



## THE LONDON CLINIC

*Welcomes patient referrals from  
GENERAL PRACTITIONERS*

Situated at the heart of London's private medical sector and where traditional values and modern technology combine.

The London Clinic has a comprehensive range of diagnostic and therapeutic services based in one location.

- **Cardiography** (resting, exercise and ambulatory ECGs)
- **CT & MR Scanning**
- **Endoscopy** (diagnostic & therapeutic)
- **Pathology** (with remote computer access)
- **Physiotherapy and Hydrotherapy**
- **Radiology** (with ultrasound)
- **Retail Pharmacy** (private prescriptions)

The London Clinic's premises includes 40 consulting suites occupied by physicians and surgeons representing a broad spectrum of medical expertise.

**The London Clinic is maintained wholly for the benefit of patients and is a Registered Charity No. 211136**

### THE LONDON CLINIC

20 Devonshire Place, London W1N 2DH  
Tel: 071 935 4444 Fax: 071 486 3782



*Please complete this portion and post to the above address.*



#### **Please send me further information about:**

- Please tick
- Cardiography ☐
  - CT & MR Scanning ☐
  - Endoscopy ☐
  - Pathology ☐
  - Physiotherapy & Hydrotherapy ☐
  - Radiology ☐
  - Package' Surgery ☐
  - Clinic Information Pack ☐

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# The GP Screen Test



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... simple step to receive  
on-the-spot information  
about your patient's  
condition

## ACTION ...

... with new Multistix GP  
can help your treatment  
of 'at-risk' patients - the  
elderly, the young,  
pregnant women and  
people with diabetes

## AND CUT ...

... unnecessary laboratory  
costs<sup>1,2</sup> and antibiotic  
prescriptions<sup>1</sup> by  
screening out negative  
urines for around 25p  
per patient

**NEW**

**Multistix GP**  
Reagent Strips

For more information simply return the coupon

**Bayer Diagnostics** 

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Bayer Diagnostics, Bayer plc, Evans House, Hamilton Close,  
Basingstoke, Hants. RG21 2YE. Tel: (0256) 29181.

\* Trademark of Miles Inc. USA

References 1. Lightfoot NF. The Rapid Diagnosis of Urinary Tract Infections in the Hospital  
and Community: Reagent Strip Testing. 2. Lowe PA. Med Lab Sci 1985; 42: 28-33.

Please provide me with information on Multistix GP Reagent Test Strips

Name.....

Address.....

Postcode.....

Please return this coupon to  
Bayer Diagnostics, Bayer plc,  
FREEPOST (WGR80)  
Evans House, Hamilton Close,  
BASINGSTOKE,  
Hants. RG21 2BR.

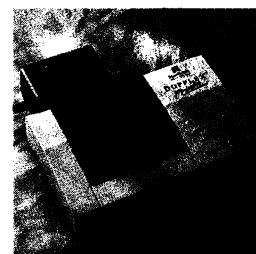
BJGP



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Position \_\_\_\_\_

Establishment \_\_\_\_\_

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Tel. No. \_\_\_\_\_ Ext/Bleep \_\_\_\_\_

**Huntleigh Healthcare**  
310 - 312 Dallow Road Luton Beds LU1 1SS  
Telephone: (0582) 413104 Fax: (0582) 459100



# HEALTH P

## Training and support in Primary Health Care

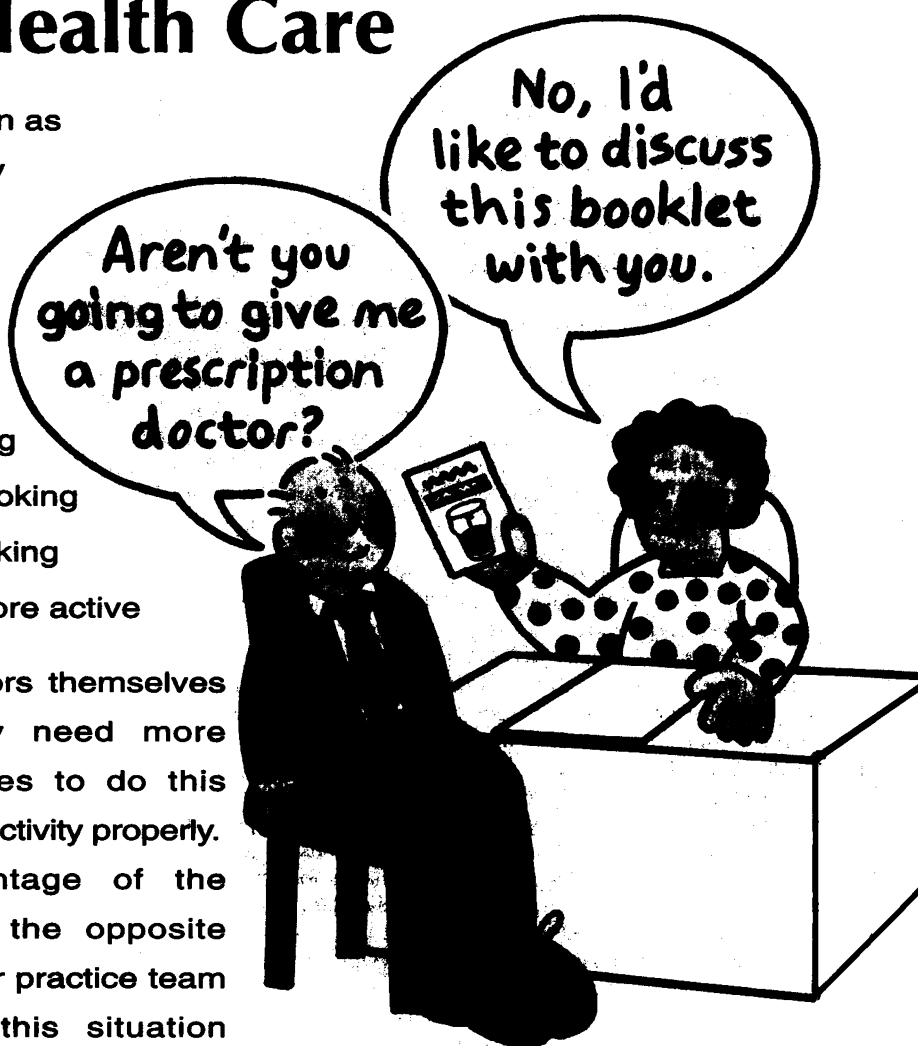
Family doctors are seen as the voice of authority and influence when it comes to advice on a whole range of health and lifestyle issues:

- ☐ healthy eating
- ☐ giving up smoking
- ☐ sensible drinking
- ☐ becoming more active

And yet, the doctors themselves often feel that they need more training and resources to do this increasingly important activity properly.

By taking advantage of the training detailed on the opposite page, doctors and their practice team can quickly rectify this situation and move rapidly through the banding structure to gain maximum advantage for their practices and their patients.

The training is offered by the Health Education Authority from its Primary Health Care Unit in Oxford.



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They can be contacted at:  
HEA Primary Health Care Unit,  
Block 10, Churchill Hospital,  
Headington, Oxford OX3 7LJ.  
Tel: (0865) 226059.

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# PROMOTION

## 'HELPING PEOPLE CHANGE' TRAINING PROGRAMME

This training provides all PHC professionals with an understanding of risk management and health promotion, to help them motivate people to make healthy lifestyle changes. It is supported by a range of resources, both for the professional and the patient.

Effective strategies are offered to support patients who have identified unhealthy aspects of their lifestyle. The training uses a model

which recognises the stages which an individual goes through when trying to make behavioural change.

"The courses use a very strong model and will be supported by the GP seminars. This provides an important link between GPs and the practice team to create effective health promotion". Dr. Richard Brown, a GP from the NW Thames Region.

## MULTIDISCIPLINARY TEAM WORKSHOPS

This workshop programme supports alliances between purchasers and providers, creating an environment that should be conducive to the management of change in primary care.

Primary care professionals have the opportunity to reflect on their current

health promotion activities and subsequently to develop plans and strategies which will enhance their provision.

The workshops are organised by Local Organising Teams (LOTs) which include representatives from FHSA, DHA and the general practice setting.

## NATIONAL DATABASE

As a support to the Multidisciplinary Team Workshop Programme, the National Database has been set up to provide information on training, health promotion

initiatives, and on organisations involved in health promotion.

Information can be accessed by phone, letter or fax.

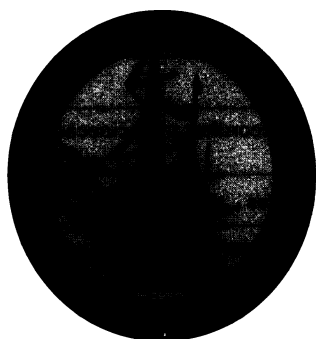
## NEW

**CHANGING PRACTICES IN PRIMARY HEALTH CARE - A facilitator's handbook** by Alison Wilson

An introduction to facilitation in primary health care. Covers many of the issues around health promotion, quality in health care, communication and training. £9.99 plus £1.20

postage. ISBN 0 7521 0060 2. Available from Customer Services, HEA, Hamilton House, Mabledon Place, London WC1H 9TX. Complete catalogue available on request.

**PRIMARY HEALTH CARE**



# The Royal College of General Practitioners National Spring Meeting

15-17 April 1994

Hosts: Wessex Faculty

“The Breadth and Depth of General Practice”

## ACADEMIC PROGRAMME

### FRIDAY AFTERNOON - FOUR PARALLEL SESSIONS

#### **Breadth & Depth in Postgraduate Education**

Portfolio-based Learning in CME *Dr David Sowden*  
Higher Professional Education *Dr Stephen Vincent*  
Simulated Surgery Assessment of Clinical Competence  
*Dr Liz Bingham*  
Assessment by Video-recording of Consultations *Dr Peter Tate*

#### **Health & The Environment**

Health & the Environment *Mr Jonathon Porritt*  
The Politics of Environmental Health *Dr Peter Draper*  
Water Pollution *Dr Fiona Godlee*  
Air Pollution *Dr Malcolm Green*  
Ozone Depletion and Skin Cancer *Dr Robin Russell Jones*

#### **Naval Medicine - Above & Below The Waves**

Underwater Medicine *Surg Cdr James Francis*  
Submarine Medicine *Surg Cdr Phillip Raffaelli*  
Expedition Medicine *Surg Lt Cdr Andrew Hughes*  
Survival Medicine *Surgeon Rear Admiral Frank Golden*

#### **Complementary Medicine in General Practice**

Manipulation *Dr Loic Burn*  
Food Allergy *Dr Michael Radcliffe*  
Hypnotherapy *Dr Charles Briglmen*  
Homoeopathy *Dr Jane Winfield*  
Spiritual Healing *Dr Craig Brown*

### SATURDAY MORNING - FOUR PARALLEL SESSIONS

#### **European Perspective On Training For General Practice**

“Learning with Europe - The New College Experience” *Dr Ed Piele*  
The Anglo/Dutch Perspective *Dr Lyta Klever*  
The Portuguese Perspective *Dr Rob Thompson*  
The Latvian Perspective *Dr Juris Lasovskis*  
The Irish Perspective *An Irish GP*  
Overview *Dr Philip Evans*

#### **The Paradox Of Progress**

How to retain respect for human values in an increasingly  
systematised world  
Law *Mr Jonathon Montgomery*  
Education *Mr Alan Pattinson*  
Medicine *Professor James McCormick*

#### **The Practice Team – The Greatest Asset, Benefits & Costs**

Practice Not Perfect *Dr Stuart Skeates and the North Baddesley Players*  
Audit in Action *Mrs Judy Gillow*  
Team Work, Tried and Tested *Dr Michael A West*  
Developing ‘Learning Organisations’ in Primary Care *Mrs Nicki Spiegel*  
Management Steps Towards a New Millennium *Mr Les Price*

#### **Free Standing Academic Papers**

These will include research projects from local and distant centres  
as well as early reports of work in progress. They will be continued  
in two parallel sessions during the afternoon.

### SATURDAY AFTERNOON - **THE GRAND DEBATE**

**MOTION** “This House believes that the future GP will need to put management before medicine.”  
*Chairman - Professor Ray Robinson*

#### **FOR THE MOTION**

*Dr Clive Froggatt*  
*Mr Keith Houghton*  
*Dr John Dracass*

#### **FOR THE OPPOSITION**

*Professor Denis Pereira Gray*  
*Professor Harry Keen*  
*Dr Alison Hill*

With your contributions from the floor of the House.

### SUNDAY MORNING - **THE WILLIAM PICKLES LECTURE**

“From Cullen to Calman” by Dr Graham Buckley

To be preceded by the Soap Box Hour

An opportunity for members of the audience to exercise their Hobby Horses.

Registration forms for the Meeting can be obtained from:

Wessex Faculty RCGP, Aldermoor Health Centre  
Aldermoor Close, Southampton SO1 6ST  
(Tel/Fax: 0703 785025)



# Stay ahead with our free Asthma management pack

The National Asthma Campaign is Britain's leading asthma charity. Together with a team of specialists, the Campaign has recently revised its comprehensive series of booklets. Clearly written and presented, the booklets, which are aimed at both health professional and patient alike, contain the latest medical advice on asthma management. Subjects covered include: asthma in the under fives; steroid treatment; peak flow measurement; hayfever; spacers and nebulisers. The pack also comes with a set of asthma management cards and details of our telephone helpline on an A3 and A4 poster.

## **Please send me my free pack**

Please return this form to Maggie Colling, National Asthma Campaign, Providence House, Providence Place, London N1 0NT or Fax your request to 071 704 0740.

Name .....

Position .....

Address .....

City/County .....

Postcode .....

**I would also be interested in details of your Professional Membership Scheme due to Be launched in 1994.**

☐ (please tick)

  
NATIONAL ASTHMA CAMPAIGN  
*getting your breath back*



A one day conference looking at how to  
reduce levels of smoking

## MODIFYING TOBACCO CONSUMPTION

Psychological and  
behavioural approaches

Friday 4th March 1994

£75.00

Reducing tobacco smoking is one of the single most effective methods available for improving health and reducing premature mortality in the UK (Smoking costs the NHS £1.67 million a day in treatment for smoking related illnesses and kills 110,000 people prematurely each year) and GPs have been encouraged through changes to their contracts to take an active role in reducing smoking prevalence.

This one day conference will provide practical information on how to help people stop smoking based on the latest research findings. It will cover the nature of cigarette dependence and treatment of dependent smokers as well as issues of health promotion, prevention and education.

## It did happen here: SEXUAL ABUSE AND LEARNING DISABILITY

Recognition and Action

Friday 8th June 1994

£85.00

A one day conference for all those involved in counselling children and adults with a learning disability who have been sexually abused. Issues will include: recognition and investigation of abuse. The conference will highlight and clarify issues discussed in the recent publication *"It Could Never Happen Here! The prevention and treatment of sexual abuse of adults with learning disabilities in residential settings"*.

**PGEA ACCREDITATION IS  
SOUGHT FOR ALL OF OUR  
CONFERENCES**

## THE 3RD COUNSELLING IN PRIMARY CARE CONFERENCE

Collaboration in Care

Friday 17th June 1994

£85.00

The conference will address the following themes: **Continuity of Care** will consider the provision of care in primary health care and how depression can play a central role in treatment enabling the client to mature.

**In Outcomes of Treatment** Dr. Glenys Parry from the Department of Health will present the available evidence for counselling and psychological therapy.

Professor Sue McDaniel, Associate Professor of Family Medicine at the University of Rochester, USA will explore the importance of family orientation in primary medical care in **Collaborative Models of Care**.



For further details of any of these conferences including a registration form please contact : Philippa Weitz, The Conference Unit, Dept. of Mental Health Sciences, St. George's Hospital Medical School, Cranmer Terrace, London SW17 0RE. Tel: 081-672 9944 ext. 55534

# ANNOUNCEMENT

## 1994 PHOTOPHERESIS TRIAL ON EARLY DIFFUSE SYSTEMIC SCLEROSIS (SCLERODERMA)

### A request for help from GPs.

The Royal Free Hospital is the U.K. centre taking part in this international study to determine the efficacy of Photopheresis on early diffuse systemic sclerosis.

**As it is imperative that we reach patients early in their disease we are appealing to GPs, in their position at the front line of medicine, to refer suitable patients for this trial.**

Please refer any patient of yours whom you suspect of suffering from diffuse systemic sclerosis for less than two years, to Dr. Black's department for assessment.

All patients meeting the criteria and entering the study will have all costs reimbursed for the duration of the study (one year).

*To refer a patient, or for further information, please write or fax Dr. Black:*



As Dr. Carol Black of the  
Royal Free Hospital  
states

**"There is truly no effective treatment available for systemic sclerosis. It is only by this collaborative venture that enough patients can be sourced for evaluation of any new therapy."**

**Dr. Carol Black  
Department of Rheumatology  
Royal Free Hospital  
Pond Street  
Hampstead  
London, NW3 2QG**

**Telephone: 071 794 0432  
Fax: 071 435 0143**

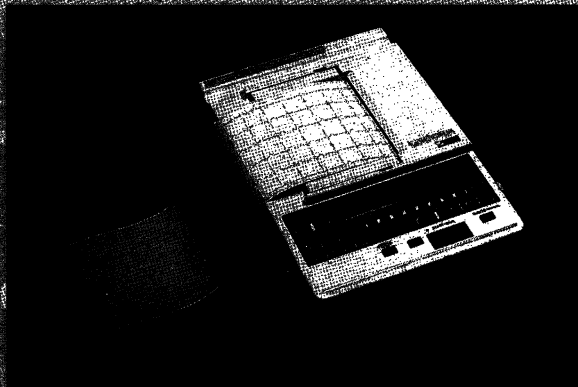


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Fax: 081-560 8086



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*Please contact  
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comprehensive  
product guide.*

## RCGP COURSES . RCGP COURSES . RCGP COURSES . RCGP COURSES . RCGP COURSES . RCGP COURSES .

### THE LEARNING NEEDS OF ESTABLISHED GPs

8 March 1994

The morning of this study day will concentrate on establishing what the learning needs of GPs might be. Presentations will include: Wants vs Needs - A number of surveys of GPs in different parts of the country - In service training for GP Educators. The afternoon will concentrate on 'Developing research skills'.  
Section 63 applied for. The fee is £58.75

### MINOR SURGERY IN GENERAL PRACTICE

Course Director: Dr Roger Kneebone

10/11 March 1994

This is the first in a series of courses, funded by the Department of Health, designed to establish and develop practical skills training in this important field. The first three courses in the series will be for GP vocational trainees. The programme consists of incisive lectures balanced by highly practical and interactive small group work using the latest advances in the technology of simulated tissue. The course will cover the whole range of techniques used in minor surgery in general practice - eg suturing and wound management, excision of lumps and bumps, cryosurgery, electrocautery, curettage, joint and periarticular injections, varicose vein sclerotherapy, practical resuscitation skills and so on. This course will be particularly suitable for GP trainees in their final year of training.  
The fee is £23.50. PGEA and Section 63 applied for.

### LEADING, MANAGING AND UNDERSTANDING SMALL GROUPS

Course Tutors: Dr Geoff Roberts, Ms Lynn Freeman and Dr Oliver Samuel

15/16 March and 4 May 1994

The course would be relevant to all doctors working in a group setting, either as a junior or senior partner, Course Organisers, GP Tutors, Audit Advisers, GP Advisers and any person with a serious interest in how groups function, and the nature of leadership. The aim of this short course is to develop both understanding and skills in leading and managing small groups. Seminars will be used to provide baseline concepts of group theory. Group exercises will be used to illustrate theory and develop understanding and small group meetings will provide time for the participants to reflect on their learning and experience of the course.  
The fee is £300.00. PGEA approved for 3 days under Health Promotion & Prevention of Illness and zero rated Section 63 approval granted.

For further details please contact: RCGP Courses and Conferences on 071-823 9703 or Fax 071-225 3047

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# DO NOT VISIT MED-PHARM 1994

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**Med-Pharm**

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## UNLESS YOU ARE....

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- A forward thinking medical practitioner
- Keen to hear top grade speakers on key issues and pick up 2.5 days PGEA accreditation
- Wanting to explore the latest drug options available
- Looking for the latest equipment at good rates
- Seeking advice on computer hard and software
- After the most from your suppliers
- Wanting support in caring for the nation's health

**5th - 7th March 1994, Olympia 2, London**

For tickets and conference details please call: Trades Exhibitions Ltd,  
461-465 North End Road, London SW6 1NZ Tel: 071-610 3001 Fax: 071-610 3566

## CLASSIFIED ADVERTISEMENTS

Classified Advertisements are welcomed and should be sent to: The Advertising Sales Executive, Royal College of General Practitioners, 14 Princes Gate, Hyde Park, London SW7 1PU. Telephone: 071 - 581 3232. Fax: 071 - 225 3047. Copy must be received three weeks before the 1st of the month of issue to ensure inclusion. Every effort will be made to include advertisements received after this date but publication cannot be guaranteed and the advertisement may have to be held over to the following issue. The publisher will not be responsible for any error in the insertion of, or omission to insert, any advertisement. The charge for space in this section is £12.00 per single column centimetre, plus £10.00 if a box number is required, plus VAT at 17.5%. Fellows, Members and Associates of the Royal College of General Practitioners may claim a 10% reduction. Replies to box numbers should be sent to the above address, with the box number on the envelope. The inclusion of an advertisement in this *Journal* does not imply any recommendation and the Editor reserves the right of refuse, amend or withdraw any advertisement without explanation. All recruitment advertisements in this section are open to both men and women.

## COURSES

### UMDS

GUY'S AND ST THOMAS'S  
MEDICAL AND DENTAL SCHOOL

**UMDS GUY'S HOSPITAL  
GENERAL COURSE IN MEDICINE  
FOR  
GENERAL PRACTITIONERS  
16-20 MAY 1994  
Course Fee £300**

PGEA approval is being sought for 30 hours to include Disease Management, Health Promotion and Service Management.

At least 10 specialities will be discussed based on the interests of the applicants.

Early application is advised as places are limited.

For application form please apply to:  
Mrs Jenny Mackle, Postgraduate Medical Studies,  
UMDS, Guy's Hospital, London SE1 9RT  
Telephone 071-955 4190

### UMDS

GUY'S AND ST THOMAS'S  
MEDICAL AND DENTAL SCHOOL

#### **BASIC MANAGEMENT COURSE**

**organised by Postgraduate Medical Department, Guy's & Lambeth Southwark and Lewisham Health Commission**

**17,24 & 31 March 1994**

**Venue: King's Healthcare Postgraduate Medical Centre  
East Dulwich Grove, London SE22 8PT**

Staff Issues: finding, keeping staff; employment law

Financial Management: claiming efficiently; business planning

Patient Issues: patients at the desk; preventing aggression; audit

PGEA applied for: 15 h S, 6 h H

There is no cost to GPs in LSL. For others the inclusive cost will be £150.

Preference is given to LSL practitioners and 1 + 2 partner practices.

Financial help for single-handed doctors needing locums may be available.  
25 places maximum.

For application form please apply to:  
Mrs Jenny Mackle, Postgraduate Medical Studies,  
UMDS, Guy's Hospital, London SE1 9RT  
Telephone 071-955 4190

#### **INVERNESS POSTGRADUATE MEDICAL CENTRE ALTERNATIVE GP REFRESHER COURSE**

**18 - 22 APRIL 1994**

**PGEA Approved**

Come and enjoy your Postgraduate Education at the Alternative General Practitioner Refresher Course in Inverness, from 18-22 April 1994. All work is in the same small group, and there will be no imposed agenda. The cost is £250.00 for the whole week. Due to the subject matter and the homework that will be required, this course will attract 12 PGEA sessions covering all three areas.

For further details of this unique course, please contact:  
Miss Fiona Fraser,  
Postgraduate Administrator, Postgraduate Centre, Raigmore Hospital,  
Inverness, Tel. No. (0463) 704000, Ext. 5201.

#### **GP REFRESHER COURSE**

**- STORNOWAY -**

**OUTER HEBRIDES**

**17 - 19 MAY 1994**

**PGEA Approved**

An ideal opportunity to escape to a beautiful setting for 8 sessions of PGEA. Well known guest speakers will cover a wide variety of topics. Thanks to sponsorship, course fees and subsistence costs will be minimized. There will be a social programme for participants and accompanying persons. If you wish to extend your stay after the course you can sample the delights of the Outer Hebrides.

For further details, please contact Miss Fiona Fraser,  
Postgraduate Administrator, Postgraduate Centre, Raigmore  
Hospital, Inverness, Tel No. (0463) 704000, Ext 5201.

**CALLED TO BE HUMAN:** A Spirituality for Care-Givers  
Residential Workshop, 23-26 June 1994  
Rainhill, Merseyside  
Dr. Sheila Cassidy and others

For information and application, write to:  
Rev. D.W. Hiza, Chaplain, Homerton Hospital  
London E9 6SR

Advise early application as last year was oversubscribed.  
Closing date 1 March 1994.  
PGEA applied for (last year approved for 4 hours)

### **St George's Hospital Medical School**

Departments of

**PUBLIC HEALTH SCIENCES    GENERAL PRACTICE**

#### **RESEARCH METHODS**

20th - 22nd April 1994

#### **AIMS**

This course aims to lay a firm foundation in research methodology within the NHS setting. The course is suitable for general practitioners and other clinicians embarking on research for the first time and for research and information officers within the NHS.  
In particular the course will include:

- 1) Practical issues in defining and organising a research project
- 2) Epidemiological aspects of study design
- 3) Statistical aspects of study design: sampling and sample size
- 4) Searching and using existing information
- 5) Presenting research findings
- 6) Small group discussions of specific research problems

This 3-day course will be given by members of the departments of Public Health Sciences and General Practice and is similar to the very successful AUDGP course previously run by Bonnie Sibbald. PGEA approval is anticipated. The course will include both formal lectures and small discussion/practical sessions. The cost will be £230 which includes course notes, light lunch and refreshments. Basic overnight accommodation can be arranged at extra cost.

Further details are available on request. Applications including payment should be sent to the address below by 31st March. Cheques should be made payable to **St George's Hospital Medical School**.

**Course Secretary**  
Mrs Beulah Scott  
Public Health Sciences  
St George's Hospital Medical School  
London SW17 0RE  
081 672 9944 ext 55467

**Course Organiser**  
Dr Janet Peacock  
Lecturer in Medical Statistics  
081 672 9944 ext 56269

## **UNIVERSITY OF WALES COLLEGE OF MEDICINE** *Department of Dermatology*

### **THE DIPLOMA IN PRACTICAL DERMATOLOGY**

**T**his is an extramural structured programme in dermatology designed to equip the general practitioner with a sound practical understanding of skin disease as it presents in practice. The course is divided into three modules each of ten weeks. There are structured reading and written tasks with personal case histories, audio cassettes and special short courses of clinical instruction in Cardiff. Continual assessment and final examination lead to the Diploma in Practical Dermatology.

*The next course, organised by the University of Wales College of Medicine, will start in April 1994 and is open to all general practitioners.*

For further details please write to:  
Miss Yvonne Morris, Dermatology Postgraduate Centre,  
University of Wales College of Medicine, Grove Mews,  
1 Coronation Road, Birchgrove, CARDIFF CF4 4QY,  
Wales, United Kingdom



### **ROYAL COLLEGE OF PHYSICIANS OF LONDON AND FACULTY OF OCCUPATIONAL MEDICINE JOINT CONFERENCE ON HEALTH RISKS TO THE HEALTH CARE PROFESSIONAL Tuesday 15th March 1994**

This Conference aims to tackle physical and psychological issues affecting the health care industry. It will be of particular interest to occupational health and hospital physicians but it is also aimed at general practitioners, occupational health nurses and Health Service managers.

Sessions include:

**THE VIRAL THREAT**  
HIV; Hepatitis B; Hepatitis C

**OTHER THREATS TO PHYSICAL HEALTH**  
Tuberculosis; Allergic respiratory disease; Skin disorders

**THE MENTAL HEALTH OF CARERS**  
Burnout and alcohol problems; Drug addiction, depression and suicide

**STRESS IN THE HEALTH CARE INDUSTRY**  
Organisational stress - the problem, strategies for management

**ERNESTINE HENRY LECTURE**  
**Doctors in crisis: can we create the strategy for  
mental health in health care work?**  
Professor R H Higgs

at the Royal College of Physicians of London  
11 St Andrews Place, Regents Park, London NW1 4LE

Further details from the Conference Office Tel: 071 935 1174, ext 252/300

## CLASSIFIED ADVERTISEMENTS



### ROYAL COLLEGE OF PHYSICIANS OF LONDON

#### CONFERENCE ON SEASONAL ALLERGY

**Tuesday 19th April 1994**

*The purpose of this conference is to review some recent advances in understanding the mechanisms of seasonal allergic disease, concentrating on allergic rhinitis.*

The conference will include sessions on:

##### **Background**

Seasonal allergens in the UK  
Genetic control of responses to pollen allergens  
Mediators of allergic inflammation  
Mast cell biology/cytokines

##### **Mechanisms**

Natural history of allergic rhinitis  
Pollution and rhinitis  
Effects of seasonal pollinosis on asthma

##### **Treatment**

Allergen avoidance  
Conventional medical management  
New generation antihistamines  
Controlled trials of immunotherapy for rhinitis  
Mechanisms of successful immunotherapy  
- antibody responses  
- histological studies/cytokines  
Complementary medicine techniques

**PARKES WEBER LECTURE**  
**Thick skin: thin hypotheses -**  
**the aetiopathogenesis of systemic sclerosis**  
Dr Carol Black

at the Royal College of Physicians  
11 St Andrews Place, Regent's Park, London NW1 4LE

Further details from the Conference Office Tel: 071 935 1174, ext 252/300

### **PGEA IN CYPRUS 1994** **5TH GENERAL PRACTITIONERS'** **REFRESHER COURSE** **April 27th - May 4th 1994**

will be held in Limassol, Cyprus. PGEA approval applied for 30 hrs.

**SPEAKERS:** Dr. Peter Abrahams, Dr. Judy Gilley, Dr. Peter Schutte,  
Mr. L.R. Bernhardt, Ms. G. Vafidis, Professor Nicolaides,  
Dr. Michael Gross

Flights from Gatwick/Luton/Manchester

Fee: £600

(including flights, B & B accommodation and course fee).

For further details apply: Dr. H. Makanji, 59 Valley Drive,  
Kingsbury, LONDON NW9 9NJ. Tel: 081 959 2444.

## RECRUITMENT/SERVICES

**BRIGHTON** - Full time Practitioner required to replace outgoing retiring Partner in our five doctor partnership. We are a training practice in new purpose built premises, are fully computerised with full complement of ancillary and attached staff. Band Three approved and achieving highest targets. Non Fund Holding. Partners have an interest in G.P. education and would particularly encourage and support new ideas and developments from the incoming partner. Please apply in writing with curriculum vitae to: Dr Richard Gray, Park Crescent New Surgery, 1a Lewes Road, Brighton BN2 3JJ.

## EDUCATION & LEARNING



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## EVENTS

### **Defeat Depression Action Week** **Fun Run**

Hyde Park, London, 6th March 1994

The Defeat Depression Campaign, organised jointly by the Royal College of General Practitioners and the Royal College of Psychiatrists, is holding a three mile Fun Run as part of the activities of the Defeat Depression Action Week, which runs from 3rd to 11th March.

The entry fee is £3 and a commercial company will match the total amount paid in entrants' fees with a like amount and will provide prizes for the winners. All proceeds will go to the Defeat Depression Campaign.

If you would like an entry form please get in touch with:  
Christine Gear on 071 235 2351.

# Take a fresh look at Cardura



 **CARDURA\***  
doxazosin

**A first line antihypertensive  
that can also lower cholesterol**

**ABBREVIATED PRESCRIBING INFORMATION FOR CARDURA\* (doxazosin): UK.**  
**Presentation:** White tablets containing doxazosin mesylate to the equivalent of 1, 2 and 4mg doxazosin. **Indications:** First-line treatment of hypertension and may be used as the sole agent to control blood pressure in the majority of patients, including those with asthma, diabetes mellitus, gout and the elderly. **Dosage:** CARDURA is used in a once daily regimen. The initial dose is 1mg. Dosage may then be increased after 1 or 2 weeks of therapy to 2mg and thereafter, if necessary, to 4mg. The majority of patients who respond to CARDURA will do so at a dose of 4mg or less. Dosage can be further increased, if necessary, to 8mg or the maximum recommended dose of 16mg. **Use in children:** Not recommended. **Contra-indications:** Sensitivity to



CARDURA and related quinazolines. **Lactation. Use during pregnancy:** CARDURA should only be used during pregnancy when, in the opinion of the physician, potential benefit outweighs potential risk. **Side-effects:** Postural hypotension, rarely associated with fainting. Other reactions include: dizziness, vertigo, headache, fatigue, asthenia and oedema. **Further information:** In short-term studies, CARDURA produced a modest reduction in plasma total cholesterol and LDL cholesterol. **Legal Category:** POM. **Basic NHS Cost:** 1mg tablet (PL 57/0276) Calendar pack of 28, £10.56; 2mg tablet (PL 57/0277) Calendar pack of 28, £14.08; 4mg tablet (PL 57/0278) Calendar pack of 28, £17.60. Further information is available on request from INVICTA\* Pharmaceuticals, A Division of Pfizer Limited, Sandwich, Kent CT13 9NJ

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55962 Oct '93