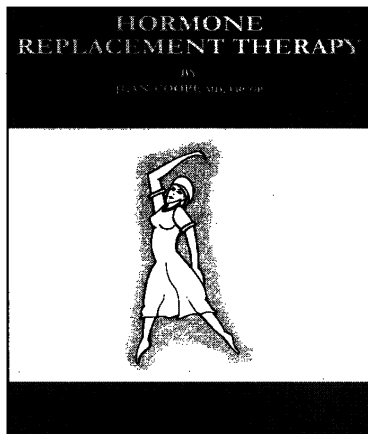


RCGP SALES OFFICE

HORMONE REPLACEMENT THERAPY

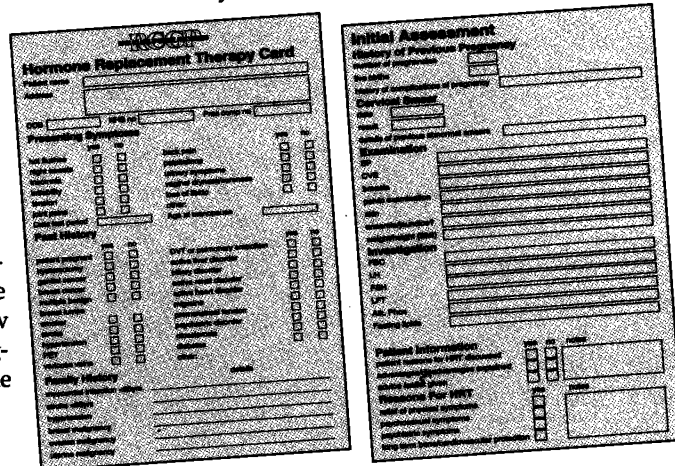


HORMONE REPLACEMENT THERAPY

3rd Edition (1993) - Jean Coope

The value of seeking out patients who could benefit from hormone replacement therapy is becoming increasingly obvious. The likely reduction of those suffering from osteoporosis and coronary heart disease are two examples of positive benefits and in addition, many of the unpleasant symptoms associated with the menopause can be avoided. Moreover most women receiving hormone replacement therapy report an increased sense of well being. This very practical booklet provides health care professionals with all the information they need.

Price £12.00
(£13.20 non-members).



HORMONE REPLACEMENT THERAPY RECORD CARDS

The design of this folded card provides sections for a comprehensive initial assessment including an aide memoire for the contraindications to HRT. Similarly the review examination section provides entries for generally recognised parameters of care and guidance is provided for the frequency of recording data.

Price £14.20 per 100 plus postage and packing.

Available from RCGP Sales, 14 Princes Gate, Hyde Park, London SW7 1PU. Tel: 0171-823-9698. Fax: 0171-225-3047.
24 hour answerphone for Access and Visa orders: 0171-225-3048.

RCGP COURSES . RCGP COURSES . RCGP COURSES. RCGP COURSES . RCGP COURSES . RCGP COURSES .

STUDY DAY ON RESPIRATORY DISEASE IN PRIMARY CARE

20 September 1995

This Study Day will provide an update for GPs and other members of the Primary Health Care Team on the management of Respiratory conditions in primary care. Subjects include control, diagnosis and treatment of Tuberculosis; recent advances in Cystic Fibrosis and Sarcoidosis.

PGEA Applied for under Disease Management
Delegate Fee (inclusive of VAT) £55.00

PERFORMANCE APPRAISAL COURSE

Course Director: Sally Irvine

Course Leader: Hilary Haman

1/2 November 1995

This is a two day course open to general practitioners and practice and health centre managers. It aims to provide an appreciation of performance appraisal, the opportunity to practice interviewing skills, including role play and the use of video, and to develop a plan to allow participants to introduce a staff appraisal scheme into their practice. This course is aimed at both newcomers to appraisal and those who have experience of appraisal but wish to revisit the subject. It is a highly intensive course and therefore limited to 12 participants only.

The delegate fee (inclusive of VAT) is £325.00 including lunch and refreshments on both days and dinner on the first evening. PGEA approved for 2 days under service management.

STUDY DAY ON SPORT & HEALTH: FITNESS FOR OVER 50S

29 November 1995

This Study Day, on exercise & health in older people, looks at both the physiological benefits and the sociological factors involved in promoting physical exercise as a method of health care. Organised in association with the Sports Council. All members of the Primary Health Care Team are welcomed to attend.

Delegate Fee £55.00 (incl of VAT). PGEA Applied for.

For further details please contact: RCGP Courses, 14 Princes Gate, Hyde Park, London SW7 1PU. Tel: 0171 823 9703 Fax: 0171 225 3047.



THE EXPANDING WORLD OF 'ZESTRIL'

- More Doctors are prescribing 'Zestril' for more patients than ever before
- 'Zestril' has 12 million patient years of experience
- 48,000 patients are currently involved in 3 major trials with lisinopril
- Lisinopril is on over 75% of hospital formularies

PRESCRIBING INFORMATION

Consult data sheet before prescribing.

'ZESTRIL'

USE: All grades of essential hypertension and renovascular hypertension. Congestive heart failure (adjunctive therapy).

PRESENTATION: Tablets containing 2.5mg, 5mg, 10mg or 20mg lisinopril ('Zestril').

DOSAGE AND ADMINISTRATION: *Hypertension* Adults (including elderly): initially 2.5mg daily, a 2.5mg dose seldom achieves a therapeutic response; adjust dose according to response. Maintenance usually 10-20mg once daily. Maximum is 40mg daily. Diuretic-treated patients - if possible stop diuretic 2-3 days before starting 'Zestril'. Resume diuretic later if desired.

Congestive heart failure Adults: initially 2.5mg daily under close medical supervision (hospital initiation for severe or unstable heart failure and other patients at higher risk), increasing to 5-20mg once daily according to response. Monitor blood pressure and renal function.

Renal impairment - May require lower maintenance dosage.

Children - Not recommended.

CONTRAINDICATIONS: Pregnancy. Hypersensitivity to 'Zestril'. Patients with history of angioneurotic oedema to previous ACE inhibitor therapy. Patients with aortic stenosis, cor pulmonale or outflow tract obstruction.

PRECAUTIONS: Assessment of renal function is recommended. Symptomatic hypotension may occur, particularly in volume depleted patients and congestive heart failure. Caution in patients with ischaemic heart or cerebrovascular disease; renal

insufficiency; renovascular hypertension. Patients with a history of angioedema may be at increased risk of angioedema with an ACE inhibitor. Cough has been reported with ACE inhibitors. Renal impairment (usually reversible) may occur in some patients. Hypotension may occur during surgery or anaesthesia. Caution in nursing mothers. No paediatric experience. Afro-Caribbean patients may show reduced therapeutic response. Symptomatic hypotension can be minimised by discontinuing diuretic prior to 'Zestril'. Interaction with indomethacin and lithium. Potassium supplements, potassium-sparing diuretics and potassium-containing salt substitutes not recommended. Avoid concomitant use with high-flux dialysis membranes.

SIDE EFFECTS: Hypotension, dizziness, headache, diarrhoea, cough, nausea, fatigue. Less frequently, rash, asthenia. Rarely, angioneurotic oedema and other hypersensitivity reactions, myocardial infarction or cerebrovascular accident possibly secondary to excessive hypotension in high risk patients, palpitation, tachycardia, abdominal pain, dry mouth, hepatitis, jaundice, mood alterations, mental confusion, urticaria, diaphoresis, uraemia, oliguria/anuria, renal dysfunction, acute renal failure, impotence, pancreatitis, haemolytic anaemia. A symptom complex which may include fever, vasculitis, myalgia, arthralgia/arthritis, positive ANA, elevated ESR, eosinophilia, leukocytosis; rash, photosensitivity or other dermatological manifestations may occur. Increases (usually reversible) in blood urea, serum creatinine, liver enzymes and serum bilirubin. Decreases in haemoglobin and haematocrit have occurred. Hyperkalaemia and neutropenia.

LEGAL CATEGORY: POM.

PRODUCT LICENCE NUMBERS AND BASIC NHS COSTS:

'Zestril' 2.5mg (12619/0084) 7 tablets, £1.91; 28 tablets, £7.64; 5mg (12619/0085) 28 tablets, £9.58; 10mg (12619/0086) 28 tablets, £11.83; 20mg (12619/0087) 28 tablets, £13.38.

'Zestril' is a trademark.

Further information is available from: ZENECA Pharma, King's Court, Water Lane, Wilmslow, Cheshire SK9 5AZ.

95/4366/H Issued Feb '95

ZENECA



Zestril
lisinopril

*Helping hypertensives retain
their Zest for Life*

SALES OFFICE

Now available from the RCGP Sales Office are these new publications:

Health and Safety at Work

Guidance for General Practitioners

The Health and Safety at Work Act 1992 came into effect on 1 January 1993 and as it applies to all work situations where five or more people are employed, it is of great importance to most general practices. This book, the first of a new series of books on practice organisation, not only describes the responsibilities of the general practitioner employer and particular hazards to watch for, but suggests a plan for implementation, review and audit. Useful factsheets, protocols and audit forms are included as useful starting points for practices to devise their own.

Price £15.00 (£16.50 non-members).

Occasional Paper 68

Influences on Computer Use in General Practice

About nine-tenths of general practitioners were using the computer in some way by 1993, but little has been known about those practices who do not use computers. This new Occasional Paper by Professor Mike Pringle and colleagues is therefore particularly welcome because it is the biggest survey so far studying the reasons why general practitioners, particularly in inner cities, do not use computers or use them less often than colleagues in other areas. This work represents the state of the art on the use of computers in general practice with particular reference to those practices that have not adopted them. It should therefore become a valuable reference on this subject.

Price £15.00 (£16.50 non-members).

Occasional Paper 69

Drug Education in General Practice

In 1992 the European Academy of Teachers in General Practice (EURACT) was established with the aim of fostering and maintaining high standards of care in European general practice. It chose as its theme for its first major conference the place of drug education in general practice and it brought together a number of leading European thinkers in the field. A selection of papers from the conference is now published as Occasional Paper 69. The main themes concern the increasing role of the patient as consumer, the increasing availability of data about prescriptions and continuing conviction that the use of drugs is likely to remain a vital component of quality of care in general practice.

Price £12.00 (£13.20 non-members).

Occasional Paper 70

Significant Event Auditing

Professor Mike Pringle and colleagues conducted a study involving 20 practices, half of which carried out significant event auditing over a period of a year, and half of which carried out conventional audits. The results of audits on a wide range of topics are given and the two methods are compared and contrasted. This research is important for the new emphasis it places on qualitative review; for the emphasis it places on the whole person; and for the emphasis it places on people working together in the practice setting rather than elsewhere.

Price £15.00 (£16.50 non-members).

All these publications are available from:

RCGP Sales, 14 Princes Gate, Hyde Park, London SW7 1PU. Tel: 0171-823-9698.

Access and Visa welcome, 24 hour answerphone. Tel: 0171-225-3048.

Why not keep up to date with College books as they are published by putting your name on our mailing list. Just ring us with your details on 0171-823-9698.

New Publications

**Fellowship by Assessment Working Group
Vale of Trent Faculty
Royal College of General Practitioners
*! Advance Notice !***

The next
NATIONAL STUDY DAY ON FELLOWSHIP BY ASSESSMENT
will be held on
Tuesday 10th October 1995
at the

**R.C.G.P., 14 PRINCES GATE,
HYDE PARK, LONDON**

Morning Programme for F.B.A. Advisers & Assessors

Afternoon Programme for F.B.A. Candidates

- Launch of Revised Criteria, FBA 7 -

[An Application for P.G.E.A. Accreditation will be submitted]

To apply for places/further information, please write to:

Janet Baily, Administrator, RCGP FBA Working Group,
Vale of Trent Faculty, R.C.G.P., Dept of General Practice,
Medical School, Queen's Medical Centre, Nottingham NG7 2UH

THE SIR ROY GRIFFITHS FELLOWSHIP

**(A Joint Age Concern/Prince of Wales Fellowship for Older People)
Funded by the Department of Health**

The Royal College of General Practitioners has established a Commission on Primary Care to improve the quality of care that patients receive through inter-professional working. The Commission represents many disciplines including general practice, nursing, health visiting, social work, osteopathy and practice management as well as carers and patients.

The first major initiative of the Commission has been to establish a network of educational fellowships, the Prince of Wales Fellowships, addressing the needs of specific patient groups. Four fellows have been appointed to date focusing on the physically disabled, the mentally ill, children and people with learning disabilities.

The fifth fellowship, the Sir Roy Griffiths Fellowship, is a joint initiative with Age Concern, funded by the Department of Health. The aims of the fellowship are to promote through educational and joint audit initiatives multi-professional care within primary care in relation to older people and to develop and evaluate closer and effective working links between primary health care teams and voluntary organisations who work with older people.

Applications are now sought for this fellowship from experienced primary care professionals who have a proven track record in organising multi-disciplinary training initiatives and demonstrable links with relevant voluntary organisations. The successful candidate will have excellent written and oral presentation skills and should be able to command respect from education providers and professionals across all disciplines encompassed within primary care. The fellow will have the expertise and skills to organise and contribute to educational events and the inter-personal skills to liaise with the relevant groups working in this field.

The fellowship is funded for three sessions (equivalent to one and a half days) per week and is tenable for three years.

For more details please contact Paul Hobson, RCGP Commission on Primary Care Administrator, Royal College of General Practitioners, 14 Princes Gate, Hyde Park, London SW7 1PU.

The closing date for applications is **Friday 21 July 1995.**

Interviews will be held on **Wednesday 16 August 1995.**



Towards Wisdom and Health

**NATIONAL ASSOCIATION
OF GP TUTORS UK**

3rd NATIONAL CONFERENCE

**“JUDGEMENT OF
QUALITY”**

SPECTRE OF REACCREDITATION

13-15 October 1995

Venue: Bosworth Hall
Nr Nuneaton, Warwickshire

All those involved in GP education, in whatever context, are welcome at this event. Much of the time will be spent in workshops and sessions will include Reaccreditation, Practice Based Learning, Mentoring and many other CME topics related to the development of GP Tutors skills.

FEES

**Residential £200.00 before June 30th
£225.00 after June 30th**

Non-Residential £150.00

Section 63 approval is being sought.

For further details and application forms
please contact

**NAGPT
The Surgery
17 Spring Lane
Radcliffe
Manchester
M26 9TQ**

Tel: 0161 724 6938 Fax: 0161 724 0172



The **ROYAL**
SOCIETY of
MEDICINE

**JANET NASH
TRAVELLING
FELLOWSHIPS OF
THE ROYAL
SOCIETY OF MEDICINE**

Applications are invited for two travelling fellowships which have been established at The Royal Society of Medicine by the generosity of The Janet Nash Charitable Settlement.

Successful candidates will be provided with an opportunity to visit, for two weeks, the Department of Community Health and Family Medicine, Tufts University School of Medicine, University of Massachusetts, Harvard School of Public Health and Boston University. The Department of Community and Family Medicine at Tufts University School will act as coordinator of the programme.

The Janet Nash Travelling Fellows will be expected to participate in the activities of the departments, take part in clinical teaching rounds, and give at least one talk or seminar on their own research subject or special interest. Applicants must be occupants of posts working in the area of general practice. Preference will be given to candidates with a definite research interest. The successful candidates will be expected to provide a short report and a synopsis suitable for submission to the Journal of the Royal Society of Medicine. After their visit to Boston successful candidates may be asked to give a lecture at a meeting arranged by this Society.

Applications should be made before 31 July 1995 to The Academic Dean, Academic Department, The Royal Society of Medicine. Candidates do not need to be Fellows of the Society but applications should be supported by a Statement of Objectives in accepting the Janet Nash Fellowship and any publications relevant to the research interest of the applicant. A curriculum vitae should also be submitted.

The Royal Society of Medicine,
1 Wimpole Street, London W1M 8AE.
Tel: 0171 290 2900, Fax: 0171 290 2909.

National Asthma Campaign are

proud to announce the

Second National Conference on Asthma Education & Management

Tuesday 27 and Wednesday 28 February 1996 Kingsington New Town Hall, London UK

Building on the success of the First National Conference on Asthma Education and Management, held in 1994, the National Asthma Campaign is delighted to announce this second major two-day conference and exhibition for health professionals. Please note the dates for your diary and register your interest early in order to avoid disappointment. All places at the First National Conference were taken and many people turned away.

Multi-Disciplinary Faculty and Audience

The programme will be aimed once again at a multi-disciplinary audience including; hospital doctors in general and respiratory medicine; practice nurses; general practitioners; paediatricians; respiratory nurses; school nurses; health visitors; physiotherapists; pharmacists; occupational health professionals; and all others interested in the care of those with asthma.

Programme The programme will combine plenary and concurrent sessions, as well as practical skills sessions and will provide a critical review of

key areas in asthma education and management, with presentations given by asthma and educational experts from the UK, Europe and Internationally.

Call for Abstracts This will be a major opportunity for preliminary presentation of new studies on the organisation of care, patient education, practice management, health economics, patient behaviour and compliance. Submission of abstracts is invited for presentation either orally or by discussed posters. Deadline for submission is 1 October 1995 for consideration by the Scientific Committee, whose decisions will be notified to all authors by 1 December 1995. Guidelines on the preparation of abstracts for submission and an abstract form can be obtained from the Conference Manager at the address given below.

National Asthma Campaign, Providence House,
Providence Place, London, N1 0NT.
Tel: 0171 226 2260 Fax: 0171 704 0740
Registered charity number 802364

Professional
Education



NATIONAL ASTHMA CAMPAIGN
getting your breath back

Second National Conference on Asthma Education & Management

Register your interest now

and be priority listed to receive further information and details of special discounts on the registration fees.

Please complete and return the form to:

Conference Manager,
National Asthma Campaign,
Providence House, Providence Place,
London N1 0NT.



NATIONAL ASTHMA CAMPAIGN
getting your breath back

Title (Dr/Mr/Mrs/etc)Surname

First name

Job title

Address (Dept)

(Hospital/Practice)

(Street)

(Town)

(County)(Postcode)

TelFax

SignedDate

RCGP COURSES . RCGP COURSES . RCGP COURSES. RCGP COURSES . RCGP COURSES . RCGP COURSES .

MRCGP COURSE

Course Tutors: Dr Has Joshi, Dr Douglas Dare, Dr Geoff Morgan & Dr Terry Davies

13 - 16 September 1995

This is an intensive course employing unique teaching methods to enable candidates to prepare for the MRCGP examination. The course is particularly aimed at candidates who have found/or anticipate difficulties with the MRCGP examination in its present format. It is also aimed at introducing candidates to the methods of assessment used in the written and oral segments of the examination. Candidates are advised to book early to avoid disappointment as numbers are limited.

The delegate fee (inclusive of VAT) is £450.00 PGEA & Section 63 approved.

EMPLOYMENT LAW AND MANAGING STAFF

Course Director: Sally Irvine Course Leader: Hilary Haman

26/27 September 1995

The importance of managing staff effectively and the increase in new legislation and case law, arising from UK statutes and European Directives, demands that practices have a firm foundation in employment law and are kept up to date on the latest legal developments. This two day course in personnel management focuses on motivating staff, and employment law issues, including the Contract of Employment and disciplinary issues. It is designed for members of the practice team whose responsibilities include staff management, and is run by Hilary Haman and Sally Irvine, who are experienced management consultants in general practice and authors of the highly popular book "Making Sense of Personnel Management".

The delegate fee (inclusive of VAT) is £250.00 and includes lunch and refreshments on both days and dinner on the first evening. PGEA approved for two days under Service Management.

STUDY DAY ON COT DEATH

4 October 1995

This study day, organised jointly with The Foundation for the Study of Infant Deaths, will look at the developments in cot death, especially the role of infection, allergies, thermal physiology and ways of reducing the risks. Subjects for discussion will include cot mattresses, monitors, risks for subsequent children, helplines and befriender support. The study day is open to GPs, Nurses and others members of the primary health care team. PGEA applied for.

The delegate fee (inclusive of VAT) is £55.00 for GPs and £35.00 for others.

STUDY DAY ON CLINICAL DEPRESSION IN GENERAL PRACTICE

11 October 1995

Caring for patients with depression is one of the most important and difficult jobs a GP has to face. This study day will tackle the practical problems of achieving a good standard of patient care despite limited resources and consulting time. Refresh knowledge of depressive illness and share experience and views with colleagues in the discussion groups.

PGEA applied for. The delegate fee (inclusive of VAT) is £55.00.

For further details please contact: RCGP Courses and Conferences on 0171 823 9703 or Fax 0171 225 3047

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53 Welbeck St, London W1M 7HE tel: 071 486 3381 fax: 071 935 6359

HEALTH CARE SERVICE FOR PRISONERS



The Health Care of Prisoners is provided in 128 prisons in all areas of England and Wales. There are 270 doctors working in the Health Care Service for Prisoners with 140 full-time medical officers but also 120 part-time medical officers who are general practitioners.

All doctors joining the Service are expected to undertake a programme of training in a way which acknowledges the specialist nature of medical work in prisons including the managerial responsibilities, and which is to be matched by the introduction of a Diploma in Prison Medicine.

All doctors working in the Health Care Service for Prisoners are indemnified by the Service. All necessary facilities and equipment is provided by the Service.

At the present time there are vacancies for both full-time and part-time posts in prisons in many parts of England and Wales. Doctors interested in hearing more about employment in the Service are invited to write to or speak to **Dr Robin Ilbert, Directorate of Health Care, Cleland House, Page Street, London SW1P 4LN** telephone 0171 217 6550, fax 0171 217 6412.

RCGP

Research
Funding



Applications are now being invited for grants for research in or relating to general medical practice, for consideration by the Scientific Foundation Board. In addition to its general fund, the Board administers a number of special funds including the **Windebank Fund for research into diabetes.**

The Scientific Foundation Board's definition of research is catholic and includes educational research, observational as well as experimental studies, and accepts the methodologies of social science as valid. It does not fund educational activities.

If the study involves any intervention or raises issues of confidentiality, evidence of Local Research Ethics Committee approval should be provided as part of your application, or justification given of why it is not necessary to obtain such approval.

Studies which do not, in the opinion of the Board, offer a reasonable chance of answering the question posed will be rejected. It may be useful to seek expert advice on protocol design before submitting an application.

Care should be taken to ensure that costs are accurately forecast and that allowance is made for inflation and salary increases.

The annual sum of money available is not large by absolute standards and grant applications for sums in excess of £5,000 are unlikely to be successful.

Application forms are obtainable from the Clerk to the Board at: The Scientific Foundation Board, The Royal College of General Practitioners, 14 Princes Gate, London, SW7 1PU. The Board considers applications for funding three times a year, usually in January, May and October. The closing date for applications is eight weeks prior to the date of the meeting. Information on precise closing dates can be obtained by contacting the Clerk to the Board. Any forms received after the closing date will, unfortunately, be ineligible for consideration at the meeting.

Chairman's action can be taken between meetings to approve grants of up to £1,000. This may be particularly appropriate for applications for funding of pilot studies.

Making it work more effectively



Key Principles

- Information is person-based
- Information comes from operational principles
- Information needs to be shared
- Information supports management
- Information enables business objectives
- Information focuses on health
- Information is our business

**Can we talk?
Just pick up the phone!**

Information is vital to the NHS

The NHS is an increasingly complex and diverse organisation. The separation of the purchaser and provider functions with the establishment of the 419 NHS trusts and over 2000 GP fund-holding practices has created a whole new set of relationships and information needs.

If we are all to maximise the benefits of these developments we need to take advantage of modern information technology to gather information from many and often remote sources; to assemble and present information where and when we want it; and to make it accessible to all those who need it.

That's where we come in. IMG is charged with providing an NHS wide strategy for delivering effective healthcare, through better use of IT resources. We understand the management and implementation issues of IM&T, can suggest ways of presenting the concept of IM&T to management and then help draw up a nationwide strategy of clearly focused delivery.

And, because we've worked on every type of project across the NHS, our unrivalled experience means you can enjoy the best systems and help drive efficiency through the NHS. In other words, make plans and take action to implement the IM&T strategy and its infrastructure.

After all, information is more than a resource, it's a shared strategy.

For general information please order The IM&T Infrastructure in context: executive summary(C3038) and The Impact on the NHS (B2132). Comprehensive documentation relating to the IM&T strategy is also available from:

**IMG Information Point/NHS Register of Computer Applications
c/o Cambridge and Huntingdon Health Commission
Primrose Lane, Huntingdon, Cambs PE18 6SE
Tel: 01480 415118 Fax: 01480 415160**



**Information
Management
Group**

NHS
Executive

The West Midlands Regional Alcohol Co-Ordinator in association with Aquarius

Alcohol and Primary Care The Interface Between Alcohol Specialists and Primary Health Care Teams



18-19 September 1995 in Birmingham



Aquarius E.T.C

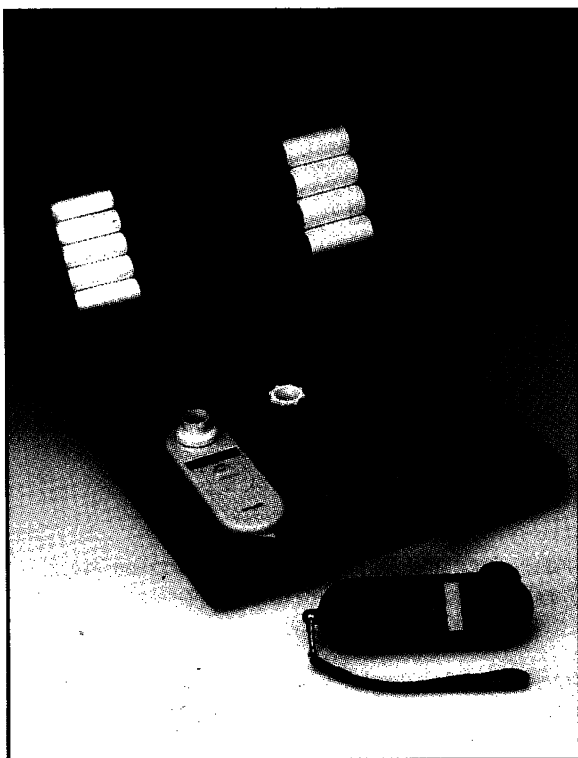
This conference will bring together primary health care teams, alcohol specialists and purchasers. It will provide an opportunity to explore research evidence, professional issues and implications of the new NHS culture.

Speakers include: Dr Jenny Bywaters, Dr Douglas Cameron, Dr Christine Godfrey, Ms Terry Lawrence, Ms Pip Mason, Dr Hugh Norris, Professor Jim Orford, Dr Geoffrey Smerdon

Cost: £120 (Residential), £50 (First day only)

Further details from: Yvonne Doherty-Rowe, Aquarius, 6th Floor, The White House, 111 New Street, Birmingham B2 4EU. Tel: 0121 632 4727 Fax: 0121 633 0539.

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Classified Advertisements are welcomed and should be sent to: Maria Phantis, Royal College of General Practitioners, 14 Princes Gate, Hyde Park, London SW7 1PU. Telephone: 0171 - 581 3232. Fax: 0171 - 225 - 0629. Copy must be received three weeks before the 1st of the month of issue to ensure inclusion. Every effort will be made to include advertisements received after this date but publication cannot be guaranteed and the advertisement may have to be held over to the following issue. The publisher will not be responsible for any error in the insertion of, or omission to insert, any advertisement. The charge for space in this section is £12.00 per single column centimetre, plus £10.00 if a box number is required, plus VAT at 17.5%. Fellows, Members and Associates of the Royal College of General Practitioners may claim a 10% reduction. Replies to box numbers should be sent to the above address, with the box number on the envelope. The inclusion of an advertisement in this *Journal* does not imply any recommendation and the Editor reserves the right to refuse, amend or withdraw any advertisement without explanation. All recruitment advertisements in this section are open to both men and women.

SITUATIONS VACANT



THE UNIVERSITY OF SHEFFIELD

DEPARTMENT OF GENERAL PRACTICE

SENIOR LECTURESHIP

Applications are invited for the above full-time post in the Department of General Practice at the Clinical Sciences Centre, Northern General Hospital, Sheffield. The appointee will be expected to play a major part in developing teaching in general practice and the community in a revised curriculum. There will also be opportunities in continuing medical education and the development of research in primary care. It is envisaged that the person appointed will establish a clinical base with a suitable general practice in the Sheffield area. Candidates should be principals in general practice with previous experience of teaching and research. Salary on the Clinical Senior Lecturer scale (£40,620 - £52,440 pa).

Closing date for applications: 14 July 1995. (Ref: R642)

Further particulars from the Director of Human Resource Management, The University of Sheffield, Western Bank, Sheffield S10 2TN, Tel: 0114-282 4144.

Founded in 1905, the University of Sheffield provides higher education within a research-led environment. We encourage equality of opportunity for all.

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Assistant required with a view to join three person practice. GMS and private. Generous salary and conditions and accommodation available. One in five rota, Dublin only one and a half hours away.

Practice is currently being remodelled with an exciting future in general practice envisaged.

Please send Box 1100
CV to: c/o Royal College of General Practitioners
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Hyde Park
London SW7 1PU

Royal College of General Practitioners Annual Symposium RESEARCH IN GENERAL PRACTICE

Regents College, London – 16 November 1995

The RCGP 1995 Annual Symposium aims to raise the profile of research in general practice, covering the whole spectrum of research from simple projects right through to work forming the basis of an MD thesis. Speakers include Professor Michael Peckham, Director of R & D at the Department of Health, and Professor Andrew Haines, Director of R & D, North Thames Regional Health Authority. Workshop topics will include: Doing an MD; Getting published; Research general practices; Qualitative and quantitative research.

The programme is aimed at those who are just at the "thinking" stage about undertaking research within general practice, as well as new researchers and those with more experience.

PGEA and Section 63 applied for.

For further details please contact RCGP Courses & Conference Unit, RCGP, 14 Princes Gate, Hyde Park, London SW7 1PU. Tel: 0171 823 9703 Fax: 0171 225 3047.

CONFERENCE ON PRIMARY HEALTH CARE FOR ADOLESCENTS

19 October 1995

This conference, which will be the London launch of a series of national conferences, is designed by the RCGP Working Party on Adolescence to consider initiatives on how primary care can respond more effectively to the unmet needs of teenagers. It is aimed at GPs, Practice Nurses, Receptionists and Community Paediatricians. The conference will be opened by Dr Kenneth Calman, the government's Chief Medical Officer. Topics covered will include working party plans, confidentiality, the adolescent consultation, emergency contraception, substance abuse and care of young people with disabilities. The working party hope to receive ideas and support from those who attend and to stimulate discussion.

The Working Party is keen that some adolescents should attend the conference and take part in the discussions. There will be a reduction of £10.00 for delegates who bring an adolescent (places available by pre-booking only).

PGEA applied for.

The delegate fee (inclusive of VAT) is £60.00 for GPs and £40.00 for others.

For further details please contact: RCGP Courses, 14 Princes Gate, Hyde Park, London SW7 1PU. Tel: 0171 823 9703 Fax: 0171 225 3047.



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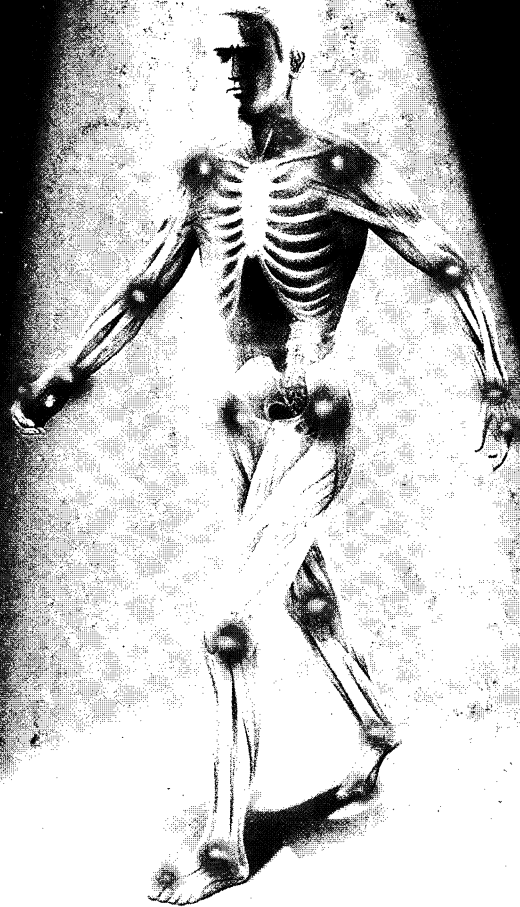
Norplant[®] ▼ Abbreviated Prescribing Information.

Presentation: Norplant[®] consists of six flexible closed capsules for subdermal insertion, each containing 38mg Levonorgestrel BP. **Indication:** Contraception. **Dosage & Administration:** Recommended for subdermal insertion in women aged 18 to 40 years (see Data Sheet). Norplant[®] should be inserted from days 1-5 of menstrual cycle. If inserted within 24 hours of the start of menstruation, no additional contraceptive precautions are required. If inserted later (days 2-5 of cycle) additional non-hormonal contraceptive precautions should be taken for 7 days. For insertion after abortion and childbirth see Data Sheet. Norplant[®] should be removed within 5 years of insertion and can be removed at any time in the menstrual cycle. A new set of Norplant[®] capsules can be inserted straightaway through the same incision, but in the opposite direction. **Contraindications:** Known or suspected pregnancy; sensitivity to levonorgestrel; undiagnosed vaginal bleeding; known or suspected sex hormone dependent neoplasia; acute liver disease; existence or past history of cardiovascular disease (thromboembolic, arterial, ischaemic); recent trophoblastic disease. **Warnings/Precautions:**

Menstrual bleeding pattern irregularities. Amenorrhoea. Missed menstrual periods should not be relied on as a means of diagnosing pregnancy. Ectopic pregnancy has been reported. Risk factors for arterial disease. Migraine. Benign intracranial hypertension. **Drug Interactions:** Efficacy may be reduced by carbamazepine, barbiturates, phenytoin, primidone, phenylbutazone, rifampicin and griseofulvin. **Side Effects:** Irregular menstrual cycles; spotting; amenorrhoea. Pain, itching or infection at implant site; difficulty in removal. Headache, nausea, dizziness, weight gain, acne, dermatitis, mastalgia and breast discharge, hirsutism, hypertrichosis and scalp hair loss. Vaginitis and vaginal discharge. **Product Licence Number:** PL 0109/0249. **Basic NHS Price:** £179. **Legal Category:** POM. **Date of preparation:** July 1993. Further information is available on request from Hoechst Roussel Ltd., Broadwater Park, Denham, Uxbridge, Middlesex UB9 5HP. Tel: 01895 834343 or dial 100 and ask for Freephone Roussel Medinfo. Norplant is a registered trademark. Date of preparation: September 1994.

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PRESCRIBING INFORMATION FOR FELDENE MELT® (PIROXICAM): UK. Indications:
Adults: Rheumatoid arthritis, osteoarthritis, ankylosing spondylitis, acute gout and acute musculoskeletal disorders. *Elderly:* As with other NSAIDs, elderly patients should be closely supervised. *Children:* FELDENE MELT is not recommended in children. For treatment of juvenile chronic arthritis (Still's disease) please see oral data sheet. **Dosage:** Rheumatoid arthritis, osteoarthritis and ankylosing spondylitis - normal starting and maintenance dosage 20mg once daily. Long-term use of 30mg daily or more carries an increased risk of gastro-intestinal side-effects. Acute gout - 40mg daily in single or divided doses for up to 7 days. Acute musculoskeletal disorders - 40mg daily, in single or divided doses, for the first 2 days, 20mg daily for the remainder of the 7 to 14 days' treatment. **Contra-indications:** Active peptic ulceration or history of recurrent ulceration. Hypersensitivity to FELDENE, aspirin or other NSAIDs. **Warnings:** Pregnancy, lactation.

Precautions: Significant renal, hepatic or cardiac insufficiency. Patients with phenylketonuria - each FELDENE MELT tablet contains 0.14mg phenylalanine. **Drug Interactions:** Monitor patients on concurrent anticoagulants, lithium or diuretic therapy. Concurrent use of aspirin or other NSAIDs is not advised. **Side-Effects:** Gastro-intestinal symptoms; if peptic ulceration or gastro-intestinal bleeding occurs withdraw FELDENE. Oedema, mainly ankle. Skin rashes. CNS effects, including headaches and dizziness. Rare cases of renal and hepatic abnormalities have been reported. Haematological reactions including thrombocytopenia and anaemia and hypersensitivity reactions such as bronchospasm and anaphylaxis have been reported very rarely. **Legal Category:** POM. **Package Quantities and Basic NHS Cost:** FELDENE MELT tablets 20mg, pack of 28, £9.83 (PL 0057/0352). Further information on request. **Pfizer Limited**, Sandwich, Kent.

