

When the itching has to stop



Rather than topical steroids or antihistamines, you can now prescribe a bath oil with a clinically proven antipruritic action^{1,2}.

Balneum Plus is the first bath oil to contain lauromacrogols for their local anaesthetic properties¹.

These, combined with the emollient effects of soya oil, produce a bath oil that provides relief for patients with dry, itchy skin.

REFERENCES

1. Puschmann M. et al. Aktuelle Dermatologie 1986; 12: 103-8
2. Trouniet H. et al. Aezil Kosmetologie 1986; 16: 241-7



Further information is available on request.
E. Merck Pharmaceuticals (A Division of Merck Ltd)
Winchester Road, Four Marks, Alton, Hants GU34 5HB
Tel 0420 64011 Fax 0420 64427

HERMAL

PRESCRIBING INFORMATION

Presentation: An oily liquid for external use containing soya oil 82.95% w/w and mixed lauromacrogols 15% w/w.

Uses: For the treatment of dry skin conditions including those associated with dermatitis and eczema where pruritus is also experienced.

Dosage and administration: Normally 20 ml (1 measure) for a full bath or 2.5 ml for a partial bath. If required, this can be increased to 2-3 times this amount. Add to bath water and mix well. Frequency and duration of application depend upon the type and severity of the condition. For babies and infants a daily application is recommended. Balneum Plus can also be used in the shower.

Contraindications, warnings, etc:

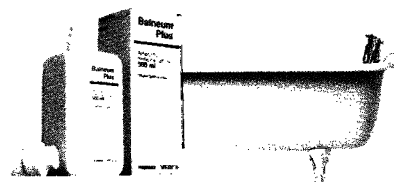
Contraindicated in patients hypersensitive to any of the ingredients. Care should be taken to guard against slipping in the bath or shower.

Legal category: P

Product licence number: 0493 0137

Product authorisation number: 54 74 1

Package quantities: Bottles of 500 ml



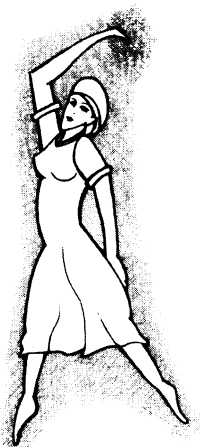
Balneum Plus

Antipruritic medicinal bath oil

m a k e s l i g h t w o r k o f p r u r i t i c s k i n

HORMONE REPLACEMENT THERAPY

BY
JEAN COOPE MD, FRCGP



HORMONE REPLACEMENT THERAPY by JEAN COOPE MD, FRCGP

The value of seeking out patients who could benefit from hormone replacement therapy is becoming increasingly obvious. The likely reduction of those suffering from osteoarthritis and coronary heart disease are two examples of positive benefits and in addition, many of the unpleasant symptoms associated with the menopause can be avoided. Moreover most women receiving hormone replacement therapy report an increased sense of well-being.

The general practitioner is ideally placed to identify those patients likely to benefit from hormone replacement therapy and to counsel those who seek advice. This very practical booklet by Dr Jean Coope provides the general practitioner and primary care team with all the information and advice they need.

This third edition of *Hormone replacement therapy*, which has been thoroughly revised and updated, is a valuable addition to the Clinical Series.

Third edition
November 1993

ISBN 0 85084 184 4

Price: £12.00 incl. p & p

Hormone replacement therapy is available from:
RCGP Sales, 14 Princes Gate, Hyde Park, London SW7 1PU
Tel: 071 823 9698 (or 071 225 3048, 24 hours,
Access and Visa orders only).

COUNTING ON QUALITY

a medical audit workbook

by Oliver Samuel, Paul Sackin and Bonnie Sibbald

RCGP
THE AUDIT PROGRAMME

COUNTING ON QUALITY - A MEDICAL AUDIT WORKBOOK BY OLIVER SAMUEL, PAUL SACKIN AND BONNIE SIBBALD

Quality of care and how to measure performance in general practice have long been the focus of debate. At one time quantity was thought to have little to do with quality but with the development of general practice as a discipline came the understanding that good practice can only be identified by producing the evidence- and this means counting.

With members of primary health care teams to support them and computers to do the analysis, general practitioners are now in a position to count for the benefit of their patients and *Counting on quality*, written by leading workers in the field of medical audit, explains just how to do it.

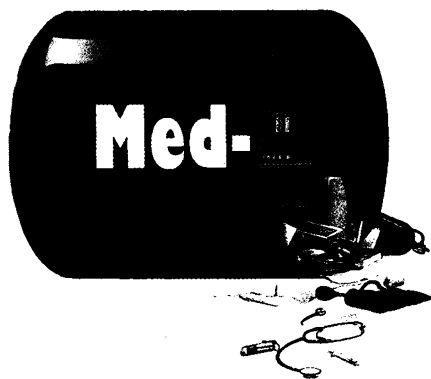
Based on audit courses run by the College, the book includes useful examples, practical tutorial tasks, and clear guidelines on data handling and analysis. It is written in a clear, easy to read style and should appeal not only to general practitioners and their trainees but to all members of primary health care teams, members of MAAGs, and all those who work with them.

Price: £13.50

ISBN 0 85084 189 5

Counting on quality - a medical audit workbook is available from:
RCGP Sales, 14 Princes Gate, Hyde Park, London SW7 1PU.
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THE WORLD ORGANIZATION
OF FAMILY DOCTORS

14TH WONCA WORLD CONFERENCE

10-14 June 1995

Hong Kong Convention & Exhibition Centre

"FAMILY MEDICINE - MEETING NEW CHALLENGES"



HOSTED BY
The Hong Kong College
of General Practitioners

Message from Dr J. T. N. Chung, Chairman, Host Organising Committee

The Hong Kong College of General Practitioners takes great pleasure in hosting the 14th WONCA World Conference, 10-14 June 1995, and on behalf of the College, I extend a warm welcome to family doctors of the world to Hong Kong.

As we move on in the last decade before the 21st Century, we see Family Medicine facing various challenges. A full array of scientific sessions will be devised to be presented by internationally renowned personalities in Family Medicine. A comprehensive Medical Exhibition will accompany the Scientific Programme, displaying the latest in medical products, technology and educational wares.

June is early summer when it is comfortably warm and Hong Kong is well placed to offer a wide range of pre-and post-Conference tours.

We look forward to welcoming you all in Hong Kong in 1995.

WONCA ORCHESTRA, HONG KONG JUNE 1995

During recent years, WONCA has proved itself to be more than an organisation of family doctors. It has shown itself to be a meeting point of hidden talents and fine musicians, as embodied in the WONCA Orchestra.

It is now the turn of the Hong Kong College of General Practitioners to carry on the musical tradition at the 14th World Conference in 1995. We are now recruiting and appeal to those who have participated before to play again, and to those who can play an instrument (to a competent level) but have not tried anything like this, to come and join us.

Please fill in the reply slip and send it back to us now!

GENERAL INFORMATION ON CALL FOR ABSTRACTS

Deadline - 31 October 1994

The following presentation categories will be available:

- PLENARY PAPERS
- PLENARY WORKSHOPS
- WORKSHOPS
- SYMPOSIA
- FREE-STANDING PAPERS
- CLINICAL UPDATES
- COMPUTER WORKSHOPS
- VIDEO WORKSHOPS

S C I E N T I F I C P R O G R A M M E

Plenary I: Family Medicine Meeting the Challenges of Health Care Delivery

1. Family medicine in a national health care system;
2. Family medicine in a private health care system;
3. Family medicine in developing countries.

Plenary II: Family Medicine Meeting the Challenges of the Changing Society

1. Family Medicine meeting the challenge of changing political & socio-economic structure;
2. Family medicine meeting the challenge of changing population structure;
3. Family medicine meeting the challenge of changing family structure.

Plenary III: Family Medicine Meeting the Challenges of Recent Advances in Technology

1. Family medicine meeting the challenge of advances in computer technology;
2. Family medicine meeting the challenge of advances in telecommunications;
3. Family medicine meeting the challenge of advances in medical technologies.

Plenary IV: Family Medicine Meeting the Challenges of the Changing Environment

1. Family medicine meeting the challenge of environmental pollution;
2. Family medicine meeting the challenge of hazardous behaviours;
3. Family medicine meeting the challenge of professional stresses.

REPLY SLIP

Name _____

Address _____

Fax No. _____

- ☐ I plan to attend the meeting
- ☐ Please forward further information
- ☐ I plan to submit an abstract

☐ APPLICATION FOR WONCA ORCHESTRA

Instrument _____

Please give a brief description of music experience and level of playing _____

Have you already filled in previously our reply card for Conference information

Yes ☐ No ☐

Mail reply slip to : Dr J. T. N. Chung
c/o Conference Secretariat

Gardiner-Caldwell Communications Ltd., 2403, Tung Wai Comm. Bldg., 109-111 Gloucester Rd., Wanchai, Hong Kong.
Tel: (852) 519 3083 Fax: (852) 519 8072

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DATA HANDLING FOR MEDICAL AUDIT

Course Director: Dr Oliver Samuel Course Tutors: Dr Janet Peacock, Dr Lea MacDonald and Dr Steve Bruster
- 2/3 February 1994

A two day course in the technical skills involved in collecting and digesting medical audit information. The course is suitable both for interested general practitioners and their staff and for those working with Medical Audit Advisory Groups. The course will study how to design questionnaires, select suitable ways of analysing the information and will review how to present the results. It will include some basic computer techniques - data entry and analysis, graphical presentations etc. The intention is to develop practical skills to help medical auditors make valid observations about current clinical practice.

PGEA approved for 2 days. The fee is £250.00 for members and £275.00 for non-members.

TEACHING THE MEDICAL AUDIT TEACHERS

Course Tutors: Dr Oliver Samuel, Dr Bonnie Sibbald, Dr Paul Sackin and Dr David Clegg -
23/24/25 February 1994

A three day course in medical audit for those who teach it. The course is for 24 participants, all of whom will have some experience of medical audit and are likely to be involved in teaching about it. The course is designed to present the subject of medical audit and to examine three related topics: standard setting, the collection and analysis of data and the management of change within the practice while also considering how to present and teach these subjects to colleagues. Pre-course work will involve some preparation and selected reading. PGEA approved for three days - zero-rated Section 63 course to enable Regional Advisers to sponsor tutors or trainers. The cost will be £300.00.

THE LEARNING NEEDS OF ESTABLISHED GPs

8 March 1994

The morning of this study day will concentrate on establishing what the learning needs of GPs might be. Presentations will include: Wants vs Needs - A number of surveys of GPs in different parts of the country - In service training for GP Educators. The afternoon will concentrate on 'Developing research skills'.

Section 63 applied for. The fee is £50 + VAT

LEADING, MANAGING AND UNDERSTANDING SMALL GROUPS

Course Tutors: Dr Geoff Roberts, Ms Lynn Freeman and Dr Oliver Samuel -
15/16 March and 4 May 1994

The course would be relevant to all doctors working in a group setting, either as a junior or senior partner, Course Organisers, GP Tutors, Audit Advisers, GP Advisers and any person with a serious interest in how groups function, and the nature of leadership. The aim of this short course is to develop both understanding and skills in leading and managing small groups. Seminars will be used to provide baseline concepts of group theory. Group exercises will be used to illustrate theory and develop understanding, and small group meetings will provide time for the participants to reflect on their learning and experience of the course.

The fee is £300.00. PGEA approved for 3 days under Health Promotion & Prevention of Illness and zero rated Section 63 approval granted.

PERFORMANCE APPRAISAL

Course Tutor: Hilary Haman -
17/18 May 1994

Two day course open to general practitioners and practice and health centre managers. It aims to provide an appreciation of performance appraisal, the opportunity to practise interviewing skills, including role play and the use of video, and to develop a plan to allow participants to introduce a performance appraisal scheme into their practice. This course is highly intensive and therefore limited to twelve participants only.

1994 Fees on application.

EFFECTIVE PERSONNEL MANAGEMENT

Course Director: Sally Irvine Course Tutor: Hilary Haman -
2/3 June 1994

This course is designed for members of the practice team whose responsibilities include staff management. The principles of personnel management, and their application in the management of staff whose conduct and performance are problematic, are covered. This two day residential course addresses the contract of employment, the motivation of staff and dealing with discipline issues.

1994 Fees on application.

For further details please contact: RCGP Courses and Conferences on 071 823 9703 or Fax 071 225 3047

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EDUCATION & LEARNING

MSc Bursaries

The General Practice Section of the Royal Society of Medicine are offering six £500 bursaries for General Practitioners undertaking an MSc in General Practice or Primary Care.

For further details please contact:

Samantha Greshoff
The Royal Society of Medicine
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Applications are invited for the School's TRAINING in PSYCHOANALYTIC PSYCHOTHERAPY commencing October 1994 based in South-West London. The Training is designed and provided by members of the British Psycho-Analytical Society.

Applicants should be between the ages of 25 and 55 and should possess a University Degree, or equivalent, in an appropriate core discipline.

Closing date for application: 30th April, 1994.

The Training Prospectus and Application forms may be obtained from the Administrative Secretary Ms. Sarah Nettleton, 24 The Avenue, Twickenham, Middlesex TW1 1RY, Telephone 081 744 3801.

ALL MEMBERS PLEASE NOTE

Fellows, Members and Associates of The Royal College of General Practitioners may claim a 10% reduction when booking classified advertisements in the *Journal*.

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All enquiries to: Maria Phantis, RCGP, 14 Princes Gate, Hyde Park, London SW7 1PU, Tel: 071 581 3232 Ext: 261.

WELSH MRCGP COURSE

Monday 28th - Thursday 31st March, 1994
University College Swansea

Applications are invited for this course which will prepare candidates for the MRCGP Examination. The course is residential, and Section 2 and PGEA Approval have been sought. Pre-course work will be required, and the course will comprise formal lectures, group work and mock vivas.

College examiners will be present. Candidates will receive individual counselling based on their pre-course work and performance on the course.

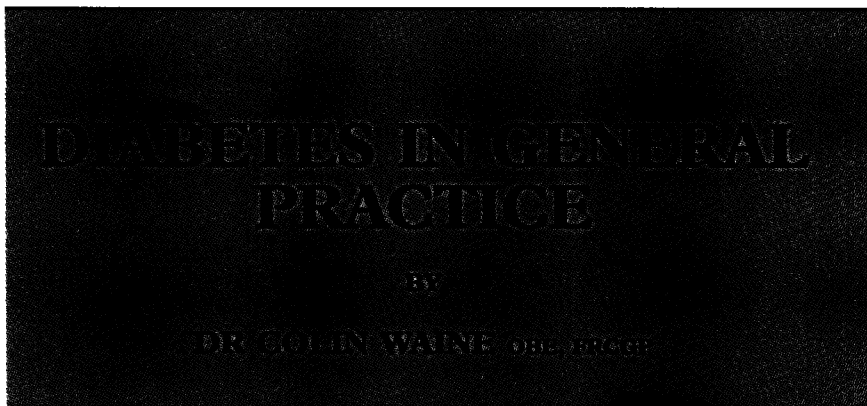
The cost of the course is £325 fully inclusive. Places will be limited, and a deposit of £100 will be required on application.

For further information write to:

Dr. Malcolm Lewis,
11 Ffynone Drive,
Swansea
SA1 6DB

RCGP

ROYAL COLLEGE OF GENERAL PRACTITIONERS



Diabetic Cards

To complement its book on diabetes the College produces a patient held record card to ensure continuity of care for diabetic patients. It is designed to accommodate the first examination date and recording of the initial management plan. The card allows recording of five annual reviews.



The College has an extensive range of publications. For further details please contact the Sales Office for a catalogue.

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SALES OFFICE,
4 PRINCES GATE,
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Indications: Adults: Rheumatoid arthritis, osteoarthritis, ankylosing spondylitis, acute gout and acute musculoskeletal disorders. Elderly: As with other NSAIDs, elderly patients should be closely supervised. Children: FELDENE MELT is not recommended in children. For treatment of juvenile chronic arthritis (Still's disease) please see oral data sheet. **Dosage:** Rheumatoid arthritis, osteoarthritis and ankylosing spondylitis – normal starting and maintenance dosage 20mg once daily. Long-term use of 30mg daily or more carries an increased risk of gastro-intestinal side-effects. Acute gout – 40mg daily in single or divided doses for up to 7 days. Acute musculoskeletal disorders – 40mg daily, in single or divided doses, for the first 2 days, 20mg daily for the remainder of the 7 to 14 days' treatment.

Contra-indications: Active peptic ulceration or history of recurrent ulceration. Hypersensitivity to FELDENE, aspirin or other NSAIDs. **Warnings:** Pregnancy, lactation.

Drug Interactions: Monitor patients on concurrent anticoagulants, lithium or diuretic therapy. Concurrent use of aspirin or other NSAIDs is not advised. **Side-Effects:** Gastro-intestinal symptoms; if peptic ulceration or gastro-intestinal bleeding occurs withdraw FELDENE. Oedema, mainly ankle. Skin rashes. CNS effects, including headaches and dizziness. Rare cases of renal and hepatic abnormalities have been reported. Haematological reactions including thrombocytopenia and anaemia and hypersensitivity reactions such as bronchospasm and anaphylaxis have been reported very rarely. **Legal Category:** POM. **Package Quantities and Basic NHS Cost:** FELDENE MELI tablets 20mg, pack of 28, £11.97 (PL 0057/0352). Full information on request.

References 1. Data on file Pfizer Limited. 2. Boardman PL *et al. Eur J Rheumatology Inflamm* (1983); 6 (1): 73-83.

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