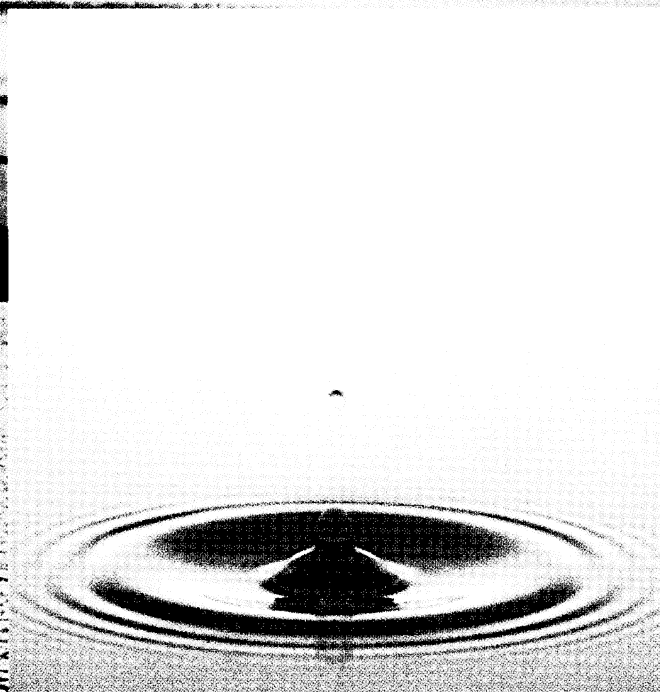


# Soothe away the sting of eczema treatment



Alphaderm is an effective treatment for moderate to severe eczema with minimal stinging on application and skin relief is usually experienced within 10 minutes.

## Alphaderm

FOR SOFT, SUPPLE SKIN WITH MINIMAL STING

*Alphaderm remains prescribable under the NHS*

**ALPHADERM - ABBREVIATED PRESCRIBING INFORMATION:** **Presentation** Alphaderm cream contains hydrocortisone Ph.Eur. 1% w/w and urea BP 10% w/w in a specially formulated base. It does not contain lanolin and is preservative free. **Indications** All dry ichthyotic eczematous conditions of the skin. **Dosage and administration** Wash and dry the affected area(s) and apply topically twice daily. Optimal rehydration of dry skin is achieved without the use of occlusive dressings. **Contra-indications** Known hypersensitivity. Primary bacterial, viral and fungal diseases of the skin and secondarily infected eczemas or intertrigo. **Precautions, warnings, etc** There is inadequate evidence for safety in human pregnancy. Topical administration of corticosteroids to pregnant animals can cause abnormalities of foetal development. There may, therefore, be a very small risk of such effects in the human foetus. **Product Licence Number** 0364/0019R **Legal category** POM **Basic NHS cost** 30g - £2.36 100g - £7.32 **Ref. No.** UK/APVA/1.1/February 1994. **REFERENCES:** 1. Data on file - Clinical data covering 644 patients showed only 5% suffered more than slight stinging on application. 2. Kligman A.M., Kaidbey K.H. (1978) *Cutis*, 22, 232-244. Further information is available from Procter & Gamble Pharmaceuticals, Staines, Middlesex TW18 3AZ

**Procter & Gamble**  
PHARMACEUTICALS

# THE EXPANDING WORLD OF 'ZESTRIL'



More GPs are prescribing 'Zestril'  
for more patients than ever before

**Consult data sheet before prescribing.**

**USE:** All grades of essential hypertension and renovascular hypertension. Congestive heart failure (adjunctive therapy).

**PRESENTATION:** Tablets containing 2.5mg, 5mg, 10mg or 20mg lisinopril ('Zestril').

**DOSAGE AND ADMINISTRATION: Hypertension** - Adults (including elderly): initially 2.5mg daily, a 2.5mg dose seldom achieves a therapeutic response; adjust dose according to response. Maintenance usually 10-20mg once-daily. Maximum is 40mg daily. Diuretic-treated patients - if possible stop diuretic 2-3 days before starting 'Zestril'. Resume diuretic later if desired.

**Congestive heart failure:** Adults: initially 2.5mg daily under close medical supervision (hospital initiation for severe or unstable heart failure and other patients at higher risk), increasing to 5-20mg once-daily according to response. Monitor blood pressure and renal function.

**Renal impairment:** May require lower maintenance dosage.

**CONTRAINDICATIONS:** Pregnancy. Hypersensitivity to 'Zestril'. Patients with history of angioneurotic oedema to previous ACE inhibitor therapy. Patients with aortic stenosis, cor pulmonale or outflow tract obstruction.

**PRECAUTIONS:** Assessment of renal function is recommended. Symptomatic hypotension may occur, particularly in volume depleted patients and congestive heart failure. Caution in patients with ischaemic heart or cerebrovascular disease; renal insufficiency; renovascular hypertension. Patients with a history

of angioedema may be at increased risk of angioedema with an ACE inhibitor. Cough has been reported with ACE inhibitors. Renal impairment (usually reversible) may occur in some patients. Hypotension may occur during surgery or anaesthesia. Caution in nursing mothers. No paediatric experience. Afro-Caribbean patients may show reduced therapeutic response. Symptomatic hypotension can be minimised by discontinuing diuretic prior to 'Zestril'. Interaction with indomethacin and lithium. Potassium supplements, potassium-sparing diuretics and potassium-containing salt substitutes not recommended. Avoid concomitant use with high-flux dialysis membranes.

**SIDE EFFECTS:** Hypotension, dizziness, headache, diarrhoea, cough, nausea, fatigue. Less frequently, rash, asthenia. Rarely, angioneurotic oedema and other hypersensitivity reactions, myocardial infarction or cerebrovascular accident possibly secondary to excessive hypotension in high risk patients, palpitation, tachycardia, abdominal pain, dry mouth, hepatitis, jaundice, mood alterations, mental confusion, urticaria, diaphoresis, uraemia, oliguria/anuria, renal dysfunction, acute renal failure, impotence, pancreatitis. A symptom complex which may include fever, vasculitis, myalgia, arthralgia/arthritis, positive ANA, elevated ESR, eosinophilia, leukocytosis; rash, photosensitivity or other dermatological manifestations may occur. Increases (usually reversible) in blood urea, serum creatinine, liver enzymes and serum bilirubin. Decreases in haemoglobin and haematocrit have occurred. Hyperkalaemia.

**LEGAL CATEGORY:** POM.

**PRODUCT LICENCE NUMBERS AND BASIC NHS COSTS:**  
'Zestril' 2.5mg (12619/0084) 7 tablets, £1.91; 28 tablets, £7.64;  
5mg (12619/0085) 28 tablets, £9.58; 10mg (12619/0086) 28 tablets, £11.83; 20mg (12619/0087) 28 tablets, £13.38.

**'Zestril' is a trademark.**

Further information is available from: ZENECA Pharma, King's Court, Water Lane, Wilmslow, Cheshire SK9 5AZ.

***Zestril***  
lisinopril

*Helping hypertensives retain  
their Zest for Life*

**ZENECA**



# NEW CARDS FROM THE RCGP ROYAL COLLEGE OF GENERAL PRACTITIONERS

## HEALTH PROMOTION SUMMARY CARD

The card is designed to facilitate the achievement of health promotion targets and provides a framework for the recording of health promotion activities. The card is divided into sections for recording of health promotion activities, including: cardiovascular disease, cervical and breast cancer, tetanus immunisation and hazardous factors. The layout of the card allows for rapid assessment of the need for health promotion and recording of the activities undertaken. The card is designed to be used by general practitioners and health promotion workers. The card is a single card which can be retained on returning the NHS record after the patient's death.

PRICE £8.75  
per 100 +pp

TO  
PLACE  
YOUR ORDER  
TEL: 071 823 9698  
OR 24 ANSWERPHONE  
SERVICE FOR CREDIT CARD  
ORDERS ONLY TEL: 071 225 3048

RCGP Sales, 14 Princes Gate, Hyde Park, London SW7 1PU.

### Health Promotion Summary

N.H.S. NO: COMPUTER NO: HOSPITAL NO: Forenames

Surname (M/F) Date of Birth

Address Tel No:

Postcode

### Family History:

	A/D	AGE	Significant disease or cause of death
Father			
Mother			
Sibs.			
Other			

Smoking (Quantity) Date

Alcohol

### Hormone Replacement Therapy Card

Patient name Address

DOB NHS no

Prac comp no

#### Presenting Symptoms

	yes	no
hot flushes	<input type="checkbox"/>	<input type="checkbox"/>
night sweats	<input type="checkbox"/>	<input type="checkbox"/>
insomnia	<input type="checkbox"/>	<input type="checkbox"/>
irritability	<input type="checkbox"/>	<input type="checkbox"/>
tension	<input type="checkbox"/>	<input type="checkbox"/>
joint pains	<input type="checkbox"/>	<input type="checkbox"/>
Date last period	<input type="checkbox"/>	<input type="checkbox"/>

#### Past History

	yes	no
patient pregnant	<input type="checkbox"/>	<input type="checkbox"/>
hysterectomy	<input type="checkbox"/>	<input type="checkbox"/>
genital cancer	<input type="checkbox"/>	<input type="checkbox"/>
breast cancer	<input type="checkbox"/>	<input type="checkbox"/>
multiple cancer	<input type="checkbox"/>	<input type="checkbox"/>
breast benign	<input type="checkbox"/>	<input type="checkbox"/>
breast lumps	<input type="checkbox"/>	<input type="checkbox"/>
smoker	<input type="checkbox"/>	<input type="checkbox"/>
stroke	<input type="checkbox"/>	<input type="checkbox"/>
hypertension	<input type="checkbox"/>	<input type="checkbox"/>
PET	<input type="checkbox"/>	<input type="checkbox"/>
varicose veins	<input type="checkbox"/>	<input type="checkbox"/>

#### Family History

	yes	no
myocardial infarction <65yrs	<input type="checkbox"/>	<input type="checkbox"/>
stroke <65yrs	<input type="checkbox"/>	<input type="checkbox"/>
hypertension	<input type="checkbox"/>	<input type="checkbox"/>
breast malignancy	<input type="checkbox"/>	<input type="checkbox"/>
ovarian malignancy	<input type="checkbox"/>	<input type="checkbox"/>
uterine malignancy	<input type="checkbox"/>	<input type="checkbox"/>

#### Other Symptoms

	yes	no
back pain	<input type="checkbox"/>	<input type="checkbox"/>
palpitations	<input type="checkbox"/>	<input type="checkbox"/>
urinary symptoms	<input type="checkbox"/>	<input type="checkbox"/>
vaginal dryness/soreness	<input type="checkbox"/>	<input type="checkbox"/>
loss of libido	<input type="checkbox"/>	<input type="checkbox"/>
other:	<input type="checkbox"/>	<input type="checkbox"/>

#### Other History

	yes	no
DVT or pulmonary embolism	<input type="checkbox"/>	<input type="checkbox"/>
active liver disorder	<input type="checkbox"/>	<input type="checkbox"/>
biliary disorder	<input type="checkbox"/>	<input type="checkbox"/>
active renal disorder	<input type="checkbox"/>	<input type="checkbox"/>
active heart disorder	<input type="checkbox"/>	<input type="checkbox"/>
migraine	<input type="checkbox"/>	<input type="checkbox"/>
premenstrual tension	<input type="checkbox"/>	<input type="checkbox"/>
psychiatric disorder	<input type="checkbox"/>	<input type="checkbox"/>
otosclerosis	<input type="checkbox"/>	<input type="checkbox"/>
diabetes	<input type="checkbox"/>	<input type="checkbox"/>
other:	<input type="checkbox"/>	<input type="checkbox"/>

Age at menopause

details

## HRT HORMONE REPLACEMENT THERAPY CARD

The design of this folded card provides sections for a comprehensive initial assessment including an aide memoire for the contraindications to HRT. Similarly the review examinations provide entries for generally recognised parameters of care and guidance is provided for the frequency of recording data.

PRICE £14.20  
per 100 +pp

VAT REG No. 240 7512 88

## **RCGP COURSES . RCGP COURSES . RCGP COURSES. RCGP COURSES . RCGP COURSES . RCGP COURSES .**

### **MRCGP COURSE**

*Course leaders: Dr D R Dare and Dr H P Joshi*

**22-25 September 1994**

This is an intensive course employing unique teaching methods to enable candidates to prepare for the MRCGP examination. The course is particularly directed to cater for the needs of the candidates who have difficulty in obtaining an invitation to the oral examinations. It is also aimed to introduce candidates to the use of videos for consultation analysis and to help them to gain an insight into the role and functions of the college of which they seek membership.

Section 63 Applied for. Course fee £350.00 (inclusive of VAT).

### **DATA HANDLING FOR MEDICAL AUDIT**

*Course Director: Dr Oliver Samuel*

*Course Tutors: Dr Janet Peacock, Dr Lea MacDonald & Dr Steve Bruster*

**3/4 October & 14/15 December 1994**

This intensive 2 day course offers training in the technical skills necessary to collect, understand and use audit data effectively. The syllabus includes standard setting, questionnaire design, statistics and hands-on computer training using four separate software packages.

The course is intended for MAAG and practice staff and interested GPs.

PGEA approved for 2 days under Service Management.

The fee (inclusive of VAT) is £340.00 including lunch and refreshments on both days, and dinner on the first evening.

### **TEACHING THE MEDICAL AUDIT TEACHERS**

*Course Tutors: Dr Oliver Samuel, Dr Bonnie Sibbald, Dr Paul Sackin and Dr David Clegg*

**19/20/21 October 1994**

This 3-day course is designed for all those involved in the teaching of medical audit - MAAG members, audit facilitators, trainers, course organisers and others. The course explores the issues involved in standard setting, data collection and analysis and the management of change. These are then examined in relation to teaching and learning. Much of the time is spent in small groups but there are also some lectures and informal presentation.

PGEA and Section 63 options are offered.

The fee (inclusive of VAT) is £400.00 including lunch and refreshments for 3 days and dinner on the first 2 evenings.

### **CHAIRMANSHIP SKILLS - "ROUND THE TABLE CHAIRING"**

*Course Tutor: Denise King*

**15 September 1994**

This one day course is designed to increase the skills of those who chair meetings "round the table" including committee and partnership meetings and is therefore particularly relevant to GPs. The course will focus on oral skills as opposed to the construction of agendas and meetings procedure. A workshop atmosphere will prevail with relaxed and informal interchange. Each member will chair a meeting and present an oral report. The intensive nature of this course means participants are limited to 10.

No advance preparation is required.

Section 63 approval is being sought.

The fee is £125.00 (inclusive of VAT).

### **LEADING, MANAGING AND UNDERSTANDING SMALL GROUPS**

*Course Tutors: Dr Geoff Roberts, Ms Rosslynne Freeman and Dr Oliver Samuel*

**2/3 November (Module I) and 2 December 1994 (Module II)**

This is a three day course divided into two months - two days followed 4 weeks later by one day. At the end of the course participants will have increased their understanding of how small groups function, and of how to lead and manage groups.

This course is relevant for all who work in a group setting, as course organisers, GP tutors, audit facilitators or partners in a group practice.

PGEA and Section 63 options are offered.

The fee (inclusive of VAT) is £300.00 including lunch and refreshments, and dinner on the first evening.

### **MANAGEMENT STANDARDS, THEIR USES AND BENEFITS**

**14 September 1994**

A study day is being organised jointly with the Association of Managers in General Practice, to enable GP tutors, nurse tutors and practice manager tutors to increase their understanding of management standards their uses and benefits. Topics to be covered include: What are standards?; Why MCI?; Benefits; The Role of National Vocational Qualifications.

PGEA and Section 63 approval being sought.

The fee for the day is £58.75 (inclusive of VAT).

*For further details please contact: RCGP Courses and Conferences on 071 823 9703 or Fax 071 225 3047*

**RCGP COURSES . RCGP COURSES . RCGP COURSES. RCGP COURSES . RCGP COURSES . RCGP COURSES .**



# Stay ahead with our free Asthma management pack

The National Asthma Campaign is Britain's leading asthma charity. Together with a team of specialists, the Campaign has recently revised its comprehensive series of booklets. Clearly written and presented, the booklets, which are aimed at both health professional and patient alike, contain the latest medical advice on asthma management. Subjects covered include: asthma in the under fives; steroid treatment; peak flow measurement; hayfever; spacers and nebulisers. The pack also comes with a set of asthma management cards and details of our telephone helpline on an A3 and A4 poster.

## Please send me my free pack

Please return this form to Maggie Colling, National Asthma Campaign, Providence House, Providence Place, London N1 0NT or Fax your request to 071 704 0740.

Name .....

Position.....

Address .....

City/County.....

Postcode .....

**I would also be interested in details of your Professional Membership Scheme due to Be launched in 1994.**

☐ (please tick)

RCGP

  
NATIONAL ASTHMA CAMPAIGN  
getting your breath back



# THE MAJOR EVENT OF THE YEAR FOR PRACTICE MANAGERS

## 21-23 July 1994, Birmingham

800 delegates attended the First National Practice Managers' Conference and Exhibition last year; at least 1,000 delegates are expected to attend the Second National Practice Managers' Conference and Exhibition this year.



### CONTRIBUTORS

**Ken Jarrold**, Director of Human Resources, NHSME  
**Ray Bennett**, Director, Health Audit, National Audit Office  
**Eleanor Brown**, Practice Development and Fundholding Manager, South London  
**Dr Johnny Browne**, GP, Carryduff, Northern Ireland  
**Jenny Girling**, Practice/Fund Manager, St John's Surgery, Bromsgrove  
**Dr Mollie McBride**, GP, East London and past-Secretary to Council, RCGP  
**Bernie Naughton**, Practice Manager, Luton  
**Mo Rillands**, Chief Executive, Fundholding Practice, Newcastle.

### WORKSHOPS

The introduction of a full day of workshops will provide an arena for the exchange of ideas and experiences between colleagues. Workshop topics include: **Developing Contracting in Fundholding Practices** sponsored by *The National Audit Office*; **Consortia - Primary/Secondary Care Purchasing**; **Managing the Partnership** sponsored by *BMI Healthcare*; **Career Development and Training**; **Primary Care/Priority Services Interface** sponsored by *Bristol Myers Squibb*; **The Positive Stress Factor in Practice Management and Communication**; **The Challenge of Small Practices**; **Health and Safety Issues**.

FEES: £150 + VAT (IHSM Members) £175 + VAT (Non-members)  
For further details contact the Conference Assistant, IHSM, 39 Chalton Street,  
London NW1 1JD. Tel: 071-388 2626 Fax: 071-388 2386

## WHERE TO MEET THE NEW DECISION MAKERS IN GENERAL PRACTICE

The Second National Practice Managers' Conference and Exhibition promises to be one of the most important gatherings of policy makers and opinion leaders in primary care. There will be a large exhibition of over 80 companies supplying products, technology and services to general practice. Stand availability is currently at a premium.

This event offers suppliers of products and services to General Practice the exclusive opportunity to meet those charged with making the purchasing decisions. It also provides an ideal occasion for companies to link their name with the most prestigious event for practice managers. A wide range of sponsorship opportunities is available for commercial sector involvement.

Call Tina Hall, Business Coordinator, IHSM on 071-388 2626.



Organised by:



## CLASSIFIED ADVERTISEMENTS

Classified Advertisements are welcomed and should be sent to: The Advertising Sales Executive, Royal College of General Practitioners, 14 Princes Gate, Hyde Park, London SW7 1PU. Telephone: 071 - 581 3232. Fax: 071 - 225 3047. Copy must be received three weeks before the 1st of the month of issue to ensure inclusion. Every effort will be made to include advertisements received after this date but publication cannot be guaranteed and the advertisement may have to be held over to the following issue. The publisher will not be responsible for any error in the insertion of, or omission to insert, any advertisement. The charge for space in this section is £12.00 per single column centimetre, plus £10.00 if a box number is required, plus VAT at 17.5%. Fellows, Members and Associates of the Royal College of General Practitioners may claim a 10% reduction. Replies to box numbers should be sent to the above address, with the box number on the envelope. The inclusion of an advertisement in this *Journal* does not imply any recommendation and the Editor reserves the right to refuse, amend or withdraw any advertisement without explanation. All recruitment advertisements in this section are open to both men and women.

## COURSES

### UNIVERSITY OF WESTMINSTER

#### Is your future in community care or primary health?

The Centre for Community Care & Primary Health offers the following MA one day release courses plus one year dissertation starting September 1994.

- MSc in General Practice & Primary Health\*
- MA in Community & Primary Health Care; towards reflective practice
- MA in Community Observation\*
- MA in Community Development\*
- MA in Therapeutic Bodywork

For details contact: Centre for Community Care & Primary Health, University of Westminster, 33 Queen Anne Street, London W1M 9FB.

Telephone 071 255 3550. (\*subject to approval)

#### GP REFRESHER COURSE 11-13 OCTOBER 1994

The Postgraduate Centre  
Morrison NHS Trust Swansea

Topics include:

Radiology of child abuse  
Sports injuries, Stroke rehabilitation  
Abnormal cervical smears, Palliative care symposium  
Autologous blood transfusion, Purchasing quality in clinical contracts

PGEA accreditation sought for 6 half-days

Course fee £100 (to include lunch and refreshments)

Apply to: Dr B Lervy, School of Postgraduate Studies, Maesygwern Hall, Morrison, Swansea SA6 6NL (0792) 703719

#### ALL MEMBERS PLEASE NOTE

Fellows, Members and Associates of The Royal College of General Practitioners may claim a 10% reduction when booking classified advertisements in the *Journal*.

The *Journal* is your publication – why not take advantage of the special terms.

**COURSES  
PARTNERSHIPS  
ASSISTANTSHIPS  
TRAINEES, etc.**

All enquiries to: Maria Phantis, RCGP, 14 Princes Gate, Hyde Park, London SW7 1PU, Tel: 071 581 3232 Ext. 261.

## EDUCATION & LEARNING

### Let us help you pass...

**MRCGP DCH DRCOG**

Intensive Revision Courses

**MRCGP:** London Sept. 24/25 or Manchester Sept. 17/18 repeated Apr. '95

**DCH:** London August 6/7 & 13/14 repeated December 3/4 & 10/11

**DRCOG:** London September 17/18 or Manchester September 10/11

REVISION BOOKS BY RETURN OF POST!  
"Essential for a Successful Revision Plan"

**MRCGP DCH DRCOG MRCOG**  
Money back if not fully satisfied

#### Contact us now for further details

PATEST, DEPT GP, FREEPOST, KNUTSFORD, CHESHIRE WA16 7BR

TEL: 0565 755226

**PATEST**

FAX: 0565 650264

Royal College of Physicians of London

### DIPLOMA IN GERIATRIC MEDICINE

The Diploma in Geriatric Medicine is designed to give recognition of competence in the provision of care for the elderly and is particularly suitable for General Practitioner vocational trainees and Clinical Assistants. It is also suitable for aspiring candidates for any career post in Geriatric Medicine, or in allied fields such as the Psychiatry of Old Age, who wish to demonstrate their knowledge of the subject.

The next examination will begin on 11th October 1994. Application forms, together with the necessary documentation, must reach the College by Friday, 2nd September 1994.

Candidates must have held a post approved for professional training in a department specialising in the care of the elderly, or have had experience over a period of 2 years since Full Registration or equivalent in which the care of the elderly formed a significant part.

Further details and an application form may be obtained from:

**Examinations Office**  
**Royal College of Physicians of London**  
**11 St Andrews Place**  
**Regent's Park, London NW1 4LE**

Registered Charity No. 210508

## ST GEORGE'S HOSPITAL MEDICAL SCHOOL

(University of London)

### DIVISION OF PSYCHIATRY OF ADDICTIVE BEHAVIOUR

#### DIPLOMA IN ADDICTIVE BEHAVIOUR FOR GENERAL PRACTITIONERS

This well established one-year (four terms) part-time course is specifically for General Practitioners and is unique in the UK. The modular approach offers a comprehensive training in the addictions as applied to the Primary Health Care setting. PGEA approved. Course starts 4th October 1994.

#### M.S.c. IN ADDICTIVE BEHAVIOUR

This course for Health Care professionals was the first of its kind in the UK. It consists of modular units of learning with a number of electives, and there is credit exemption for those who have obtained the Diploma. Covering the theoretical bases of addictive behaviour, organisational development and management, together with clinical/fieldwork placements, the course is offered either as two years part-time or one year full-time. Next course/module starts 4th October 1994.

For further information contact: Education and Training Unit, Division of Addictive Behaviour, St George's Hospital Medical School, London SW17 0RE. (Tel. No. 081 725 2802 or 2637).

#### FACULTY OF HOMOEOPATHY: SCOTLAND

##### Postgraduate Training Programme

THIS HIGHLY SUCCESSFUL INTRODUCTORY COURSE HAS BEEN DESIGNED WITH EXTENSIVE FEEDBACK FROM COURSE PARTICIPANTS OVER THE LAST 10 YEARS. IT IS FOR ALL DOCTORS AND HAS SPECIAL SECTIONS FOR DENTISTS, VETERINARY SURGEONS AND PHARMACISTS.

THE FOCUS OF THE COURSE IS ON ALLOWING YOU TO EVALUATE ITS USE BY HEALTH PROFESSIONALS AND THE RESPONSES REPORTED BY PATIENTS. USING OPEN UNIVERSITY STYLE TEACHING METHODS, CASE HISTORIES AND VIDEOS, THE COURSE WILL COVER BASIC PRINCIPLES, SCIENTIFIC EVIDENCE AND CONTROVERSY, AND THE CLINICAL SCOPE OF HOMOEOPATHY. AN ILLUSTRATIVE INTRODUCTION TO SIMPLE PRESCRIBING IS INCLUDED WITH THE COURSE MATERIAL (INCLUDING STARTER KIT AND TEXT BOOK) AND YOU WILL BE IN A POSITION TO TEST THE SYSTEM FOR YOURSELF.

THE THREE DAYS ARE A SELF CONTAINED INTRODUCTORY UNIT. YOU WILL THEN OPTIONALLY PROGRESS TO PARTS 4 & 5 SO COMPLETING THE FOUNDATION YEAR AND BEING ELIGIBLE TO SIT THE PRIMARY HEALTH CARE CERTIFICATE.

PART 1 - SATURDAY 3RD SEPTEMBER 1994

PART 2 - SATURDAY 8TH OCTOBER 1994

PART 3 - SATURDAY 3RD DECEMBER 1994

AT THE POSTGRADUATE MEDICAL CENTRE  
5 LANCASTER CRESCENT, GLASGOW G12 0RR

FURTHER DETAILS AND APPLICATION FORMS FROM:  
DR DAVID REILLY  
EDUCATION DIRECTOR  
FACULTY OF HOMOEOPATHY  
GLASGOW HOMOEOPATHIC HOSPITAL  
1000 GREAT WESTERN ROAD  
GLASGOW G12 0NR

TELEPHONE: 041-337-1824

TOTAL FEE £200.00 INCLUSIVE OF TEXT BOOK, COURSE LITERATURE, DRUG KIT AND LUNCHES. A LIMITED NUMBER OF STUDY BURSARIES ARE AVAILABLE. THE COURSE IS APPROVED FOR POSTGRADUATE EDUCATION ALLOWANCE (DISEASE MANAGEMENT, HEALTH PROMOTION AND SERVICE MANAGEMENT)

## ASTHMA AND DIABETES IN PRACTICE

(and How to Organise It)

7 - 11 November 1994

A superb update on all aspects of Asthma and Diabetes within the Primary Care team. Collect a whole year's PGEA in all categories in five days.

Monday/Tuesday Diabetes, Wednesday Service Management, Thursday/Friday Asthma.

Conference Venue: Bankfield Hotel, midway between Bradford and Bingley (convenient for Haworth and the Yorkshire Dales) (close to M1 and M62). Short stays accepted but preference given to those staying the whole week at the Conference Hotel.

Conference Dinner and other evening entertainments available.

Non-residential: £50 per day or £225 for the whole week. Special hotel rates for delegates. Practice Nurses welcome.

For further details contact: Louise Moyns, Postgraduate Office, Field House Teaching Centre, Bradford Royal Infirmary, Bradford, BD9 6RJ. Tel: 0274 364267.

TO PLACE YOUR ADVERTISEMENT  
IN THE CLASSIFIED SECTION  
RING NOW ON 071 581 3232





## TRAVELLING FOR BUSINESS OR PLEASURE ...? ... WE CAN HELP!

Welcome to the RCGP Travel Club. All RCGP members are entitled to free automatic membership of the Travel Club. RCGP Travel Club services and benefits include:

### ● FULL BOOKING SERVICE

*Intercity Rail Tickets  
UK and International Flight Tickets  
UK and International Car Rental  
Package Holidays  
Theatre and Concert Tickets*

*International Rail Tickets  
UK and International Hotels  
Ferries  
Charter Flights*

### ● FREE TRAVEL CONSULTANT SERVICE

Friendly help and advice is just a free phone call away.  
Where to go? Health and customs regulations? Best deal available?

### ● HOLIDAY BROCHURE SERVICE

A wide range of brochures is always available, from a day in France to trekking in the Himalayas; cruising the Norfolk Broads or sailing the South Pacific - call us and we will send you the brochures you want.

### ● SPECIAL RATES AND DISCOUNTS

The RCGP Travel Club will negotiate with suppliers for special deals and discounts for its members. This month's special offers include ski and sun winter holidays and Christmas breaks.

### ● REBATE SCHEME

Every pound spent with the Travel Club will count towards a rebate. This is payable quarterly in cash or as a credit against travel tickets and holidays. Call us for full written details.

**FREEPHONE TRAVEL SERVICE**

**TRAVEL CLUB OPEN 24 HOURS**

**ALL MAJOR CREDIT CARDS ACCEPTED**

**TRIPHONE TRAVEL SERVICE**

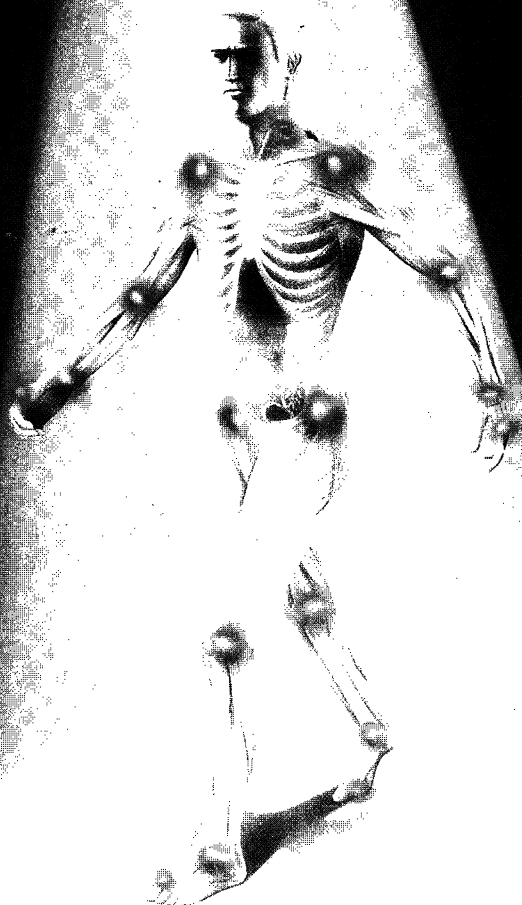
**Tel 021 374 1234 (standard rate)**

**Monday 9.00a.m.**

**operated by**



# REMEMBER THE POWER OF FELDENE



Don't forget the convenience  
of FELDENE MELT\*

**Feldene** **MELT**  
piroxicam

## MELTS IN THE MOUTH FOR POWER IN THE JOINTS

**PRESCRIBING INFORMATION FOR FELDENE MELT\* (PIROXICAM): UK. Indications:**

**Adults:** Rheumatoid arthritis, osteoarthritis, ankylosing spondylitis, acute gout and acute musculoskeletal disorders. **Elderly:** As with other NSAIDs, elderly patients should be closely supervised. **Children:** FELDENE MELT is not recommended in children. For treatment of juvenile chronic arthritis (Still's disease) please see oral data sheet. **Dosage:** Rheumatoid arthritis, osteoarthritis and ankylosing spondylitis - normal starting and maintenance dosage 20mg once daily. Long-term use of 30mg daily or more carries an increased risk of gastro-intestinal side-effects. Acute gout - 40mg daily in single or divided doses for up to 7 days. Acute musculoskeletal disorders - 40mg daily, in single or divided doses, for the first 2 days, 20mg daily for the remainder of the 7 to 14 days' treatment. **Contra-indications:** Active peptic ulceration or history of recurrent ulceration. Hypersensitivity to FELDENE, aspirin or other NSAIDs. **Warnings:** Pregnancy, lactation.

**Precautions:** Significant renal, hepatic or cardiac insufficiency. Patients with phenylketonuria - each FELDENE MELT tablet contains 0.14mg phenylalanine. **Drug Interactions:** Monitor patients on concurrent anticoagulants, lithium or diuretic therapy. Concurrent use of aspirin or other NSAIDs is not advised. **Side-Effects:** Gastro-intestinal symptoms; if peptic ulceration or gastro-intestinal bleeding occurs withdraw FELDENE. Oedema, mainly ankle. Skin rashes. CNS effects, including headaches and dizziness. Rare cases of renal and hepatic abnormalities have been reported. Haematological reactions including thrombocytopenia and anaemia and hypersensitivity reactions such as bronchospasm and anaphylaxis have been reported very rarely. **Legal Category:** POM. **Package Quantities and Basic NHS Cost:** FELDENE MELT tablets 20mg, pack of 28, £9.83 (PL 0057/0352). Further information on request. **Pfizer Limited**, Sandwich, Kent.