



THE EXPANDING WORLD OF 'ZESTRIL'

*Lisinopril: the only once-daily ACE-inhibitor
indicated for hypertension, congestive heart failure
and acute myocardial infarction*

- More Doctors are prescribing 'Zestril' for more patients than ever before
- 'Zestril' has 12 million patient years of experience
- 48,000 patients are currently involved in 3 major trials with lisinopril
- Lisinopril is on over 75% of hospital formularies

PRESCRIBING INFORMATION

Consult Data Sheet before prescribing.

'ZESTRIL'

USE: All grades of essential hypertension and renovascular hypertension. Congestive heart failure (adjunctive therapy). Acute myocardial infarction in haemodynamically stable patients (in addition to standard coronary care).

PRESENTATION: Tablets containing 2.5mg, 5mg, 10mg or 20mg lisinopril.

DOSAGE AND ADMINISTRATION: *Hypertension* Adults (inc elderly): initially 2.5mg daily, a 2.5mg dose seldom achieves a therapeutic response; adjust dose according to response. Maintenance usually 10-20mg once daily. Maximum is 40mg daily.

Diuretic-treated patients – if possible stop diuretic 2-3 days before starting 'Zestril'. Resume diuretic later if desired.

Congestive heart failure Adults: initially 2.5mg daily under close medical supervision (hospital initiation for severe or unstable heart failure and other patients at higher risk), increasing to 5-20mg once daily according to response. Monitor blood pressure and renal function.

Acute myocardial infarction Treatment may be started within 24 hours of symptoms. First dose is 5mg, followed by 5mg after 24 hours, 10mg after 48 hours and then 10mg once daily. Dosing should continue for six weeks. Lower dosage in patients with low systolic blood pressure (120mmHg or less) – see Data Sheet.

Renal impairment – may require lower maintenance dosage. 'Zestril' is dialysable.

Children – not recommended.

CONTRA-INDICATIONS: Pregnancy. Hypersensitivity to 'Zestril'. Patients with history of angioneurotic oedema to previous ACE-inhibitor therapy. Patients with aortic stenosis, cor pulmonale or outflow tract obstruction.

PRECAUTIONS: Assessment of renal function is recommended. Symptomatic hypotension may occur, particularly in volume depleted patients and congestive heart failure. Caution in patients with ischaemic heart or cerebrovascular disease; renal insufficiency; renovascular hypertension. Patients with a history of angioedema may be at increased risk of angioedema with an ACE inhibitor. Acute myocardial infarction patients with evidence of renal dysfunction or at risk of serious haemodynamic deterioration – see Data Sheet. Cough has been reported with ACE inhibitors. Renal impairment (usually reversible) may occur in some patients. Hypotension may occur during surgery or anaesthesia. Caution in nursing mothers. No paediatric experience. Afro-Caribbean patients may show reduced therapeutic response. Symptomatic hypotension can be minimised by discontinuing diuretic prior to 'Zestril'. Interaction with indomethacin and lithium. Potassium supplements, potassium sparing diuretics and potassium containing salt substitutes not recommended. Avoid concomitant use with high-flux dialysis membranes.

SIDE EFFECTS: Hypotension, dizziness, headache, diarrhoea, cough, nausea, fatigue. Less frequently: rash, asthenia. Rarely, angioneurotic oedema and other hypersensitivity reactions, myocardial infarction or cerebrovascular accident possibly secondary to excessive hypotension in high risk patients, palpitations, tachycardia, abdominal pain, dry mouth, pancreatitis, hepatitis, jaundice, mood alterations, mental confusion, paraesthesia, bronchospasm, alopecia, urticaria, diaphoresis, pruritus, uraemia, oliguria/anuria, renal dysfunction, acute renal failure, impotence, haemolytic anaemia. A symptom complex which may include fever, vasculitis, myalgia, arthralgia/arthritis, positive ANA, elevated ESR, eosinophilia, leukocytosis; rash, photosensitivity or other dermatological manifestations may occur. Increases (usually reversible) in blood urea, serum creatinine, liver enzymes and serum bilirubin. Decreases in haemoglobin and haematocrit. Hyperkalaemia and hyponatraemia.

Anaphylactoid reactions during desensitisation treatment. Leucopenia and thrombocytopenia have occurred (causal relationship not established).

LEGAL CATEGORY: POM.

PRODUCT LICENCE NUMBERS AND BASIC NHS COSTS: 'Zestril' 2.5mg (12619/0084) 28 tablets £7.64; 5mg (12619/0085) 28 tablets, £9.58; 10mg (12619/0086) 28 tablets, £11.83; 20mg (12619/0087) 28 tablets, £13.38.

'Zestril' is a trademark, the property of ZENECA Limited.

Further information is available from: ZENECA Pharma, King's Court, Water Lane, Wilmslow, Cheshire SK9 5AZ. 95/4366/H Issued Sept '95

ZENECA



lisinopril

*Helping hypertensives retain
their Zest for Life*



Making the right connections...

Establishing an infrastructure for the better management and use of communications and information

For everyone in the NHS changing practices, developing relationships and new information technology can bring enormous improvements in efficiency and significant gains for patient care.

The NHS Executive is implementing an Information Management and Technology (IM&T) Strategy to develop consistent information systems and communication networks. This will ensure the appropriate use of information and information technology in the NHS in England.

Much preparatory work is complete and many components of the IM&T infrastructure - the framework at the core of the Strategy - are now available.

The IM&T infrastructure sets national standards and enables clinicians, managers and GPs to talk to one another electronically in a secure and controlled environment.

The immediate challenge is to harness the benefits of electronic communications and interchange, to cut administrative paperwork and transform the delivery of patient care.

What are the benefits?

- Delivering high quality patient care in a seamless fashion
- Improving the relationships between purchasers and providers
- Providing more efficient contracting and the automation of invoicing
- Achieving more effective management of resources and targeting of health care
- Enabling access to research and evidence based medicine

An information pack is available from the address below



Information
Management
Group

NHS
Executive

For further information contact:

Information Management Group

Information Point/NHS Register of Computer Applications

NHS Executive Headquarters

c/o Cambridge and Huntingdon Health Authority

Primrose Lane HUNTINGDON PE18 6SE

Tel: 01480 415118 Fax: 01480 415160

FIRST LOVE, HER CHOICE



Mercilon 20_{mcg}
Desogestrel 150 mcg, ethinyloestradiol B.P.

A PILL SHE CAN SWITCH TO AND STAY ON

Mercilon Abbreviated Prescribing Information: (See data sheet before prescribing). Calendar pack of 21 tablets each containing 150mcg desogestrel and 20mcg ethinyloestradiol B.P. **Uses:** Oral Contraception. **Dosage:** One tablet daily for 21 days, starting on the first day of the menstrual cycle. **Subsequent courses:** are started after seven tablet-free days have followed the preceding course. **Absolute Contraindications:** Pregnancy, breast feeding. Past or present circulatory disorders, moderate to severe hypertension, hyperlipoproteinaemia. Presence of more than one risk factor for arterial disease. Severe liver disease, cholestatic jaundice or hepatitis, hepatic cell tumours and porphyria. Cholelithiasis. Oestrogen-dependent tumours, endometrial hyperplasia; undiagnosed vaginal bleeding. Past or present S.I.E. A history during pregnancy or previous use of steroids of severe pruritis, herpes gestationis, a manifestation or deterioration of atherosclerosis or jaundice. **Relative Contraindications:** Conditions which increase the risk of developing venous thrombo-emboli. Coagulation disorders. Any risk factor for arterial disease. Other conditions associated with an increased risk of circulatory disease. Epilepsy or migraine, past or present. History of cholelithiasis. Any risk factor for oestrogen-dependent tumours; oestrogen-sensitive gynaecological disorders. Diabetes mellitus. Severe depression, past or present. Sickle cell haemoglobinopathy. Discontinue use if liver function tests become abnormal. **Serious Adverse Reactions:** Various reports have associated O.C. use with deep vein thrombosis, pulmonary embolism and other embolisms, and coronary and cerebrovascular accidents, predominantly in heavy smokers. Combined O.Cs offer substantial protection against ovarian and endometrial cancer. Evidence linking combined O.C. use and breast and cervical cancer remains inconclusive. Malignant hepatic tumours have been reported on rare occasions in long-term users of O.Cs. Benign hepatic tumours have also been associated with O.C. use. **Other Adverse Reactions:** Breast tenderness, nausea, vomiting, headache, depression, change in body weight. **Legal Category:** POM. **Basic NHS Cost:** £8.97 - 3 x 21 tablets. PL0065/0085. **Further information on request to:** Organon Laboratories Limited, Cambridge Science Park, Milton Road, Cambridge CB4 4FL. Tel: (01223) 423445. **DOC:** UKMERC/12 DEC 95. **Date of Preparation:** May 96. Ref no. 01453B/1.



CEREBRAL PALSY HELPLINE

0800 626216

Call FREE 7 days a week

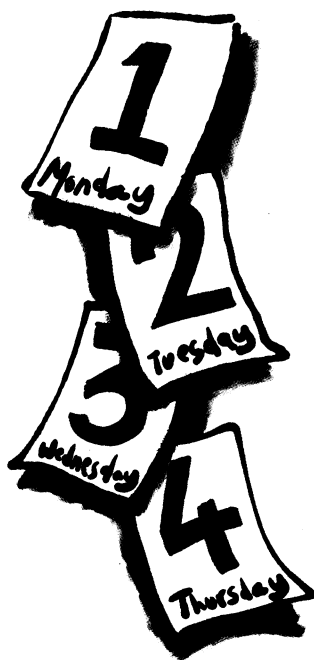
The Cerebral Palsy Helpline is celebrating 5 years of providing information, advice and support for people with cerebral palsy, their parents and carers, and professionals. Whatever your question – child care, benefits, education, leisure – please call our free and confidential Helpline.

Lines open Monday to Friday 11am – 9pm, Saturday and Sunday 2pm – 6pm.

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FOR PEOPLE WITH CEREBRAL PALSY

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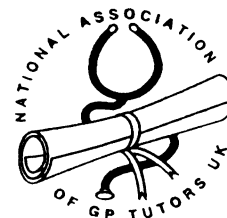
Written quotations available on request. Repayments will be fixed for the length of your loan. All loans subject to status. First Affinity is a trading style of Avco Trust PLC, a member of the Avco group of companies. Ultimate parent Textron Inc., Providence, Rhode Island, USA. Registered Office: Avco House, Castle Street, Reading RG1 7DX. Registered in England 721502.



National Association of G.P. Tutors U.K.

17 Spring Lane, Radcliffe, Manchester M26 2TQ Tel: 0161 724 6938 Fax: 0161 724 017

Chairman: Dr. Kumar Kotegunekar



Towards Wisdom and Health

NATIONAL ASSOCIATION OF GP TUTORS UK

4th National Conference

'LEARNING TOGETHER'

4 - 6 October 1996

**Venue: Bosworth Hall
Nr. Nuneaton, Warwickshire**

*All those involved in GP education, in whatever
context are welcome at this event.*

*Speakers include: Professor Patrick Pietroni,
Dr Jacky Hayden and Professor Janet Grant.*

*Debate: Evidence Based Medicine Can Kill Off The NHS,
speakers include: Dr Trish Greenhalgh and Dr Kieren Sweeney*

*Much of the time will be spent in workshops, and
sessions will include:*

*GP refresher training courses, presentation skills,
CME evaluation, remedial education, learning together,
personal learning plans, practice based learning,
technological development in CME, guidelines, retraining,
evidence based medicine, co-tutoring, effective small group work.*

FEES:

**Residential: £215.00 before 31st July 1996
£225.00 after 31st July 1996**

Spouses: £75.00 (meals inclusive)

Non-Residential: £125.00

Section 63 approved:

For further details and application forms please contact:

**NAGPT
17 Spring Lane
Radcliffe, Manchester
M26 2TQ**

Tel & Fax: 0161 723 2145

(50% of places already booked)

University of Newcastle-upon-Tyne Diploma in Therapeutics

This course is an innovative part-time course specifically for General Practitioners wishing to improve their knowledge of therapeutics as applied to Primary Care. The course is comprised of 12 study days and distance learning over the academic year October 1996 to June 1997. Candidates who complete the course and the final examination successfully will be awarded the Diploma in Therapeutics by the University of Newcastle-upon-Tyne.

The course is designed to have a strong emphasis on the practical application of therapeutics in primary care and to yield tangible benefits to the candidates own practice. The course covers topics of current interest and significance on primary care such as: therapeutics as applied to primary care, drug selection in the main therapeutic areas, formularies, guidelines and protocols, shared care prescribing, computerised prescribing systems, alternatives to prescribing, the drug industry, audit of prescribing, critical reading and prescribing research.

Sessions will include lectures, workshops, small group work, audit sessions and a small research project as well as some distance learning packages.

The course is organised by the Department of Clinical Pharmacology with support from the Department of Primary Care, University of Newcastle-upon-Tyne and the Division of Primary Care. As part of its Regional Prescribing Initiative to promote effective prescribing practices the NHS Executive Northern and Yorkshire will award bursaries of £630 to all candidates from the Region who successfully complete the diploma.

Course fee: £1260 (£630 bursaries will be awarded to all successful candidates)

Course location: Medical School, Newcastle-upon-Tyne

Course days: Thursdays (all days) x12

Course dates: October 1996 to July 1997

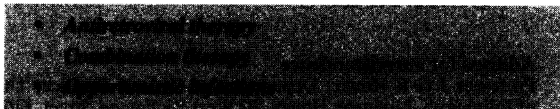
PGEA accreditation: 12 FULL DAYS spread over 1996-9 (thereby satisfying PGEA requirements to two years - 1996 and 1997). The accreditation comprises 4 days in each of the three PGEA categories). 1. Prevention of illness. 2. Disease management. 3. Service Management.

Course places are limited and early application is invited. Application forms and further information can be obtained from:
Miss CA Robson, Administration Manager, Regional Drug and Therapeutics Centre
Wolfson Unit, Claremont Place, Newcastle-upon-Tyne NE2 4HH
Tel: (0191) 230 5722
Fax: (0191) 261 5733



Following on from the first two highly successful events in this series held in Glasgow, the Third International Congress on Drug Therapy in HIV Infection will take place at the International Convention Centre, Birmingham, UK, from 3-7 November 1996. The meeting will consider current and future therapies in the treatment of HIV infection during a scientific programme which is structured around a series of non-competing sessions, giving delegates the opportunity to attend all sessions.

The focus of the Congress will be on key clinical issues in the treatment of HIV, allowing clinicians and clinical scientists to participate in active debate. Acknowledged international experts will present keynote review lectures. There will also be a comprehensive programme of oral and poster presentations selected from submitted abstracts in the following areas:



The Congress has been approved for CME accreditation (24 credit hours) applicable to UK physicians only

Co-SPONSORED BY:



Karolinska Institutet, Stockholm, Sweden



The University College London Medical School (UCLMS), London, UK

For further information and a copy of the Second Announcement please contact the Congress Secretariat:

Mandy Lakin, Gardiner-Caldwell Communications Ltd, Victoria Mill, Windmill Street, Macclesfield, Cheshire SK11 7HQ, UK
Tel: +44 (0)1625 664000. Fax: +44 (0)1625 664145

YOU ARE INVITED TO ATTEND



THE ROYAL AUSTRALIAN COLLEGE OF GENERAL PRACTITIONERS 39TH ANNUAL SCIENTIFIC CONVENTION AND ANNUAL GENERAL MEETING

**BEING HELD FROM 14-18 OCTOBER 1996
AT THE HYATT REGENCY HOTEL
IN PERTH WESTERN AUSTRALIA**

Perth the city of sunshine, sparkling air, wildflowers and beautiful beaches awaits you. Come and join us in Australia's most liveable city with the most to offer according to a recent survey. The Hyatt is centrally located with splendid views of the city, Swan River and Darling Ranges.

THE RISE OF THE GENERALIST

General practice is evolving, the boundaries in which we practise are expanding. To remain pivotal in the health system, we have to change. The 39th Convention will provide a forum to start redefining our role and skills.

Our Convention features a host of renowned overseas, national and local speakers addressing a wide range of General Practice issues such as "Common Problems in General Practice", "Mental Health" and "Family Issues Relating to General Practice". Amongst our keynote speakers are:

Dr Germaine Greer - renowned international author
Professor Charles Boelen - Chief Medical Officer of the
World Health Organisation

GENEROUS CME POINTS HAVE BEEN APPLIED FOR

**Inquiries to Conference Secretariat, Congress West, PO Box 1248,
West Perth WA 6872 Tel: 61 9 322 6662 Fax: 61 9 322 1734**

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The last thing you'd expect from a nurse who belongs to the Royal College of Nursing is a malpractice claim.

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Because the RCN is committed to the highest standards of patient care, we even insure our members whether they

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Isn't that a comforting thought?

ROYAL
COLLEGE OF
NURSING



The Chinese University of Hong Kong

Faculty of Medicine

The University (founded 1963) offers comprehensive programmes up to PhD level. Student enrolment in 1995-96 is around 12,500. The Faculty of Medicine offers undergraduate and postgraduate programmes in Medicine, Nursing and Pharmacy. The MBChB programme admits 160 students annually and is fully recognised by the General Medical Council of the United Kingdom. Clinical courses are taught at the Medical Faculty's 1,450-bed teaching hospital, the Prince of Wales Hospital, which is one of the regional hospitals in Hong Kong, and at the Lek Yuen Health Centre. English is used in teaching and administration in the Faculty of Medicine.

Applications are invited for the following post:

Department of Community & Family Medicine (Ref. 96/058 (165)/2)

Professor of Family Medicine

or **Senior Lecturer (Family Medicine)** (carrying the title of Associate Professor or Professor, as appropriate)

Applicants for Professorship must have a higher academic qualification in family medicine and extensive experience and achievement in teaching, assessment, quality assurance and research in family medicine. The appointee will provide leadership in the further development of the Family Medicine Unit in the Department of Community and Family Medicine.

Applicants for Senior Lectureship should preferably have a higher academic qualification in family medicine and experience in family medicine and experience in teaching and research in family medicine. The appointee will work in the Family Medicine Unit in the Department of Community and Family Medicine.

Apart from the above-mentioned specific requirements, applicants should have a medical qualification, preferably approved for full registration with the Hong Kong Medical Council, and the Fellowship/Membership of a college of general practitioners/family physicians. Detailed knowledge of the health care system in Hong Kong and the ability to speak Mandarin and/or Cantonese, are highly desirable. In addition to teaching duties, the appointee is expected to conduct research and is required to provide clinical/pathological services at the Prince of Wales Hospital, the University's teaching hospital, of the Lek Yuen Health Centre in Shatin. The appointee is expected to assume duty in April 1997 or as soon as possible thereafter.

Annual Salary and Fringe Benefits

Professor (Clinical) HK\$1,513,200 (minimum)

Senior Lecturer (Clinical) HK\$1,146,600 to \$1,413,000 by 10 increments

(approx. exchange rate in June 1996: £1 = HK\$12, AU\$1 = HK\$6.1)

Starting salary and grade will be commensurate with qualifications and experience.

Benefits include leave with full pay, medical and dental care, education allowance for children, housing benefit for eligible appointee (with appointee contributing 7.5% of salary towards the provision of housing). Under regular contract, superannuation benefits are provided whereas fixed term contract carries where appropriate contract-end gratuity. (15% of basic salary).

Application Procedure

Please send full resume with publication list, names and fax numbers/e-mail addresses of three referees, and copies of academic credentials, to the Personnel Office, The Chinese University of Hong Kong, Shatin, N.T., Hong Kong (Fax: (852) 2603 6852) before 17 August 1996. Please quote the ref. number and mark "Recruitment" on cover. (Note: The University reserves the right not to fill the post or to fill the post by invitation.)



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Telex No: 826784



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HCG DUO

When you need the added flexibility of a pregnancy test that can be performed on serum or urine, Clearview HCG DUO provides the solution.

STREP A

Clearview Strep A provides results in minutes. As a result, diagnosis of Strep A is easier than ever, enabling you to decide on appropriate treatment without delay.

IM

Identification or elimination of infectious mono-nucleosis calls for speed and reliability. Clearview IM produces unambiguous and accurate results reliably, simply and rapidly.

INTRUMED ***-London-***

Granby House, Belfield Street, Ilkeston, Derbyshire DE7 8DU



Instrumed (London) is a supplier of high quality stainless steel surgical instruments at very competitive prices.

As well as General Surgery instruments such as scissors, retractors and needle-holders etc., we also supply instruments for use in obstetric, orthopaedic, E.N.T. and other procedures.

We pride ourselves on our speedy delivery - in fact ALL ex-stock orders are despatched within 48 hours.

For more information, or a Catalogue and Price List, please call 0115 930 9716 or 0115 944 0425 or fax us on 0115 944 1351.

INTRUMED ***-London-***



THE CIBA FOUNDATION
promoting excellence in science worldwide

ACCOMMODATION AND CONFERENCE FACILITIES IN CENTRAL LONDON

The Ciba Foundation is an international scientific and educational charity (Registered No. 313574) which works to promote co-operation in biological, medical and chemical research.

The Foundation is based at 41 Portland Place, in the heart of the West End of London, and is therefore an ideal meeting place for scientists from all over the world.

Any graduate in medicine or science on a working visit to London is welcome to stay at the Foundation. Fifteen bedrooms are available throughout the year (except at Christmas) and the cost of a single room is £40 per night including breakfast and VAT.

In addition to the bedrooms, the Foundation also offers a wide range of conference facilities. These can be used by any non-profit making group or society involved in scientific research. A full range of catering is also available at competitive rates.

For further information please do not hesitate to call either Receptionist or the Hospitality Manager on 0171 636 9456 or fax 0171 436 2840. They would be happy to help.

RCGP NWE Faculty

MRCGP Exam Preparation Course

11-12 September 1996

**Warrington Hospital
Postgraduate Medical Centre**

Cost reduced to £195 Section 63 approved

**This highly practical course is designed
for doctors preparing for the exam.
The emphasis during the course will be
on how to maximise the chances of success
in passing the exam.**

For further details contact

**RCGP - NWE Faculty, Thelwall House
Warrington Hospital NHS Trust
Lovely Lane, Warrington, WA5 1QG
Tel 01925 662351 Fax 01925 662484**

Neurological Workshop on Headaches and Fits and Faints 23rd September at the RCGP

- The British Brain and Spine Foundation, in conjunction with the RCGP, is sponsoring a series of 1/2 day workshops on the most common neurological subjects that are referred from General Practice to secondary care.
- Each of the workshops will be chaired by a tutor GP and led by a neurologist specializing in the particular subject. The first workshop will be led by Dr Raad Shakir and Dr David Park.
- This will be followed by two further workshops, the first on strokes and TIA's plus mental states and movement disorders and the second on tingling and numbness plus sciatica and brachialgia.

The workshop starts with a buffet lunch at 12.30pm.
PGEA (3 hours) applied for, in disease and service management.
There is no delegate fee but places are limited.

Please contact the Education Manager at BBSF, 35-43 Lincoln's Inn Fields London WC2A 3PN to reserve a place or find out more details. (Phone 0171 404 6106 Fax 0171 404 6105)

CLASSIFIED ADVERTISEMENTS

Classified Advertisements are welcomed and should be sent to: Maria Phantis, Royal College of General Practitioners, 14 Princes Gate, Hyde Park, London SW7 1PU. Telephone: 0171 - 581 3232. Fax: 0171 - 225 - 0629. Copy must be received three weeks before the 1st of the month of issue to ensure inclusion. Every effort will be made to include advertisements received after this date but publication cannot be guaranteed and the advertisement may have to be held over to the following issue. The publisher will not be responsible for any error in the insertion of, or omission to insert, any advertisement. The charge for space in this section is £15.00 per single column centimetre, plus £10.00 if a box number is required, plus VAT at 17.5%. Fellows, Members and Associates of the Royal College of General Practitioners may claim a 10% reduction. Replies to box numbers should be sent to the above address, with the box number on the envelope. The inclusion of an advertisement in this *Journal* does not imply any recommendation and the Editor reserves the right to refuse, amend or withdraw any advertisement without explanation. All recruitment advertisements in this section are open to both men and women.

COURSES/CONFERENCES

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London July 29-August 2 repeated December 16-20

London September 20-22 or Manchester September 27-29

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TEL: 01565 755226

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FAX: 01565 650264

The RCGP John Hunt Lecture *Complaints and Their Treatment*

Presented by Sir William Reid,
Health Service Commissioner for England (Ombudsman)

Friday 20 September 1996 at 7.00pm

Venue: The Royal Geographical Society, London SW7 2AR

Attendance is free but by ticket only. For further details and tickets please contact:
RCGP Conference Unit, 14 Princes Gate, Hyde Park, London SW7 1PU.
Tel: 0171 823 9703 Fax: 0171 225 3047

RCGP Minor Surgery for General Practitioners

Course Director: Dr Roger Kneebone

16/17 October 1996

This two day intensive course will provide the participants with practical skills training coupled with a sound theoretical knowledge of the clinical and administrative aspects of the subject. It is suitable for GP Registrars planning to develop an interest in this area as well as for established principals wishing to refresh their knowledge and skills.

RCGP MINOR SURGERY TRAINERS COURSE

Course Director: Dr Roger Kneebone

18 October 1996

This one day course will cover the practical aspects of running the RCGP minor surgery training course, together with the syllabus and range of training required. It will also provide practical experience of using all the simulated material, together with the opportunity to discuss problem areas.

Please note that places on both Courses are limited and you are advised to apply early.

For further details of either of the above courses please contact: RCGP Conference Unit, 14 Princes Gate, Hyde Park, London SW7 1PU. Tel: 0171 823 9703 Fax: 0171 225 3047.

Fellowship by Assessment Working Group, Vale of Trent Faculty, Royal College of General Practitioners

! Advance Notice!

The next

NATIONAL STUDY DAY ON FELLOWSHIP BY ASSESSMENT

will be held on Tuesday 15th October 1996

at the

RCGP, 14 PRINCES GATE, HYDE PARK, LONDON

Parallel Whole Day Programmes For FBA Advisers/Assessors and Candidates

- Launch of Revised Criteria, FBA8 - [An Application for PGEA Accreditation will be submitted]

To apply for places/further information, please write to: Janet Baily, Administrator, RCGP FBA Working Group, Vale of Trent Faculty, RCGP, Department of General Practice, Medical School, Queen's Medical Centre, Nottingham. NG7 2UH Telephone: 0115 970 9391 Fax: 0115 970 9389

HYDROMOL CREAM

[arachis oil, isopropyl myristate, liquid paraffin, sodium pyrrolidone carboxylate, sodium lactate]

AND EMOLLIENT

[light liquid paraffin, isopropyl myristate]

AN OASIS FOR DRY SKIN CONDITIONS



EMOLLIENT

Lanolin, preservative and fragrance free

Cosmetically acceptable soap substitute

Well-dispersed throughout the water

Easy to clean bath after use

CREAM

Lanolin and fragrance free

Occlusive effect of the oils

Specific hydrating agents formulated

Cosmetically acceptable

PRESCRIBING INFORMATION HYDROMOL EMOLLIENT

ACTIVE INGREDIENTS

Light Liquid Paraffin BP 37.8%
Isopropyl Myristate BP 13.0%

INDICATIONS

For the treatment of dry skin conditions such as eczema, ichthyosis and senile pruritus.

DOSAGE AND ADMINISTRATION

Hydromol Emollient should always be either added to water or applied to wet skin.

1. For use in the bath:
(a) Adults, children and the elderly:- Add 1-3 capfuls to an 8 inch bath of water. Soak for 10-15 minutes.
(b) Infants:- Add +2 capfuls to a small bath of water.

2. For application to the skin as a sponge bath or in the shower.

Adults, children and the elderly:- Pour a small quantity onto a wet sponge or flannel and rub onto wet skin. Rinse and pat dry.

CONTRA-INDICATIONS, WARNINGS ETC.

Keep away from eyes. Take care to avoid slipping in the bath/shower.

LEGAL CATEGORY **CS**

FURTHER INFORMATION

The bath can be easily cleaned after use.
Hydromol Emollient does not contain lanolin, preservative or fragrance and may thus be used on those patients sensitive to these substances.

Presentations and basic N.H.S. costs -
Polyethylene bottles of 150ml (£1.72),
350ml (£3.32) and 1 litre (£7.80).

PRODUCT LICENCE NUMBER 0291/0022.

HYDROMOL CREAM

ACTIVE INGREDIENTS

Arachis Oil BP 10.0%
Isopropyl Myristate BP 5.0%
Liquid Paraffin BP 10.0%
Sodium Pyrrolidone Carboxylate 2.5%
Sodium Lactate 1.0%

INDICATIONS

Any condition in which "dry skin" is a feature including all forms of dermatitis/eczema - all degrees of ichthyosis and senile pruritus.

DOSAGE AND ADMINISTRATION

Adults and Children:- Apply liberally to the affected area and massage well into the skin. Hydromol Cream may be used as often as required.

Hydromol Cream is especially beneficial when used immediately after washing or bathing, when the resultant warmth of the skin enhances the absorption.

CONTRA-INDICATIONS, WARNINGS ETC.

None known.

LEGAL CATEGORY **CS**

FURTHER INFORMATION

Hydromol Cream does not contain lanolin or fragrance and may thus be used on those patients sensitive to these substances.

Presentations and basic N.H.S. costs -
Tubes of 50g (£2.04), 100g (£3.40) and
tub with pump dispenser of 500g (£10.94).

PRODUCT LICENCE NUMBER 0291/0023

**FURTHER INFORMATION
AVAILABLE FROM:-**



QUINODERM LIMITED
Manchester Road, Hollinwood,
Oldham, Lancashire OL8 4PB

DUAL ACTION AGAINST MOISTURE LOSS

TRIAL PACKS AVAILABLE

E-mail: sales@d-access.demon.co.uk