatitis, mood alterations, mental confusion, urticaria, diplopia, anaphylaxis, angioneurotic, renal dysfunction, acute renal failure, impotence. A symptom complex which may include fever, vasculitis, myalgias, arthralgias/myalgia, positive ANA, increased ESR, eosinophilia, leukocytosis, rash, phototoxicity or other dermatological manifestations may occur. Increases usually reversible in blood urea, serum creatinine, liver enzymes and serum bilirubin. Decreases in haemoglobin and hematocrit have occurred. Hypokalaemia.
PRODUCT LICENCE NUMBERS AND BASIC NHS COSTS: Zestril: 2.5 mg 5/0(200) 28 tablets, 5 mg 5/0(200) 28 tablets, 10 mg 5/0(200) 28 tablets, 12.5 mg 5/0(200) 28 tablets, 15 mg 5/0(200) 28 tablets, 20 mg 5/0(200) 28 tablets, 25 mg 5/0(200) 28 tablets.
Zestril is a trademark.

Further information is available from: ICI Pharmaceuticals, King's Court,
Water Lane, Wiltshire, Cherhill, SK9 1AZ

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Send full resume in duplicate, giving full particulars, as well as names and addresses of 3 referees, together with copies of academic credentials (in duplicate) and recent publications to the Personnel Office. The Chinese University of Hong Kong, Shatin, N.T., Hong Kong (Fax: (852) 603 5026) before December 31, 1992. Please quote the reference number 107/509/2/92 and mark “Recruitment” on cover. Further information may be obtained from the Department of Community and Family Medicine, Lek Yuen Health Centre, 4/F, Shatin, N.T. Hong Kong (Tel: (852) 697 3211 Ext. 247; Fax: (852) 606 3500).

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The cost of the Course is £325 payable at the start of the Course, and a deposit of £100 will be required on application for a place on the Course.

Please apply to: Mrs Rita Blade
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Wednesday 3rd March 1993
MENSTRUAL DISORDERS: OLD PROBLEMS AND NEW STRATEGIES
12.00 - 1.30 Lunch/Registration
1.30 - 2.30 Amenorrhoea — a minefield for the GP
2.30 - 3.30 Irregular Bleeding before the Menopause — What to do?
3.30 - 4.00 Coffee/Tea
4.00 - 5.00 Menorrhagia — Treat blind or seek a cause? The value of the new treatments

Thursday 4th March 1993
ULTRASOUND: AN UPDATE
8.00 - 08.30 am Registration and Coffee
8.30 - 09.15 The New Technology — Vaginal versus Abdominal Ultrasound
9.15 - 10.00 Indications for a Scan
10.00 - 10.15 Coffee/Tea
10.30 - 11.15 Dating, Anomaly and Growth Scans in Pregnancy
11.15 - 12.00 Interpreting Scans — What the Patient wants from the GP
12.00 - 1.30 Lunch

Thursday 4th March 1993
COMPLICATIONS OF EARLY PREGNANCY: WHAT’S NEW?
12.00 - 1.30 Lunch/Registration
1.30 - 2.15 Threatened Miscarriage — Compelling Case for an Early Scan
2.15 - 3.00 Recurrent Miscarriage — Crucial Role of the GP in the Treatment Process
3.00 - 3.30 Coffee/Tea
3.30 - 4.15 Ectopic Frequency — Which Tests and When?
4.15 - 5.00 The Triple Test — Who to Test? What Does it Mean?

Friday 5th March 1993
MODERN MANAGEMENT OF INFERTILITY
8.00 - 08.30 am Coffee/Registration
8.30 - 09.45 Role of the GP in the Assessment of the Infertile Couple and Treatment of Anovulation
9.45 - 10.15 Coffee/Tea
10.15 - 11.00 Male Infertility — What Should the GP Know?
11.00 - 12.00 Assisted Conception Procedures — When to intervene? What to recommend? Where to refer? How to support?
12.00 - 1.30 Lunch

Friday 5th March 1993
ESSENTIALS IN FERTILITY COUNSELLING: RECENT DEVELOPMENTS
12.00 - 1.30 Lunch and Registration
1.30 - 2.15 The New Act — Legislation and Ethics
2.15 - 3.00 What is Counselling?
3.00 - 3.30 Coffee/Tea
3.30 - 5.00 Counselling Skills in Practice

Speakers will include: Professor J G Grudzinskas, Professor T Chard, Professor M. Hall, Mr P Armstrong, Miss A Peattie, Mr D Badenock, Mr J Campbell, Dr I Stabile, Mr A M Lower, Dr S Jennings, Dr L Doyal, Dr P Pengelly

Course Director: Dr I Stabile

Fee (including lunch, tea and coffee): £40.00 per module, £180.00 for whole course: 5 modules.

Accommodation: Limited spaces available on first-come first-served basis (at approximately £10.00 per night) for those attending 2 or more modules.

Further details from: Mrs Annie Lower, Academic Unit of Obstetrics and Gynaecology, 4th Floor, Holland Wing, The London Hospital Medical College, Whitechapel, London E1 1BB. Tel: 071 377 7207 (direct line, 24 hour answerphone). Fax: 071 377 7294.

Please print your name and address on this application form and return to the above address:

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